

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 - 5 = \\ -4 - 0 = \\ 6 - 4 = \\ -1 + 7 = \\ 4 - 5 = \\ -9 - 0 = \\ 9 + 8 = \\ -8 + 6 = \\ 0 + 1 = \\ -3 + 8 = \\ -9 - 9 = \\ -7 - 9 = \\ -6 + 0 = \\ -6 + 6 = \\ 5 - 1 = \\ 2 + 7 = \\ -9 + 1 = \\ -4 + 8 = \\ 1 + 0 = \\ 9 - 4 = \\ -2 - 4 = \\ -4 - 8 = \\ -6 + 3 = \\ -3 + 3 = \\ 8 + 7 = \end{array}$$

$$\begin{array}{r} 8 + 6 = \\ 1 + 8 = \\ -5 - 8 = \\ -9 + 0 = \\ -1 + 3 = \\ 6 + 2 = \\ -9 - 1 = \\ -9 - 9 = \\ -6 + 9 = \\ -4 + 0 = \\ -3 + 1 = \\ -8 + 1 = \\ 4 - 9 = \\ 7 + 4 = \\ 6 - 2 = \\ -1 + 6 = \\ 7 + 9 = \\ 7 + 7 = \\ 9 - 5 = \\ 8 + 3 = \\ -1 + 6 = \\ 7 - 9 = \\ 6 + 2 = \\ 4 - 9 = \\ -4 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

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名前: _____.

$$\begin{array}{r}
 6 + 3 = \\
 -5 + 6 = \\
 8 + 5 = \\
 7 - 6 = \\
 -1 - 3 = \\
 -3 - 0 = \\
 1 - 0 = \\
 2 + 0 = \\
 -1 + 7 = \\
 -4 + 9 = \\
 -2 + 1 = \\
 -9 + 4 = \\
 -3 - 3 = \\
 5 - 7 = \\
 4 + 6 = \\
 -4 + 5 = \\
 8 + 6 = \\
 0 + 1 = \\
 9 + 7 = \\
 -7 + 3 = \\
 1 - 4 = \\
 -9 + 5 = \\
 6 + 1 = \\
 -4 - 6 = \\
 7 - 2 =
 \end{array}$$

$$\begin{array}{r}
 -5 - 8 = \\
 7 - 0 = \\
 -6 + 6 = \\
 4 - 7 = \\
 3 - 5 = \\
 6 + 9 = \\
 1 - 1 = \\
 -5 + 0 = \\
 5 + 9 = \\
 0 + 0 = \\
 2 - 6 = \\
 -1 - 2 = \\
 -8 - 6 = \\
 -2 - 5 = \\
 3 + 5 = \\
 -9 - 7 = \\
 -7 - 5 = \\
 -7 - 7 = \\
 0 - 7 = \\
 9 + 1 = \\
 9 - 4 = \\
 -1 - 8 = \\
 4 + 7 = \\
 -1 + 5 = \\
 -6 - 7 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

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名前: _____.

$$\begin{array}{r} 5 + 3 = \\ 9 - 2 = \\ 5 - 2 = \\ -2 + 5 = \\ 3 + 3 = \\ -7 + 6 = \\ 8 + 4 = \\ -3 + 3 = \\ 4 - 7 = \\ -8 - 2 = \\ 7 - 7 = \\ -2 - 2 = \\ -7 - 6 = \\ -5 - 8 = \\ 4 + 0 = \\ -4 + 4 = \\ -8 - 3 = \\ -3 + 6 = \\ 4 - 4 = \\ 2 - 0 = \\ 2 - 4 = \\ -1 - 5 = \\ 5 + 4 = \\ -8 + 7 = \\ 5 - 4 = \end{array}$$

$$\begin{array}{r} 4 + 3 = \\ 1 - 8 = \\ 3 - 5 = \\ -6 + 8 = \\ 9 + 9 = \\ -9 + 7 = \\ -6 - 4 = \\ 7 - 6 = \\ 3 - 3 = \\ 8 + 1 = \\ -1 + 8 = \\ -9 - 9 = \\ 9 - 3 = \\ -7 + 4 = \\ 7 + 7 = \\ 4 + 1 = \\ 9 - 5 = \\ -1 - 0 = \\ 2 - 2 = \\ 6 - 5 = \\ -8 - 0 = \\ -1 - 1 = \\ 1 + 6 = \\ 8 - 6 = \\ -5 + 3 = \end{array}$$

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名前: _____.

$$\begin{array}{r}
 9 + 7 = \\
 -2 + 0 = \\
 5 + 6 = \\
 -7 + 6 = \\
 -8 - 8 = \\
 0 - 4 = \\
 -8 + 6 = \\
 -5 - 8 = \\
 -5 + 8 = \\
 -8 + 8 = \\
 -8 - 3 = \\
 5 + 8 = \\
 -1 + 2 = \\
 4 - 6 = \\
 4 + 8 = \\
 0 - 2 = \\
 9 + 5 = \\
 -4 + 7 = \\
 3 - 2 = \\
 1 + 7 = \\
 1 - 7 = \\
 7 + 1 = \\
 9 - 2 = \\
 -2 + 3 = \\
 4 - 8 =
 \end{array}$$

$$\begin{array}{r}
 3 + 9 = \\
 9 + 2 = \\
 6 + 6 = \\
 9 + 6 = \\
 -8 + 5 = \\
 9 - 7 = \\
 8 - 8 = \\
 2 - 0 = \\
 -7 - 7 = \\
 -2 - 7 = \\
 0 - 4 = \\
 -2 + 1 = \\
 -1 - 8 = \\
 -8 - 5 = \\
 4 - 6 = \\
 -4 + 8 = \\
 -9 - 8 = \\
 -8 + 6 = \\
 -1 - 2 = \\
 -6 + 9 = \\
 6 + 6 = \\
 -4 - 9 = \\
 9 - 0 = \\
 -2 + 1 = \\
 -8 + 5 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

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名前: _____.

$$\begin{array}{rclcl}
 9 & - & 6 & = & \\
 0 & - & 1 & = & \\
 2 & + & 8 & = & \\
 -2 & + & 1 & = & \\
 4 & + & 9 & = & \\
 8 & + & 8 & = & \\
 -7 & - & 6 & = & \\
 -8 & + & 3 & = & \\
 -1 & + & 6 & = & \\
 -2 & + & 0 & = & \\
 -7 & - & 2 & = & \\
 9 & - & 9 & = & \\
 -9 & + & 3 & = & \\
 -7 & - & 9 & = & \\
 8 & - & 2 & = & \\
 2 & - & 2 & = & \\
 3 & + & 6 & = & \\
 4 & + & 5 & = & \\
 -8 & - & 8 & = & \\
 6 & - & 8 & = & \\
 4 & - & 7 & = & \\
 -5 & + & 6 & = & \\
 -5 & - & 7 & = & \\
 -6 & - & 7 & = & \\
 2 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & - & 6 & = & \\
 3 & + & 2 & = & \\
 4 & - & 7 & = & \\
 0 & - & 4 & = & \\
 5 & - & 2 & = & \\
 -7 & + & 5 & = & \\
 8 & + & 0 & = & \\
 1 & + & 0 & = & \\
 -3 & + & 9 & = & \\
 8 & + & 3 & = & \\
 -7 & - & 2 & = & \\
 5 & + & 3 & = & \\
 8 & + & 5 & = & \\
 -1 & + & 9 & = & \\
 5 & - & 5 & = & \\
 0 & + & 1 & = & \\
 3 & + & 9 & = & \\
 -8 & + & 5 & = & \\
 4 & + & 3 & = & \\
 8 & - & 9 & = & \\
 -5 & - & 0 & = & \\
 4 & + & 3 & = & \\
 9 & + & 2 & = & \\
 -4 & + & 9 & = & \\
 5 & - & 1 & = &
 \end{array}$$

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$$\begin{array}{r}
 4 + 9 = \\
 9 - 1 = \\
 -2 + 1 = \\
 5 + 1 = \\
 -7 - 5 = \\
 -4 - 9 = \\
 -2 + 7 = \\
 0 + 5 = \\
 -8 + 9 = \\
 -2 - 0 = \\
 7 + 8 = \\
 9 - 7 = \\
 -3 - 1 = \\
 -2 - 0 = \\
 -9 + 0 = \\
 -8 + 7 = \\
 -6 + 8 = \\
 -2 - 0 = \\
 -8 + 3 = \\
 -7 - 6 = \\
 2 - 6 = \\
 0 + 3 = \\
 2 + 1 = \\
 0 + 2 = \\
 1 - 3 =
 \end{array}$$

$$\begin{array}{r}
 -3 - 1 = \\
 8 + 0 = \\
 7 - 6 = \\
 -6 - 7 = \\
 -4 + 5 = \\
 5 - 4 = \\
 8 + 0 = \\
 5 + 0 = \\
 -9 - 0 = \\
 6 - 8 = \\
 7 + 5 = \\
 0 + 2 = \\
 0 - 5 = \\
 -6 - 2 = \\
 -6 + 1 = \\
 -1 - 9 = \\
 -3 - 8 = \\
 0 - 3 = \\
 -2 - 1 = \\
 -6 - 5 = \\
 5 - 7 = \\
 9 - 2 = \\
 6 - 3 = \\
 9 - 4 = \\
 -3 - 2 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

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名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 4 & = & \\
 -8 & - & 8 & = & \\
 -7 & - & 5 & = & \\
 3 & + & 4 & = & \\
 4 & - & 4 & = & \\
 -7 & + & 9 & = & \\
 -5 & - & 1 & = & \\
 2 & - & 7 & = & \\
 -1 & - & 8 & = & \\
 -7 & - & 9 & = & \\
 -5 & + & 8 & = & \\
 7 & - & 2 & = & \\
 4 & + & 0 & = & \\
 -2 & - & 0 & = & \\
 -5 & + & 3 & = & \\
 -8 & - & 2 & = & \\
 -2 & + & 2 & = & \\
 4 & - & 0 & = & \\
 1 & - & 3 & = & \\
 0 & - & 3 & = & \\
 2 & + & 8 & = & \\
 -6 & - & 1 & = & \\
 8 & - & 9 & = & \\
 7 & - & 3 & = & \\
 -2 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & - & 3 & = & \\
 1 & - & 2 & = & \\
 -7 & + & 2 & = & \\
 -4 & + & 0 & = & \\
 -9 & - & 0 & = & \\
 3 & + & 1 & = & \\
 8 & + & 3 & = & \\
 3 & + & 1 & = & \\
 2 & - & 0 & = & \\
 8 & - & 7 & = & \\
 -8 & - & 2 & = & \\
 -9 & - & 3 & = & \\
 -2 & - & 7 & = & \\
 -1 & + & 2 & = & \\
 7 & + & 0 & = & \\
 9 & + & 6 & = & \\
 -2 & + & 3 & = & \\
 -6 & + & 4 & = & \\
 8 & - & 9 & = & \\
 -4 & + & 0 & = & \\
 -2 & - & 4 & = & \\
 -4 & + & 1 & = & \\
 -4 & + & 4 & = & \\
 6 & - & 6 & = & \\
 0 & + & 9 & = &
 \end{array}$$

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名前: _____.

$$\begin{array}{rclcl}
 7 & - & 8 & = & \\
 -7 & - & 3 & = & \\
 9 & - & 9 & = & \\
 5 & + & 7 & = & \\
 -5 & + & 8 & = & \\
 8 & + & 9 & = & \\
 2 & - & 2 & = & \\
 -8 & + & 5 & = & \\
 3 & - & 5 & = & \\
 -8 & - & 0 & = & \\
 -9 & - & 7 & = & \\
 -3 & + & 2 & = & \\
 0 & + & 0 & = & \\
 -6 & + & 1 & = & \\
 2 & + & 5 & = & \\
 -2 & + & 2 & = & \\
 -2 & + & 4 & = & \\
 5 & + & 7 & = & \\
 8 & + & 8 & = & \\
 -7 & - & 6 & = & \\
 9 & - & 6 & = & \\
 7 & - & 4 & = & \\
 -4 & - & 9 & = & \\
 4 & + & 1 & = & \\
 8 & + & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & + & 0 & = & \\
 -8 & - & 7 & = & \\
 6 & - & 6 & = & \\
 -8 & - & 9 & = & \\
 -7 & - & 5 & = & \\
 -4 & + & 7 & = & \\
 8 & - & 6 & = & \\
 0 & + & 0 & = & \\
 -8 & - & 2 & = & \\
 -7 & + & 0 & = & \\
 -6 & - & 3 & = & \\
 0 & + & 8 & = & \\
 -6 & + & 5 & = & \\
 5 & - & 4 & = & \\
 3 & + & 8 & = & \\
 9 & - & 2 & = & \\
 -7 & + & 3 & = & \\
 -1 & - & 9 & = & \\
 -4 & + & 0 & = & \\
 3 & - & 8 & = & \\
 -8 & + & 0 & = & \\
 -2 & + & 8 & = & \\
 -1 & + & 6 & = & \\
 0 & - & 9 & = & \\
 -2 & - & 1 & = &
 \end{array}$$

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$$\begin{array}{r} 6 + 1 = \\ 0 - 0 = \\ -6 - 8 = \\ 9 + 0 = \\ -6 - 8 = \\ -6 - 7 = \\ -8 - 9 = \\ 6 - 4 = \\ 3 + 4 = \\ 3 + 1 = \\ 6 - 1 = \\ -7 - 1 = \\ -9 - 7 = \\ -4 - 9 = \\ 9 + 1 = \\ -6 + 5 = \\ -2 + 3 = \\ 4 + 2 = \\ -9 - 7 = \\ -7 - 6 = \\ 0 + 5 = \\ -5 + 9 = \\ 2 + 3 = \\ 2 + 0 = \\ 7 - 6 = \end{array}$$

$$\begin{array}{r} 8 - 0 = \\ -8 + 5 = \\ -7 - 0 = \\ 8 + 6 = \\ -8 + 7 = \\ 1 - 8 = \\ 6 - 3 = \\ -5 + 9 = \\ 0 - 2 = \\ -1 - 3 = \\ 8 + 7 = \\ 2 - 6 = \\ 8 + 1 = \\ -2 + 5 = \\ -3 + 3 = \\ -8 + 2 = \\ -5 + 9 = \\ 2 - 2 = \\ 8 - 2 = \\ -7 - 2 = \\ 8 + 6 = \\ 6 + 4 = \\ 9 - 2 = \\ -4 + 4 = \\ -1 - 8 = \end{array}$$

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名前: _____.

$$\begin{array}{r} -4 + 2 = \\ -9 - 7 = \\ -5 + 8 = \\ 2 + 3 = \\ 5 + 5 = \\ 1 + 2 = \\ 8 - 9 = \\ 5 + 4 = \\ -4 - 9 = \\ -8 + 4 = \\ 3 + 1 = \\ -2 + 2 = \\ 0 - 3 = \\ 2 + 8 = \\ 6 - 7 = \\ -6 - 3 = \\ -5 + 3 = \\ 9 - 3 = \\ -5 - 1 = \\ 0 + 9 = \\ -1 + 9 = \\ -2 - 3 = \\ -9 - 2 = \\ 2 - 7 = \\ 4 - 8 = \end{array}$$

$$\begin{array}{r} -7 + 1 = \\ 9 + 9 = \\ -1 + 3 = \\ -1 - 6 = \\ -5 - 5 = \\ -6 - 7 = \\ -7 - 8 = \\ -8 - 7 = \\ -9 + 7 = \\ -7 + 3 = \\ -9 - 0 = \\ 1 - 4 = \\ -4 + 1 = \\ 9 - 6 = \\ 3 + 2 = \\ -8 - 2 = \\ 5 - 1 = \\ 5 + 6 = \\ -5 - 5 = \\ -8 - 8 = \\ 8 + 9 = \\ -5 + 7 = \\ -3 - 3 = \\ 9 - 0 = \\ 3 + 3 = \end{array}$$

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名前: _____.

$$\begin{array}{r}
 -5 + 4 = \\
 0 + 3 = \\
 8 - 3 = \\
 1 + 8 = \\
 -7 - 2 = \\
 4 - 8 = \\
 8 - 7 = \\
 8 - 3 = \\
 -5 - 6 = \\
 4 - 8 = \\
 5 - 5 = \\
 1 + 2 = \\
 7 - 3 = \\
 -6 - 0 = \\
 2 - 3 = \\
 -4 - 0 = \\
 1 + 4 = \\
 6 - 9 = \\
 3 + 9 = \\
 6 - 8 = \\
 -9 - 5 = \\
 9 + 2 = \\
 -7 + 2 = \\
 -8 - 4 = \\
 -4 - 1 =
 \end{array}$$

$$\begin{array}{r}
 -2 - 6 = \\
 -7 - 3 = \\
 -3 - 4 = \\
 9 + 3 = \\
 -8 - 4 = \\
 1 + 0 = \\
 -5 - 7 = \\
 0 + 5 = \\
 -3 + 7 = \\
 -8 + 4 = \\
 5 + 2 = \\
 -2 - 1 = \\
 -7 + 5 = \\
 -2 + 3 = \\
 0 + 3 = \\
 0 - 2 = \\
 -6 + 5 = \\
 -1 + 4 = \\
 6 - 5 = \\
 -6 - 1 = \\
 9 - 1 = \\
 -2 - 4 = \\
 -3 + 7 = \\
 5 + 2 = \\
 8 + 9 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 8 + 6 = \\ 1 + 2 = \\ 0 + 2 = \\ -4 + 1 = \\ 8 + 2 = \\ -9 - 3 = \\ -2 - 2 = \\ 3 - 3 = \\ 0 - 6 = \\ 7 - 7 = \\ 6 - 4 = \\ -3 + 0 = \\ -8 + 0 = \\ -6 - 9 = \\ -3 - 6 = \\ -8 + 0 = \\ 8 - 4 = \\ -8 - 0 = \\ -4 + 1 = \\ 9 + 4 = \\ -4 - 1 = \\ 5 + 7 = \\ -8 - 2 = \\ -6 + 0 = \\ -4 - 0 = \end{array}$$

$$\begin{array}{r} -3 - 5 = \\ -9 + 5 = \\ 1 + 7 = \\ -7 + 6 = \\ -3 + 4 = \\ 5 + 9 = \\ -7 - 5 = \\ 6 + 0 = \\ 9 - 1 = \\ -2 + 0 = \\ -9 + 5 = \\ -8 + 7 = \\ 7 + 9 = \\ -2 + 3 = \\ -2 + 7 = \\ -5 - 3 = \\ -4 - 7 = \\ 5 - 7 = \\ 8 - 4 = \\ -2 + 7 = \\ 8 - 6 = \\ 1 + 6 = \\ 8 + 8 = \\ 7 - 5 = \\ -7 - 3 = \end{array}$$

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名前: _____.

$$\begin{array}{r} -2 - 4 = \\ 0 + 9 = \\ 2 - 8 = \\ -9 - 5 = \\ -1 + 3 = \\ -2 + 2 = \\ 9 - 5 = \\ -5 - 8 = \\ -4 - 2 = \\ -6 + 0 = \\ -4 - 1 = \\ 4 - 7 = \\ 5 - 0 = \\ 6 + 8 = \\ -2 - 0 = \\ -5 - 7 = \\ 0 + 3 = \\ -5 + 4 = \\ -4 - 2 = \\ -7 + 6 = \\ -3 - 1 = \\ 8 - 5 = \\ -9 + 3 = \\ -4 - 8 = \\ 9 - 8 = \end{array}$$

$$\begin{array}{r} -6 + 8 = \\ -1 - 4 = \\ 3 + 2 = \\ 3 + 9 = \\ -9 + 7 = \\ 7 + 1 = \\ -6 - 2 = \\ 3 + 0 = \\ 5 + 0 = \\ 4 + 6 = \\ -1 - 3 = \\ 5 + 4 = \\ -3 + 7 = \\ 7 - 5 = \\ 1 - 2 = \\ 3 - 5 = \\ -8 + 8 = \\ 0 - 9 = \\ 4 - 8 = \\ 0 - 8 = \\ 1 + 4 = \\ 1 + 5 = \\ 8 + 6 = \\ -3 - 8 = \\ 5 - 2 = \end{array}$$

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-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 4 & - & 9 & = & \\
 -8 & + & 7 & = & \\
 -2 & - & 6 & = & \\
 8 & + & 7 & = & \\
 -3 & + & 5 & = & \\
 5 & - & 6 & = & \\
 9 & - & 8 & = & \\
 -7 & - & 1 & = & \\
 -2 & - & 1 & = & \\
 -7 & + & 3 & = & \\
 -9 & + & 5 & = & \\
 1 & + & 8 & = & \\
 9 & - & 1 & = & \\
 -5 & - & 6 & = & \\
 6 & + & 8 & = & \\
 5 & - & 9 & = & \\
 4 & + & 8 & = & \\
 9 & + & 3 & = & \\
 1 & + & 1 & = & \\
 -7 & + & 1 & = & \\
 -8 & - & 6 & = & \\
 8 & + & 8 & = & \\
 8 & - & 7 & = & \\
 -4 & - & 4 & = & \\
 5 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 5 & = & \\
 7 & - & 1 & = & \\
 0 & + & 2 & = & \\
 7 & - & 5 & = & \\
 -7 & + & 1 & = & \\
 4 & - & 1 & = & \\
 7 & + & 6 & = & \\
 3 & - & 1 & = & \\
 -7 & - & 2 & = & \\
 4 & - & 5 & = & \\
 -3 & - & 1 & = & \\
 -3 & + & 9 & = & \\
 -6 & + & 4 & = & \\
 -7 & + & 8 & = & \\
 0 & - & 9 & = & \\
 -8 & + & 9 & = & \\
 8 & - & 9 & = & \\
 -9 & - & 0 & = & \\
 3 & + & 4 & = & \\
 -5 & - & 1 & = & \\
 -8 & + & 6 & = & \\
 -3 & + & 8 & = & \\
 4 & - & 6 & = & \\
 4 & + & 2 & = & \\
 -6 & + & 0 & = &
 \end{array}$$

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名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 4 & = & \\
 2 & - & 1 & = & \\
 7 & - & 8 & = & \\
 -7 & + & 1 & = & \\
 -7 & + & 7 & = & \\
 -1 & - & 5 & = & \\
 -9 & + & 0 & = & \\
 -4 & + & 8 & = & \\
 4 & + & 6 & = & \\
 -7 & - & 8 & = & \\
 -3 & + & 4 & = & \\
 4 & + & 9 & = & \\
 -1 & + & 8 & = & \\
 -2 & - & 6 & = & \\
 -7 & + & 1 & = & \\
 7 & - & 4 & = & \\
 -2 & + & 7 & = & \\
 -5 & - & 8 & = & \\
 5 & - & 5 & = & \\
 -6 & + & 0 & = & \\
 -2 & - & 7 & = & \\
 -3 & - & 0 & = & \\
 -6 & + & 2 & = & \\
 7 & + & 9 & = & \\
 -3 & - & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & - & 9 & = & \\
 -8 & + & 7 & = & \\
 -3 & - & 8 & = & \\
 8 & - & 1 & = & \\
 -4 & - & 5 & = & \\
 9 & + & 0 & = & \\
 -7 & + & 7 & = & \\
 -5 & + & 9 & = & \\
 -1 & - & 5 & = & \\
 -6 & + & 4 & = & \\
 -3 & + & 9 & = & \\
 -1 & + & 4 & = & \\
 -2 & - & 8 & = & \\
 4 & - & 2 & = & \\
 -4 & + & 9 & = & \\
 -3 & + & 6 & = & \\
 -7 & + & 3 & = & \\
 2 & - & 5 & = & \\
 -8 & - & 0 & = & \\
 -1 & + & 3 & = & \\
 -2 & - & 5 & = & \\
 2 & + & 4 & = & \\
 7 & + & 7 & = & \\
 -7 & - & 7 & = & \\
 -7 & - & 4 & = &
 \end{array}$$

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名前: _____.

$3 + 7 =$

$0 - 2 =$

$-1 - 2 =$

$7 + 1 =$

$-3 - 5 =$

$-9 + 1 =$

$-9 - 3 =$

$2 + 7 =$

$-7 - 6 =$

$-4 + 7 =$

$9 - 0 =$

$-1 - 3 =$

$6 - 3 =$

$2 - 1 =$

$-9 + 1 =$

$0 + 4 =$

$7 - 2 =$

$-9 - 2 =$

$1 - 3 =$

$-7 + 1 =$

$-4 - 3 =$

$0 + 9 =$

$4 - 5 =$

$-6 + 2 =$

$3 - 4 =$

$-1 + 4 =$

$1 + 5 =$

$-6 + 1 =$

$-2 - 0 =$

$-3 + 4 =$

$-7 - 2 =$

$-7 + 7 =$

$5 - 8 =$

$-9 + 3 =$

$-1 + 2 =$

$-9 + 7 =$

$-9 - 0 =$

$-5 + 6 =$

$-1 + 5 =$

$2 - 9 =$

$-9 + 1 =$

$4 + 4 =$

$0 - 1 =$

$6 - 2 =$

$-3 - 7 =$

$6 - 0 =$

$-6 - 1 =$

$3 - 8 =$

$-4 + 3 =$

$-6 - 8 =$

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$7 + 1 =$

$2 - 9 =$

$1 + 8 =$

$8 + 6 =$

$-4 + 3 =$

$-8 - 3 =$

$-2 + 1 =$

$-2 + 2 =$

$-5 + 2 =$

$7 + 8 =$

$8 + 0 =$

$-6 - 7 =$

$-9 + 3 =$

$7 + 0 =$

$9 - 0 =$

$6 + 1 =$

$-6 + 5 =$

$-4 + 8 =$

$3 - 3 =$

$9 + 8 =$

$-3 - 8 =$

$7 - 3 =$

$-6 - 7 =$

$3 - 9 =$

$3 + 6 =$

$-9 - 0 =$

$-3 + 8 =$

$6 - 6 =$

$-9 - 7 =$

$-9 + 4 =$

$5 - 2 =$

$-5 - 8 =$

$-8 + 9 =$

$8 - 1 =$

$0 + 3 =$

$1 + 4 =$

$2 - 4 =$

$5 - 0 =$

$6 + 8 =$

$-7 + 7 =$

$2 + 4 =$

$-8 + 8 =$

$3 + 1 =$

$-9 + 6 =$

$-8 + 7 =$

$7 - 6 =$

$-8 + 8 =$

$-9 + 0 =$

$5 - 2 =$

$-4 + 2 =$

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-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 + 1 = \\ -1 - 9 = \\ 6 - 7 = \\ 8 + 3 = \\ 0 - 8 = \\ -9 + 9 = \\ -8 - 5 = \\ -1 + 3 = \\ -5 + 6 = \\ -6 + 5 = \\ 3 - 9 = \\ 7 + 0 = \\ 7 + 4 = \\ 8 - 8 = \\ -1 + 6 = \\ -3 + 4 = \\ 2 + 8 = \\ 7 + 6 = \\ 0 - 1 = \\ -7 - 7 = \\ 1 - 9 = \\ -5 + 4 = \\ -1 + 8 = \\ 3 + 9 = \\ -1 - 1 = \end{array}$$

$$\begin{array}{r} 2 + 6 = \\ 2 - 6 = \\ 5 + 6 = \\ -1 - 1 = \\ -2 - 0 = \\ 6 + 1 = \\ 5 - 4 = \\ 3 - 7 = \\ 4 - 5 = \\ 3 + 9 = \\ 8 - 1 = \\ -5 - 7 = \\ -7 + 8 = \\ 8 + 1 = \\ 9 + 6 = \\ 1 + 5 = \\ -9 - 3 = \\ -8 - 1 = \\ -3 + 3 = \\ 9 - 3 = \\ -1 - 8 = \\ 1 - 3 = \\ -7 - 7 = \\ 2 - 4 = \\ 2 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -6 + 3 = \\
 1 - 9 = \\
 5 + 4 = \\
 7 + 9 = \\
 -8 + 3 = \\
 6 - 4 = \\
 0 - 7 = \\
 2 + 0 = \\
 6 - 1 = \\
 -8 - 5 = \\
 0 - 8 = \\
 3 + 8 = \\
 -2 - 6 = \\
 -5 + 7 = \\
 1 + 6 = \\
 7 - 2 = \\
 -8 + 2 = \\
 -2 - 9 = \\
 1 - 8 = \\
 -5 - 2 = \\
 7 - 2 = \\
 -6 + 2 = \\
 -7 - 2 = \\
 9 - 7 = \\
 1 - 3 =
 \end{array}$$

$$\begin{array}{r}
 0 + 2 = \\
 -3 - 9 = \\
 -8 - 2 = \\
 -8 + 9 = \\
 5 + 1 = \\
 -1 - 3 = \\
 3 + 2 = \\
 -5 - 7 = \\
 4 + 8 = \\
 8 - 6 = \\
 2 - 6 = \\
 -8 + 8 = \\
 9 + 1 = \\
 5 + 2 = \\
 -6 + 2 = \\
 -2 + 0 = \\
 -4 - 2 = \\
 2 + 5 = \\
 -1 - 9 = \\
 -5 - 5 = \\
 -8 + 1 = \\
 -8 - 0 = \\
 -6 - 7 = \\
 4 - 5 = \\
 1 - 0 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & - & 4 & = & \\
 -5 & + & 5 & = & \\
 -2 & - & 1 & = & \\
 -3 & + & 8 & = & \\
 1 & + & 1 & = & \\
 8 & - & 4 & = & \\
 6 & - & 7 & = & \\
 5 & + & 5 & = & \\
 -7 & - & 9 & = & \\
 -1 & + & 1 & = & \\
 4 & - & 5 & = & \\
 6 & + & 0 & = & \\
 -3 & + & 0 & = & \\
 -6 & + & 3 & = & \\
 -6 & + & 8 & = & \\
 7 & - & 7 & = & \\
 0 & - & 0 & = & \\
 9 & - & 1 & = & \\
 8 & - & 2 & = & \\
 3 & + & 8 & = & \\
 -6 & + & 1 & = & \\
 -6 & + & 4 & = & \\
 7 & - & 8 & = & \\
 8 & - & 0 & = & \\
 8 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 9 & = & \\
 -4 & - & 2 & = & \\
 2 & + & 7 & = & \\
 -7 & + & 1 & = & \\
 0 & + & 6 & = & \\
 -7 & + & 7 & = & \\
 -9 & + & 2 & = & \\
 -6 & - & 4 & = & \\
 0 & + & 1 & = & \\
 -2 & + & 2 & = & \\
 -2 & + & 7 & = & \\
 1 & - & 3 & = & \\
 -1 & - & 6 & = & \\
 1 & - & 0 & = & \\
 1 & - & 1 & = & \\
 -8 & + & 8 & = & \\
 1 & + & 0 & = & \\
 -5 & - & 5 & = & \\
 -1 & + & 4 & = & \\
 -7 & + & 4 & = & \\
 -4 & + & 8 & = & \\
 3 & - & 8 & = & \\
 1 & + & 2 & = & \\
 -1 & + & 1 & = & \\
 0 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & + & 6 & = & \\
 -8 & - & 4 & = & \\
 -5 & - & 4 & = & \\
 -6 & + & 5 & = & \\
 -8 & - & 8 & = & \\
 4 & + & 6 & = & \\
 -1 & + & 0 & = & \\
 -1 & + & 3 & = & \\
 -6 & - & 5 & = & \\
 8 & + & 5 & = & \\
 4 & - & 8 & = & \\
 7 & + & 2 & = & \\
 5 & - & 6 & = & \\
 -4 & + & 3 & = & \\
 -8 & + & 5 & = & \\
 -8 & + & 3 & = & \\
 7 & + & 7 & = & \\
 -4 & - & 9 & = & \\
 8 & - & 2 & = & \\
 -2 & - & 7 & = & \\
 2 & - & 0 & = & \\
 -1 & - & 1 & = & \\
 4 & - & 3 & = & \\
 9 & - & 8 & = & \\
 -4 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -2 & + & 9 & = & \\
 -6 & + & 2 & = & \\
 -1 & - & 9 & = & \\
 -7 & - & 7 & = & \\
 -2 & + & 0 & = & \\
 2 & - & 3 & = & \\
 -6 & + & 7 & = & \\
 -4 & - & 8 & = & \\
 2 & + & 1 & = & \\
 -5 & - & 1 & = & \\
 -1 & - & 3 & = & \\
 -9 & - & 9 & = & \\
 4 & + & 6 & = & \\
 -6 & + & 7 & = & \\
 -8 & - & 3 & = & \\
 -7 & - & 4 & = & \\
 -7 & - & 1 & = & \\
 4 & - & 8 & = & \\
 3 & + & 0 & = & \\
 4 & + & 2 & = & \\
 -3 & - & 8 & = & \\
 6 & - & 6 & = & \\
 -7 & + & 0 & = & \\
 -5 & - & 3 & = & \\
 -4 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 3 - 2 = \\
 -8 - 1 = \\
 6 - 6 = \\
 0 - 5 = \\
 4 + 9 = \\
 -1 - 4 = \\
 2 - 5 = \\
 7 - 8 = \\
 -4 - 5 = \\
 9 - 8 = \\
 -5 + 1 = \\
 -9 - 4 = \\
 -9 - 8 = \\
 -3 - 3 = \\
 5 + 5 = \\
 -7 + 3 = \\
 -5 + 0 = \\
 -5 - 2 = \\
 1 + 4 = \\
 -7 - 7 = \\
 -9 - 5 = \\
 -9 + 8 = \\
 0 - 3 = \\
 8 + 1 = \\
 -9 + 0 =
 \end{array}$$

$$\begin{array}{r}
 6 - 3 = \\
 5 + 1 = \\
 -3 - 6 = \\
 7 - 2 = \\
 -2 - 3 = \\
 -6 + 4 = \\
 1 - 8 = \\
 -7 - 2 = \\
 -1 + 7 = \\
 9 - 4 = \\
 7 - 1 = \\
 -7 + 8 = \\
 -4 + 4 = \\
 5 + 2 = \\
 -4 + 4 = \\
 -3 - 4 = \\
 8 - 8 = \\
 8 + 7 = \\
 7 + 2 = \\
 8 - 8 = \\
 6 + 7 = \\
 6 + 5 = \\
 -4 + 4 = \\
 -3 - 5 = \\
 5 - 9 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 6 & = & \\
 -1 & - & 7 & = & \\
 9 & + & 8 & = & \\
 -4 & + & 7 & = & \\
 2 & - & 3 & = & \\
 3 & - & 1 & = & \\
 9 & + & 5 & = & \\
 6 & - & 0 & = & \\
 -7 & - & 0 & = & \\
 6 & + & 7 & = & \\
 3 & - & 9 & = & \\
 0 & + & 4 & = & \\
 0 & - & 6 & = & \\
 -9 & + & 2 & = & \\
 -4 & + & 6 & = & \\
 2 & + & 3 & = & \\
 -9 & - & 1 & = & \\
 -6 & + & 9 & = & \\
 -8 & + & 7 & = & \\
 4 & + & 7 & = & \\
 4 & - & 9 & = & \\
 -8 & + & 4 & = & \\
 9 & - & 9 & = & \\
 -5 & + & 8 & = & \\
 -6 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 5 & - & 9 & = & \\
 -5 & + & 4 & = & \\
 -6 & + & 3 & = & \\
 7 & - & 1 & = & \\
 -3 & + & 6 & = & \\
 -7 & + & 8 & = & \\
 7 & - & 2 & = & \\
 5 & + & 2 & = & \\
 -7 & - & 3 & = & \\
 6 & - & 8 & = & \\
 8 & + & 8 & = & \\
 -2 & + & 0 & = & \\
 -3 & - & 7 & = & \\
 -3 & + & 5 & = & \\
 -8 & - & 5 & = & \\
 8 & - & 4 & = & \\
 8 & + & 7 & = & \\
 -3 & + & 1 & = & \\
 5 & + & 7 & = & \\
 2 & - & 5 & = & \\
 -5 & + & 0 & = & \\
 5 & + & 6 & = & \\
 1 & - & 8 & = & \\
 5 & - & 5 & = & \\
 -1 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 + 3 = \\ 8 - 7 = \\ -5 - 5 = \\ -5 + 3 = \\ -3 - 3 = \\ 5 - 4 = \\ -6 - 1 = \\ 7 + 9 = \\ 9 - 2 = \\ -3 - 5 = \\ -3 - 1 = \\ -6 + 6 = \\ 5 + 5 = \\ -2 - 8 = \\ 7 - 7 = \\ 7 - 9 = \\ -7 - 0 = \\ -3 - 6 = \\ -9 + 7 = \\ -3 - 8 = \\ -9 + 1 = \\ 6 + 4 = \\ 4 + 2 = \\ -8 - 8 = \\ 4 + 7 = \end{array}$$

$$\begin{array}{r} -2 - 2 = \\ 6 - 6 = \\ -4 + 6 = \\ 4 + 2 = \\ -6 - 9 = \\ 7 + 5 = \\ -3 + 2 = \\ 3 - 3 = \\ -1 - 0 = \\ 2 - 8 = \\ 0 + 5 = \\ -3 + 6 = \\ -5 - 9 = \\ -3 + 6 = \\ -2 + 4 = \\ -1 + 5 = \\ 9 + 0 = \\ -1 - 9 = \\ -9 - 7 = \\ 2 + 2 = \\ -1 - 8 = \\ 3 - 1 = \\ -4 + 1 = \\ -8 - 3 = \\ 4 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 4 & - & 6 & = & \\
 -8 & + & 4 & = & \\
 2 & + & 4 & = & \\
 -2 & - & 9 & = & \\
 0 & + & 8 & = & \\
 -1 & - & 7 & = & \\
 -7 & - & 1 & = & \\
 -3 & - & 4 & = & \\
 6 & + & 2 & = & \\
 3 & - & 9 & = & \\
 -3 & - & 4 & = & \\
 -9 & - & 9 & = & \\
 -1 & - & 8 & = & \\
 -3 & + & 7 & = & \\
 9 & + & 8 & = & \\
 2 & + & 7 & = & \\
 -4 & + & 4 & = & \\
 2 & - & 5 & = & \\
 -6 & - & 8 & = & \\
 4 & + & 9 & = & \\
 -6 & + & 9 & = & \\
 0 & + & 5 & = & \\
 4 & - & 9 & = & \\
 7 & - & 1 & = & \\
 8 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 4 & - & 2 & = & \\
 -9 & - & 5 & = & \\
 7 & + & 3 & = & \\
 -4 & + & 1 & = & \\
 -6 & - & 7 & = & \\
 3 & + & 7 & = & \\
 -1 & - & 7 & = & \\
 5 & - & 5 & = & \\
 -2 & - & 7 & = & \\
 -8 & + & 7 & = & \\
 5 & - & 9 & = & \\
 1 & + & 4 & = & \\
 -5 & - & 3 & = & \\
 -4 & - & 4 & = & \\
 -3 & - & 4 & = & \\
 5 & + & 4 & = & \\
 7 & + & 7 & = & \\
 2 & - & 2 & = & \\
 4 & + & 0 & = & \\
 -8 & - & 2 & = & \\
 -2 & + & 0 & = & \\
 4 & - & 4 & = & \\
 4 & + & 8 & = & \\
 -5 & + & 5 & = & \\
 -2 & + & 4 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$3 + 3 =$

$9 + 8 =$

$4 - 6 =$

$6 + 2 =$

$6 - 6 =$

$-1 - 1 =$

$-6 - 1 =$

$7 - 8 =$

$8 + 2 =$

$-1 + 9 =$

$-8 + 3 =$

$2 + 7 =$

$0 + 7 =$

$-2 - 4 =$

$2 - 5 =$

$-2 + 1 =$

$5 + 3 =$

$8 + 5 =$

$1 - 1 =$

$-2 + 6 =$

$-1 + 0 =$

$8 - 9 =$

$7 + 7 =$

$-7 + 3 =$

$1 + 4 =$

$-6 - 3 =$

$6 - 3 =$

$-2 - 9 =$

$3 - 3 =$

$6 - 0 =$

$9 - 5 =$

$-5 + 9 =$

$-6 + 5 =$

$7 - 2 =$

$5 - 3 =$

$-9 + 1 =$

$8 + 9 =$

$-6 + 5 =$

$-5 + 3 =$

$-2 + 8 =$

$-7 - 0 =$

$7 - 4 =$

$9 + 2 =$

$4 - 5 =$

$6 + 9 =$

$-1 + 2 =$

$-9 - 9 =$

$-6 - 8 =$

$-6 - 8 =$

$-6 - 9 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 4 = \\ 8 + 1 = \\ -4 - 9 = \\ -3 + 8 = \\ 9 - 4 = \\ -2 + 7 = \\ 6 - 0 = \\ 8 + 6 = \\ -2 + 2 = \\ 1 + 5 = \\ 1 - 7 = \\ -9 + 0 = \\ -9 + 2 = \\ 4 - 9 = \\ -2 - 2 = \\ -5 - 3 = \\ -4 + 7 = \\ 8 + 7 = \\ 7 - 8 = \\ 6 + 6 = \\ -5 - 0 = \\ -6 + 4 = \\ 8 - 1 = \\ 5 - 7 = \\ -8 - 6 = \end{array}$$

$$\begin{array}{r} 1 + 1 = \\ 0 - 2 = \\ -2 + 2 = \\ 3 + 6 = \\ 5 - 5 = \\ -1 + 0 = \\ -6 - 9 = \\ -2 - 2 = \\ -9 - 2 = \\ 7 + 0 = \\ 7 + 9 = \\ 7 + 1 = \\ 1 - 6 = \\ -6 + 7 = \\ -5 - 0 = \\ -6 - 8 = \\ -4 + 3 = \\ 8 - 3 = \\ -3 + 7 = \\ 6 + 3 = \\ 8 - 1 = \\ -3 + 3 = \\ 1 + 8 = \\ -4 - 3 = \\ 1 - 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 3 = \\ -4 + 0 = \\ 1 - 5 = \\ 3 - 5 = \\ -2 - 1 = \\ 9 - 9 = \\ 0 - 3 = \\ -2 + 4 = \\ 5 + 9 = \\ 1 + 8 = \\ 9 + 0 = \\ -6 - 3 = \\ 4 + 2 = \\ 1 + 7 = \\ -4 - 6 = \\ -1 + 7 = \\ 2 - 6 = \\ -4 - 6 = \\ 2 + 2 = \\ -8 - 0 = \\ 5 - 5 = \\ 1 - 0 = \\ -7 - 1 = \\ 2 - 6 = \\ 2 - 0 = \end{array}$$

$$\begin{array}{r} -6 - 3 = \\ -5 - 6 = \\ 8 + 7 = \\ -8 + 8 = \\ 8 - 5 = \\ 2 - 0 = \\ -2 + 1 = \\ 4 + 7 = \\ 7 - 7 = \\ -4 - 5 = \\ 2 - 7 = \\ -8 - 1 = \\ -9 - 6 = \\ -1 - 2 = \\ -5 + 0 = \\ 6 - 9 = \\ -1 + 3 = \\ 7 + 4 = \\ -2 + 6 = \\ -2 - 5 = \\ -9 - 4 = \\ -2 - 0 = \\ -7 + 1 = \\ 6 - 3 = \\ 6 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$8 + 8 =$

$1 + 5 =$

$4 + 7 =$

$5 + 4 =$

$-3 - 1 =$

$-9 - 8 =$

$-1 + 4 =$

$8 + 8 =$

$-7 + 1 =$

$5 + 6 =$

$-5 - 6 =$

$6 + 9 =$

$-1 - 4 =$

$-8 - 2 =$

$0 + 6 =$

$-5 + 6 =$

$2 - 9 =$

$-7 + 3 =$

$-9 - 4 =$

$-4 - 1 =$

$-6 - 9 =$

$-3 - 4 =$

$8 - 2 =$

$1 - 5 =$

$3 - 2 =$

$3 - 4 =$

$5 + 3 =$

$8 - 2 =$

$-5 + 5 =$

$9 + 8 =$

$1 + 1 =$

$-1 - 5 =$

$-8 + 3 =$

$-1 + 3 =$

$-1 - 9 =$

$-8 + 3 =$

$6 + 1 =$

$-6 - 3 =$

$9 - 1 =$

$8 - 8 =$

$-5 - 2 =$

$2 - 2 =$

$9 + 9 =$

$-1 - 4 =$

$-3 + 0 =$

$9 + 6 =$

$1 - 4 =$

$8 - 2 =$

$-1 - 8 =$

$8 + 3 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -2 & - & 5 & = \\
 -9 & + & 0 & = \\
 -1 & - & 6 & = \\
 7 & - & 6 & = \\
 6 & - & 7 & = \\
 2 & - & 4 & = \\
 -6 & + & 7 & = \\
 0 & - & 0 & = \\
 -4 & + & 2 & = \\
 7 & + & 6 & = \\
 -6 & - & 3 & = \\
 -8 & - & 2 & = \\
 1 & - & 4 & = \\
 -5 & + & 9 & = \\
 -1 & + & 5 & = \\
 7 & - & 3 & = \\
 9 & + & 7 & = \\
 -9 & + & 9 & = \\
 -3 & - & 9 & = \\
 5 & - & 7 & = \\
 1 & + & 2 & = \\
 -2 & + & 8 & = \\
 -4 & - & 2 & = \\
 1 & - & 4 & = \\
 6 & + & 3 & =
 \end{array}$$

$$\begin{array}{rclcl}
 -9 & - & 9 & = \\
 0 & - & 1 & = \\
 -5 & - & 8 & = \\
 -8 & - & 1 & = \\
 -7 & - & 9 & = \\
 1 & + & 4 & = \\
 6 & + & 4 & = \\
 8 & + & 7 & = \\
 -4 & + & 2 & = \\
 0 & - & 9 & = \\
 -3 & + & 7 & = \\
 -6 & + & 8 & = \\
 -9 & - & 6 & = \\
 -8 & - & 7 & = \\
 -5 & + & 8 & = \\
 -8 & + & 9 & = \\
 -7 & - & 9 & = \\
 1 & + & 7 & = \\
 -1 & - & 8 & = \\
 -4 & + & 5 & = \\
 3 & - & 9 & = \\
 -3 & - & 8 & = \\
 -8 & - & 9 & = \\
 2 & + & 2 & = \\
 6 & + & 9 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 - 9 = \\ 0 - 1 = \\ -5 + 2 = \\ 1 + 3 = \\ -3 - 0 = \\ 6 + 6 = \\ 5 + 9 = \\ -1 - 4 = \\ 2 - 3 = \\ -7 + 7 = \\ -3 - 5 = \\ -9 - 1 = \\ 3 + 4 = \\ -8 - 3 = \\ 3 + 5 = \\ 6 - 4 = \\ 1 - 3 = \\ 8 + 1 = \\ 5 - 3 = \\ 7 + 8 = \\ -9 + 9 = \\ -2 - 0 = \\ 0 - 6 = \\ -5 + 2 = \\ -8 - 5 = \end{array}$$

$$\begin{array}{r} 9 - 5 = \\ 4 + 0 = \\ -7 - 4 = \\ 8 + 1 = \\ 8 + 4 = \\ -3 - 8 = \\ 6 + 4 = \\ -2 + 7 = \\ 2 - 4 = \\ 5 + 7 = \\ -8 + 0 = \\ -1 - 8 = \\ 7 - 2 = \\ -7 + 5 = \\ 8 + 6 = \\ 4 - 8 = \\ 1 + 2 = \\ -9 - 5 = \\ -4 - 1 = \\ 2 + 7 = \\ 0 + 4 = \\ 3 - 9 = \\ 3 + 6 = \\ 6 + 9 = \\ -4 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 0 & - & 8 & = & \\
 7 & + & 0 & = & \\
 8 & + & 2 & = & \\
 -8 & + & 2 & = & \\
 5 & - & 9 & = & \\
 9 & + & 9 & = & \\
 -5 & + & 2 & = & \\
 3 & - & 6 & = & \\
 -1 & + & 5 & = & \\
 4 & + & 4 & = & \\
 -3 & - & 6 & = & \\
 7 & - & 3 & = & \\
 -8 & - & 1 & = & \\
 4 & - & 6 & = & \\
 -8 & + & 9 & = & \\
 9 & + & 7 & = & \\
 -3 & + & 3 & = & \\
 4 & - & 5 & = & \\
 -6 & - & 8 & = & \\
 -9 & - & 5 & = & \\
 -4 & - & 0 & = & \\
 -1 & - & 1 & = & \\
 2 & - & 7 & = & \\
 -6 & + & 3 & = & \\
 -3 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & + & 2 & = & \\
 9 & + & 5 & = & \\
 1 & - & 8 & = & \\
 -4 & - & 0 & = & \\
 8 & + & 9 & = & \\
 -8 & + & 4 & = & \\
 -9 & - & 0 & = & \\
 0 & - & 0 & = & \\
 -3 & - & 7 & = & \\
 9 & + & 0 & = & \\
 5 & - & 3 & = & \\
 2 & - & 1 & = & \\
 0 & + & 3 & = & \\
 4 & + & 3 & = & \\
 -9 & - & 7 & = & \\
 3 & + & 6 & = & \\
 -5 & + & 0 & = & \\
 9 & + & 1 & = & \\
 -7 & + & 1 & = & \\
 3 & + & 8 & = & \\
 -6 & + & 9 & = & \\
 1 & - & 2 & = & \\
 1 & + & 8 & = & \\
 0 & + & 4 & = & \\
 6 & + & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 - 3 = \\ -8 - 6 = \\ 8 + 2 = \\ 9 - 8 = \\ 2 + 8 = \\ 4 + 3 = \\ 3 - 5 = \\ 9 + 7 = \\ -3 + 0 = \\ -8 + 5 = \\ 8 - 4 = \\ 4 - 4 = \\ -7 - 3 = \\ 8 + 0 = \\ 6 - 5 = \\ -7 + 3 = \\ -3 + 7 = \\ 0 - 4 = \\ -8 - 0 = \\ -7 + 1 = \\ 7 + 4 = \\ 9 - 9 = \\ 1 + 2 = \\ 8 + 9 = \\ 0 + 8 = \end{array}$$

$$\begin{array}{r} 6 + 5 = \\ -6 + 6 = \\ 6 + 6 = \\ 5 - 5 = \\ -9 + 7 = \\ 8 + 3 = \\ -9 + 4 = \\ -1 + 8 = \\ 2 + 3 = \\ -2 - 6 = \\ -4 + 3 = \\ 3 - 1 = \\ -9 - 9 = \\ -1 - 2 = \\ 9 + 7 = \\ -2 + 0 = \\ 5 - 1 = \\ 0 + 9 = \\ -9 - 1 = \\ 4 + 2 = \\ 5 - 3 = \\ 7 - 5 = \\ 0 + 8 = \\ 6 - 1 = \\ 5 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 4 - 5 = \\
 2 + 3 = \\
 -5 + 2 = \\
 9 + 7 = \\
 7 - 3 = \\
 -5 + 5 = \\
 -6 + 9 = \\
 2 - 5 = \\
 -9 - 1 = \\
 -4 + 5 = \\
 -4 + 2 = \\
 5 - 5 = \\
 4 - 0 = \\
 -6 + 2 = \\
 0 - 8 = \\
 -3 + 6 = \\
 5 - 4 = \\
 -2 + 8 = \\
 -6 - 9 = \\
 -1 + 0 = \\
 -2 - 8 = \\
 1 + 4 = \\
 3 + 9 = \\
 -1 + 1 = \\
 9 + 0 =
 \end{array}$$

$$\begin{array}{r}
 0 + 3 = \\
 1 - 8 = \\
 -7 - 2 = \\
 -7 + 1 = \\
 -8 + 5 = \\
 -4 + 8 = \\
 0 - 4 = \\
 8 + 3 = \\
 0 - 7 = \\
 -8 - 8 = \\
 -6 + 6 = \\
 4 - 4 = \\
 1 + 1 = \\
 -1 + 8 = \\
 -4 + 2 = \\
 -9 - 0 = \\
 9 - 1 = \\
 -7 - 2 = \\
 -5 - 8 = \\
 9 - 4 = \\
 4 + 5 = \\
 -9 + 2 = \\
 7 - 7 = \\
 -9 + 1 = \\
 6 + 1 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 9 & - & 7 & = & \\
 -7 & - & 0 & = & \\
 8 & - & 7 & = & \\
 -2 & - & 0 & = & \\
 -9 & - & 9 & = & \\
 0 & - & 5 & = & \\
 8 & - & 1 & = & \\
 -8 & - & 4 & = & \\
 6 & - & 6 & = & \\
 7 & - & 5 & = & \\
 5 & - & 6 & = & \\
 1 & + & 6 & = & \\
 4 & - & 7 & = & \\
 2 & + & 5 & = & \\
 4 & - & 3 & = & \\
 6 & - & 3 & = & \\
 0 & - & 7 & = & \\
 4 & + & 0 & = & \\
 -1 & + & 1 & = & \\
 -3 & - & 1 & = & \\
 6 & + & 4 & = & \\
 -1 & - & 9 & = & \\
 2 & + & 0 & = & \\
 -2 & - & 9 & = & \\
 -9 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -3 & - & 3 & = & \\
 0 & - & 3 & = & \\
 4 & - & 9 & = & \\
 -8 & + & 1 & = & \\
 5 & + & 2 & = & \\
 6 & - & 1 & = & \\
 8 & + & 3 & = & \\
 6 & - & 2 & = & \\
 1 & - & 9 & = & \\
 0 & - & 1 & = & \\
 6 & + & 1 & = & \\
 1 & - & 9 & = & \\
 -4 & - & 0 & = & \\
 7 & - & 9 & = & \\
 -6 & - & 4 & = & \\
 2 & - & 0 & = & \\
 -2 & + & 2 & = & \\
 9 & + & 0 & = & \\
 6 & + & 8 & = & \\
 4 & - & 9 & = & \\
 8 & + & 5 & = & \\
 -3 & + & 0 & = & \\
 8 & + & 7 & = & \\
 6 & + & 0 & = & \\
 -1 & + & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & - & 1 & = & \\
 -3 & + & 1 & = & \\
 -8 & + & 0 & = & \\
 -1 & - & 1 & = & \\
 -9 & + & 1 & = & \\
 -3 & + & 5 & = & \\
 0 & - & 8 & = & \\
 -2 & - & 0 & = & \\
 -1 & - & 9 & = & \\
 -2 & - & 0 & = & \\
 -4 & - & 6 & = & \\
 -4 & + & 5 & = & \\
 4 & + & 0 & = & \\
 -2 & - & 0 & = & \\
 0 & - & 3 & = & \\
 -7 & - & 0 & = & \\
 9 & + & 3 & = & \\
 0 & + & 8 & = & \\
 2 & - & 1 & = & \\
 -2 & + & 1 & = & \\
 -4 & + & 5 & = & \\
 -8 & - & 2 & = & \\
 9 & - & 7 & = & \\
 -7 & - & 9 & = & \\
 -3 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & - & 3 & = & \\
 2 & + & 2 & = & \\
 -2 & + & 1 & = & \\
 3 & - & 9 & = & \\
 -6 & - & 2 & = & \\
 0 & - & 3 & = & \\
 8 & - & 5 & = & \\
 -4 & + & 5 & = & \\
 -4 & + & 7 & = & \\
 6 & + & 6 & = & \\
 0 & - & 3 & = & \\
 0 & - & 6 & = & \\
 3 & + & 5 & = & \\
 2 & - & 3 & = & \\
 5 & - & 5 & = & \\
 -8 & + & 9 & = & \\
 8 & + & 3 & = & \\
 -2 & + & 7 & = & \\
 6 & - & 7 & = & \\
 -8 & - & 5 & = & \\
 -8 & - & 2 & = & \\
 -1 & + & 8 & = & \\
 -1 & + & 1 & = & \\
 7 & + & 7 & = & \\
 3 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 - 4 = \\ -6 + 7 = \\ 4 + 3 = \\ 8 - 4 = \\ -6 + 3 = \\ 4 - 2 = \\ 0 + 0 = \\ 3 + 6 = \\ 9 - 2 = \\ 0 + 3 = \\ 5 - 0 = \\ -6 + 3 = \\ 8 - 3 = \\ 1 + 0 = \\ -8 + 0 = \\ -1 + 5 = \\ -7 + 0 = \\ -4 + 2 = \\ 7 + 2 = \\ 4 + 8 = \\ -5 + 8 = \\ -5 - 9 = \\ 1 - 0 = \\ 0 - 9 = \\ 4 - 9 = \end{array}$$

$$\begin{array}{r} -3 + 5 = \\ -7 - 4 = \\ -6 + 8 = \\ 0 + 7 = \\ 4 + 4 = \\ -2 + 3 = \\ 7 + 7 = \\ 6 - 7 = \\ 5 + 9 = \\ 7 - 4 = \\ 3 + 9 = \\ 5 + 3 = \\ -1 + 1 = \\ -5 + 9 = \\ 8 - 0 = \\ 0 - 3 = \\ -4 + 5 = \\ 1 + 2 = \\ -1 + 4 = \\ -6 + 8 = \\ -1 - 9 = \\ -9 - 7 = \\ 1 - 9 = \\ 4 + 6 = \\ -8 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 9 = \\ -5 - 2 = \\ -5 + 2 = \\ -9 - 2 = \\ -1 - 6 = \\ -8 - 7 = \\ 9 + 1 = \\ -8 - 4 = \\ 4 + 8 = \\ -7 + 5 = \\ -6 + 8 = \\ -6 + 4 = \\ 7 + 1 = \\ -6 - 6 = \\ -5 - 7 = \\ 8 - 8 = \\ 3 + 1 = \\ 4 - 3 = \\ -4 - 7 = \\ 0 - 5 = \\ -3 - 1 = \\ 5 - 8 = \\ 1 - 4 = \\ -1 + 2 = \\ 0 - 8 = \end{array}$$

$$\begin{array}{r} -1 + 6 = \\ -7 - 1 = \\ -4 + 3 = \\ -6 + 3 = \\ 5 - 9 = \\ -4 - 6 = \\ -4 + 9 = \\ 3 - 4 = \\ 8 + 6 = \\ -2 + 0 = \\ -4 - 6 = \\ -8 - 9 = \\ 6 - 5 = \\ -2 - 3 = \\ 9 + 1 = \\ -8 - 5 = \\ 7 + 7 = \\ -6 - 1 = \\ -2 + 1 = \\ 8 + 5 = \\ 1 + 4 = \\ 6 - 1 = \\ 2 - 5 = \\ -9 + 2 = \\ -3 + 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -2 & + & 3 & = & \\
 -4 & + & 8 & = & \\
 -6 & + & 9 & = & \\
 -9 & - & 2 & = & \\
 3 & - & 3 & = & \\
 -9 & + & 6 & = & \\
 -2 & + & 6 & = & \\
 0 & + & 9 & = & \\
 0 & - & 2 & = & \\
 -3 & - & 4 & = & \\
 -2 & - & 0 & = & \\
 -7 & + & 2 & = & \\
 5 & + & 1 & = & \\
 4 & - & 1 & = & \\
 -6 & + & 4 & = & \\
 0 & - & 5 & = & \\
 6 & + & 4 & = & \\
 -4 & + & 4 & = & \\
 1 & - & 7 & = & \\
 -5 & - & 3 & = & \\
 1 & + & 0 & = & \\
 9 & - & 3 & = & \\
 -8 & - & 8 & = & \\
 -6 & - & 2 & = & \\
 3 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & + & 3 & = & \\
 2 & - & 8 & = & \\
 4 & - & 9 & = & \\
 1 & + & 0 & = & \\
 -5 & + & 5 & = & \\
 -6 & - & 0 & = & \\
 9 & - & 0 & = & \\
 0 & - & 9 & = & \\
 -3 & + & 2 & = & \\
 0 & - & 2 & = & \\
 7 & - & 4 & = & \\
 4 & + & 8 & = & \\
 0 & - & 5 & = & \\
 -6 & + & 1 & = & \\
 -7 & + & 1 & = & \\
 5 & - & 4 & = & \\
 7 & - & 7 & = & \\
 0 & + & 3 & = & \\
 -8 & + & 0 & = & \\
 9 & + & 0 & = & \\
 5 & + & 6 & = & \\
 -4 & + & 3 & = & \\
 -2 & + & 4 & = & \\
 7 & - & 9 & = & \\
 8 & - & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 6 & = & \\
 0 & - & 9 & = & \\
 1 & + & 5 & = & \\
 9 & + & 3 & = & \\
 -8 & - & 6 & = & \\
 -4 & - & 9 & = & \\
 4 & + & 8 & = & \\
 -2 & + & 4 & = & \\
 8 & - & 8 & = & \\
 -8 & - & 6 & = & \\
 -8 & - & 8 & = & \\
 -6 & - & 3 & = & \\
 -1 & - & 5 & = & \\
 0 & - & 8 & = & \\
 -3 & + & 0 & = & \\
 7 & + & 2 & = & \\
 4 & + & 8 & = & \\
 3 & + & 0 & = & \\
 7 & + & 1 & = & \\
 7 & + & 2 & = & \\
 6 & + & 7 & = & \\
 1 & + & 2 & = & \\
 -5 & - & 3 & = & \\
 -9 & - & 2 & = & \\
 4 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & + & 2 & = & \\
 5 & - & 6 & = & \\
 -9 & + & 4 & = & \\
 6 & - & 4 & = & \\
 5 & - & 5 & = & \\
 4 & - & 0 & = & \\
 -5 & + & 9 & = & \\
 -4 & - & 4 & = & \\
 -5 & + & 7 & = & \\
 7 & - & 9 & = & \\
 -8 & + & 8 & = & \\
 7 & - & 2 & = & \\
 -3 & - & 4 & = & \\
 -5 & + & 0 & = & \\
 -9 & + & 0 & = & \\
 -6 & + & 6 & = & \\
 -9 & + & 1 & = & \\
 7 & + & 3 & = & \\
 -3 & - & 1 & = & \\
 -3 & - & 1 & = & \\
 2 & - & 1 & = & \\
 -2 & - & 7 & = & \\
 3 & + & 9 & = & \\
 9 & - & 7 & = & \\
 9 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & + & 4 & = & \\
 8 & + & 3 & = & \\
 9 & - & 0 & = & \\
 9 & + & 9 & = & \\
 1 & + & 2 & = & \\
 7 & - & 4 & = & \\
 8 & + & 9 & = & \\
 7 & + & 0 & = & \\
 6 & + & 8 & = & \\
 1 & - & 0 & = & \\
 7 & + & 2 & = & \\
 8 & + & 2 & = & \\
 -4 & - & 1 & = & \\
 -6 & - & 4 & = & \\
 1 & + & 3 & = & \\
 1 & + & 1 & = & \\
 8 & - & 3 & = & \\
 -9 & + & 4 & = & \\
 -5 & + & 0 & = & \\
 -8 & - & 1 & = & \\
 2 & - & 3 & = & \\
 7 & + & 0 & = & \\
 9 & + & 8 & = & \\
 -2 & - & 6 & = & \\
 7 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -6 & - & 8 & = & \\
 8 & + & 7 & = & \\
 6 & + & 7 & = & \\
 7 & + & 2 & = & \\
 7 & - & 5 & = & \\
 -9 & - & 5 & = & \\
 7 & + & 6 & = & \\
 -3 & + & 1 & = & \\
 2 & + & 3 & = & \\
 7 & - & 7 & = & \\
 -7 & + & 8 & = & \\
 6 & - & 0 & = & \\
 -6 & + & 1 & = & \\
 -9 & + & 3 & = & \\
 4 & - & 6 & = & \\
 -7 & - & 3 & = & \\
 8 & - & 9 & = & \\
 0 & - & 2 & = & \\
 1 & + & 7 & = & \\
 6 & + & 4 & = & \\
 -8 & + & 2 & = & \\
 7 & + & 0 & = & \\
 -4 & + & 5 & = & \\
 7 & - & 4 & = & \\
 -4 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 - 8 = \\ 6 + 3 = \\ -3 + 4 = \\ 2 + 7 = \\ 2 - 1 = \\ 9 - 1 = \\ -5 + 0 = \\ -9 + 7 = \\ 1 + 9 = \\ -2 + 6 = \\ -1 + 1 = \\ -4 - 6 = \\ 4 + 0 = \\ -2 + 0 = \\ 3 - 4 = \\ -9 + 1 = \\ 5 + 3 = \\ -7 + 4 = \\ -8 - 4 = \\ -9 + 2 = \\ -8 + 0 = \\ 8 - 9 = \\ -8 + 0 = \\ 6 + 3 = \\ 5 - 9 = \end{array}$$

$$\begin{array}{r} -4 - 7 = \\ 2 + 3 = \\ 0 - 5 = \\ 8 - 7 = \\ 5 + 4 = \\ 6 - 0 = \\ 3 - 5 = \\ 3 + 0 = \\ 4 - 6 = \\ 6 - 0 = \\ -7 - 7 = \\ -1 - 3 = \\ -4 + 2 = \\ 4 + 1 = \\ 7 - 9 = \\ 2 - 8 = \\ 2 - 8 = \\ -1 + 0 = \\ -1 - 3 = \\ 6 + 6 = \\ 4 + 1 = \\ 4 + 8 = \\ -6 - 3 = \\ -8 - 7 = \\ 8 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 1 & - & 1 & = & \\
 -4 & + & 1 & = & \\
 0 & - & 6 & = & \\
 -6 & - & 5 & = & \\
 7 & + & 4 & = & \\
 -6 & - & 6 & = & \\
 -6 & + & 8 & = & \\
 5 & - & 4 & = & \\
 -3 & - & 2 & = & \\
 -7 & + & 4 & = & \\
 3 & + & 3 & = & \\
 5 & - & 8 & = & \\
 -8 & + & 4 & = & \\
 -5 & + & 4 & = & \\
 -6 & + & 8 & = & \\
 1 & + & 5 & = & \\
 7 & + & 8 & = & \\
 9 & - & 1 & = & \\
 0 & - & 3 & = & \\
 9 & - & 1 & = & \\
 7 & - & 7 & = & \\
 -8 & + & 3 & = & \\
 -7 & - & 7 & = & \\
 2 & + & 7 & = & \\
 5 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 8 & = & \\
 -8 & + & 1 & = & \\
 3 & + & 1 & = & \\
 2 & + & 7 & = & \\
 0 & + & 6 & = & \\
 -8 & + & 1 & = & \\
 2 & + & 3 & = & \\
 4 & - & 6 & = & \\
 5 & + & 9 & = & \\
 9 & + & 0 & = & \\
 -4 & + & 9 & = & \\
 7 & + & 3 & = & \\
 -5 & - & 4 & = & \\
 2 & + & 3 & = & \\
 -6 & - & 0 & = & \\
 -6 & + & 5 & = & \\
 -7 & - & 0 & = & \\
 -5 & + & 3 & = & \\
 8 & + & 1 & = & \\
 -9 & - & 2 & = & \\
 -9 & + & 8 & = & \\
 5 & - & 8 & = & \\
 9 & + & 5 & = & \\
 -5 & + & 8 & = & \\
 -9 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 6 = \\ -7 - 7 = \\ 8 - 4 = \\ -7 + 9 = \\ 2 - 8 = \\ 5 - 4 = \\ 4 - 2 = \\ 8 + 2 = \\ -5 - 0 = \\ -1 + 0 = \\ -7 + 8 = \\ -7 - 5 = \\ 3 - 4 = \\ -2 + 3 = \\ 8 - 1 = \\ -3 + 6 = \\ -3 + 7 = \\ 4 - 7 = \\ -3 + 5 = \\ -6 + 7 = \\ -2 - 8 = \\ -2 - 1 = \\ 6 - 6 = \\ 8 - 1 = \\ -3 - 0 = \end{array}$$

$$\begin{array}{r} -2 + 7 = \\ -3 + 0 = \\ -8 - 3 = \\ 4 - 4 = \\ 1 - 5 = \\ -4 + 5 = \\ 4 - 6 = \\ -6 + 1 = \\ -1 - 5 = \\ -9 - 8 = \\ -1 - 5 = \\ -7 + 2 = \\ 8 - 3 = \\ 8 + 2 = \\ -3 + 3 = \\ 7 - 3 = \\ -4 - 3 = \\ 0 - 4 = \\ -1 + 7 = \\ -8 + 2 = \\ -1 + 8 = \\ -7 - 1 = \\ 9 + 4 = \\ 3 - 0 = \\ 1 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -5 - 0 = \\ 1 + 9 = \\ 3 + 4 = \\ 6 - 7 = \\ 7 - 8 = \\ 7 + 8 = \\ 4 + 3 = \\ 7 - 0 = \\ 3 + 0 = \\ 0 + 8 = \\ 0 - 5 = \\ -2 + 6 = \\ 2 - 3 = \\ 1 + 6 = \\ -5 - 4 = \\ 4 - 4 = \\ 3 + 9 = \\ 8 + 8 = \\ 4 - 7 = \\ -2 + 3 = \\ -9 - 8 = \\ 2 + 0 = \\ 6 + 9 = \\ 5 - 4 = \\ -5 + 2 = \end{array}$$

$$\begin{array}{r} 3 + 8 = \\ -8 + 8 = \\ 4 + 8 = \\ -9 - 9 = \\ 2 + 5 = \\ -1 + 2 = \\ -7 - 0 = \\ 2 + 2 = \\ -7 - 9 = \\ -9 - 6 = \\ 5 - 7 = \\ 1 - 1 = \\ 5 + 0 = \\ -7 - 4 = \\ -4 - 2 = \\ 1 - 6 = \\ 9 + 3 = \\ -9 + 7 = \\ -8 - 5 = \\ 1 + 6 = \\ 8 + 1 = \\ -1 + 3 = \\ -1 + 0 = \\ -8 - 4 = \\ 1 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 2 + 4 = \\
 -1 - 8 = \\
 7 + 8 = \\
 -4 - 7 = \\
 9 - 8 = \\
 0 + 8 = \\
 7 - 0 = \\
 -2 + 5 = \\
 -1 - 0 = \\
 -6 + 2 = \\
 7 - 3 = \\
 -9 - 6 = \\
 -2 - 2 = \\
 7 - 6 = \\
 3 - 5 = \\
 9 - 5 = \\
 8 + 9 = \\
 2 + 3 = \\
 1 - 3 = \\
 -5 + 3 = \\
 0 + 9 = \\
 7 + 6 = \\
 9 + 2 = \\
 -7 - 0 = \\
 -7 - 6 =
 \end{array}$$

$$\begin{array}{r}
 0 + 4 = \\
 -1 - 0 = \\
 9 + 6 = \\
 5 - 8 = \\
 9 + 6 = \\
 5 + 9 = \\
 7 + 0 = \\
 8 + 3 = \\
 4 + 2 = \\
 5 + 2 = \\
 -8 + 8 = \\
 -3 - 6 = \\
 -1 + 4 = \\
 -8 + 5 = \\
 2 + 8 = \\
 -2 + 5 = \\
 -2 + 6 = \\
 -2 - 3 = \\
 6 - 5 = \\
 -5 + 1 = \\
 -7 - 8 = \\
 -7 + 4 = \\
 5 + 3 = \\
 -9 + 9 = \\
 0 + 9 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 1 & - & 6 & = & \\
 0 & - & 2 & = & \\
 -4 & + & 6 & = & \\
 8 & + & 3 & = & \\
 -9 & - & 7 & = & \\
 -8 & - & 5 & = & \\
 -5 & + & 5 & = & \\
 -9 & + & 4 & = & \\
 -3 & + & 8 & = & \\
 1 & - & 2 & = & \\
 7 & + & 0 & = & \\
 0 & + & 9 & = & \\
 -5 & - & 6 & = & \\
 5 & + & 6 & = & \\
 6 & - & 2 & = & \\
 7 & + & 5 & = & \\
 -6 & + & 1 & = & \\
 -3 & - & 7 & = & \\
 1 & + & 6 & = & \\
 0 & - & 7 & = & \\
 8 & - & 8 & = & \\
 3 & + & 3 & = & \\
 0 & + & 5 & = & \\
 3 & + & 0 & = & \\
 6 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & + & 9 & = & \\
 -7 & - & 9 & = & \\
 4 & + & 0 & = & \\
 -7 & + & 3 & = & \\
 6 & + & 1 & = & \\
 -8 & + & 3 & = & \\
 -2 & - & 7 & = & \\
 2 & - & 8 & = & \\
 4 & + & 6 & = & \\
 9 & + & 6 & = & \\
 -6 & - & 1 & = & \\
 -8 & - & 0 & = & \\
 4 & - & 7 & = & \\
 3 & + & 7 & = & \\
 -8 & - & 2 & = & \\
 -2 & - & 0 & = & \\
 -5 & + & 9 & = & \\
 -9 & + & 1 & = & \\
 6 & + & 4 & = & \\
 -6 & - & 6 & = & \\
 -4 & + & 1 & = & \\
 -2 & - & 7 & = & \\
 -6 & - & 0 & = & \\
 -8 & + & 1 & = & \\
 8 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 5 & = & \\
 -7 & - & 0 & = & \\
 0 & + & 2 & = & \\
 3 & - & 5 & = & \\
 1 & + & 0 & = & \\
 1 & + & 5 & = & \\
 -8 & + & 7 & = & \\
 0 & - & 4 & = & \\
 7 & - & 7 & = & \\
 7 & + & 6 & = & \\
 -3 & + & 3 & = & \\
 8 & + & 6 & = & \\
 3 & + & 6 & = & \\
 3 & - & 5 & = & \\
 2 & + & 2 & = & \\
 -6 & - & 6 & = & \\
 6 & - & 4 & = & \\
 -3 & - & 9 & = & \\
 -4 & + & 3 & = & \\
 -5 & + & 3 & = & \\
 -1 & - & 1 & = & \\
 4 & - & 5 & = & \\
 6 & - & 2 & = & \\
 1 & + & 8 & = & \\
 -7 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & - & 6 & = & \\
 1 & + & 2 & = & \\
 2 & - & 6 & = & \\
 4 & - & 5 & = & \\
 1 & + & 1 & = & \\
 5 & - & 3 & = & \\
 -9 & + & 2 & = & \\
 4 & - & 2 & = & \\
 5 & - & 4 & = & \\
 -3 & - & 5 & = & \\
 1 & - & 7 & = & \\
 -5 & + & 0 & = & \\
 2 & + & 5 & = & \\
 -7 & - & 3 & = & \\
 3 & - & 9 & = & \\
 0 & - & 8 & = & \\
 -2 & - & 9 & = & \\
 7 & + & 9 & = & \\
 -9 & - & 3 & = & \\
 -8 & + & 0 & = & \\
 -6 & + & 6 & = & \\
 0 & - & 2 & = & \\
 5 & + & 3 & = & \\
 4 & + & 0 & = & \\
 0 & + & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 8 - 8 = \\
 6 + 5 = \\
 8 - 2 = \\
 8 + 6 = \\
 7 + 5 = \\
 -4 - 4 = \\
 -8 + 8 = \\
 1 + 3 = \\
 5 + 7 = \\
 1 - 0 = \\
 2 - 2 = \\
 -6 + 8 = \\
 -3 + 7 = \\
 -8 + 1 = \\
 6 - 4 = \\
 0 + 5 = \\
 2 + 5 = \\
 -6 + 0 = \\
 -4 + 3 = \\
 -3 - 9 = \\
 -5 + 3 = \\
 9 - 4 = \\
 6 - 4 = \\
 8 + 8 = \\
 8 - 3 =
 \end{array}$$

$$\begin{array}{r}
 8 - 2 = \\
 -3 + 3 = \\
 -1 - 1 = \\
 4 + 3 = \\
 -4 - 0 = \\
 -5 - 5 = \\
 6 - 1 = \\
 3 + 0 = \\
 2 - 5 = \\
 9 + 5 = \\
 2 - 3 = \\
 5 - 9 = \\
 -8 - 3 = \\
 4 + 8 = \\
 8 + 5 = \\
 7 + 8 = \\
 3 - 6 = \\
 -1 + 5 = \\
 5 - 4 = \\
 -9 - 0 = \\
 5 + 6 = \\
 5 - 7 = \\
 -8 + 3 = \\
 -2 + 2 = \\
 5 + 8 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -3 & + & 3 & = & \\
 9 & + & 5 & = & \\
 -3 & + & 1 & = & \\
 1 & - & 1 & = & \\
 -1 & - & 2 & = & \\
 3 & - & 2 & = & \\
 1 & - & 4 & = & \\
 -4 & - & 3 & = & \\
 -3 & - & 7 & = & \\
 -5 & + & 9 & = & \\
 -7 & - & 5 & = & \\
 -7 & - & 9 & = & \\
 5 & - & 9 & = & \\
 -4 & - & 6 & = & \\
 4 & - & 8 & = & \\
 -4 & - & 6 & = & \\
 7 & - & 0 & = & \\
 -2 & - & 0 & = & \\
 8 & - & 3 & = & \\
 -9 & - & 6 & = & \\
 -7 & - & 0 & = & \\
 -3 & + & 9 & = & \\
 9 & + & 0 & = & \\
 3 & + & 4 & = & \\
 8 & - & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 3 & - & 7 & = & \\
 7 & - & 1 & = & \\
 -8 & - & 1 & = & \\
 -3 & - & 9 & = & \\
 -7 & - & 8 & = & \\
 -9 & - & 4 & = & \\
 -2 & - & 3 & = & \\
 8 & + & 0 & = & \\
 2 & + & 9 & = & \\
 -6 & + & 9 & = & \\
 5 & + & 4 & = & \\
 -9 & - & 4 & = & \\
 9 & - & 3 & = & \\
 6 & - & 6 & = & \\
 -3 & + & 3 & = & \\
 -9 & + & 2 & = & \\
 -9 & - & 7 & = & \\
 -5 & + & 7 & = & \\
 5 & + & 3 & = & \\
 -9 & + & 3 & = & \\
 6 & + & 3 & = & \\
 -2 & + & 0 & = & \\
 -1 & - & 9 & = & \\
 3 & - & 4 & = & \\
 4 & + & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 3 = \\ -3 + 0 = \\ 6 + 5 = \\ -3 - 7 = \\ -2 + 4 = \\ 8 + 3 = \\ 3 - 1 = \\ -1 - 5 = \\ 6 - 6 = \\ -2 + 1 = \\ -7 - 1 = \\ -1 + 7 = \\ 2 + 5 = \\ -3 + 8 = \\ 9 - 5 = \\ -6 + 6 = \\ 1 + 8 = \\ -4 + 5 = \\ 0 - 9 = \\ -2 + 5 = \\ -1 - 3 = \\ -9 + 4 = \\ 9 + 3 = \\ -4 - 4 = \\ 1 - 8 = \end{array}$$

$$\begin{array}{r} 3 - 1 = \\ -6 + 7 = \\ 8 + 0 = \\ -4 + 4 = \\ -1 - 7 = \\ -3 - 7 = \\ 9 - 6 = \\ -6 + 9 = \\ 8 + 4 = \\ -3 - 8 = \\ 1 + 5 = \\ 0 - 7 = \\ -8 + 5 = \\ -9 - 5 = \\ -2 + 2 = \\ -4 + 1 = \\ 3 - 5 = \\ 9 - 8 = \\ 3 + 0 = \\ 9 - 2 = \\ 2 + 6 = \\ 0 - 6 = \\ -7 - 3 = \\ -3 - 9 = \\ 7 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 0 = \\ 0 - 1 = \\ -3 - 3 = \\ -3 + 4 = \\ -5 - 6 = \\ 2 - 4 = \\ -2 - 1 = \\ -2 + 7 = \\ -2 - 4 = \\ -8 - 5 = \\ -2 - 8 = \\ -8 + 0 = \\ 6 + 1 = \\ 7 - 2 = \\ -3 + 7 = \\ -5 - 5 = \\ 1 + 9 = \\ 4 - 7 = \\ 1 + 7 = \\ -2 + 7 = \\ 5 - 2 = \\ -3 - 1 = \\ -7 - 6 = \\ -6 - 0 = \\ 8 - 7 = \end{array}$$

$$\begin{array}{r} 8 + 2 = \\ -6 + 8 = \\ 0 + 8 = \\ -6 + 3 = \\ -2 - 7 = \\ 0 + 2 = \\ 1 + 9 = \\ 3 - 4 = \\ -8 + 2 = \\ -8 + 1 = \\ 1 + 7 = \\ -5 - 3 = \\ -1 + 9 = \\ -5 + 6 = \\ -4 + 8 = \\ -1 + 8 = \\ -7 - 7 = \\ -2 + 5 = \\ 4 + 9 = \\ 8 - 3 = \\ -4 + 5 = \\ -7 - 1 = \\ 3 + 9 = \\ 0 + 7 = \\ 3 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -1 + 4 = \\
 4 + 7 = \\
 -2 - 5 = \\
 8 - 9 = \\
 8 - 1 = \\
 -4 + 5 = \\
 -9 - 6 = \\
 -6 + 0 = \\
 5 + 0 = \\
 8 + 3 = \\
 -2 - 0 = \\
 -1 - 8 = \\
 -5 - 2 = \\
 -5 - 9 = \\
 4 + 4 = \\
 -2 + 8 = \\
 -6 + 6 = \\
 -5 + 7 = \\
 6 - 8 = \\
 0 + 9 = \\
 5 + 2 = \\
 3 - 0 = \\
 6 + 1 = \\
 2 + 4 = \\
 1 - 7 =
 \end{array}$$

$$\begin{array}{r}
 0 - 5 = \\
 8 + 4 = \\
 -6 - 5 = \\
 -7 + 7 = \\
 -1 + 6 = \\
 -3 - 3 = \\
 9 + 0 = \\
 -7 + 1 = \\
 -7 - 2 = \\
 -8 + 6 = \\
 -1 + 0 = \\
 8 + 1 = \\
 4 - 8 = \\
 7 + 5 = \\
 2 + 5 = \\
 1 - 8 = \\
 2 - 1 = \\
 6 - 1 = \\
 0 - 6 = \\
 -9 - 1 = \\
 -2 + 1 = \\
 -6 - 4 = \\
 2 + 5 = \\
 -8 - 0 = \\
 2 - 5 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 5 - 3 = \\
 -1 + 9 = \\
 0 + 2 = \\
 -9 - 5 = \\
 -8 - 2 = \\
 9 - 9 = \\
 7 + 8 = \\
 8 + 4 = \\
 -7 - 5 = \\
 -3 + 9 = \\
 1 + 8 = \\
 -5 - 5 = \\
 8 + 1 = \\
 -9 - 6 = \\
 4 + 3 = \\
 2 - 8 = \\
 -9 - 3 = \\
 -7 + 9 = \\
 4 - 7 = \\
 -9 - 1 = \\
 5 + 0 = \\
 -7 - 7 = \\
 2 + 3 = \\
 0 + 3 = \\
 5 + 6 =
 \end{array}$$

$$\begin{array}{r}
 8 + 4 = \\
 -2 - 2 = \\
 -2 - 1 = \\
 -3 - 2 = \\
 -6 - 3 = \\
 -2 + 3 = \\
 -6 + 5 = \\
 1 - 2 = \\
 5 - 0 = \\
 -2 + 4 = \\
 -5 + 1 = \\
 -8 - 8 = \\
 1 - 0 = \\
 -9 + 0 = \\
 5 + 3 = \\
 1 - 8 = \\
 -2 - 3 = \\
 6 + 3 = \\
 -9 + 5 = \\
 -9 + 6 = \\
 -8 + 4 = \\
 6 - 7 = \\
 -5 - 0 = \\
 0 + 5 = \\
 -2 - 6 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 8 & - & 0 & = & \\
 3 & + & 9 & = & \\
 -1 & + & 4 & = & \\
 -3 & - & 8 & = & \\
 -7 & + & 7 & = & \\
 -1 & - & 5 & = & \\
 0 & + & 0 & = & \\
 4 & - & 1 & = & \\
 5 & + & 4 & = & \\
 7 & - & 4 & = & \\
 -9 & - & 7 & = & \\
 -4 & - & 8 & = & \\
 7 & + & 2 & = & \\
 -4 & + & 6 & = & \\
 7 & - & 6 & = & \\
 7 & - & 7 & = & \\
 8 & - & 9 & = & \\
 -6 & - & 4 & = & \\
 6 & - & 6 & = & \\
 1 & + & 9 & = & \\
 -1 & + & 7 & = & \\
 -7 & - & 5 & = & \\
 -2 & + & 6 & = & \\
 9 & - & 0 & = & \\
 -7 & - & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & - & 4 & = & \\
 9 & - & 3 & = & \\
 -9 & + & 5 & = & \\
 -2 & - & 6 & = & \\
 6 & - & 4 & = & \\
 -9 & + & 5 & = & \\
 -9 & - & 8 & = & \\
 6 & + & 8 & = & \\
 -2 & - & 1 & = & \\
 -9 & - & 1 & = & \\
 -1 & - & 8 & = & \\
 5 & + & 4 & = & \\
 -8 & - & 7 & = & \\
 7 & - & 2 & = & \\
 -7 & + & 0 & = & \\
 -9 & - & 2 & = & \\
 -8 & + & 4 & = & \\
 -8 & - & 9 & = & \\
 8 & + & 7 & = & \\
 0 & + & 4 & = & \\
 3 & - & 6 & = & \\
 7 & - & 9 & = & \\
 -1 & - & 3 & = & \\
 -3 & - & 7 & = & \\
 3 & + & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 5 = \\ 8 - 6 = \\ 5 + 9 = \\ 3 + 9 = \\ -4 - 7 = \\ -1 - 2 = \\ 7 - 7 = \\ -5 + 1 = \\ 6 - 0 = \\ -1 + 7 = \\ 7 + 6 = \\ -8 - 0 = \\ -5 - 7 = \\ 2 - 8 = \\ -7 + 2 = \\ 7 + 9 = \\ -9 + 7 = \\ -1 + 6 = \\ -3 - 0 = \\ -8 - 5 = \\ -5 + 8 = \\ -2 + 8 = \\ 3 + 5 = \\ -7 - 3 = \\ 4 + 9 = \end{array}$$

$$\begin{array}{r} 8 + 2 = \\ -6 + 2 = \\ -9 + 2 = \\ 7 + 6 = \\ 3 + 5 = \\ -5 + 1 = \\ -5 + 3 = \\ -7 + 2 = \\ -7 - 1 = \\ 2 + 6 = \\ -2 + 0 = \\ 7 - 6 = \\ -2 - 3 = \\ 1 - 2 = \\ -9 - 5 = \\ 5 + 1 = \\ 2 + 3 = \\ -9 + 8 = \\ -6 - 7 = \\ 0 + 5 = \\ -5 + 9 = \\ 0 + 4 = \\ -9 + 0 = \\ 4 - 6 = \\ 0 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -4 + 8 = \\
 8 + 1 = \\
 -5 + 1 = \\
 5 - 7 = \\
 -5 - 1 = \\
 -1 + 6 = \\
 6 - 1 = \\
 8 + 1 = \\
 5 - 5 = \\
 0 + 3 = \\
 6 - 4 = \\
 7 - 4 = \\
 3 + 1 = \\
 2 - 4 = \\
 0 - 5 = \\
 4 - 6 = \\
 5 - 4 = \\
 4 - 8 = \\
 -7 - 9 = \\
 -2 + 5 = \\
 9 + 6 = \\
 -3 - 2 = \\
 -3 + 7 = \\
 1 + 4 = \\
 3 - 0 =
 \end{array}$$

$$\begin{array}{r}
 0 - 8 = \\
 1 - 4 = \\
 4 + 8 = \\
 -5 - 5 = \\
 3 - 7 = \\
 3 - 2 = \\
 9 - 9 = \\
 -9 - 1 = \\
 9 - 4 = \\
 7 + 1 = \\
 -8 - 1 = \\
 -7 + 8 = \\
 1 + 2 = \\
 -1 - 8 = \\
 -5 + 9 = \\
 -6 - 2 = \\
 -7 + 1 = \\
 -3 - 8 = \\
 1 - 6 = \\
 -2 - 0 = \\
 -6 - 1 = \\
 -8 - 2 = \\
 5 + 1 = \\
 2 - 3 = \\
 0 - 5 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & - & 6 & = & \\
 -8 & + & 0 & = & \\
 4 & + & 7 & = & \\
 7 & + & 5 & = & \\
 4 & + & 1 & = & \\
 7 & - & 7 & = & \\
 -7 & - & 1 & = & \\
 -6 & - & 1 & = & \\
 -7 & - & 3 & = & \\
 -8 & + & 3 & = & \\
 0 & + & 0 & = & \\
 -5 & + & 8 & = & \\
 -9 & - & 6 & = & \\
 2 & - & 3 & = & \\
 8 & - & 7 & = & \\
 3 & + & 9 & = & \\
 -7 & + & 4 & = & \\
 8 & - & 2 & = & \\
 -5 & - & 2 & = & \\
 5 & + & 5 & = & \\
 -4 & + & 1 & = & \\
 5 & - & 8 & = & \\
 -8 & + & 9 & = & \\
 -8 & - & 7 & = & \\
 -4 & + & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & - & 1 & = & \\
 0 & - & 2 & = & \\
 6 & - & 0 & = & \\
 9 & + & 9 & = & \\
 6 & - & 2 & = & \\
 -1 & + & 2 & = & \\
 -5 & - & 6 & = & \\
 1 & - & 4 & = & \\
 -9 & - & 9 & = & \\
 6 & - & 6 & = & \\
 -1 & + & 2 & = & \\
 -1 & - & 7 & = & \\
 -1 & + & 0 & = & \\
 -8 & + & 3 & = & \\
 8 & + & 9 & = & \\
 2 & + & 4 & = & \\
 1 & + & 8 & = & \\
 4 & - & 1 & = & \\
 1 & + & 4 & = & \\
 2 & - & 0 & = & \\
 7 & + & 2 & = & \\
 -4 & + & 1 & = & \\
 9 & + & 4 & = & \\
 6 & - & 2 & = & \\
 9 & + & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -3 & - & 2 & = & \\
 -5 & + & 2 & = & \\
 -5 & + & 5 & = & \\
 3 & - & 7 & = & \\
 -4 & + & 6 & = & \\
 -4 & - & 5 & = & \\
 0 & + & 7 & = & \\
 0 & + & 4 & = & \\
 -1 & + & 4 & = & \\
 8 & + & 2 & = & \\
 9 & + & 9 & = & \\
 5 & + & 7 & = & \\
 -7 & + & 4 & = & \\
 -4 & + & 4 & = & \\
 0 & - & 4 & = & \\
 -1 & - & 5 & = & \\
 -1 & - & 7 & = & \\
 3 & - & 1 & = & \\
 -9 & - & 1 & = & \\
 8 & - & 7 & = & \\
 -2 & - & 9 & = & \\
 3 & - & 8 & = & \\
 4 & - & 7 & = & \\
 6 & - & 1 & = & \\
 -7 & + & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -2 & - & 0 & = & \\
 1 & - & 8 & = & \\
 9 & - & 7 & = & \\
 3 & - & 7 & = & \\
 -2 & - & 1 & = & \\
 9 & + & 5 & = & \\
 7 & + & 2 & = & \\
 -3 & + & 7 & = & \\
 -2 & + & 0 & = & \\
 0 & + & 0 & = & \\
 2 & + & 9 & = & \\
 -4 & + & 1 & = & \\
 2 & + & 3 & = & \\
 -2 & + & 2 & = & \\
 7 & - & 8 & = & \\
 -7 & - & 8 & = & \\
 -4 & - & 8 & = & \\
 9 & - & 5 & = & \\
 4 & + & 9 & = & \\
 -2 & + & 4 & = & \\
 -9 & + & 4 & = & \\
 8 & + & 8 & = & \\
 7 & + & 8 & = & \\
 -7 & + & 9 & = & \\
 2 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & - & 8 & = & \\
 9 & + & 6 & = & \\
 0 & - & 6 & = & \\
 3 & - & 6 & = & \\
 9 & + & 1 & = & \\
 -7 & - & 2 & = & \\
 1 & - & 6 & = & \\
 9 & + & 6 & = & \\
 -5 & + & 4 & = & \\
 -6 & + & 6 & = & \\
 0 & + & 2 & = & \\
 7 & + & 6 & = & \\
 -4 & + & 0 & = & \\
 -4 & - & 9 & = & \\
 9 & - & 6 & = & \\
 -2 & + & 6 & = & \\
 -3 & + & 5 & = & \\
 -8 & + & 7 & = & \\
 -9 & + & 9 & = & \\
 9 & - & 4 & = & \\
 8 & - & 1 & = & \\
 -8 & + & 0 & = & \\
 -7 & - & 8 & = & \\
 8 & - & 3 & = & \\
 3 & - & 4 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 5 & = & \\
 -2 & - & 3 & = & \\
 -9 & + & 2 & = & \\
 5 & + & 0 & = & \\
 6 & + & 6 & = & \\
 8 & - & 8 & = & \\
 6 & + & 3 & = & \\
 -7 & - & 1 & = & \\
 7 & - & 4 & = & \\
 7 & + & 5 & = & \\
 -2 & - & 1 & = & \\
 0 & + & 3 & = & \\
 -8 & + & 1 & = & \\
 -3 & + & 8 & = & \\
 9 & - & 9 & = & \\
 4 & + & 9 & = & \\
 -2 & - & 9 & = & \\
 1 & - & 4 & = & \\
 -6 & + & 7 & = & \\
 8 & - & 1 & = & \\
 -4 & + & 0 & = & \\
 7 & + & 4 & = & \\
 8 & + & 8 & = & \\
 3 & + & 8 & = & \\
 -5 & - & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 7 & = & \\
 -9 & - & 3 & = & \\
 9 & - & 8 & = & \\
 -9 & + & 5 & = & \\
 0 & + & 5 & = & \\
 2 & + & 0 & = & \\
 -8 & + & 7 & = & \\
 0 & + & 5 & = & \\
 -3 & - & 0 & = & \\
 9 & - & 4 & = & \\
 -2 & - & 8 & = & \\
 9 & - & 3 & = & \\
 2 & + & 9 & = & \\
 -6 & - & 9 & = & \\
 2 & - & 0 & = & \\
 -5 & + & 0 & = & \\
 8 & + & 1 & = & \\
 -1 & - & 2 & = & \\
 1 & - & 8 & = & \\
 4 & + & 8 & = & \\
 -4 & + & 2 & = & \\
 0 & - & 1 & = & \\
 -4 & + & 7 & = & \\
 -3 & - & 1 & = & \\
 1 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & - & 5 & = & \\
 6 & + & 0 & = & \\
 -3 & - & 3 & = & \\
 -9 & - & 1 & = & \\
 -8 & - & 6 & = & \\
 -7 & + & 1 & = & \\
 7 & - & 4 & = & \\
 -2 & - & 4 & = & \\
 0 & - & 6 & = & \\
 4 & - & 1 & = & \\
 -4 & - & 6 & = & \\
 -7 & + & 7 & = & \\
 -7 & - & 4 & = & \\
 1 & + & 0 & = & \\
 5 & - & 0 & = & \\
 6 & - & 9 & = & \\
 2 & + & 0 & = & \\
 8 & - & 3 & = & \\
 7 & + & 6 & = & \\
 -3 & - & 1 & = & \\
 3 & + & 6 & = & \\
 -9 & - & 4 & = & \\
 -6 & + & 8 & = & \\
 0 & + & 9 & = & \\
 6 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & - & 9 & = & \\
 7 & + & 2 & = & \\
 -4 & - & 6 & = & \\
 -2 & - & 9 & = & \\
 9 & - & 5 & = & \\
 -4 & - & 0 & = & \\
 0 & + & 1 & = & \\
 5 & - & 1 & = & \\
 3 & - & 5 & = & \\
 6 & + & 1 & = & \\
 1 & + & 5 & = & \\
 1 & - & 8 & = & \\
 3 & + & 9 & = & \\
 -7 & + & 7 & = & \\
 3 & + & 5 & = & \\
 -1 & + & 9 & = & \\
 4 & + & 0 & = & \\
 4 & - & 6 & = & \\
 5 & - & 5 & = & \\
 9 & - & 7 & = & \\
 6 & + & 5 & = & \\
 5 & - & 9 & = & \\
 -2 & + & 9 & = & \\
 -1 & - & 7 & = & \\
 -1 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & - & 9 & = & \\
 -6 & - & 5 & = & \\
 -5 & + & 5 & = & \\
 -6 & + & 3 & = & \\
 -3 & - & 6 & = & \\
 -2 & - & 1 & = & \\
 7 & - & 7 & = & \\
 8 & - & 4 & = & \\
 3 & + & 0 & = & \\
 5 & - & 8 & = & \\
 2 & + & 1 & = & \\
 -4 & - & 0 & = & \\
 9 & - & 5 & = & \\
 7 & + & 0 & = & \\
 1 & + & 3 & = & \\
 7 & - & 5 & = & \\
 -7 & - & 7 & = & \\
 -6 & + & 9 & = & \\
 -3 & + & 1 & = & \\
 -1 & + & 0 & = & \\
 6 & + & 7 & = & \\
 8 & + & 6 & = & \\
 -4 & + & 5 & = & \\
 8 & + & 9 & = & \\
 -6 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$2 - 0 =$

$7 - 4 =$

$-2 + 9 =$

$2 + 7 =$

$-8 + 8 =$

$4 - 2 =$

$-2 + 8 =$

$-6 + 1 =$

$8 + 7 =$

$4 - 9 =$

$6 + 0 =$

$-3 + 2 =$

$5 - 2 =$

$-4 + 9 =$

$-7 - 7 =$

$4 + 2 =$

$7 - 7 =$

$6 + 7 =$

$1 - 3 =$

$8 - 4 =$

$-1 + 3 =$

$-9 + 8 =$

$-3 - 6 =$

$-6 + 5 =$

$7 + 2 =$

$6 - 7 =$

$-9 + 5 =$

$6 + 7 =$

$-3 + 1 =$

$-6 - 3 =$

$-9 + 4 =$

$8 - 0 =$

$2 + 4 =$

$-6 + 4 =$

$0 - 8 =$

$-8 - 9 =$

$4 - 3 =$

$-6 + 1 =$

$-2 - 0 =$

$3 + 6 =$

$6 + 0 =$

$-7 + 3 =$

$-7 + 9 =$

$-5 + 2 =$

$9 - 9 =$

$-2 + 2 =$

$9 + 3 =$

$-6 - 3 =$

$2 - 7 =$

$-1 - 2 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 7 & - & 5 & = & \\
 4 & + & 3 & = & \\
 0 & - & 2 & = & \\
 -4 & - & 5 & = & \\
 3 & + & 3 & = & \\
 -8 & + & 2 & = & \\
 -5 & - & 8 & = & \\
 -7 & - & 8 & = & \\
 2 & - & 3 & = & \\
 6 & - & 0 & = & \\
 -6 & - & 7 & = & \\
 2 & - & 6 & = & \\
 -2 & + & 5 & = & \\
 0 & - & 4 & = & \\
 2 & + & 8 & = & \\
 4 & - & 6 & = & \\
 2 & + & 8 & = & \\
 -9 & + & 1 & = & \\
 -1 & + & 7 & = & \\
 5 & + & 5 & = & \\
 8 & + & 7 & = & \\
 6 & + & 7 & = & \\
 -9 & - & 1 & = & \\
 -2 & - & 3 & = & \\
 -1 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 3 & - & 3 & = & \\
 -3 & - & 4 & = & \\
 -3 & + & 2 & = & \\
 -8 & - & 6 & = & \\
 9 & + & 5 & = & \\
 -5 & - & 2 & = & \\
 -6 & - & 3 & = & \\
 -4 & - & 5 & = & \\
 -8 & - & 6 & = & \\
 5 & + & 6 & = & \\
 5 & + & 9 & = & \\
 -8 & + & 3 & = & \\
 7 & + & 1 & = & \\
 -6 & - & 5 & = & \\
 -8 & + & 1 & = & \\
 -6 & + & 3 & = & \\
 5 & - & 1 & = & \\
 -8 & + & 2 & = & \\
 -2 & - & 4 & = & \\
 -2 & - & 3 & = & \\
 4 & - & 5 & = & \\
 -3 & + & 7 & = & \\
 -5 & + & 6 & = & \\
 -1 & + & 9 & = & \\
 7 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 6 = \\ -4 - 5 = \\ -1 - 5 = \\ 6 - 8 = \\ -8 - 3 = \\ 8 + 6 = \\ 9 + 0 = \\ -5 + 1 = \\ 3 - 5 = \\ -2 + 0 = \\ -3 - 5 = \\ 0 + 0 = \\ -5 - 5 = \\ 9 + 2 = \\ -7 + 5 = \\ 4 - 4 = \\ -3 - 1 = \\ -8 - 5 = \\ 4 - 7 = \\ 5 + 7 = \\ -9 - 1 = \\ -2 + 3 = \\ -9 + 2 = \\ 9 + 7 = \\ 3 - 5 = \end{array}$$

$$\begin{array}{r} -9 + 0 = \\ -1 + 6 = \\ -6 - 5 = \\ 7 - 9 = \\ 9 + 8 = \\ -5 + 4 = \\ -4 - 0 = \\ -6 - 4 = \\ -9 - 3 = \\ 2 + 7 = \\ -7 + 0 = \\ -4 - 4 = \\ 4 + 7 = \\ -9 + 4 = \\ -4 - 5 = \\ 7 + 1 = \\ 8 - 0 = \\ 7 + 2 = \\ -6 - 9 = \\ 3 + 9 = \\ 1 - 1 = \\ -1 - 3 = \\ -6 - 7 = \\ -8 - 0 = \\ 2 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 8 = \\ -3 - 3 = \\ -9 + 0 = \\ 3 - 6 = \\ -7 + 9 = \\ -1 + 1 = \\ 6 - 9 = \\ 6 - 3 = \\ 3 + 8 = \\ 8 + 8 = \\ 5 + 8 = \\ 5 + 9 = \\ 3 - 8 = \\ -1 + 8 = \\ 9 + 7 = \\ -6 - 8 = \\ -6 + 6 = \\ 5 - 7 = \\ -3 + 5 = \\ -8 - 8 = \\ 0 + 6 = \\ -9 - 9 = \\ 4 - 7 = \\ 3 + 5 = \\ -6 - 8 = \end{array}$$

$$\begin{array}{r} 5 - 5 = \\ 6 - 8 = \\ 3 - 5 = \\ -5 - 4 = \\ -1 - 6 = \\ 5 - 4 = \\ -7 + 1 = \\ 6 - 7 = \\ -5 + 8 = \\ -3 + 8 = \\ -6 + 9 = \\ 8 + 7 = \\ 0 - 1 = \\ 4 + 4 = \\ -1 - 8 = \\ 8 - 9 = \\ -5 + 6 = \\ -8 - 7 = \\ 8 + 4 = \\ 8 + 0 = \\ 1 + 9 = \\ -9 + 7 = \\ 3 + 1 = \\ -7 + 5 = \\ 3 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 + 1 = \\ -2 - 1 = \\ 1 + 3 = \\ 3 - 0 = \\ -3 + 7 = \\ 8 - 5 = \\ 2 - 7 = \\ 1 - 7 = \\ -4 - 1 = \\ -9 + 8 = \\ -6 + 4 = \\ -7 - 2 = \\ 3 + 4 = \\ 3 - 2 = \\ -1 + 1 = \\ -4 - 3 = \\ -5 + 0 = \\ 9 + 4 = \\ 3 - 1 = \\ -5 + 7 = \\ 1 - 2 = \\ 5 + 3 = \\ -3 + 8 = \\ -8 - 0 = \\ 6 - 9 = \end{array}$$

$$\begin{array}{r} 6 + 9 = \\ -3 - 3 = \\ -2 + 8 = \\ -5 - 5 = \\ -5 - 3 = \\ 9 + 9 = \\ -1 + 8 = \\ 8 - 0 = \\ 8 + 1 = \\ -6 + 5 = \\ 3 + 7 = \\ -5 + 6 = \\ 1 - 7 = \\ -8 - 4 = \\ -1 - 4 = \\ 3 - 6 = \\ 7 - 8 = \\ -2 + 4 = \\ -6 + 9 = \\ -3 - 1 = \\ -6 + 7 = \\ 8 - 9 = \\ -5 + 9 = \\ 0 + 2 = \\ 2 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 - 9 = \\ -4 - 9 = \\ -1 - 4 = \\ 0 - 4 = \\ -2 + 2 = \\ 6 - 3 = \\ 6 + 2 = \\ -3 - 4 = \\ -8 + 6 = \\ -5 + 3 = \\ 6 + 9 = \\ 0 - 7 = \\ -9 + 8 = \\ 9 - 9 = \\ -5 + 6 = \\ 7 + 4 = \\ -1 - 6 = \\ -3 - 6 = \\ 3 + 1 = \\ 4 + 6 = \\ 2 - 1 = \\ 2 + 2 = \\ 5 + 8 = \\ 0 + 4 = \\ 9 - 4 = \end{array}$$

$$\begin{array}{r} -8 + 1 = \\ -4 + 5 = \\ -1 + 9 = \\ -3 - 8 = \\ -9 + 1 = \\ 7 + 7 = \\ 9 - 3 = \\ 2 - 0 = \\ 0 + 7 = \\ 6 + 1 = \\ -5 + 6 = \\ 7 - 3 = \\ 7 - 0 = \\ 0 - 8 = \\ -6 + 7 = \\ -3 - 8 = \\ 1 - 1 = \\ 8 - 9 = \\ -1 - 5 = \\ 8 + 9 = \\ 5 - 9 = \\ 6 + 6 = \\ 3 - 2 = \\ -2 - 6 = \\ 3 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 0 = \\ 7 - 0 = \\ -3 + 4 = \\ 1 - 0 = \\ -9 - 5 = \\ -7 + 6 = \\ -3 - 9 = \\ 2 + 8 = \\ 1 + 6 = \\ -1 - 9 = \\ 2 - 1 = \\ 2 + 1 = \\ -8 + 7 = \\ -8 - 1 = \\ -8 + 3 = \\ -4 + 9 = \\ -1 - 5 = \\ 8 - 2 = \\ 7 + 7 = \\ -3 + 2 = \\ -4 - 0 = \\ 4 + 7 = \\ 3 + 0 = \\ 3 - 9 = \\ -4 - 5 = \end{array}$$

$$\begin{array}{r} -1 + 8 = \\ 4 + 0 = \\ 5 + 0 = \\ 7 - 3 = \\ 3 + 3 = \\ 2 - 4 = \\ -6 + 7 = \\ -6 + 4 = \\ 3 - 5 = \\ 1 + 3 = \\ -6 - 5 = \\ 0 + 4 = \\ -4 + 5 = \\ 1 + 8 = \\ -6 + 3 = \\ -2 - 5 = \\ -1 - 7 = \\ 3 - 6 = \\ -7 + 2 = \\ -1 + 7 = \\ -4 + 6 = \\ -2 + 5 = \\ -8 - 5 = \\ -8 + 7 = \\ 7 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 6 - 0 = \\
 -6 + 5 = \\
 0 + 8 = \\
 -2 + 0 = \\
 9 + 8 = \\
 2 - 6 = \\
 -5 - 5 = \\
 3 - 9 = \\
 1 + 5 = \\
 -3 + 7 = \\
 -9 - 6 = \\
 3 + 8 = \\
 7 - 9 = \\
 9 + 8 = \\
 3 + 1 = \\
 1 - 6 = \\
 -3 - 3 = \\
 6 + 6 = \\
 8 + 1 = \\
 -3 - 6 = \\
 3 + 5 = \\
 5 - 9 = \\
 5 + 2 = \\
 -9 + 8 = \\
 9 + 9 =
 \end{array}$$

$$\begin{array}{r}
 -3 - 4 = \\
 -2 + 1 = \\
 8 + 7 = \\
 5 + 3 = \\
 -1 + 1 = \\
 4 - 4 = \\
 -9 + 1 = \\
 -5 - 0 = \\
 0 - 9 = \\
 1 + 1 = \\
 9 - 2 = \\
 9 - 8 = \\
 -9 - 2 = \\
 2 + 6 = \\
 0 - 5 = \\
 1 - 5 = \\
 6 - 2 = \\
 2 - 1 = \\
 0 - 2 = \\
 6 + 5 = \\
 3 - 6 = \\
 4 - 1 = \\
 -5 - 0 = \\
 -5 + 9 = \\
 6 - 9 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & + & 4 & = & \\
 -2 & + & 4 & = & \\
 8 & + & 9 & = & \\
 -2 & - & 7 & = & \\
 -7 & - & 9 & = & \\
 4 & + & 7 & = & \\
 -4 & - & 9 & = & \\
 -1 & - & 5 & = & \\
 8 & + & 6 & = & \\
 -5 & + & 7 & = & \\
 -9 & - & 1 & = & \\
 4 & - & 4 & = & \\
 3 & - & 3 & = & \\
 6 & - & 5 & = & \\
 -2 & + & 5 & = & \\
 9 & - & 1 & = & \\
 -1 & - & 1 & = & \\
 7 & + & 1 & = & \\
 -9 & + & 1 & = & \\
 5 & - & 6 & = & \\
 3 & - & 4 & = & \\
 -5 & - & 2 & = & \\
 2 & - & 7 & = & \\
 7 & - & 8 & = & \\
 -4 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 3 & = & \\
 4 & - & 3 & = & \\
 0 & - & 2 & = & \\
 -3 & + & 2 & = & \\
 1 & - & 4 & = & \\
 1 & - & 3 & = & \\
 4 & - & 5 & = & \\
 3 & - & 4 & = & \\
 -1 & - & 5 & = & \\
 0 & - & 4 & = & \\
 -4 & - & 1 & = & \\
 3 & + & 8 & = & \\
 -1 & - & 6 & = & \\
 -8 & + & 9 & = & \\
 -5 & - & 7 & = & \\
 3 & + & 4 & = & \\
 0 & - & 7 & = & \\
 -7 & - & 3 & = & \\
 1 & - & 5 & = & \\
 9 & + & 3 & = & \\
 8 & - & 3 & = & \\
 8 & + & 1 & = & \\
 9 & + & 7 & = & \\
 3 & - & 7 & = & \\
 5 & - & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$9 - 5 =$

$4 - 4 =$

$6 - 6 =$

$-6 + 3 =$

$-4 + 8 =$

$7 - 3 =$

$8 - 7 =$

$9 + 8 =$

$-3 + 5 =$

$3 + 1 =$

$6 + 6 =$

$0 - 7 =$

$5 + 9 =$

$3 - 2 =$

$7 - 3 =$

$8 + 6 =$

$9 - 5 =$

$5 + 7 =$

$3 + 4 =$

$7 - 8 =$

$-3 - 3 =$

$0 - 9 =$

$-8 - 6 =$

$1 - 1 =$

$-4 + 7 =$

$-9 - 7 =$

$-4 - 0 =$

$7 - 8 =$

$-7 - 0 =$

$5 + 4 =$

$6 - 1 =$

$-3 - 6 =$

$3 + 2 =$

$-7 - 3 =$

$4 + 1 =$

$2 + 8 =$

$-4 - 0 =$

$5 + 7 =$

$2 + 1 =$

$5 - 9 =$

$-6 - 6 =$

$-5 + 7 =$

$-2 - 0 =$

$6 - 2 =$

$-5 - 2 =$

$-5 - 6 =$

$-8 + 6 =$

$9 + 6 =$

$-6 + 1 =$

$-8 + 9 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$2 - 8 =$

$1 - 4 =$

$2 + 9 =$

$7 + 2 =$

$5 + 5 =$

$0 - 5 =$

$-5 + 2 =$

$0 + 1 =$

$0 - 1 =$

$-4 - 9 =$

$-4 - 5 =$

$1 - 1 =$

$4 - 3 =$

$7 + 1 =$

$4 + 8 =$

$3 - 6 =$

$-2 - 7 =$

$5 - 2 =$

$-1 + 3 =$

$1 + 4 =$

$0 - 1 =$

$-4 - 1 =$

$9 - 6 =$

$-5 - 4 =$

$-6 - 5 =$

$2 - 6 =$

$0 + 4 =$

$-1 - 4 =$

$4 + 5 =$

$9 - 6 =$

$5 - 8 =$

$-8 + 0 =$

$-3 - 1 =$

$9 - 1 =$

$-4 + 7 =$

$-2 + 7 =$

$4 + 8 =$

$6 + 5 =$

$6 + 6 =$

$7 + 0 =$

$-8 + 2 =$

$4 + 8 =$

$5 + 8 =$

$-8 - 5 =$

$7 + 7 =$

$4 + 8 =$

$2 - 4 =$

$4 - 2 =$

$-1 + 6 =$

$3 + 1 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 4 = \\ 8 - 2 = \\ 5 + 4 = \\ -8 + 6 = \\ 6 + 8 = \\ 2 - 8 = \\ -1 + 2 = \\ -9 - 9 = \\ 1 + 7 = \\ 8 + 9 = \\ -8 - 4 = \\ 9 - 3 = \\ 0 + 5 = \\ 5 + 2 = \\ -3 + 5 = \\ -3 + 0 = \\ -6 - 4 = \\ -8 + 6 = \\ 2 - 1 = \\ -9 + 6 = \\ -2 - 5 = \\ 6 - 7 = \\ 8 + 3 = \\ -3 + 2 = \\ -5 - 3 = \end{array}$$

$$\begin{array}{r} 5 - 4 = \\ 8 - 5 = \\ -1 + 1 = \\ 3 + 7 = \\ -8 - 4 = \\ 5 - 8 = \\ -9 + 7 = \\ 1 - 9 = \\ 1 - 6 = \\ 9 - 8 = \\ 3 - 4 = \\ -3 + 5 = \\ 8 + 7 = \\ -3 + 4 = \\ -3 - 1 = \\ -7 + 0 = \\ -9 + 2 = \\ 2 - 9 = \\ -1 - 4 = \\ -1 - 3 = \\ 4 + 1 = \\ 1 + 4 = \\ -2 - 0 = \\ -8 + 5 = \\ 9 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 4 - 3 = \\
 -7 - 6 = \\
 -7 + 7 = \\
 -7 - 2 = \\
 -6 + 5 = \\
 5 + 7 = \\
 6 - 9 = \\
 -9 - 5 = \\
 8 - 8 = \\
 -4 + 1 = \\
 8 - 4 = \\
 -9 + 3 = \\
 9 + 9 = \\
 -8 - 8 = \\
 -7 + 1 = \\
 9 - 6 = \\
 9 - 7 = \\
 -3 - 2 = \\
 7 + 7 = \\
 -5 - 7 = \\
 -1 + 7 = \\
 3 - 2 = \\
 9 + 0 = \\
 -7 + 4 = \\
 2 - 4 =
 \end{array}$$

$$\begin{array}{r}
 1 + 5 = \\
 -9 + 3 = \\
 9 - 5 = \\
 9 + 1 = \\
 8 - 0 = \\
 -5 - 7 = \\
 -8 + 7 = \\
 -1 - 0 = \\
 -4 + 9 = \\
 -9 - 5 = \\
 3 + 6 = \\
 0 - 5 = \\
 -5 + 0 = \\
 -9 + 5 = \\
 -7 + 0 = \\
 -4 - 1 = \\
 -2 - 4 = \\
 -4 - 3 = \\
 -8 + 9 = \\
 -8 - 5 = \\
 -2 + 2 = \\
 -3 - 4 = \\
 -9 - 9 = \\
 4 + 1 = \\
 -9 + 8 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 2 & + & 2 & = & \\
 -5 & - & 3 & = & \\
 -4 & - & 1 & = & \\
 -7 & + & 8 & = & \\
 8 & + & 3 & = & \\
 -4 & + & 5 & = & \\
 8 & + & 6 & = & \\
 -3 & + & 1 & = & \\
 8 & - & 6 & = & \\
 -4 & - & 8 & = & \\
 -6 & + & 0 & = & \\
 -7 & - & 5 & = & \\
 -6 & + & 7 & = & \\
 -3 & - & 7 & = & \\
 5 & + & 4 & = & \\
 7 & - & 6 & = & \\
 1 & - & 5 & = & \\
 1 & + & 8 & = & \\
 -4 & + & 6 & = & \\
 -8 & - & 3 & = & \\
 -3 & - & 0 & = & \\
 -4 & + & 6 & = & \\
 -3 & + & 3 & = & \\
 -6 & - & 3 & = & \\
 -3 & - & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & - & 7 & = & \\
 -5 & - & 4 & = & \\
 2 & - & 2 & = & \\
 -3 & - & 5 & = & \\
 -8 & + & 5 & = & \\
 1 & + & 8 & = & \\
 -4 & - & 8 & = & \\
 2 & - & 8 & = & \\
 2 & - & 9 & = & \\
 -3 & - & 5 & = & \\
 9 & - & 9 & = & \\
 3 & - & 6 & = & \\
 -8 & + & 7 & = & \\
 -2 & - & 6 & = & \\
 -7 & - & 0 & = & \\
 -3 & - & 4 & = & \\
 0 & + & 5 & = & \\
 6 & - & 4 & = & \\
 -8 & + & 4 & = & \\
 6 & + & 7 & = & \\
 -4 & + & 0 & = & \\
 2 & - & 9 & = & \\
 -6 & - & 6 & = & \\
 -5 & - & 8 & = & \\
 9 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 4 - 1 = \\
 9 - 2 = \\
 0 - 5 = \\
 9 + 4 = \\
 5 - 4 = \\
 8 + 5 = \\
 0 + 4 = \\
 -4 - 1 = \\
 -7 - 7 = \\
 -9 + 0 = \\
 -3 - 3 = \\
 2 + 5 = \\
 -9 - 9 = \\
 2 - 1 = \\
 4 - 2 = \\
 8 + 3 = \\
 -9 + 4 = \\
 2 - 8 = \\
 9 - 2 = \\
 3 + 8 = \\
 5 - 8 = \\
 -6 - 8 = \\
 8 - 6 = \\
 -9 + 2 = \\
 3 - 1 =
 \end{array}$$

$$\begin{array}{r}
 -7 + 0 = \\
 0 + 0 = \\
 2 + 6 = \\
 -4 + 8 = \\
 2 + 7 = \\
 5 + 4 = \\
 -5 + 0 = \\
 5 + 0 = \\
 9 + 6 = \\
 -5 + 6 = \\
 5 + 9 = \\
 3 + 6 = \\
 4 - 9 = \\
 -6 + 0 = \\
 8 - 3 = \\
 9 + 3 = \\
 1 + 7 = \\
 -9 + 2 = \\
 -9 + 0 = \\
 9 - 9 = \\
 -8 - 9 = \\
 -1 - 8 = \\
 -1 - 2 = \\
 0 + 3 = \\
 -1 - 7 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 1 = \\ -2 - 7 = \\ -3 - 5 = \\ -9 - 1 = \\ -4 + 3 = \\ 2 - 2 = \\ -6 + 9 = \\ -7 - 4 = \\ -8 - 1 = \\ 3 + 1 = \\ -4 + 7 = \\ 1 - 4 = \\ 6 + 7 = \\ -9 - 3 = \\ 2 + 9 = \\ 4 + 3 = \\ 4 + 0 = \\ -5 + 3 = \\ -1 - 9 = \\ -8 + 1 = \\ 7 - 5 = \\ -2 + 5 = \\ 1 - 6 = \\ 0 + 8 = \\ -4 + 9 = \end{array}$$

$$\begin{array}{r} 4 - 4 = \\ -5 - 7 = \\ -9 - 2 = \\ 3 - 1 = \\ -7 - 2 = \\ 2 - 5 = \\ -9 + 7 = \\ 7 - 3 = \\ 0 + 3 = \\ -2 + 9 = \\ 0 + 7 = \\ 2 + 5 = \\ 8 + 7 = \\ 7 - 9 = \\ -3 - 1 = \\ 0 + 1 = \\ 7 + 8 = \\ -9 - 1 = \\ -8 + 5 = \\ 2 - 6 = \\ -7 + 3 = \\ 7 - 8 = \\ -7 + 5 = \\ 1 + 6 = \\ 8 - 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 8 + 9 = \\ 4 + 0 = \\ -6 - 6 = \\ -4 - 6 = \\ -9 + 5 = \\ -2 + 3 = \\ -5 - 0 = \\ -4 + 6 = \\ 2 - 5 = \\ -2 + 5 = \\ 8 + 0 = \\ 6 - 7 = \\ -9 - 5 = \\ 0 + 0 = \\ 4 + 4 = \\ 1 + 5 = \\ -8 - 2 = \\ -5 + 6 = \\ -4 + 5 = \\ 3 - 7 = \\ 0 - 6 = \\ -5 + 7 = \\ -6 - 1 = \\ 8 + 1 = \\ 4 + 0 = \end{array}$$

$$\begin{array}{r} -5 - 4 = \\ 9 + 0 = \\ -9 - 8 = \\ 0 - 7 = \\ -2 - 1 = \\ 3 - 4 = \\ 4 - 4 = \\ -1 + 5 = \\ -7 + 6 = \\ 4 + 2 = \\ 8 + 4 = \\ -2 + 2 = \\ -6 - 6 = \\ 9 - 7 = \\ 4 + 5 = \\ 3 - 8 = \\ 0 + 5 = \\ -1 + 9 = \\ -4 - 8 = \\ -1 - 4 = \\ -1 + 1 = \\ 6 - 0 = \\ 9 + 6 = \\ 4 + 7 = \\ -7 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 5 = \\ 1 - 9 = \\ -7 + 6 = \\ 4 - 8 = \\ -1 + 8 = \\ 2 + 9 = \\ 6 + 9 = \\ 3 - 6 = \\ -6 - 6 = \\ 4 - 4 = \\ -6 + 3 = \\ -5 + 8 = \\ 4 - 2 = \\ 7 + 9 = \\ -3 + 4 = \\ 6 - 0 = \\ 6 - 3 = \\ -8 - 1 = \\ -9 - 4 = \\ 8 - 7 = \\ 1 + 6 = \\ -5 - 3 = \\ -8 - 1 = \\ -8 + 6 = \\ 8 + 0 = \end{array}$$

$$\begin{array}{r} -5 + 9 = \\ -3 + 3 = \\ 0 - 4 = \\ -2 + 5 = \\ -7 + 6 = \\ -9 - 1 = \\ 3 + 6 = \\ 2 - 9 = \\ -9 + 2 = \\ 7 - 2 = \\ -5 - 4 = \\ -2 - 3 = \\ 2 + 4 = \\ -4 + 5 = \\ -6 - 4 = \\ -6 + 4 = \\ 8 + 4 = \\ 1 + 0 = \\ 9 + 7 = \\ 8 + 6 = \\ 2 + 8 = \\ 7 + 1 = \\ 5 + 9 = \\ -8 - 6 = \\ 6 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 + 4 = \\ -1 - 7 = \\ 5 - 8 = \\ -9 + 5 = \\ 6 - 3 = \\ -5 + 8 = \\ 7 + 1 = \\ 8 + 9 = \\ -1 - 6 = \\ -8 - 1 = \\ -1 + 3 = \\ 7 + 6 = \\ -9 + 8 = \\ 1 + 1 = \\ -4 - 2 = \\ 1 - 0 = \\ -1 + 3 = \\ 6 - 8 = \\ 8 + 2 = \\ -8 - 1 = \\ -1 - 0 = \\ -4 - 6 = \\ 8 + 7 = \\ 8 + 8 = \\ -7 + 9 = \end{array}$$

$$\begin{array}{r} -3 + 8 = \\ 2 + 1 = \\ 9 + 8 = \\ 7 - 6 = \\ 2 + 5 = \\ 0 - 7 = \\ -1 + 0 = \\ -6 - 4 = \\ 8 - 8 = \\ -1 - 5 = \\ 0 + 8 = \\ -1 - 6 = \\ 0 + 2 = \\ -5 + 6 = \\ -8 + 2 = \\ -4 - 5 = \\ -1 + 6 = \\ 8 - 9 = \\ 8 + 0 = \\ -8 + 8 = \\ 5 + 0 = \\ -3 - 4 = \\ 3 + 4 = \\ -5 - 9 = \\ -6 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 4 = \\ -7 - 1 = \\ 4 - 9 = \\ -5 + 0 = \\ -3 - 0 = \\ -3 + 7 = \\ 1 + 9 = \\ -8 - 7 = \\ -5 + 4 = \\ 3 - 3 = \\ -8 - 1 = \\ 9 + 9 = \\ 9 - 1 = \\ 6 + 4 = \\ 3 - 2 = \\ -1 - 5 = \\ -9 - 3 = \\ 4 - 6 = \\ 0 - 5 = \\ -4 + 7 = \\ -6 + 2 = \\ -5 + 0 = \\ 5 - 6 = \\ 9 + 8 = \\ -7 + 5 = \end{array}$$

$$\begin{array}{r} -3 - 2 = \\ 4 - 2 = \\ 1 + 7 = \\ 9 - 4 = \\ 2 - 0 = \\ 0 - 5 = \\ 3 + 1 = \\ 1 - 8 = \\ 2 + 1 = \\ -5 + 0 = \\ -3 - 1 = \\ -7 - 8 = \\ 0 + 4 = \\ 5 - 5 = \\ -1 + 3 = \\ -1 - 7 = \\ 6 - 4 = \\ 0 + 1 = \\ -6 - 1 = \\ 0 - 9 = \\ -1 + 8 = \\ 7 + 2 = \\ -7 - 7 = \\ 2 - 5 = \\ -6 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 - 0 = \\ 4 + 0 = \\ -1 + 4 = \\ 8 - 0 = \\ -3 - 8 = \\ 0 + 1 = \\ 2 + 5 = \\ 9 - 9 = \\ 3 - 9 = \\ 4 - 2 = \\ -5 + 8 = \\ 8 + 0 = \\ 9 + 9 = \\ 7 - 1 = \\ 4 - 7 = \\ -3 - 6 = \\ 5 + 1 = \\ 7 - 1 = \\ 2 - 9 = \\ -9 - 1 = \\ -1 - 8 = \\ -8 - 8 = \\ -6 + 0 = \\ -4 - 8 = \\ 7 + 2 = \end{array}$$

$$\begin{array}{r} -5 + 4 = \\ -2 - 6 = \\ -6 + 7 = \\ 8 - 3 = \\ 1 + 4 = \\ 4 - 6 = \\ -5 + 8 = \\ -2 + 5 = \\ 2 - 2 = \\ -4 - 3 = \\ -4 - 8 = \\ -8 - 4 = \\ 3 + 6 = \\ 3 + 6 = \\ 7 + 6 = \\ 4 - 4 = \\ 6 + 8 = \\ 8 + 7 = \\ -9 + 5 = \\ 8 - 1 = \\ 5 + 9 = \\ 4 + 2 = \\ -8 + 6 = \\ 1 - 4 = \\ 1 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$9 - 6 =$

$3 + 9 =$

$2 - 6 =$

$9 + 7 =$

$-3 - 7 =$

$5 + 6 =$

$-6 + 0 =$

$-8 - 2 =$

$-9 + 5 =$

$8 + 7 =$

$0 + 4 =$

$9 + 6 =$

$5 + 4 =$

$-1 + 8 =$

$-6 + 0 =$

$-9 + 7 =$

$-6 - 6 =$

$-5 - 0 =$

$-5 + 2 =$

$0 - 7 =$

$4 - 8 =$

$5 + 2 =$

$0 + 1 =$

$2 - 0 =$

$-1 - 0 =$

$-4 - 8 =$

$-7 + 3 =$

$4 - 7 =$

$-2 - 6 =$

$4 + 7 =$

$-1 + 0 =$

$-9 + 5 =$

$-9 + 7 =$

$-9 - 1 =$

$-1 + 0 =$

$-1 + 2 =$

$-7 - 8 =$

$-1 + 2 =$

$6 + 2 =$

$3 - 4 =$

$3 - 6 =$

$-6 + 2 =$

$8 - 4 =$

$9 - 5 =$

$-9 + 9 =$

$4 + 8 =$

$-9 + 2 =$

$-2 - 9 =$

$-9 + 3 =$

$9 + 7 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 4 & + & 2 & = & \\
 6 & - & 4 & = & \\
 -7 & - & 6 & = & \\
 -9 & + & 3 & = & \\
 7 & - & 1 & = & \\
 1 & - & 2 & = & \\
 -8 & + & 0 & = & \\
 -3 & - & 1 & = & \\
 -3 & - & 6 & = & \\
 6 & - & 9 & = & \\
 5 & - & 3 & = & \\
 0 & - & 8 & = & \\
 -9 & - & 3 & = & \\
 -2 & + & 1 & = & \\
 -5 & - & 3 & = & \\
 0 & - & 4 & = & \\
 6 & + & 7 & = & \\
 9 & - & 4 & = & \\
 -1 & + & 6 & = & \\
 8 & + & 2 & = & \\
 3 & + & 5 & = & \\
 3 & - & 2 & = & \\
 -7 & + & 3 & = & \\
 3 & - & 7 & = & \\
 6 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 9 & = & \\
 -8 & - & 6 & = & \\
 2 & - & 5 & = & \\
 -2 & - & 9 & = & \\
 -4 & + & 0 & = & \\
 -8 & - & 4 & = & \\
 -8 & - & 9 & = & \\
 7 & - & 1 & = & \\
 -5 & + & 8 & = & \\
 -2 & + & 2 & = & \\
 -2 & + & 7 & = & \\
 1 & + & 8 & = & \\
 -2 & - & 5 & = & \\
 4 & - & 4 & = & \\
 -8 & + & 5 & = & \\
 -5 & - & 1 & = & \\
 -2 & + & 1 & = & \\
 -3 & + & 4 & = & \\
 8 & + & 1 & = & \\
 -5 & + & 6 & = & \\
 -2 & + & 5 & = & \\
 -2 & - & 4 & = & \\
 -9 & - & 7 & = & \\
 -8 & + & 5 & = & \\
 -7 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & + & 1 & = & \\
 1 & - & 0 & = & \\
 1 & - & 4 & = & \\
 1 & + & 2 & = & \\
 8 & - & 6 & = & \\
 -5 & + & 0 & = & \\
 -2 & + & 9 & = & \\
 1 & - & 0 & = & \\
 6 & - & 9 & = & \\
 -3 & - & 2 & = & \\
 6 & + & 5 & = & \\
 4 & + & 5 & = & \\
 -3 & - & 1 & = & \\
 4 & - & 1 & = & \\
 7 & + & 2 & = & \\
 -3 & - & 9 & = & \\
 9 & - & 9 & = & \\
 0 & - & 7 & = & \\
 -3 & + & 3 & = & \\
 -5 & + & 2 & = & \\
 3 & + & 4 & = & \\
 -5 & - & 4 & = & \\
 -1 & + & 2 & = & \\
 5 & + & 0 & = & \\
 7 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 5 & - & 7 & = & \\
 -1 & + & 6 & = & \\
 0 & + & 0 & = & \\
 7 & + & 6 & = & \\
 -7 & + & 3 & = & \\
 3 & - & 5 & = & \\
 6 & + & 2 & = & \\
 -9 & + & 5 & = & \\
 -7 & - & 1 & = & \\
 -2 & - & 9 & = & \\
 -4 & + & 4 & = & \\
 8 & - & 9 & = & \\
 -4 & - & 0 & = & \\
 -4 & - & 8 & = & \\
 4 & - & 5 & = & \\
 -8 & - & 8 & = & \\
 -1 & + & 4 & = & \\
 -4 & + & 2 & = & \\
 7 & - & 5 & = & \\
 -1 & - & 5 & = & \\
 3 & - & 0 & = & \\
 -2 & - & 4 & = & \\
 6 & - & 5 & = & \\
 -2 & + & 2 & = & \\
 -6 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -6 & - & 5 & = & \\
 -3 & - & 7 & = & \\
 -9 & - & 8 & = & \\
 -7 & - & 0 & = & \\
 -1 & - & 1 & = & \\
 -9 & - & 4 & = & \\
 -4 & - & 6 & = & \\
 9 & + & 0 & = & \\
 -7 & + & 0 & = & \\
 9 & + & 2 & = & \\
 -5 & - & 9 & = & \\
 -2 & + & 7 & = & \\
 -9 & - & 7 & = & \\
 2 & - & 3 & = & \\
 -4 & + & 3 & = & \\
 -3 & + & 7 & = & \\
 8 & + & 7 & = & \\
 8 & - & 0 & = & \\
 -7 & - & 6 & = & \\
 -3 & + & 6 & = & \\
 9 & + & 8 & = & \\
 4 & - & 6 & = & \\
 6 & + & 6 & = & \\
 -8 & - & 6 & = & \\
 3 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -2 & + & 0 & = & \\
 -6 & + & 5 & = & \\
 -3 & + & 3 & = & \\
 1 & - & 6 & = & \\
 -6 & - & 3 & = & \\
 -2 & + & 0 & = & \\
 -3 & - & 4 & = & \\
 1 & - & 3 & = & \\
 6 & - & 7 & = & \\
 9 & - & 3 & = & \\
 -2 & + & 3 & = & \\
 8 & + & 0 & = & \\
 8 & + & 8 & = & \\
 -1 & + & 5 & = & \\
 -1 & + & 6 & = & \\
 5 & - & 1 & = & \\
 -7 & - & 5 & = & \\
 -9 & - & 0 & = & \\
 -2 & - & 0 & = & \\
 -7 & - & 7 & = & \\
 -5 & + & 8 & = & \\
 1 & - & 3 & = & \\
 4 & - & 2 & = & \\
 -4 & - & 5 & = & \\
 -6 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 7 + 6 = \\
 -9 - 0 = \\
 -4 + 9 = \\
 9 + 8 = \\
 -7 - 4 = \\
 2 + 8 = \\
 8 + 7 = \\
 -4 - 6 = \\
 9 + 4 = \\
 -9 - 9 = \\
 -1 + 6 = \\
 -1 + 7 = \\
 1 - 6 = \\
 2 + 1 = \\
 9 + 7 = \\
 7 + 6 = \\
 5 - 7 = \\
 8 + 5 = \\
 7 + 8 = \\
 -2 + 9 = \\
 7 + 9 = \\
 7 - 3 = \\
 -8 + 2 = \\
 -9 - 9 = \\
 2 + 1 =
 \end{array}$$

$$\begin{array}{r}
 6 + 9 = \\
 -1 - 8 = \\
 0 + 9 = \\
 9 + 9 = \\
 9 - 6 = \\
 -9 + 0 = \\
 1 + 2 = \\
 5 + 1 = \\
 5 + 3 = \\
 -3 + 2 = \\
 -2 - 0 = \\
 0 - 8 = \\
 4 + 2 = \\
 -5 - 5 = \\
 -6 + 8 = \\
 6 + 7 = \\
 3 - 1 = \\
 3 + 0 = \\
 -5 - 2 = \\
 0 - 6 = \\
 -4 + 5 = \\
 9 - 0 = \\
 -4 + 9 = \\
 6 + 4 = \\
 -3 - 9 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & - & 8 & = & \\
 4 & + & 8 & = & \\
 9 & - & 7 & = & \\
 1 & - & 2 & = & \\
 -6 & - & 1 & = & \\
 -2 & + & 0 & = & \\
 -6 & + & 3 & = & \\
 9 & + & 1 & = & \\
 6 & - & 1 & = & \\
 -4 & + & 1 & = & \\
 0 & + & 1 & = & \\
 1 & + & 8 & = & \\
 8 & - & 9 & = & \\
 -4 & - & 9 & = & \\
 7 & - & 0 & = & \\
 -1 & - & 9 & = & \\
 -6 & - & 0 & = & \\
 9 & - & 0 & = & \\
 -3 & + & 5 & = & \\
 7 & + & 4 & = & \\
 7 & - & 7 & = & \\
 -7 & + & 1 & = & \\
 5 & - & 2 & = & \\
 8 & - & 2 & = & \\
 9 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & - & 1 & = & \\
 2 & - & 3 & = & \\
 -7 & - & 5 & = & \\
 -1 & + & 1 & = & \\
 -8 & - & 8 & = & \\
 6 & - & 9 & = & \\
 -4 & + & 7 & = & \\
 1 & - & 3 & = & \\
 9 & - & 6 & = & \\
 -4 & - & 5 & = & \\
 7 & - & 9 & = & \\
 -2 & + & 7 & = & \\
 3 & - & 0 & = & \\
 3 & + & 6 & = & \\
 -7 & - & 5 & = & \\
 0 & - & 5 & = & \\
 -7 & - & 3 & = & \\
 9 & - & 1 & = & \\
 9 & - & 0 & = & \\
 0 & + & 5 & = & \\
 6 & + & 9 & = & \\
 4 & + & 3 & = & \\
 -8 & - & 1 & = & \\
 -6 & + & 5 & = & \\
 -5 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 0 & - & 3 & = & \\
 -3 & + & 8 & = & \\
 9 & + & 1 & = & \\
 6 & - & 5 & = & \\
 -2 & + & 1 & = & \\
 2 & - & 8 & = & \\
 0 & - & 3 & = & \\
 -9 & + & 1 & = & \\
 7 & + & 2 & = & \\
 5 & + & 6 & = & \\
 3 & - & 7 & = & \\
 -1 & + & 4 & = & \\
 1 & - & 9 & = & \\
 9 & + & 0 & = & \\
 -4 & + & 3 & = & \\
 -9 & + & 2 & = & \\
 3 & - & 4 & = & \\
 -9 & + & 5 & = & \\
 6 & - & 2 & = & \\
 -2 & + & 5 & = & \\
 -6 & - & 6 & = & \\
 0 & + & 5 & = & \\
 6 & + & 5 & = & \\
 3 & + & 2 & = & \\
 -6 & + & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & + & 1 & = & \\
 9 & + & 5 & = & \\
 4 & - & 1 & = & \\
 -3 & - & 3 & = & \\
 8 & + & 3 & = & \\
 9 & - & 3 & = & \\
 2 & - & 3 & = & \\
 -5 & - & 5 & = & \\
 7 & + & 1 & = & \\
 1 & - & 7 & = & \\
 -5 & - & 6 & = & \\
 -2 & - & 5 & = & \\
 -5 & - & 1 & = & \\
 3 & + & 0 & = & \\
 -8 & + & 4 & = & \\
 2 & - & 6 & = & \\
 7 & - & 9 & = & \\
 -1 & - & 4 & = & \\
 4 & + & 9 & = & \\
 9 & + & 5 & = & \\
 -6 & - & 7 & = & \\
 -4 & - & 4 & = & \\
 0 & + & 8 & = & \\
 0 & + & 5 & = & \\
 8 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 7 & = & \\
 -1 & + & 7 & = & \\
 5 & - & 2 & = & \\
 2 & - & 0 & = & \\
 -2 & + & 7 & = & \\
 6 & - & 9 & = & \\
 7 & - & 3 & = & \\
 6 & - & 1 & = & \\
 -3 & - & 6 & = & \\
 7 & + & 4 & = & \\
 9 & + & 3 & = & \\
 4 & + & 0 & = & \\
 -7 & + & 8 & = & \\
 -3 & + & 3 & = & \\
 -6 & + & 3 & = & \\
 4 & - & 7 & = & \\
 4 & + & 8 & = & \\
 5 & + & 2 & = & \\
 7 & + & 4 & = & \\
 1 & - & 9 & = & \\
 5 & - & 7 & = & \\
 -5 & + & 7 & = & \\
 -3 & + & 2 & = & \\
 7 & + & 5 & = & \\
 -6 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & - & 5 & = & \\
 3 & + & 6 & = & \\
 -2 & - & 2 & = & \\
 9 & - & 5 & = & \\
 -5 & - & 0 & = & \\
 -7 & - & 2 & = & \\
 8 & + & 1 & = & \\
 -4 & - & 2 & = & \\
 2 & - & 5 & = & \\
 4 & - & 3 & = & \\
 4 & + & 9 & = & \\
 8 & - & 8 & = & \\
 -4 & + & 6 & = & \\
 9 & + & 0 & = & \\
 -3 & - & 4 & = & \\
 4 & - & 5 & = & \\
 3 & + & 5 & = & \\
 -5 & + & 2 & = & \\
 -7 & - & 7 & = & \\
 -7 & - & 2 & = & \\
 -9 & - & 6 & = & \\
 -5 & - & 6 & = & \\
 5 & - & 4 & = & \\
 -9 & - & 1 & = & \\
 -5 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 + 2 = \\ 9 + 9 = \\ -8 + 3 = \\ 4 + 2 = \\ 7 - 4 = \\ -9 - 3 = \\ 5 + 3 = \\ 5 - 5 = \\ -1 + 0 = \\ 4 - 7 = \\ 1 - 4 = \\ -5 + 4 = \\ -1 - 7 = \\ -2 - 0 = \\ 3 - 3 = \\ -3 + 8 = \\ 0 + 9 = \\ 9 + 3 = \\ -9 + 1 = \\ -8 - 2 = \\ 8 + 0 = \\ 4 - 5 = \\ 2 - 9 = \\ -7 + 8 = \\ -1 - 7 = \end{array}$$

$$\begin{array}{r} -4 - 6 = \\ -4 - 3 = \\ -8 + 8 = \\ 6 + 2 = \\ -7 + 9 = \\ -2 - 7 = \\ -4 - 5 = \\ -1 - 4 = \\ 4 + 5 = \\ -6 + 2 = \\ 0 + 6 = \\ 4 + 0 = \\ 9 - 9 = \\ -1 - 3 = \\ -7 + 0 = \\ -2 + 6 = \\ 1 - 7 = \\ 4 - 4 = \\ -1 - 4 = \\ -6 + 3 = \\ -2 - 3 = \\ 6 + 1 = \\ 7 + 1 = \\ -7 - 2 = \\ -7 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -6 + 5 = \\
 2 - 9 = \\
 -9 + 8 = \\
 -4 + 4 = \\
 -2 - 4 = \\
 -5 + 7 = \\
 2 + 3 = \\
 -5 - 1 = \\
 -8 + 1 = \\
 1 + 1 = \\
 -4 - 0 = \\
 7 - 8 = \\
 2 - 9 = \\
 -4 - 6 = \\
 8 - 6 = \\
 -1 + 6 = \\
 2 - 2 = \\
 3 - 7 = \\
 -7 - 6 = \\
 9 - 1 = \\
 4 + 8 = \\
 4 + 3 = \\
 2 - 3 = \\
 2 - 0 = \\
 6 + 4 =
 \end{array}$$

$$\begin{array}{r}
 0 - 9 = \\
 2 + 9 = \\
 6 + 7 = \\
 3 + 3 = \\
 4 + 9 = \\
 5 - 8 = \\
 3 + 7 = \\
 0 - 7 = \\
 9 + 4 = \\
 -8 + 2 = \\
 -9 + 3 = \\
 0 + 6 = \\
 9 + 1 = \\
 -3 + 3 = \\
 9 + 6 = \\
 2 + 4 = \\
 -8 + 3 = \\
 6 + 7 = \\
 -9 - 0 = \\
 -8 + 2 = \\
 -8 - 9 = \\
 7 + 0 = \\
 4 + 0 = \\
 2 + 4 = \\
 -1 - 0 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 + 1 = \\ 6 - 8 = \\ -4 - 0 = \\ 7 + 5 = \\ -8 - 9 = \\ -1 - 2 = \\ 6 + 2 = \\ -6 - 0 = \\ 3 - 0 = \\ 5 + 7 = \\ 8 + 0 = \\ 3 + 4 = \\ -7 - 1 = \\ 7 + 4 = \\ -5 - 1 = \\ -6 + 0 = \\ 9 - 4 = \\ 4 + 3 = \\ 0 + 3 = \\ 3 - 3 = \\ -8 - 5 = \\ 5 + 9 = \\ 9 + 6 = \\ 7 - 4 = \\ 8 + 7 = \end{array}$$

$$\begin{array}{r} 5 - 3 = \\ 6 + 0 = \\ -6 + 3 = \\ -8 + 2 = \\ -7 - 6 = \\ 6 + 5 = \\ -1 - 6 = \\ -6 + 0 = \\ 4 - 8 = \\ -6 + 0 = \\ 2 + 6 = \\ -1 - 5 = \\ -5 + 0 = \\ 9 - 4 = \\ -6 + 3 = \\ 1 - 4 = \\ 6 - 7 = \\ -6 + 3 = \\ -2 - 6 = \\ 0 - 0 = \\ 4 - 7 = \\ -9 - 2 = \\ 8 + 9 = \\ -7 + 7 = \\ -9 + 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 2 = \\ -1 - 4 = \\ -5 + 0 = \\ -1 + 0 = \\ 6 - 2 = \\ -1 - 9 = \\ -5 + 6 = \\ -3 + 2 = \\ -3 - 4 = \\ 7 - 7 = \\ 9 - 5 = \\ 2 + 1 = \\ 5 - 5 = \\ 0 - 4 = \\ 7 + 6 = \\ 0 + 0 = \\ 5 - 7 = \\ -7 + 5 = \\ 5 - 6 = \\ -5 - 6 = \\ 9 - 2 = \\ -3 + 2 = \\ 3 - 3 = \\ -3 - 6 = \\ 2 - 9 = \end{array}$$

$$\begin{array}{r} 6 + 9 = \\ 2 + 8 = \\ -1 + 5 = \\ -1 + 6 = \\ -1 - 9 = \\ 0 - 5 = \\ 9 - 5 = \\ 3 - 0 = \\ 0 + 6 = \\ 2 - 4 = \\ 7 - 1 = \\ 6 + 6 = \\ -2 - 7 = \\ -2 + 9 = \\ -4 - 0 = \\ 5 - 7 = \\ -4 - 8 = \\ 6 + 1 = \\ 2 + 6 = \\ 5 - 7 = \\ -2 + 8 = \\ 0 - 7 = \\ -4 - 1 = \\ -9 - 5 = \\ 3 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 6 = \\ -7 + 7 = \\ -2 + 0 = \\ 3 - 3 = \\ -6 + 2 = \\ 6 - 3 = \\ -6 - 4 = \\ 1 - 8 = \\ -5 + 8 = \\ -7 + 9 = \\ -7 - 0 = \\ 7 + 7 = \\ 1 - 7 = \\ 9 - 2 = \\ -8 + 8 = \\ 9 + 4 = \\ -9 + 1 = \\ -4 - 8 = \\ -1 - 5 = \\ 9 - 8 = \\ 0 - 1 = \\ -7 - 4 = \\ 2 - 1 = \\ 9 - 9 = \\ 9 + 8 = \end{array}$$

$$\begin{array}{r} -6 - 1 = \\ -3 - 5 = \\ -3 - 0 = \\ 4 + 8 = \\ -8 - 2 = \\ 4 + 4 = \\ -1 - 8 = \\ -3 - 9 = \\ 5 + 7 = \\ -3 - 4 = \\ 3 - 0 = \\ 8 + 7 = \\ -1 - 4 = \\ 5 + 3 = \\ -3 - 3 = \\ 2 + 4 = \\ 0 - 3 = \\ -1 - 5 = \\ 7 + 6 = \\ -7 - 8 = \\ 0 - 9 = \\ 4 - 0 = \\ 8 + 6 = \\ -6 - 7 = \\ 8 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 1 + 9 = \\
 -5 + 7 = \\
 -6 + 8 = \\
 0 + 4 = \\
 3 - 4 = \\
 4 - 3 = \\
 -6 + 2 = \\
 7 + 0 = \\
 -8 - 7 = \\
 1 + 7 = \\
 -5 + 2 = \\
 1 + 7 = \\
 -6 - 8 = \\
 -6 + 2 = \\
 -7 + 7 = \\
 9 - 7 = \\
 -1 - 1 = \\
 9 + 4 = \\
 -8 - 3 = \\
 2 - 3 = \\
 2 + 9 = \\
 -8 - 8 = \\
 1 - 7 = \\
 -9 + 0 = \\
 -5 - 1 =
 \end{array}$$

$$\begin{array}{r}
 -5 + 9 = \\
 -5 + 7 = \\
 4 - 8 = \\
 -7 - 6 = \\
 1 - 5 = \\
 -8 - 2 = \\
 1 - 0 = \\
 -8 + 0 = \\
 -2 - 5 = \\
 2 + 7 = \\
 8 + 9 = \\
 -5 + 8 = \\
 0 - 1 = \\
 2 - 0 = \\
 9 + 6 = \\
 -5 - 0 = \\
 -6 - 7 = \\
 6 + 2 = \\
 -3 - 4 = \\
 6 + 3 = \\
 7 - 1 = \\
 4 + 3 = \\
 -1 + 3 = \\
 1 - 6 = \\
 -2 - 6 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 6 & = & \\
 8 & - & 1 & = & \\
 6 & - & 6 & = & \\
 -9 & + & 1 & = & \\
 -5 & - & 3 & = & \\
 -2 & - & 3 & = & \\
 8 & - & 4 & = & \\
 1 & + & 5 & = & \\
 -2 & + & 9 & = & \\
 -4 & - & 8 & = & \\
 -1 & - & 7 & = & \\
 -9 & - & 0 & = & \\
 -7 & - & 6 & = & \\
 -3 & - & 7 & = & \\
 2 & + & 4 & = & \\
 1 & + & 5 & = & \\
 -9 & + & 0 & = & \\
 -2 & - & 6 & = & \\
 8 & - & 2 & = & \\
 -5 & + & 0 & = & \\
 -7 & - & 1 & = & \\
 -7 & + & 0 & = & \\
 5 & + & 4 & = & \\
 7 & + & 2 & = & \\
 -8 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & + & 0 & = & \\
 4 & + & 0 & = & \\
 -2 & + & 7 & = & \\
 5 & - & 6 & = & \\
 9 & + & 0 & = & \\
 1 & + & 4 & = & \\
 -8 & + & 2 & = & \\
 9 & + & 1 & = & \\
 2 & + & 3 & = & \\
 3 & + & 4 & = & \\
 8 & - & 0 & = & \\
 -6 & + & 2 & = & \\
 -5 & - & 5 & = & \\
 1 & - & 5 & = & \\
 -6 & + & 6 & = & \\
 -5 & - & 3 & = & \\
 1 & + & 9 & = & \\
 -6 & - & 0 & = & \\
 1 & - & 7 & = & \\
 -4 & - & 3 & = & \\
 1 & - & 7 & = & \\
 3 & - & 6 & = & \\
 8 & - & 6 & = & \\
 -6 & + & 7 & = & \\
 -7 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 4 & - & 3 & = & \\
 -7 & - & 5 & = & \\
 -4 & - & 9 & = & \\
 5 & + & 5 & = & \\
 -5 & - & 6 & = & \\
 3 & + & 5 & = & \\
 -7 & - & 4 & = & \\
 2 & - & 6 & = & \\
 7 & - & 0 & = & \\
 -3 & - & 0 & = & \\
 -3 & + & 3 & = & \\
 2 & + & 5 & = & \\
 8 & - & 6 & = & \\
 9 & + & 4 & = & \\
 -4 & - & 0 & = & \\
 -9 & - & 0 & = & \\
 -7 & + & 3 & = & \\
 6 & - & 7 & = & \\
 -1 & - & 6 & = & \\
 -4 & + & 0 & = & \\
 4 & + & 6 & = & \\
 9 & - & 9 & = & \\
 -9 & - & 9 & = & \\
 5 & + & 3 & = & \\
 -5 & + & 4 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 1 & + & 0 & = & \\
 1 & + & 8 & = & \\
 -9 & + & 3 & = & \\
 -4 & + & 7 & = & \\
 -7 & - & 8 & = & \\
 7 & + & 0 & = & \\
 -8 & - & 8 & = & \\
 -2 & - & 4 & = & \\
 5 & - & 2 & = & \\
 0 & + & 7 & = & \\
 6 & - & 2 & = & \\
 -6 & - & 2 & = & \\
 6 & - & 0 & = & \\
 -6 & + & 1 & = & \\
 -4 & - & 9 & = & \\
 9 & - & 6 & = & \\
 2 & + & 3 & = & \\
 -3 & + & 2 & = & \\
 5 & + & 3 & = & \\
 9 & + & 7 & = & \\
 -9 & + & 4 & = & \\
 5 & - & 2 & = & \\
 -6 & + & 8 & = & \\
 -5 & + & 3 & = & \\
 0 & - & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 + 6 = \\ 8 + 9 = \\ -5 - 1 = \\ 3 - 0 = \\ 6 - 5 = \\ -6 - 2 = \\ -8 + 3 = \\ 6 - 5 = \\ 8 - 1 = \\ 5 + 6 = \\ 7 - 7 = \\ -5 + 3 = \\ 9 + 6 = \\ -8 + 6 = \\ -9 - 9 = \\ -5 + 1 = \\ -1 + 1 = \\ 7 - 3 = \\ 9 - 8 = \\ 5 + 5 = \\ -8 - 4 = \\ 4 - 3 = \\ 6 + 7 = \\ 4 - 1 = \\ -2 + 5 = \end{array}$$

$$\begin{array}{r} -6 - 5 = \\ 8 + 4 = \\ -4 - 8 = \\ 4 + 3 = \\ 5 + 9 = \\ 7 - 4 = \\ 4 - 2 = \\ -4 + 4 = \\ -5 - 8 = \\ 2 - 2 = \\ 6 - 9 = \\ -4 - 1 = \\ 6 + 6 = \\ 8 - 7 = \\ 5 + 1 = \\ 7 - 2 = \\ -8 + 4 = \\ 2 - 5 = \\ 6 - 1 = \\ -3 - 3 = \\ 0 - 3 = \\ 5 + 9 = \\ 1 - 0 = \\ -1 + 0 = \\ -9 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 1 & - & 7 & = & \\
 1 & + & 8 & = & \\
 0 & + & 0 & = & \\
 -6 & + & 4 & = & \\
 8 & - & 8 & = & \\
 -8 & + & 0 & = & \\
 -3 & - & 6 & = & \\
 -4 & - & 4 & = & \\
 -8 & + & 2 & = & \\
 -9 & - & 9 & = & \\
 -7 & + & 5 & = & \\
 -9 & - & 7 & = & \\
 6 & + & 2 & = & \\
 -5 & - & 0 & = & \\
 4 & - & 7 & = & \\
 -3 & - & 3 & = & \\
 -3 & - & 8 & = & \\
 -2 & + & 9 & = & \\
 -6 & + & 8 & = & \\
 0 & - & 8 & = & \\
 -9 & - & 2 & = & \\
 7 & - & 3 & = & \\
 6 & - & 5 & = & \\
 3 & - & 4 & = & \\
 -7 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 5 & + & 7 & = & \\
 -3 & - & 3 & = & \\
 -3 & + & 2 & = & \\
 -1 & + & 8 & = & \\
 0 & + & 2 & = & \\
 -6 & + & 4 & = & \\
 7 & - & 6 & = & \\
 1 & + & 3 & = & \\
 -9 & - & 6 & = & \\
 7 & - & 7 & = & \\
 2 & - & 3 & = & \\
 5 & + & 8 & = & \\
 -7 & - & 6 & = & \\
 -8 & - & 1 & = & \\
 -1 & + & 2 & = & \\
 2 & + & 9 & = & \\
 3 & + & 3 & = & \\
 -9 & - & 5 & = & \\
 -3 & - & 4 & = & \\
 2 & - & 7 & = & \\
 -6 & - & 2 & = & \\
 -9 & - & 1 & = & \\
 6 & - & 1 & = & \\
 5 & + & 2 & = & \\
 2 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 4 = \\ 4 + 5 = \\ 7 + 5 = \\ 6 + 5 = \\ -5 - 7 = \\ 3 - 8 = \\ 2 - 5 = \\ -9 + 4 = \\ 1 + 3 = \\ -7 - 6 = \\ 1 + 4 = \\ 2 + 3 = \\ -4 - 1 = \\ 2 - 8 = \\ 3 - 2 = \\ 2 + 1 = \\ -4 + 5 = \\ 0 + 7 = \\ 4 - 3 = \\ -8 + 4 = \\ -5 + 0 = \\ -9 + 1 = \\ 4 + 9 = \\ 6 - 5 = \\ 7 - 1 = \end{array}$$

$$\begin{array}{r} 6 + 7 = \\ -9 - 1 = \\ -5 + 4 = \\ 9 - 4 = \\ -9 + 0 = \\ -2 + 6 = \\ -9 - 2 = \\ 5 - 1 = \\ -3 + 7 = \\ -8 - 1 = \\ -9 - 5 = \\ -4 - 5 = \\ -9 + 6 = \\ 1 + 8 = \\ -1 + 0 = \\ 7 + 1 = \\ 7 + 4 = \\ 1 + 3 = \\ 6 - 3 = \\ 6 + 9 = \\ 2 - 4 = \\ 9 + 9 = \\ -2 + 7 = \\ -8 - 0 = \\ -1 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 1 = \\ -5 + 8 = \\ 4 - 4 = \\ -1 - 0 = \\ 9 + 1 = \\ 8 + 8 = \\ 5 - 3 = \\ -5 - 4 = \\ -7 + 4 = \\ -7 - 4 = \\ 7 + 6 = \\ 9 + 1 = \\ 8 - 2 = \\ -5 + 0 = \\ -5 - 3 = \\ 2 + 9 = \\ -4 + 9 = \\ 3 - 8 = \\ 6 - 9 = \\ -7 - 9 = \\ 3 + 8 = \\ -3 - 0 = \\ 5 - 9 = \\ 9 + 8 = \\ 4 + 6 = \end{array}$$

$$\begin{array}{r} -3 - 7 = \\ -3 - 0 = \\ -8 - 9 = \\ -9 + 8 = \\ 5 - 4 = \\ 9 + 3 = \\ 3 - 9 = \\ 1 + 2 = \\ 2 - 3 = \\ -2 + 6 = \\ 2 - 1 = \\ -5 + 5 = \\ 0 - 9 = \\ 3 - 0 = \\ 4 + 4 = \\ -1 + 1 = \\ 2 - 2 = \\ -4 + 8 = \\ -7 + 1 = \\ -1 - 4 = \\ 8 + 4 = \\ 7 + 7 = \\ 0 + 5 = \\ 1 + 0 = \\ 5 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 + 4 = \\ 2 + 2 = \\ 5 - 2 = \\ 6 - 7 = \\ 0 - 5 = \\ 5 + 3 = \\ -5 - 7 = \\ 8 + 5 = \\ -3 - 9 = \\ 9 + 6 = \\ 1 - 3 = \\ -9 + 8 = \\ -1 + 8 = \\ 8 - 0 = \\ 5 - 0 = \\ 0 + 4 = \\ 7 + 6 = \\ -7 - 1 = \\ -2 - 9 = \\ -5 + 7 = \\ -8 - 7 = \\ 8 + 2 = \\ 8 + 2 = \\ 0 - 5 = \\ 7 + 6 = \end{array}$$

$$\begin{array}{r} 0 + 2 = \\ -6 + 9 = \\ 9 + 3 = \\ -5 + 4 = \\ 8 + 8 = \\ -3 - 9 = \\ 5 + 8 = \\ 5 + 6 = \\ -1 - 6 = \\ 2 + 3 = \\ -6 + 4 = \\ 3 - 1 = \\ -6 - 3 = \\ 1 + 9 = \\ 3 - 3 = \\ 1 + 3 = \\ 7 + 7 = \\ -7 + 3 = \\ 3 + 0 = \\ 6 - 7 = \\ -1 - 2 = \\ 9 - 5 = \\ 6 - 7 = \\ 4 - 1 = \\ -6 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 4 & = & \\
 1 & + & 6 & = & \\
 -7 & + & 3 & = & \\
 -2 & + & 3 & = & \\
 -9 & + & 3 & = & \\
 -1 & + & 1 & = & \\
 6 & + & 3 & = & \\
 -4 & + & 8 & = & \\
 -8 & + & 9 & = & \\
 2 & - & 6 & = & \\
 -1 & + & 5 & = & \\
 9 & + & 1 & = & \\
 1 & + & 4 & = & \\
 -6 & + & 2 & = & \\
 8 & - & 1 & = & \\
 7 & - & 4 & = & \\
 5 & - & 7 & = & \\
 -6 & - & 6 & = & \\
 1 & - & 4 & = & \\
 3 & + & 5 & = & \\
 2 & + & 4 & = & \\
 3 & + & 9 & = & \\
 -2 & - & 9 & = & \\
 1 & - & 2 & = & \\
 6 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & + & 0 & = & \\
 4 & - & 3 & = & \\
 9 & + & 1 & = & \\
 -4 & + & 7 & = & \\
 -6 & + & 2 & = & \\
 -1 & - & 6 & = & \\
 3 & - & 1 & = & \\
 7 & + & 5 & = & \\
 0 & - & 1 & = & \\
 1 & + & 5 & = & \\
 -8 & + & 2 & = & \\
 -2 & + & 2 & = & \\
 2 & - & 5 & = & \\
 -2 & - & 6 & = & \\
 -2 & + & 1 & = & \\
 -5 & + & 5 & = & \\
 -3 & - & 2 & = & \\
 -5 & + & 9 & = & \\
 3 & - & 0 & = & \\
 3 & - & 1 & = & \\
 7 & + & 4 & = & \\
 1 & - & 3 & = & \\
 -2 & - & 1 & = & \\
 -2 & + & 7 & = & \\
 -3 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 8 & - & 6 & = & \\
 -5 & - & 8 & = & \\
 1 & - & 6 & = & \\
 -9 & - & 3 & = & \\
 1 & + & 5 & = & \\
 -1 & + & 0 & = & \\
 -4 & + & 4 & = & \\
 -9 & + & 6 & = & \\
 4 & - & 1 & = & \\
 -3 & + & 1 & = & \\
 -9 & + & 8 & = & \\
 7 & - & 5 & = & \\
 -4 & - & 7 & = & \\
 -5 & + & 1 & = & \\
 -9 & - & 9 & = & \\
 -9 & + & 3 & = & \\
 -8 & + & 6 & = & \\
 4 & - & 6 & = & \\
 -8 & - & 5 & = & \\
 -1 & - & 8 & = & \\
 -4 & + & 4 & = & \\
 7 & + & 6 & = & \\
 -5 & + & 7 & = & \\
 -9 & - & 3 & = & \\
 -8 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 4 & - & 7 & = & \\
 9 & - & 4 & = & \\
 -1 & + & 7 & = & \\
 1 & + & 4 & = & \\
 3 & - & 1 & = & \\
 3 & + & 9 & = & \\
 -1 & - & 2 & = & \\
 2 & - & 4 & = & \\
 7 & + & 5 & = & \\
 3 & - & 9 & = & \\
 8 & + & 4 & = & \\
 2 & + & 2 & = & \\
 -8 & - & 2 & = & \\
 -2 & + & 0 & = & \\
 -9 & - & 5 & = & \\
 5 & - & 9 & = & \\
 0 & - & 6 & = & \\
 -2 & - & 8 & = & \\
 5 & - & 2 & = & \\
 -3 & - & 9 & = & \\
 5 & + & 9 & = & \\
 -9 & + & 4 & = & \\
 -6 & + & 0 & = & \\
 8 & - & 1 & = & \\
 0 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$2 - 9 =$

$1 - 6 =$

$6 + 9 =$

$2 + 3 =$

$-6 + 5 =$

$1 + 5 =$

$6 - 2 =$

$7 - 1 =$

$-9 - 8 =$

$6 + 3 =$

$-1 + 7 =$

$6 - 0 =$

$9 + 0 =$

$-1 + 4 =$

$1 - 0 =$

$1 - 2 =$

$8 - 2 =$

$-2 - 6 =$

$-6 - 8 =$

$-1 - 8 =$

$2 + 4 =$

$-8 - 7 =$

$0 - 7 =$

$0 + 4 =$

$1 + 1 =$

$4 + 9 =$

$-6 - 0 =$

$-3 + 3 =$

$1 + 3 =$

$-4 - 7 =$

$3 - 5 =$

$1 + 4 =$

$1 - 6 =$

$0 + 4 =$

$-3 - 4 =$

$9 - 1 =$

$4 - 5 =$

$-9 - 7 =$

$-2 + 0 =$

$3 + 6 =$

$-8 + 8 =$

$9 + 6 =$

$0 + 7 =$

$1 - 0 =$

$7 - 1 =$

$-9 + 7 =$

$-2 + 1 =$

$-3 + 5 =$

$-9 + 3 =$

$-3 - 7 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & + & 0 & = & \\
 4 & + & 8 & = & \\
 -7 & - & 8 & = & \\
 0 & - & 0 & = & \\
 -6 & + & 3 & = & \\
 -1 & - & 2 & = & \\
 -7 & + & 0 & = & \\
 7 & + & 2 & = & \\
 6 & - & 3 & = & \\
 -8 & - & 9 & = & \\
 -9 & + & 3 & = & \\
 -6 & + & 5 & = & \\
 -1 & - & 4 & = & \\
 -4 & + & 5 & = & \\
 0 & + & 0 & = & \\
 7 & - & 9 & = & \\
 6 & + & 5 & = & \\
 -9 & - & 8 & = & \\
 -3 & + & 7 & = & \\
 -6 & + & 5 & = & \\
 -3 & - & 6 & = & \\
 -9 & + & 5 & = & \\
 -6 & + & 5 & = & \\
 6 & + & 0 & = & \\
 -3 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & - & 0 & = & \\
 9 & - & 0 & = & \\
 -4 & + & 7 & = & \\
 1 & + & 3 & = & \\
 -8 & + & 9 & = & \\
 1 & + & 1 & = & \\
 7 & + & 4 & = & \\
 4 & + & 2 & = & \\
 -6 & - & 9 & = & \\
 0 & + & 4 & = & \\
 0 & + & 9 & = & \\
 2 & - & 4 & = & \\
 3 & - & 3 & = & \\
 1 & - & 7 & = & \\
 -8 & - & 4 & = & \\
 -3 & - & 8 & = & \\
 8 & - & 9 & = & \\
 -7 & - & 9 & = & \\
 5 & - & 4 & = & \\
 5 & - & 4 & = & \\
 4 & + & 4 & = & \\
 8 & + & 7 & = & \\
 9 & - & 7 & = & \\
 9 & + & 7 & = & \\
 2 & - & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 3 & = & \\
 8 & - & 3 & = & \\
 -4 & + & 1 & = & \\
 1 & + & 9 & = & \\
 2 & + & 9 & = & \\
 -1 & + & 0 & = & \\
 -8 & - & 6 & = & \\
 -3 & - & 3 & = & \\
 6 & - & 5 & = & \\
 4 & - & 8 & = & \\
 5 & + & 7 & = & \\
 -3 & - & 1 & = & \\
 -1 & - & 8 & = & \\
 9 & - & 2 & = & \\
 -8 & + & 5 & = & \\
 -2 & + & 5 & = & \\
 -7 & - & 3 & = & \\
 -8 & + & 3 & = & \\
 -4 & - & 2 & = & \\
 -1 & - & 2 & = & \\
 -7 & - & 6 & = & \\
 3 & - & 4 & = & \\
 4 & - & 3 & = & \\
 -7 & - & 8 & = & \\
 -8 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 3 & = & \\
 0 & - & 1 & = & \\
 7 & - & 8 & = & \\
 9 & + & 4 & = & \\
 9 & - & 1 & = & \\
 0 & + & 9 & = & \\
 2 & - & 1 & = & \\
 5 & - & 4 & = & \\
 -6 & + & 6 & = & \\
 -4 & - & 6 & = & \\
 7 & + & 3 & = & \\
 -6 & + & 2 & = & \\
 9 & - & 8 & = & \\
 6 & + & 6 & = & \\
 -5 & - & 2 & = & \\
 -8 & - & 7 & = & \\
 -6 & + & 9 & = & \\
 -1 & - & 1 & = & \\
 2 & - & 5 & = & \\
 2 & - & 9 & = & \\
 -5 & + & 2 & = & \\
 -5 & - & 1 & = & \\
 3 & - & 0 & = & \\
 7 & - & 4 & = & \\
 -6 & + & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 8 & = & \\
 -2 & + & 4 & = & \\
 -6 & - & 7 & = & \\
 3 & - & 4 & = & \\
 -4 & - & 5 & = & \\
 -6 & - & 8 & = & \\
 -5 & + & 9 & = & \\
 -2 & + & 8 & = & \\
 7 & - & 1 & = & \\
 4 & + & 6 & = & \\
 -9 & + & 2 & = & \\
 -5 & + & 2 & = & \\
 -3 & + & 0 & = & \\
 -1 & - & 4 & = & \\
 -7 & - & 2 & = & \\
 -4 & + & 3 & = & \\
 4 & + & 0 & = & \\
 -5 & - & 8 & = & \\
 -7 & - & 5 & = & \\
 -6 & - & 5 & = & \\
 -7 & - & 4 & = & \\
 2 & - & 3 & = & \\
 5 & + & 7 & = & \\
 -6 & - & 6 & = & \\
 2 & - & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -9 & - & 7 & = & \\
 6 & + & 5 & = & \\
 2 & - & 1 & = & \\
 1 & - & 4 & = & \\
 -2 & - & 3 & = & \\
 4 & - & 3 & = & \\
 0 & + & 5 & = & \\
 -5 & - & 4 & = & \\
 4 & + & 1 & = & \\
 -4 & + & 6 & = & \\
 -5 & - & 4 & = & \\
 -5 & + & 3 & = & \\
 -4 & - & 7 & = & \\
 -1 & + & 2 & = & \\
 3 & + & 9 & = & \\
 9 & + & 5 & = & \\
 3 & - & 9 & = & \\
 -6 & - & 2 & = & \\
 4 & - & 8 & = & \\
 1 & - & 1 & = & \\
 -6 & + & 0 & = & \\
 3 & - & 5 & = & \\
 0 & + & 2 & = & \\
 -8 & + & 6 & = & \\
 6 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 1 & = & \\
 7 & - & 9 & = & \\
 3 & + & 2 & = & \\
 -1 & + & 7 & = & \\
 -8 & + & 4 & = & \\
 2 & + & 3 & = & \\
 0 & - & 8 & = & \\
 1 & + & 8 & = & \\
 -2 & - & 1 & = & \\
 -7 & - & 0 & = & \\
 1 & - & 5 & = & \\
 -7 & + & 0 & = & \\
 -7 & - & 2 & = & \\
 7 & - & 8 & = & \\
 -4 & + & 0 & = & \\
 5 & - & 7 & = & \\
 3 & - & 6 & = & \\
 -8 & + & 0 & = & \\
 -1 & - & 0 & = & \\
 -8 & - & 7 & = & \\
 -1 & - & 7 & = & \\
 7 & + & 5 & = & \\
 0 & + & 8 & = & \\
 -2 & + & 7 & = & \\
 7 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & + & 2 & = & \\
 -3 & + & 7 & = & \\
 9 & + & 0 & = & \\
 7 & - & 7 & = & \\
 9 & + & 5 & = & \\
 2 & + & 8 & = & \\
 1 & + & 3 & = & \\
 -7 & - & 8 & = & \\
 8 & + & 4 & = & \\
 2 & + & 2 & = & \\
 -8 & + & 9 & = & \\
 6 & - & 3 & = & \\
 -7 & + & 3 & = & \\
 4 & + & 5 & = & \\
 6 & + & 2 & = & \\
 -7 & + & 0 & = & \\
 -4 & - & 7 & = & \\
 8 & + & 4 & = & \\
 3 & - & 1 & = & \\
 0 & + & 5 & = & \\
 2 & + & 6 & = & \\
 -6 & + & 8 & = & \\
 4 & + & 0 & = & \\
 0 & - & 3 & = & \\
 1 & + & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 0 - 5 = \\
 -9 + 9 = \\
 1 + 6 = \\
 -8 + 9 = \\
 -2 + 9 = \\
 1 - 6 = \\
 1 + 2 = \\
 0 - 8 = \\
 1 - 9 = \\
 4 - 5 = \\
 9 - 0 = \\
 -3 - 8 = \\
 -3 - 8 = \\
 4 + 3 = \\
 3 + 3 = \\
 1 + 8 = \\
 9 - 4 = \\
 -2 - 3 = \\
 6 + 3 = \\
 -2 + 7 = \\
 3 - 6 = \\
 -9 + 7 = \\
 -2 - 8 = \\
 1 + 6 = \\
 7 + 4 =
 \end{array}$$

$$\begin{array}{r}
 0 - 3 = \\
 2 - 6 = \\
 1 + 7 = \\
 0 + 9 = \\
 -2 + 3 = \\
 -1 - 0 = \\
 6 - 2 = \\
 0 + 5 = \\
 9 - 5 = \\
 -6 - 4 = \\
 2 + 2 = \\
 0 - 6 = \\
 0 + 2 = \\
 7 + 0 = \\
 -2 - 8 = \\
 -5 - 1 = \\
 -2 - 0 = \\
 -3 - 4 = \\
 0 - 5 = \\
 -1 - 7 = \\
 9 - 0 = \\
 9 + 6 = \\
 8 + 3 = \\
 3 - 0 = \\
 0 + 6 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & + & 4 & = & \\
 7 & + & 7 & = & \\
 7 & + & 2 & = & \\
 -4 & + & 0 & = & \\
 -6 & + & 6 & = & \\
 -7 & + & 9 & = & \\
 -8 & - & 4 & = & \\
 -7 & + & 3 & = & \\
 -2 & - & 2 & = & \\
 0 & - & 0 & = & \\
 0 & - & 6 & = & \\
 -5 & + & 4 & = & \\
 4 & + & 1 & = & \\
 -8 & + & 7 & = & \\
 -5 & - & 0 & = & \\
 0 & + & 5 & = & \\
 -1 & - & 5 & = & \\
 -9 & - & 1 & = & \\
 -6 & + & 9 & = & \\
 2 & + & 9 & = & \\
 -1 & + & 4 & = & \\
 -1 & + & 1 & = & \\
 3 & + & 1 & = & \\
 -6 & - & 9 & = & \\
 -2 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 1 & + & 4 & = & \\
 -2 & + & 9 & = & \\
 8 & - & 6 & = & \\
 -4 & + & 1 & = & \\
 2 & + & 5 & = & \\
 -4 & - & 0 & = & \\
 -3 & + & 0 & = & \\
 -8 & + & 4 & = & \\
 2 & + & 9 & = & \\
 7 & - & 5 & = & \\
 0 & - & 2 & = & \\
 -5 & - & 0 & = & \\
 9 & - & 1 & = & \\
 2 & - & 2 & = & \\
 0 & + & 0 & = & \\
 -3 & + & 4 & = & \\
 -8 & + & 7 & = & \\
 9 & - & 8 & = & \\
 -2 & + & 2 & = & \\
 -8 & + & 7 & = & \\
 -4 & - & 6 & = & \\
 -5 & + & 2 & = & \\
 0 & - & 5 & = & \\
 4 & - & 4 & = & \\
 0 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 + 5 = \\ 6 - 2 = \\ -3 + 0 = \\ -9 - 8 = \\ 3 - 3 = \\ -1 - 0 = \\ -2 + 9 = \\ 7 + 6 = \\ -6 + 5 = \\ -5 - 5 = \\ 7 - 6 = \\ 8 + 5 = \\ 0 + 3 = \\ -2 + 2 = \\ 3 + 9 = \\ 3 - 1 = \\ -8 - 9 = \\ -5 - 0 = \\ 9 + 7 = \\ -8 - 7 = \\ -5 + 9 = \\ 9 - 4 = \\ 3 - 8 = \\ 7 + 8 = \\ 3 + 2 = \end{array}$$

$$\begin{array}{r} 8 - 9 = \\ -2 + 9 = \\ 0 + 4 = \\ 8 - 5 = \\ -5 - 5 = \\ 5 + 4 = \\ -5 - 4 = \\ -5 - 5 = \\ -5 + 1 = \\ -2 - 1 = \\ -9 + 4 = \\ 1 - 3 = \\ -8 - 6 = \\ 1 + 4 = \\ 4 + 0 = \\ 0 - 0 = \\ -4 - 0 = \\ -3 - 3 = \\ -1 + 0 = \\ 0 - 5 = \\ -8 + 5 = \\ 5 - 3 = \\ -2 - 1 = \\ -3 + 6 = \\ 0 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & + & 9 & = & \\
 7 & - & 2 & = & \\
 4 & + & 4 & = & \\
 -3 & + & 6 & = & \\
 0 & + & 0 & = & \\
 -3 & + & 0 & = & \\
 -2 & + & 8 & = & \\
 -5 & - & 9 & = & \\
 -1 & + & 2 & = & \\
 1 & + & 4 & = & \\
 5 & + & 6 & = & \\
 8 & - & 2 & = & \\
 9 & + & 3 & = & \\
 -6 & - & 9 & = & \\
 -4 & - & 6 & = & \\
 -7 & - & 2 & = & \\
 -3 & + & 9 & = & \\
 1 & + & 3 & = & \\
 3 & + & 5 & = & \\
 -8 & + & 5 & = & \\
 -4 & + & 4 & = & \\
 -4 & - & 4 & = & \\
 -4 & - & 2 & = & \\
 4 & - & 4 & = & \\
 -4 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 0 & = & \\
 -7 & - & 5 & = & \\
 -2 & + & 8 & = & \\
 -3 & + & 2 & = & \\
 -1 & - & 8 & = & \\
 3 & + & 7 & = & \\
 8 & + & 1 & = & \\
 9 & - & 0 & = & \\
 7 & - & 2 & = & \\
 0 & - & 8 & = & \\
 3 & - & 0 & = & \\
 8 & + & 7 & = & \\
 -5 & + & 3 & = & \\
 -3 & - & 9 & = & \\
 -6 & - & 4 & = & \\
 -2 & - & 4 & = & \\
 -9 & - & 9 & = & \\
 -1 & - & 4 & = & \\
 -7 & + & 4 & = & \\
 -4 & + & 4 & = & \\
 1 & + & 4 & = & \\
 -5 & - & 9 & = & \\
 5 & - & 5 & = & \\
 -6 & - & 9 & = & \\
 -6 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 + 8 = \\ -6 + 6 = \\ 8 + 9 = \\ -2 - 3 = \\ 6 + 8 = \\ 9 - 9 = \\ -8 + 6 = \\ 7 + 2 = \\ -5 - 7 = \\ 5 - 7 = \\ -6 + 8 = \\ -5 - 0 = \\ 9 - 6 = \\ 1 + 9 = \\ 5 + 8 = \\ 5 - 6 = \\ 4 + 0 = \\ 3 + 4 = \\ -6 - 9 = \\ 4 + 7 = \\ -8 + 1 = \\ -9 - 6 = \\ 3 + 3 = \\ -3 - 6 = \\ 5 - 6 = \end{array}$$

$$\begin{array}{r} 6 + 6 = \\ -4 - 1 = \\ 2 + 0 = \\ -1 + 5 = \\ 6 - 7 = \\ 9 - 9 = \\ -5 - 2 = \\ -5 - 5 = \\ 6 + 2 = \\ 4 + 2 = \\ 0 + 0 = \\ -4 + 1 = \\ -6 + 2 = \\ 1 - 9 = \\ 6 - 1 = \\ -7 - 0 = \\ 0 + 4 = \\ 0 + 6 = \\ 5 + 4 = \\ -2 + 6 = \\ 8 + 9 = \\ -5 + 4 = \\ -4 - 5 = \\ -4 - 3 = \\ -2 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 + 6 = \\ 4 + 2 = \\ 3 - 4 = \\ -4 + 5 = \\ -8 - 7 = \\ 4 + 9 = \\ 9 - 9 = \\ 4 + 9 = \\ 6 + 5 = \\ 5 + 2 = \\ -2 - 2 = \\ 5 - 5 = \\ 4 - 2 = \\ -2 + 2 = \\ -6 - 5 = \\ -3 + 7 = \\ 7 - 6 = \\ 8 - 2 = \\ 7 - 6 = \\ -4 - 4 = \\ -1 + 0 = \\ 8 + 4 = \\ 6 + 6 = \\ -5 - 1 = \\ 6 + 7 = \end{array}$$

$$\begin{array}{r} -2 + 9 = \\ -7 - 3 = \\ 1 + 3 = \\ 0 - 0 = \\ -6 - 1 = \\ -5 + 2 = \\ -1 + 7 = \\ 5 - 8 = \\ 7 + 2 = \\ -1 - 9 = \\ 7 - 7 = \\ 1 + 2 = \\ 5 + 7 = \\ 6 + 8 = \\ 2 - 1 = \\ 9 + 2 = \\ -9 + 7 = \\ -2 - 7 = \\ -5 + 8 = \\ -7 + 5 = \\ 5 - 0 = \\ -8 + 6 = \\ 3 + 1 = \\ 8 + 4 = \\ 5 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -2 & - & 4 & = & \\
 9 & + & 4 & = & \\
 -7 & - & 9 & = & \\
 5 & - & 5 & = & \\
 -4 & + & 6 & = & \\
 7 & + & 2 & = & \\
 -3 & - & 0 & = & \\
 -4 & + & 4 & = & \\
 1 & - & 3 & = & \\
 -8 & + & 4 & = & \\
 -1 & - & 0 & = & \\
 9 & - & 9 & = & \\
 -2 & - & 5 & = & \\
 -4 & - & 1 & = & \\
 -9 & - & 7 & = & \\
 8 & + & 9 & = & \\
 3 & - & 1 & = & \\
 6 & + & 3 & = & \\
 -2 & - & 3 & = & \\
 8 & + & 0 & = & \\
 -7 & - & 4 & = & \\
 5 & + & 6 & = & \\
 5 & - & 2 & = & \\
 3 & + & 8 & = & \\
 3 & - & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 9 & = & \\
 3 & + & 6 & = & \\
 2 & - & 7 & = & \\
 7 & + & 2 & = & \\
 3 & - & 8 & = & \\
 6 & - & 1 & = & \\
 0 & - & 6 & = & \\
 -4 & - & 1 & = & \\
 -3 & - & 6 & = & \\
 5 & + & 7 & = & \\
 -6 & + & 7 & = & \\
 7 & - & 0 & = & \\
 4 & + & 0 & = & \\
 7 & - & 2 & = & \\
 2 & + & 6 & = & \\
 5 & + & 8 & = & \\
 1 & + & 7 & = & \\
 7 & - & 8 & = & \\
 6 & + & 7 & = & \\
 3 & + & 6 & = & \\
 -9 & + & 8 & = & \\
 -4 & + & 1 & = & \\
 8 & + & 0 & = & \\
 -3 & + & 3 & = & \\
 1 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -2 + 5 = \\
 5 - 8 = \\
 2 + 5 = \\
 8 - 2 = \\
 -3 - 0 = \\
 4 - 2 = \\
 -8 - 3 = \\
 5 - 5 = \\
 9 + 1 = \\
 -7 - 1 = \\
 -2 - 9 = \\
 -7 - 5 = \\
 1 - 1 = \\
 0 + 1 = \\
 8 - 6 = \\
 -6 - 3 = \\
 2 - 6 = \\
 -5 + 0 = \\
 -8 - 2 = \\
 -1 - 4 = \\
 -1 - 0 = \\
 8 + 8 = \\
 -7 - 9 = \\
 7 + 2 = \\
 -2 + 1 =
 \end{array}$$

$$\begin{array}{r}
 -5 - 3 = \\
 4 + 1 = \\
 8 + 7 = \\
 -3 - 5 = \\
 6 - 6 = \\
 -9 - 2 = \\
 0 + 7 = \\
 -5 - 5 = \\
 -1 + 4 = \\
 9 - 4 = \\
 -9 + 7 = \\
 -8 - 3 = \\
 -9 + 3 = \\
 3 + 4 = \\
 7 - 6 = \\
 -9 + 9 = \\
 -1 - 1 = \\
 2 + 4 = \\
 3 + 6 = \\
 -8 - 4 = \\
 5 + 3 = \\
 8 + 0 = \\
 9 - 7 = \\
 -4 - 7 = \\
 -2 + 0 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 9 = \\ -9 - 5 = \\ 5 + 9 = \\ 2 - 2 = \\ -3 - 1 = \\ -3 - 1 = \\ -2 + 8 = \\ -8 + 3 = \\ 9 + 6 = \\ -3 - 0 = \\ 6 - 5 = \\ 9 - 3 = \\ -6 - 9 = \\ 4 - 6 = \\ -6 + 8 = \\ -6 + 3 = \\ 6 - 5 = \\ -7 + 8 = \\ -6 + 1 = \\ 4 - 2 = \\ 0 - 0 = \\ -7 - 3 = \\ -2 - 9 = \\ 0 - 8 = \\ -5 + 5 = \end{array}$$

$$\begin{array}{r} 3 - 1 = \\ 8 + 6 = \\ 0 + 4 = \\ -3 - 2 = \\ 0 + 7 = \\ 0 + 1 = \\ -5 + 7 = \\ 0 - 2 = \\ 7 - 0 = \\ 1 + 6 = \\ 5 + 3 = \\ 9 - 8 = \\ 0 + 8 = \\ -5 - 7 = \\ -1 - 4 = \\ 0 + 8 = \\ -4 + 4 = \\ -2 + 8 = \\ 0 - 7 = \\ -9 - 3 = \\ 5 + 5 = \\ -5 + 9 = \\ -2 + 7 = \\ -3 + 7 = \\ -2 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 1 = \\ 8 - 1 = \\ -5 + 7 = \\ 6 - 7 = \\ 3 - 3 = \\ 1 - 4 = \\ -9 + 2 = \\ 7 + 3 = \\ -7 - 1 = \\ 8 + 6 = \\ -8 + 5 = \\ 2 + 2 = \\ 5 - 7 = \\ -9 + 3 = \\ -9 + 8 = \\ -1 + 7 = \\ 1 - 7 = \\ 7 - 1 = \\ -8 - 0 = \\ 3 + 9 = \\ 3 + 1 = \\ -1 - 1 = \\ 7 + 9 = \\ 7 + 8 = \\ 4 + 0 = \end{array}$$

$$\begin{array}{r} -4 - 1 = \\ 9 - 8 = \\ -8 - 2 = \\ 3 + 6 = \\ -6 - 9 = \\ -7 + 5 = \\ -9 - 6 = \\ 2 + 4 = \\ 1 + 5 = \\ 6 - 0 = \\ -6 + 5 = \\ 3 + 1 = \\ 1 + 1 = \\ -8 + 7 = \\ -5 - 7 = \\ 2 - 4 = \\ 0 + 4 = \\ 3 - 4 = \\ 4 - 2 = \\ 3 - 2 = \\ 2 + 2 = \\ 5 + 9 = \\ -7 - 4 = \\ 0 - 1 = \\ 8 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 6 - 6 = \\
 -4 + 9 = \\
 -7 - 5 = \\
 -6 + 7 = \\
 6 + 2 = \\
 1 + 0 = \\
 -3 - 0 = \\
 8 + 8 = \\
 -8 - 7 = \\
 -2 + 9 = \\
 -3 + 8 = \\
 7 + 0 = \\
 -4 - 3 = \\
 6 - 3 = \\
 -3 - 9 = \\
 3 - 5 = \\
 -3 + 6 = \\
 -3 - 9 = \\
 -9 + 4 = \\
 -8 + 5 = \\
 3 - 7 = \\
 -1 + 3 = \\
 2 - 3 = \\
 1 - 2 = \\
 1 - 0 =
 \end{array}$$

$$\begin{array}{r}
 -5 - 7 = \\
 4 - 7 = \\
 4 - 5 = \\
 3 - 4 = \\
 -5 - 3 = \\
 6 - 8 = \\
 -8 - 7 = \\
 1 + 3 = \\
 1 - 2 = \\
 -2 - 2 = \\
 2 - 3 = \\
 -2 - 2 = \\
 -3 + 9 = \\
 -6 + 4 = \\
 -3 - 7 = \\
 -9 - 1 = \\
 4 + 7 = \\
 1 - 2 = \\
 7 + 5 = \\
 4 - 6 = \\
 2 + 4 = \\
 1 - 7 = \\
 -6 + 2 = \\
 -9 + 0 = \\
 4 + 2 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 5 + 9 = \\
 -5 + 3 = \\
 6 + 8 = \\
 -6 - 9 = \\
 -1 + 5 = \\
 8 - 8 = \\
 5 - 6 = \\
 -9 - 8 = \\
 6 - 1 = \\
 -7 - 4 = \\
 -4 + 3 = \\
 7 - 0 = \\
 5 - 7 = \\
 -3 + 7 = \\
 -2 - 1 = \\
 -3 - 6 = \\
 -5 - 9 = \\
 3 - 6 = \\
 -8 - 9 = \\
 -8 - 6 = \\
 4 + 7 = \\
 3 + 4 = \\
 9 - 9 = \\
 5 - 0 = \\
 -2 - 1 =
 \end{array}$$

$$\begin{array}{r}
 8 - 5 = \\
 -7 - 8 = \\
 6 + 3 = \\
 -9 + 0 = \\
 9 - 4 = \\
 4 + 4 = \\
 0 + 4 = \\
 7 + 5 = \\
 1 - 4 = \\
 3 + 3 = \\
 -9 - 3 = \\
 -7 + 5 = \\
 3 + 3 = \\
 7 + 0 = \\
 -9 + 2 = \\
 -5 + 0 = \\
 1 - 6 = \\
 3 - 5 = \\
 5 - 3 = \\
 -5 - 6 = \\
 -8 + 0 = \\
 8 - 2 = \\
 8 + 6 = \\
 1 + 3 = \\
 0 - 7 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 - 7 = \\ 5 + 9 = \\ 4 - 4 = \\ -6 - 8 = \\ -3 - 6 = \\ 6 - 0 = \\ 3 + 8 = \\ 9 - 1 = \\ 1 + 4 = \\ -8 - 4 = \\ 9 + 8 = \\ 6 - 8 = \\ -2 + 0 = \\ 8 - 6 = \\ 4 + 1 = \\ -3 + 1 = \\ -2 + 2 = \\ -6 + 5 = \\ -5 - 2 = \\ -1 - 8 = \\ 6 + 8 = \\ 7 - 0 = \\ 3 + 4 = \\ 9 - 0 = \\ -8 + 6 = \end{array}$$

$$\begin{array}{r} -5 - 7 = \\ 4 + 1 = \\ -6 - 9 = \\ -4 - 3 = \\ -9 - 6 = \\ -1 - 3 = \\ -5 - 1 = \\ -2 - 4 = \\ -1 + 5 = \\ -8 - 0 = \\ -7 - 0 = \\ -1 + 4 = \\ 9 - 5 = \\ -2 - 1 = \\ -4 + 6 = \\ -7 - 9 = \\ 9 + 7 = \\ 1 + 8 = \\ -7 + 9 = \\ 9 - 0 = \\ 7 + 3 = \\ -7 + 0 = \\ -9 - 0 = \\ 3 - 7 = \\ -9 + 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & - & 8 & = & \\
 1 & - & 2 & = & \\
 6 & - & 0 & = & \\
 5 & - & 9 & = & \\
 4 & + & 9 & = & \\
 0 & + & 3 & = & \\
 9 & - & 5 & = & \\
 -6 & + & 7 & = & \\
 6 & - & 4 & = & \\
 7 & - & 8 & = & \\
 4 & - & 2 & = & \\
 -5 & - & 2 & = & \\
 -2 & - & 9 & = & \\
 4 & + & 2 & = & \\
 -3 & - & 0 & = & \\
 -1 & + & 9 & = & \\
 0 & - & 3 & = & \\
 0 & - & 5 & = & \\
 4 & + & 1 & = & \\
 8 & - & 4 & = & \\
 1 & - & 5 & = & \\
 0 & - & 5 & = & \\
 -8 & - & 3 & = & \\
 -8 & - & 4 & = & \\
 3 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & + & 9 & = & \\
 8 & + & 4 & = & \\
 4 & + & 2 & = & \\
 -2 & + & 1 & = & \\
 4 & + & 6 & = & \\
 -8 & + & 7 & = & \\
 1 & + & 0 & = & \\
 7 & - & 6 & = & \\
 0 & + & 5 & = & \\
 7 & - & 6 & = & \\
 -3 & + & 0 & = & \\
 7 & - & 5 & = & \\
 -8 & + & 5 & = & \\
 -2 & + & 6 & = & \\
 -5 & + & 7 & = & \\
 -4 & - & 5 & = & \\
 -2 & - & 6 & = & \\
 6 & - & 9 & = & \\
 -9 & - & 3 & = & \\
 -9 & + & 4 & = & \\
 2 & + & 5 & = & \\
 9 & - & 9 & = & \\
 -5 & + & 8 & = & \\
 -7 & - & 1 & = & \\
 4 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 6 & = & \\
 -3 & - & 9 & = & \\
 -5 & + & 4 & = & \\
 3 & + & 7 & = & \\
 -3 & + & 0 & = & \\
 -1 & - & 2 & = & \\
 -9 & + & 8 & = & \\
 1 & + & 5 & = & \\
 6 & - & 9 & = & \\
 4 & + & 3 & = & \\
 1 & + & 5 & = & \\
 -8 & + & 2 & = & \\
 2 & - & 4 & = & \\
 -7 & + & 7 & = & \\
 -9 & + & 7 & = & \\
 -8 & + & 8 & = & \\
 -1 & - & 7 & = & \\
 -8 & + & 8 & = & \\
 0 & - & 9 & = & \\
 4 & - & 6 & = & \\
 -6 & - & 8 & = & \\
 -4 & + & 4 & = & \\
 -4 & + & 2 & = & \\
 -1 & + & 9 & = & \\
 -2 & - & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 1 & + & 4 & = & \\
 0 & + & 4 & = & \\
 4 & + & 9 & = & \\
 7 & + & 5 & = & \\
 7 & - & 9 & = & \\
 -9 & - & 6 & = & \\
 4 & + & 7 & = & \\
 1 & + & 1 & = & \\
 3 & + & 8 & = & \\
 -8 & + & 6 & = & \\
 7 & + & 2 & = & \\
 7 & + & 1 & = & \\
 -3 & - & 4 & = & \\
 -6 & + & 7 & = & \\
 -9 & + & 0 & = & \\
 2 & + & 3 & = & \\
 -2 & + & 1 & = & \\
 3 & + & 2 & = & \\
 8 & - & 1 & = & \\
 4 & + & 3 & = & \\
 -4 & + & 2 & = & \\
 -2 & + & 2 & = & \\
 1 & + & 7 & = & \\
 -6 & - & 8 & = & \\
 -8 & - & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rcll}
 -5 & - & 4 & = \\
 2 & + & 0 & = \\
 -1 & + & 2 & = \\
 9 & - & 6 & = \\
 8 & - & 5 & = \\
 9 & + & 6 & = \\
 7 & - & 7 & = \\
 7 & + & 8 & = \\
 6 & - & 8 & = \\
 -1 & + & 0 & = \\
 9 & - & 4 & = \\
 0 & - & 2 & = \\
 -2 & + & 0 & = \\
 2 & - & 8 & = \\
 -7 & - & 6 & = \\
 -3 & + & 6 & = \\
 -9 & + & 0 & = \\
 -2 & + & 4 & = \\
 -9 & - & 8 & = \\
 8 & + & 7 & = \\
 3 & - & 8 & = \\
 2 & - & 6 & = \\
 -7 & + & 8 & = \\
 6 & - & 1 & = \\
 2 & + & 8 & =
 \end{array}$$

$$\begin{array}{rcll}
 -8 & + & 1 & = \\
 0 & - & 7 & = \\
 -6 & - & 3 & = \\
 8 & - & 6 & = \\
 -9 & + & 6 & = \\
 -2 & - & 2 & = \\
 -2 & + & 7 & = \\
 -1 & + & 2 & = \\
 -3 & - & 8 & = \\
 7 & + & 6 & = \\
 4 & + & 0 & = \\
 -7 & - & 1 & = \\
 -3 & + & 0 & = \\
 7 & + & 4 & = \\
 4 & - & 1 & = \\
 -2 & - & 4 & = \\
 7 & + & 4 & = \\
 -5 & - & 6 & = \\
 8 & + & 4 & = \\
 2 & - & 2 & = \\
 -8 & - & 3 & = \\
 8 & + & 5 & = \\
 2 & + & 4 & = \\
 5 & - & 4 & = \\
 3 & + & 7 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 3 = \\ 8 + 6 = \\ -9 - 2 = \\ -9 + 7 = \\ -8 - 5 = \\ -6 + 6 = \\ 1 + 7 = \\ -8 + 4 = \\ -8 - 7 = \\ 9 + 4 = \\ 3 + 1 = \\ -8 + 2 = \\ 2 + 0 = \\ 9 - 4 = \\ 1 + 3 = \\ -3 + 3 = \\ -6 + 9 = \\ 9 - 4 = \\ -5 + 3 = \\ -8 - 3 = \\ -3 + 3 = \\ -5 - 2 = \\ -5 + 6 = \\ 6 - 4 = \\ 0 + 5 = \end{array}$$

$$\begin{array}{r} 9 - 9 = \\ 6 + 5 = \\ 5 + 5 = \\ 5 - 7 = \\ -1 - 2 = \\ -7 + 8 = \\ -2 + 8 = \\ 4 + 8 = \\ -3 - 1 = \\ 9 + 0 = \\ 5 + 2 = \\ -2 + 2 = \\ -1 + 6 = \\ 3 + 6 = \\ -9 - 6 = \\ -2 + 0 = \\ 5 - 1 = \\ -9 + 7 = \\ -6 - 7 = \\ -6 - 7 = \\ 7 + 8 = \\ 8 - 6 = \\ 8 + 0 = \\ -8 - 3 = \\ -9 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -1 + 0 = \\ -2 + 9 = \\ -2 + 4 = \\ 8 - 5 = \\ -8 + 9 = \\ 1 - 2 = \\ 9 + 5 = \\ -5 + 0 = \\ 7 + 9 = \\ -5 - 2 = \\ 4 + 7 = \\ 7 - 7 = \\ 0 + 1 = \\ -5 - 1 = \\ 9 + 9 = \\ 1 - 5 = \\ -7 + 3 = \\ -3 - 1 = \\ 7 - 3 = \\ -4 + 6 = \\ -7 + 3 = \\ -4 - 8 = \\ -8 + 4 = \\ -4 + 1 = \\ 7 + 7 = \end{array}$$

$$\begin{array}{r} 2 - 9 = \\ 3 - 6 = \\ -6 - 0 = \\ -7 + 0 = \\ -5 + 5 = \\ 6 - 8 = \\ -8 - 1 = \\ -8 + 9 = \\ 1 + 4 = \\ 7 - 0 = \\ 4 - 0 = \\ -1 + 9 = \\ 4 - 8 = \\ 5 - 3 = \\ 9 + 8 = \\ 7 + 0 = \\ 9 - 2 = \\ 6 + 9 = \\ 1 + 4 = \\ 0 - 0 = \\ -6 + 1 = \\ -2 - 3 = \\ 5 - 8 = \\ -6 + 9 = \\ -6 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 8 & = & \\
 6 & - & 0 & = & \\
 -5 & + & 1 & = & \\
 0 & - & 5 & = & \\
 -8 & + & 7 & = & \\
 7 & - & 7 & = & \\
 -1 & - & 7 & = & \\
 -3 & - & 0 & = & \\
 -3 & - & 9 & = & \\
 4 & - & 0 & = & \\
 -6 & + & 8 & = & \\
 -6 & - & 7 & = & \\
 -7 & + & 0 & = & \\
 -6 & + & 2 & = & \\
 0 & - & 6 & = & \\
 -9 & + & 6 & = & \\
 -2 & + & 6 & = & \\
 7 & + & 9 & = & \\
 -9 & - & 8 & = & \\
 -5 & - & 9 & = & \\
 -4 & - & 9 & = & \\
 -5 & + & 5 & = & \\
 -2 & + & 1 & = & \\
 -3 & + & 1 & = & \\
 0 & + & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & - & 7 & = & \\
 3 & + & 1 & = & \\
 -9 & + & 4 & = & \\
 5 & - & 5 & = & \\
 7 & - & 3 & = & \\
 2 & - & 8 & = & \\
 7 & + & 0 & = & \\
 3 & - & 8 & = & \\
 4 & + & 8 & = & \\
 -6 & - & 8 & = & \\
 8 & + & 0 & = & \\
 -1 & - & 7 & = & \\
 5 & + & 2 & = & \\
 5 & + & 7 & = & \\
 -8 & - & 6 & = & \\
 3 & - & 6 & = & \\
 -1 & + & 3 & = & \\
 8 & + & 4 & = & \\
 4 & + & 5 & = & \\
 -2 & - & 5 & = & \\
 5 & + & 6 & = & \\
 -7 & + & 6 & = & \\
 6 & - & 6 & = & \\
 8 & + & 6 & = & \\
 -3 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 - 0 = \\ 9 - 2 = \\ 3 - 2 = \\ -7 + 9 = \\ 3 - 0 = \\ 8 - 8 = \\ -2 - 0 = \\ 0 + 5 = \\ -1 + 7 = \\ 5 - 3 = \\ -8 - 0 = \\ 0 + 1 = \\ -8 - 3 = \\ 0 + 0 = \\ -1 - 3 = \\ 7 - 9 = \\ 6 - 8 = \\ 6 - 1 = \\ -5 + 8 = \\ -3 + 4 = \\ -5 + 5 = \\ 3 + 4 = \\ -4 - 5 = \\ 1 + 3 = \\ 6 - 7 = \end{array}$$

$$\begin{array}{r} 8 + 3 = \\ 4 - 0 = \\ 7 - 0 = \\ -1 + 2 = \\ 1 + 0 = \\ 6 - 8 = \\ -4 - 7 = \\ 7 - 8 = \\ 4 - 1 = \\ -8 - 5 = \\ 4 + 8 = \\ 3 + 9 = \\ -1 + 9 = \\ 4 - 6 = \\ -6 - 8 = \\ -3 - 5 = \\ 6 - 3 = \\ 2 + 1 = \\ -5 - 2 = \\ -1 + 8 = \\ -7 + 1 = \\ 6 - 7 = \\ -3 + 4 = \\ 1 + 9 = \\ -7 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 7 + 1 = \\
 4 - 7 = \\
 1 - 3 = \\
 1 + 4 = \\
 -1 - 8 = \\
 -2 - 8 = \\
 -6 + 0 = \\
 -7 + 6 = \\
 -3 + 6 = \\
 0 - 6 = \\
 -1 + 5 = \\
 -2 + 0 = \\
 -3 + 4 = \\
 -3 + 7 = \\
 -1 + 9 = \\
 -9 + 9 = \\
 -6 - 6 = \\
 4 + 8 = \\
 9 + 0 = \\
 7 + 2 = \\
 -5 - 2 = \\
 -3 - 8 = \\
 -2 + 5 = \\
 2 - 2 = \\
 -1 - 2 =
 \end{array}$$

$$\begin{array}{r}
 -2 + 8 = \\
 3 + 6 = \\
 4 - 3 = \\
 9 + 3 = \\
 6 + 6 = \\
 -5 - 4 = \\
 -1 - 2 = \\
 0 - 9 = \\
 -3 + 6 = \\
 -4 + 5 = \\
 3 + 7 = \\
 -9 - 0 = \\
 -1 + 1 = \\
 8 - 4 = \\
 4 + 3 = \\
 9 - 2 = \\
 -1 + 8 = \\
 8 + 8 = \\
 -6 + 9 = \\
 -3 - 2 = \\
 -2 + 1 = \\
 5 - 5 = \\
 0 - 1 = \\
 -2 + 3 = \\
 -4 - 0 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 + 7 = \\ 5 - 0 = \\ 2 + 4 = \\ 9 + 1 = \\ 3 + 6 = \\ 3 - 4 = \\ 2 - 2 = \\ -7 + 7 = \\ -7 + 9 = \\ -9 - 3 = \\ -7 - 5 = \\ 9 + 2 = \\ -5 + 9 = \\ -3 - 8 = \\ 3 + 9 = \\ 7 + 9 = \\ 2 + 4 = \\ 6 - 8 = \\ -3 + 2 = \\ 7 - 6 = \\ 9 + 4 = \\ 8 + 5 = \\ 7 + 3 = \\ 3 + 2 = \\ -6 - 3 = \end{array}$$

$$\begin{array}{r} -9 - 3 = \\ 7 - 9 = \\ -6 - 4 = \\ -6 + 3 = \\ -3 - 3 = \\ -5 + 0 = \\ 1 - 4 = \\ -9 + 6 = \\ 8 + 8 = \\ -9 - 6 = \\ 1 - 1 = \\ 1 - 5 = \\ 3 - 9 = \\ -3 - 8 = \\ 6 - 6 = \\ -4 + 8 = \\ -3 - 3 = \\ 0 - 4 = \\ -9 - 5 = \\ -2 - 9 = \\ 5 - 4 = \\ 6 - 4 = \\ 2 + 5 = \\ 3 + 6 = \\ 5 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 6 - 1 = \\ 0 - 6 = \\ -9 - 5 = \\ -5 - 0 = \\ 3 - 2 = \\ -4 - 8 = \\ 2 - 2 = \\ 6 - 4 = \\ 4 + 1 = \\ -2 - 6 = \\ 3 + 8 = \\ -4 + 5 = \\ 3 + 3 = \\ 6 + 4 = \\ 2 - 6 = \\ 7 - 6 = \\ -1 - 8 = \\ 3 + 9 = \\ -4 - 3 = \\ -9 - 4 = \\ 6 - 1 = \\ 8 - 0 = \\ -6 - 0 = \\ -8 + 3 = \\ 4 - 0 = \end{array}$$

$$\begin{array}{r} 7 + 7 = \\ -4 + 8 = \\ -7 - 3 = \\ 6 + 5 = \\ -9 - 5 = \\ 6 - 8 = \\ -1 - 6 = \\ -6 + 2 = \\ 3 + 1 = \\ 6 + 3 = \\ 0 - 9 = \\ 6 - 1 = \\ 9 - 4 = \\ 9 - 7 = \\ 8 - 6 = \\ 2 - 2 = \\ -9 + 3 = \\ -1 + 9 = \\ 8 + 9 = \\ -8 + 0 = \\ 6 + 1 = \\ 8 - 5 = \\ 0 + 9 = \\ -7 + 6 = \\ -2 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 2 & = & \\
 1 & + & 9 & = & \\
 -6 & - & 5 & = & \\
 -5 & + & 9 & = & \\
 2 & + & 2 & = & \\
 -8 & - & 4 & = & \\
 -6 & - & 5 & = & \\
 -1 & - & 0 & = & \\
 -5 & - & 6 & = & \\
 2 & - & 9 & = & \\
 -1 & - & 2 & = & \\
 -8 & - & 2 & = & \\
 9 & - & 0 & = & \\
 5 & + & 5 & = & \\
 -7 & + & 9 & = & \\
 3 & - & 5 & = & \\
 4 & + & 8 & = & \\
 -1 & + & 1 & = & \\
 7 & - & 3 & = & \\
 2 & - & 9 & = & \\
 -1 & - & 5 & = & \\
 8 & - & 0 & = & \\
 0 & - & 5 & = & \\
 -2 & - & 6 & = & \\
 -1 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 1 & - & 1 & = & \\
 -1 & - & 2 & = & \\
 8 & + & 6 & = & \\
 0 & - & 9 & = & \\
 2 & + & 9 & = & \\
 -3 & - & 6 & = & \\
 -1 & - & 4 & = & \\
 7 & + & 2 & = & \\
 1 & + & 7 & = & \\
 -3 & - & 1 & = & \\
 -7 & + & 3 & = & \\
 -4 & - & 8 & = & \\
 5 & + & 4 & = & \\
 3 & - & 3 & = & \\
 -4 & + & 5 & = & \\
 0 & - & 1 & = & \\
 4 & - & 0 & = & \\
 -9 & + & 5 & = & \\
 -9 & - & 9 & = & \\
 2 & - & 2 & = & \\
 6 & + & 4 & = & \\
 1 & - & 2 & = & \\
 9 & - & 0 & = & \\
 9 & + & 4 & = & \\
 1 & - & 4 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 6 - 6 = \\ -1 + 5 = \\ 4 + 1 = \\ 2 + 1 = \\ -7 + 6 = \\ -1 + 5 = \\ 4 - 9 = \\ 9 + 9 = \\ -8 - 2 = \\ -4 - 2 = \\ -3 + 5 = \\ -1 + 5 = \\ 1 + 8 = \\ -6 - 7 = \\ 2 + 5 = \\ -5 - 1 = \\ 1 + 9 = \\ 0 + 8 = \\ 9 - 6 = \\ 8 - 6 = \\ 6 + 8 = \\ 1 - 8 = \\ -3 + 9 = \\ 7 + 3 = \\ 7 - 8 = \end{array}$$

$$\begin{array}{r} 0 - 8 = \\ -9 - 7 = \\ -4 + 5 = \\ 2 - 0 = \\ -9 + 5 = \\ 6 + 7 = \\ 3 + 1 = \\ 8 + 1 = \\ 3 + 6 = \\ 2 - 8 = \\ 1 + 4 = \\ 7 - 6 = \\ 7 - 0 = \\ -3 - 9 = \\ 4 - 6 = \\ -1 - 4 = \\ -2 - 1 = \\ 2 - 5 = \\ -4 - 4 = \\ 2 - 1 = \\ -8 + 0 = \\ 6 - 5 = \\ 1 - 4 = \\ 9 + 5 = \\ -6 + 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 + 4 = \\ 4 - 5 = \\ -8 - 6 = \\ 4 + 3 = \\ -4 + 4 = \\ -5 - 8 = \\ 9 - 2 = \\ 5 + 2 = \\ 9 + 6 = \\ -1 - 5 = \\ 2 - 1 = \\ -6 + 4 = \\ 2 + 1 = \\ -1 - 3 = \\ -3 + 0 = \\ -7 - 9 = \\ 5 + 4 = \\ 3 + 0 = \\ -8 - 5 = \\ -6 + 4 = \\ 9 - 3 = \\ -3 + 3 = \\ 9 + 3 = \\ 5 + 7 = \\ 6 + 2 = \end{array}$$

$$\begin{array}{r} 6 + 5 = \\ -7 - 6 = \\ 6 + 5 = \\ -9 + 2 = \\ -3 + 5 = \\ -6 - 0 = \\ 7 - 1 = \\ -9 - 9 = \\ -6 - 6 = \\ 9 - 7 = \\ 5 - 1 = \\ 2 + 9 = \\ -8 - 4 = \\ 2 + 0 = \\ -8 - 5 = \\ -5 + 0 = \\ 0 + 8 = \\ 9 - 3 = \\ -1 + 0 = \\ -9 + 0 = \\ -6 + 7 = \\ 5 + 6 = \\ -1 + 8 = \\ -5 - 0 = \\ -7 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 8 - 0 = \\
 8 - 8 = \\
 1 + 8 = \\
 -9 + 9 = \\
 3 - 0 = \\
 6 - 8 = \\
 9 - 7 = \\
 1 + 0 = \\
 -2 - 7 = \\
 2 + 3 = \\
 5 + 6 = \\
 5 + 1 = \\
 2 - 8 = \\
 -8 - 8 = \\
 6 - 9 = \\
 -5 + 4 = \\
 -5 + 5 = \\
 1 + 1 = \\
 -6 - 4 = \\
 -6 + 4 = \\
 8 - 4 = \\
 1 - 8 = \\
 -9 - 3 = \\
 -6 + 1 = \\
 -8 + 4 =
 \end{array}$$

$$\begin{array}{r}
 -4 - 5 = \\
 4 - 3 = \\
 3 + 7 = \\
 8 - 2 = \\
 -8 + 6 = \\
 -7 - 2 = \\
 8 - 4 = \\
 -7 - 5 = \\
 -3 + 3 = \\
 4 + 8 = \\
 6 - 6 = \\
 -5 + 5 = \\
 7 + 4 = \\
 -8 + 7 = \\
 -9 - 8 = \\
 -6 + 5 = \\
 -1 + 4 = \\
 -2 + 8 = \\
 -6 + 2 = \\
 -6 - 7 = \\
 -8 - 3 = \\
 4 - 7 = \\
 9 - 6 = \\
 -7 + 1 = \\
 -1 - 3 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$6 - 4 =$

$6 - 3 =$

$6 - 5 =$

$0 + 6 =$

$6 - 5 =$

$4 - 1 =$

$-8 + 6 =$

$7 + 7 =$

$9 + 9 =$

$-8 - 2 =$

$2 + 8 =$

$1 + 4 =$

$-9 - 7 =$

$-1 + 6 =$

$2 - 0 =$

$6 + 0 =$

$-1 + 1 =$

$-9 - 5 =$

$-2 - 7 =$

$-8 - 7 =$

$7 - 0 =$

$5 + 3 =$

$-3 + 5 =$

$-7 - 5 =$

$1 + 8 =$

$-7 + 4 =$

$-4 + 8 =$

$9 - 0 =$

$-9 - 2 =$

$9 + 3 =$

$0 - 3 =$

$8 + 9 =$

$-4 + 4 =$

$-6 - 2 =$

$-2 - 8 =$

$3 - 9 =$

$-3 - 1 =$

$-6 + 2 =$

$-3 - 4 =$

$0 - 7 =$

$-3 + 5 =$

$-5 + 2 =$

$6 + 7 =$

$-7 - 4 =$

$-2 - 6 =$

$-3 + 5 =$

$-6 + 5 =$

$4 + 1 =$

$-6 + 6 =$

$9 - 5 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 6 - 4 = \\ -8 - 0 = \\ -3 - 1 = \\ 1 + 2 = \\ 8 - 2 = \\ 8 - 8 = \\ -5 - 3 = \\ 2 - 1 = \\ -4 + 6 = \\ 0 - 1 = \\ 8 + 4 = \\ 3 - 4 = \\ -3 - 6 = \\ 5 + 1 = \\ -5 - 7 = \\ -4 - 8 = \\ 5 + 8 = \\ -5 - 0 = \\ -5 - 9 = \\ 4 + 7 = \\ -9 - 7 = \\ -9 + 2 = \\ 8 - 8 = \\ 5 - 6 = \\ -6 + 7 = \end{array}$$

$$\begin{array}{r} 5 - 9 = \\ -8 + 9 = \\ -8 + 1 = \\ -8 - 2 = \\ -1 + 1 = \\ 1 - 1 = \\ 6 - 6 = \\ 4 + 5 = \\ -7 - 5 = \\ 5 - 8 = \\ -8 - 1 = \\ -4 - 0 = \\ -7 + 4 = \\ -2 - 8 = \\ -5 + 4 = \\ 5 + 7 = \\ 5 + 5 = \\ 8 - 0 = \\ -6 + 1 = \\ 9 - 4 = \\ 2 - 6 = \\ -1 + 3 = \\ 5 + 5 = \\ 1 - 7 = \\ 4 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 3 = \\ 2 - 8 = \\ -4 + 3 = \\ 8 - 5 = \\ 8 + 3 = \\ 7 - 3 = \\ 2 + 9 = \\ 8 + 2 = \\ 5 - 1 = \\ -3 + 6 = \\ -4 + 0 = \\ 0 - 0 = \\ -6 - 8 = \\ 4 - 0 = \\ 9 + 2 = \\ -6 + 5 = \\ -8 + 6 = \\ 0 + 5 = \\ 5 + 9 = \\ -4 + 2 = \\ 4 + 5 = \\ -3 - 0 = \\ -5 + 0 = \\ -8 + 8 = \\ 5 + 2 = \end{array}$$

$$\begin{array}{r} -5 - 7 = \\ 6 + 2 = \\ 6 - 7 = \\ 5 + 8 = \\ 9 + 2 = \\ 3 - 6 = \\ 9 + 4 = \\ -2 + 3 = \\ 1 + 1 = \\ 6 - 1 = \\ 9 + 1 = \\ -5 - 2 = \\ -7 - 8 = \\ 8 - 0 = \\ 0 + 5 = \\ -7 + 5 = \\ 3 + 0 = \\ -4 + 8 = \\ -2 + 7 = \\ 8 + 3 = \\ 0 - 1 = \\ -1 - 1 = \\ 4 + 7 = \\ 6 - 5 = \\ -7 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 3 = \\ 4 - 8 = \\ 0 - 2 = \\ -9 + 8 = \\ -7 - 3 = \\ 8 + 5 = \\ 4 - 7 = \\ 8 + 6 = \\ -7 - 6 = \\ -6 - 1 = \\ 4 + 2 = \\ 9 - 0 = \\ -7 + 4 = \\ -9 - 7 = \\ 4 - 1 = \\ -2 - 4 = \\ -8 - 5 = \\ 4 - 6 = \\ 1 - 8 = \\ -2 - 3 = \\ -6 + 7 = \\ 8 - 2 = \\ -7 - 6 = \\ -1 - 1 = \\ 3 - 3 = \end{array}$$

$$\begin{array}{r} -7 + 4 = \\ -3 - 1 = \\ 4 + 7 = \\ 2 + 2 = \\ 5 + 6 = \\ -8 - 4 = \\ 3 - 5 = \\ -7 + 1 = \\ 4 - 8 = \\ -4 - 7 = \\ -1 + 0 = \\ -4 + 7 = \\ -2 - 9 = \\ -4 - 3 = \\ 5 + 3 = \\ -5 + 9 = \\ -6 - 9 = \\ 5 - 8 = \\ 1 + 5 = \\ -1 + 7 = \\ 8 + 9 = \\ 0 + 9 = \\ 3 + 7 = \\ 8 + 1 = \\ 8 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & - & 0 & = & \\
 -5 & + & 4 & = & \\
 5 & + & 5 & = & \\
 -1 & - & 6 & = & \\
 -2 & - & 8 & = & \\
 3 & + & 0 & = & \\
 -1 & - & 5 & = & \\
 -5 & - & 0 & = & \\
 -9 & + & 5 & = & \\
 7 & + & 6 & = & \\
 4 & - & 3 & = & \\
 5 & + & 4 & = & \\
 7 & + & 5 & = & \\
 -1 & - & 4 & = & \\
 -3 & - & 6 & = & \\
 0 & + & 1 & = & \\
 4 & + & 6 & = & \\
 5 & + & 3 & = & \\
 7 & - & 4 & = & \\
 -8 & + & 9 & = & \\
 1 & - & 6 & = & \\
 2 & + & 2 & = & \\
 0 & + & 6 & = & \\
 2 & - & 2 & = & \\
 -9 & + & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 6 & = & \\
 6 & - & 2 & = & \\
 -1 & - & 6 & = & \\
 0 & - & 2 & = & \\
 8 & + & 1 & = & \\
 -4 & - & 0 & = & \\
 8 & + & 0 & = & \\
 2 & + & 7 & = & \\
 5 & + & 8 & = & \\
 -6 & + & 9 & = & \\
 6 & - & 9 & = & \\
 2 & - & 7 & = & \\
 -1 & + & 2 & = & \\
 -3 & + & 5 & = & \\
 9 & + & 4 & = & \\
 1 & + & 8 & = & \\
 0 & + & 8 & = & \\
 -6 & + & 3 & = & \\
 2 & + & 9 & = & \\
 2 & + & 6 & = & \\
 -5 & - & 7 & = & \\
 0 & - & 3 & = & \\
 -6 & - & 1 & = & \\
 4 & + & 1 & = & \\
 -5 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 - 1 = \\ 9 + 4 = \\ -6 - 9 = \\ 2 + 6 = \\ -6 + 0 = \\ -8 + 2 = \\ -8 - 0 = \\ -4 + 4 = \\ -9 - 1 = \\ 6 + 4 = \\ 3 + 0 = \\ -3 - 6 = \\ -4 + 7 = \\ 5 - 1 = \\ 8 - 9 = \\ -3 - 7 = \\ -6 + 9 = \\ -5 + 6 = \\ -3 + 2 = \\ -8 + 6 = \\ 1 - 7 = \\ 2 - 8 = \\ -4 + 3 = \\ -1 + 0 = \\ 0 + 9 = \end{array}$$

$$\begin{array}{r} -4 - 3 = \\ -7 + 6 = \\ -2 - 0 = \\ -6 + 5 = \\ 9 + 2 = \\ -6 + 8 = \\ -6 - 0 = \\ -2 + 4 = \\ 9 - 7 = \\ 5 + 3 = \\ -3 - 3 = \\ 5 - 5 = \\ 3 - 7 = \\ -7 + 7 = \\ -6 - 5 = \\ -6 + 5 = \\ -7 + 7 = \\ -5 - 8 = \\ 4 - 3 = \\ -7 + 7 = \\ 7 - 2 = \\ 3 - 8 = \\ 4 + 0 = \\ -2 + 4 = \\ 8 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 2 & = & \\
 5 & - & 3 & = & \\
 0 & - & 4 & = & \\
 -8 & - & 4 & = & \\
 9 & - & 1 & = & \\
 -4 & + & 2 & = & \\
 8 & - & 5 & = & \\
 3 & - & 3 & = & \\
 -4 & + & 0 & = & \\
 -2 & + & 7 & = & \\
 3 & - & 2 & = & \\
 -3 & - & 1 & = & \\
 7 & - & 5 & = & \\
 1 & - & 7 & = & \\
 -6 & + & 2 & = & \\
 -9 & - & 3 & = & \\
 2 & - & 2 & = & \\
 3 & + & 3 & = & \\
 -4 & + & 6 & = & \\
 7 & - & 5 & = & \\
 1 & + & 9 & = & \\
 7 & - & 0 & = & \\
 -1 & - & 0 & = & \\
 -8 & - & 0 & = & \\
 2 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 4 & - & 2 & = & \\
 8 & + & 5 & = & \\
 8 & + & 4 & = & \\
 -3 & + & 8 & = & \\
 3 & + & 9 & = & \\
 2 & + & 8 & = & \\
 -1 & + & 6 & = & \\
 -5 & + & 8 & = & \\
 -1 & + & 6 & = & \\
 -8 & + & 1 & = & \\
 3 & + & 1 & = & \\
 4 & + & 2 & = & \\
 7 & - & 6 & = & \\
 -7 & - & 7 & = & \\
 7 & + & 4 & = & \\
 7 & - & 4 & = & \\
 -1 & - & 6 & = & \\
 7 & - & 4 & = & \\
 -9 & + & 4 & = & \\
 1 & - & 4 & = & \\
 -8 & + & 9 & = & \\
 -8 & - & 4 & = & \\
 9 & - & 3 & = & \\
 0 & - & 8 & = & \\
 1 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 3 = \\ -8 - 2 = \\ 6 - 1 = \\ -9 + 3 = \\ -5 - 0 = \\ 2 + 5 = \\ 4 + 4 = \\ 4 + 8 = \\ 9 + 7 = \\ 2 + 4 = \\ -3 - 8 = \\ 0 - 9 = \\ 4 - 0 = \\ -2 + 4 = \\ -1 + 6 = \\ -5 + 9 = \\ -5 + 7 = \\ -4 - 4 = \\ -1 + 1 = \\ -9 - 4 = \\ -7 + 1 = \\ 2 - 0 = \\ 5 + 9 = \\ 0 - 1 = \\ 4 - 0 = \end{array}$$

$$\begin{array}{r} -3 + 5 = \\ 2 + 2 = \\ -2 + 9 = \\ 3 + 5 = \\ 6 + 9 = \\ 3 - 3 = \\ -8 + 5 = \\ -5 - 8 = \\ -8 - 4 = \\ -6 - 9 = \\ 0 + 7 = \\ -9 - 8 = \\ 1 - 4 = \\ -7 + 4 = \\ 4 - 1 = \\ -7 - 9 = \\ 2 + 0 = \\ -1 + 7 = \\ 2 - 1 = \\ 9 - 6 = \\ -7 + 5 = \\ 1 - 7 = \\ 1 - 4 = \\ -5 + 6 = \\ 5 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 - 1 = \\ -1 - 7 = \\ 8 - 7 = \\ 4 + 7 = \\ 8 - 1 = \\ -4 + 4 = \\ 0 + 9 = \\ -4 + 0 = \\ -3 + 6 = \\ -9 - 2 = \\ -5 + 6 = \\ -8 + 7 = \\ 6 - 9 = \\ 2 + 3 = \\ -1 - 2 = \\ 6 + 4 = \\ 7 - 7 = \\ -8 - 0 = \\ -3 - 2 = \\ -6 - 8 = \\ -9 - 1 = \\ -2 - 2 = \\ 5 - 4 = \\ -8 + 9 = \\ 5 + 2 = \end{array}$$

$$\begin{array}{r} -7 + 4 = \\ -1 - 6 = \\ -7 + 6 = \\ -2 - 8 = \\ 3 + 1 = \\ 8 - 3 = \\ -2 - 0 = \\ -9 + 4 = \\ -9 - 0 = \\ 8 - 0 = \\ -9 - 5 = \\ 5 - 4 = \\ 9 + 3 = \\ -3 - 1 = \\ -8 + 3 = \\ 9 + 4 = \\ -8 - 7 = \\ -1 - 9 = \\ -9 - 2 = \\ 7 + 7 = \\ -6 + 1 = \\ -8 + 1 = \\ -8 - 4 = \\ 2 + 8 = \\ -7 + 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 0 = \\ -9 + 7 = \\ -4 + 0 = \\ 4 - 6 = \\ -4 - 9 = \\ 0 + 4 = \\ 5 - 0 = \\ -4 - 8 = \\ 8 - 3 = \\ 9 - 7 = \\ 4 + 8 = \\ -4 + 4 = \\ -2 + 8 = \\ 2 - 6 = \\ -4 + 0 = \\ -7 + 3 = \\ 3 + 8 = \\ 4 - 4 = \\ 0 + 0 = \\ -1 + 0 = \\ 3 + 3 = \\ 6 - 2 = \\ 6 - 8 = \\ -3 + 4 = \\ 1 + 5 = \end{array}$$

$$\begin{array}{r} 8 + 5 = \\ 8 + 2 = \\ 2 + 2 = \\ 7 + 0 = \\ -1 - 0 = \\ -2 + 2 = \\ -1 - 3 = \\ -7 - 4 = \\ -7 + 5 = \\ 5 + 3 = \\ 8 - 2 = \\ 3 + 3 = \\ -7 + 9 = \\ 4 + 9 = \\ 0 + 8 = \\ -2 + 2 = \\ -9 - 0 = \\ -3 + 4 = \\ 8 + 3 = \\ -5 + 3 = \\ -1 - 2 = \\ -3 - 1 = \\ 4 + 8 = \\ 4 + 8 = \\ 1 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 1 & - & 9 & = & \\
 0 & - & 6 & = & \\
 5 & - & 6 & = & \\
 -5 & + & 7 & = & \\
 -9 & + & 8 & = & \\
 -3 & + & 6 & = & \\
 6 & - & 7 & = & \\
 8 & - & 1 & = & \\
 -9 & + & 4 & = & \\
 7 & + & 4 & = & \\
 1 & + & 4 & = & \\
 -5 & - & 3 & = & \\
 -7 & + & 3 & = & \\
 -6 & - & 9 & = & \\
 -2 & - & 5 & = & \\
 -6 & - & 1 & = & \\
 -5 & + & 7 & = & \\
 -7 & + & 2 & = & \\
 5 & + & 4 & = & \\
 2 & + & 7 & = & \\
 1 & + & 3 & = & \\
 -1 & + & 9 & = & \\
 3 & + & 7 & = & \\
 -1 & - & 6 & = & \\
 -8 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 9 & = & \\
 2 & + & 3 & = & \\
 -3 & - & 6 & = & \\
 4 & - & 7 & = & \\
 6 & - & 3 & = & \\
 -2 & + & 3 & = & \\
 9 & + & 4 & = & \\
 -1 & + & 5 & = & \\
 6 & + & 7 & = & \\
 -8 & - & 7 & = & \\
 -6 & + & 5 & = & \\
 -8 & - & 1 & = & \\
 4 & + & 2 & = & \\
 -5 & - & 5 & = & \\
 -6 & - & 6 & = & \\
 4 & + & 3 & = & \\
 -7 & + & 8 & = & \\
 1 & - & 9 & = & \\
 -2 & - & 4 & = & \\
 3 & - & 7 & = & \\
 4 & - & 8 & = & \\
 -6 & + & 4 & = & \\
 8 & + & 6 & = & \\
 2 & + & 5 & = & \\
 -3 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -5 + 9 = \\ 8 + 2 = \\ -8 + 2 = \\ -5 + 2 = \\ -2 + 7 = \\ 7 - 5 = \\ -9 + 8 = \\ 4 + 7 = \\ 4 - 9 = \\ 0 - 6 = \\ 7 + 9 = \\ 0 - 8 = \\ -7 + 9 = \\ 6 + 4 = \\ -2 + 9 = \\ 3 - 1 = \\ 4 + 3 = \\ -2 - 9 = \\ 2 + 7 = \\ 8 - 6 = \\ 4 + 5 = \\ -5 + 2 = \\ 4 + 9 = \\ -1 - 0 = \\ 4 + 9 = \end{array}$$

$$\begin{array}{r} -4 + 4 = \\ -7 - 9 = \\ 7 + 2 = \\ -6 + 1 = \\ -3 - 0 = \\ 0 - 7 = \\ 6 + 5 = \\ 7 + 4 = \\ -9 + 9 = \\ 7 + 6 = \\ -8 - 2 = \\ -8 + 3 = \\ -2 + 8 = \\ 3 - 9 = \\ 1 - 4 = \\ -8 - 2 = \\ -1 - 2 = \\ 5 - 6 = \\ -6 + 7 = \\ -4 + 8 = \\ -5 + 8 = \\ 4 + 6 = \\ -6 - 5 = \\ -1 - 5 = \\ 0 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 7 & - & 4 & = & \\
 1 & + & 5 & = & \\
 1 & - & 8 & = & \\
 5 & - & 5 & = & \\
 5 & + & 3 & = & \\
 3 & - & 7 & = & \\
 -7 & + & 0 & = & \\
 1 & - & 9 & = & \\
 -3 & - & 5 & = & \\
 4 & - & 5 & = & \\
 -6 & + & 4 & = & \\
 -9 & - & 1 & = & \\
 6 & - & 7 & = & \\
 -3 & + & 2 & = & \\
 1 & - & 2 & = & \\
 -5 & + & 6 & = & \\
 9 & - & 0 & = & \\
 -3 & + & 7 & = & \\
 3 & + & 5 & = & \\
 -1 & + & 1 & = & \\
 -3 & + & 4 & = & \\
 0 & - & 1 & = & \\
 -7 & - & 9 & = & \\
 7 & + & 1 & = & \\
 -9 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -7 & + & 7 & = & \\
 -9 & - & 7 & = & \\
 -2 & - & 9 & = & \\
 -5 & + & 6 & = & \\
 -2 & + & 3 & = & \\
 -6 & + & 5 & = & \\
 -8 & + & 8 & = & \\
 4 & + & 4 & = & \\
 -2 & - & 7 & = & \\
 0 & + & 8 & = & \\
 -4 & - & 6 & = & \\
 -4 & - & 1 & = & \\
 -5 & - & 9 & = & \\
 7 & - & 9 & = & \\
 -3 & + & 6 & = & \\
 -1 & - & 8 & = & \\
 4 & + & 5 & = & \\
 5 & - & 8 & = & \\
 2 & - & 9 & = & \\
 2 & + & 7 & = & \\
 -1 & + & 3 & = & \\
 1 & - & 7 & = & \\
 -9 & + & 3 & = & \\
 7 & + & 5 & = & \\
 5 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 - 4 = \\ -3 + 7 = \\ -9 + 0 = \\ -8 + 2 = \\ 3 + 7 = \\ -7 + 0 = \\ 0 + 9 = \\ 2 - 9 = \\ 2 + 7 = \\ -2 - 9 = \\ 7 - 5 = \\ 9 + 4 = \\ -4 - 0 = \\ 4 - 2 = \\ 3 + 9 = \\ 9 + 5 = \\ 2 - 9 = \\ 3 + 2 = \\ 3 + 1 = \\ 0 - 8 = \\ -2 + 2 = \\ 6 - 0 = \\ 1 - 8 = \\ -8 + 9 = \\ -8 - 2 = \end{array}$$

$$\begin{array}{r} 8 + 0 = \\ 3 + 4 = \\ -8 + 4 = \\ 9 + 3 = \\ -6 - 1 = \\ -7 + 4 = \\ 3 + 6 = \\ -3 + 3 = \\ 9 - 0 = \\ -9 + 9 = \\ -1 + 4 = \\ -2 - 2 = \\ 3 + 5 = \\ 3 - 5 = \\ -2 + 8 = \\ -2 - 9 = \\ -6 - 3 = \\ -2 - 5 = \\ 3 + 9 = \\ 5 + 6 = \\ -4 - 5 = \\ -3 + 3 = \\ 5 + 1 = \\ 6 + 9 = \\ -1 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 1 & - & 4 & = & \\
 1 & + & 4 & = & \\
 -4 & - & 9 & = & \\
 9 & + & 1 & = & \\
 9 & - & 7 & = & \\
 2 & - & 9 & = & \\
 -8 & - & 4 & = & \\
 0 & - & 6 & = & \\
 -1 & + & 1 & = & \\
 -1 & - & 6 & = & \\
 4 & + & 3 & = & \\
 -8 & + & 7 & = & \\
 -7 & + & 9 & = & \\
 -6 & - & 2 & = & \\
 -7 & + & 1 & = & \\
 -5 & - & 0 & = & \\
 -5 & - & 2 & = & \\
 3 & - & 9 & = & \\
 -8 & - & 4 & = & \\
 0 & - & 6 & = & \\
 -1 & + & 1 & = & \\
 1 & + & 5 & = & \\
 -8 & - & 6 & = & \\
 -6 & - & 4 & = & \\
 -9 & - & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 4 & + & 2 & = & \\
 2 & + & 8 & = & \\
 7 & - & 0 & = & \\
 1 & - & 6 & = & \\
 -1 & - & 8 & = & \\
 6 & + & 4 & = & \\
 -7 & - & 6 & = & \\
 -9 & - & 8 & = & \\
 -5 & + & 2 & = & \\
 -2 & + & 9 & = & \\
 6 & - & 8 & = & \\
 9 & - & 0 & = & \\
 5 & - & 3 & = & \\
 8 & + & 9 & = & \\
 5 & - & 3 & = & \\
 6 & - & 8 & = & \\
 3 & - & 4 & = & \\
 4 & - & 7 & = & \\
 -7 & - & 6 & = & \\
 5 & - & 0 & = & \\
 7 & - & 9 & = & \\
 -7 & - & 9 & = & \\
 1 & - & 8 & = & \\
 4 & - & 8 & = & \\
 1 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & - & 8 & = & \\
 -3 & + & 1 & = & \\
 -8 & - & 8 & = & \\
 -3 & + & 1 & = & \\
 -1 & - & 7 & = & \\
 -6 & - & 2 & = & \\
 3 & + & 0 & = & \\
 -1 & + & 7 & = & \\
 5 & + & 2 & = & \\
 -6 & - & 1 & = & \\
 5 & - & 2 & = & \\
 -3 & + & 1 & = & \\
 -8 & - & 0 & = & \\
 -7 & - & 9 & = & \\
 0 & + & 6 & = & \\
 -8 & - & 4 & = & \\
 8 & - & 7 & = & \\
 0 & + & 9 & = & \\
 2 & - & 1 & = & \\
 2 & - & 4 & = & \\
 -3 & - & 1 & = & \\
 2 & + & 3 & = & \\
 -5 & - & 9 & = & \\
 -3 & + & 7 & = & \\
 -1 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & + & 9 & = & \\
 -4 & + & 8 & = & \\
 -6 & + & 1 & = & \\
 -1 & - & 2 & = & \\
 -8 & + & 2 & = & \\
 -4 & + & 4 & = & \\
 9 & - & 0 & = & \\
 9 & - & 9 & = & \\
 -9 & - & 4 & = & \\
 3 & + & 3 & = & \\
 -2 & + & 7 & = & \\
 -8 & + & 4 & = & \\
 6 & - & 5 & = & \\
 -8 & + & 4 & = & \\
 3 & - & 0 & = & \\
 2 & + & 6 & = & \\
 5 & - & 5 & = & \\
 6 & + & 0 & = & \\
 4 & - & 4 & = & \\
 -7 & - & 1 & = & \\
 8 & - & 0 & = & \\
 -4 & - & 1 & = & \\
 0 & - & 3 & = & \\
 -5 & - & 8 & = & \\
 -5 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 0 = \\ 5 - 8 = \\ 6 + 1 = \\ -3 + 1 = \\ -1 - 0 = \\ -6 - 1 = \\ -7 + 9 = \\ 7 - 3 = \\ -9 - 8 = \\ -7 - 6 = \\ 1 + 3 = \\ 1 - 6 = \\ 8 + 6 = \\ -8 + 8 = \\ 9 - 6 = \\ 0 + 7 = \\ -4 - 9 = \\ 6 + 1 = \\ 1 - 2 = \\ -7 + 1 = \\ -7 - 0 = \\ -4 + 8 = \\ -4 + 3 = \\ 8 + 1 = \\ 8 + 0 = \end{array}$$

$$\begin{array}{r} -6 + 7 = \\ 1 + 2 = \\ 3 + 6 = \\ -2 - 8 = \\ 5 + 2 = \\ 5 + 6 = \\ 4 + 3 = \\ 7 - 4 = \\ 7 + 1 = \\ 1 - 1 = \\ 2 - 8 = \\ -3 + 9 = \\ 5 + 5 = \\ 3 + 5 = \\ 0 - 7 = \\ -9 - 6 = \\ 4 - 3 = \\ 2 - 5 = \\ 4 - 4 = \\ -9 + 0 = \\ 9 - 0 = \\ 8 - 5 = \\ -8 - 6 = \\ 2 - 3 = \\ -2 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 0 = \\ 3 - 5 = \\ -2 + 0 = \\ -9 + 6 = \\ 0 - 1 = \\ 1 + 1 = \\ -2 + 1 = \\ -3 - 1 = \\ 8 - 9 = \\ -7 + 7 = \\ 3 + 8 = \\ -9 - 6 = \\ 0 + 0 = \\ -2 + 9 = \\ 7 - 8 = \\ 7 + 7 = \\ -8 - 9 = \\ 8 + 0 = \\ 4 - 4 = \\ 4 + 4 = \\ 9 + 3 = \\ 0 + 0 = \\ -5 - 2 = \\ -5 + 7 = \\ 3 - 1 = \end{array}$$

$$\begin{array}{r} -1 + 9 = \\ 9 - 5 = \\ -8 - 1 = \\ -7 - 9 = \\ 7 + 0 = \\ -1 - 2 = \\ 7 - 9 = \\ 6 - 4 = \\ -6 + 8 = \\ -4 + 9 = \\ 6 - 4 = \\ -3 - 4 = \\ -9 - 7 = \\ 3 + 0 = \\ -4 + 4 = \\ -9 + 1 = \\ -5 - 9 = \\ 4 - 1 = \\ 5 + 9 = \\ 1 + 3 = \\ -6 + 7 = \\ -6 + 5 = \\ -5 - 2 = \\ 2 - 2 = \\ -8 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & - & 7 & = & \\
 -6 & + & 1 & = & \\
 9 & - & 2 & = & \\
 -9 & - & 1 & = & \\
 -3 & + & 7 & = & \\
 1 & + & 5 & = & \\
 -3 & + & 4 & = & \\
 7 & - & 5 & = & \\
 -1 & + & 0 & = & \\
 -7 & + & 8 & = & \\
 2 & - & 0 & = & \\
 -1 & + & 4 & = & \\
 -9 & + & 0 & = & \\
 -8 & + & 1 & = & \\
 -4 & + & 2 & = & \\
 4 & + & 4 & = & \\
 3 & - & 4 & = & \\
 -2 & - & 6 & = & \\
 -2 & - & 1 & = & \\
 0 & + & 0 & = & \\
 -4 & + & 5 & = & \\
 -6 & + & 3 & = & \\
 5 & + & 6 & = & \\
 5 & + & 6 & = & \\
 1 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 5 & - & 5 & = & \\
 -9 & + & 7 & = & \\
 -2 & - & 2 & = & \\
 -9 & + & 8 & = & \\
 1 & + & 3 & = & \\
 -2 & + & 8 & = & \\
 -5 & - & 7 & = & \\
 6 & - & 7 & = & \\
 -2 & + & 8 & = & \\
 0 & - & 8 & = & \\
 9 & + & 1 & = & \\
 6 & + & 7 & = & \\
 2 & + & 4 & = & \\
 -8 & - & 5 & = & \\
 1 & + & 9 & = & \\
 -8 & - & 2 & = & \\
 -3 & - & 5 & = & \\
 1 & + & 7 & = & \\
 -8 & - & 4 & = & \\
 9 & + & 6 & = & \\
 3 & - & 1 & = & \\
 -1 & - & 8 & = & \\
 0 & + & 9 & = & \\
 8 & - & 3 & = & \\
 2 & + & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 5 - 3 = \\
 6 + 3 = \\
 4 - 7 = \\
 -9 - 3 = \\
 -1 - 4 = \\
 4 + 9 = \\
 6 + 5 = \\
 -6 + 3 = \\
 1 + 3 = \\
 1 - 5 = \\
 2 + 0 = \\
 7 - 9 = \\
 -1 - 8 = \\
 -5 - 5 = \\
 -9 - 8 = \\
 4 + 9 = \\
 4 + 9 = \\
 -4 + 1 = \\
 6 + 6 = \\
 9 + 3 = \\
 -2 + 5 = \\
 0 + 1 = \\
 8 + 6 = \\
 8 + 4 = \\
 -4 - 0 =
 \end{array}$$

$$\begin{array}{r}
 7 - 2 = \\
 -9 + 9 = \\
 -7 - 5 = \\
 5 + 9 = \\
 5 + 6 = \\
 8 + 4 = \\
 6 + 9 = \\
 9 + 0 = \\
 1 + 0 = \\
 3 + 0 = \\
 7 - 1 = \\
 -9 + 7 = \\
 -5 - 2 = \\
 1 - 7 = \\
 -8 - 8 = \\
 -4 + 8 = \\
 1 + 4 = \\
 -2 + 1 = \\
 -9 - 5 = \\
 5 + 4 = \\
 -7 - 5 = \\
 4 - 2 = \\
 8 - 3 = \\
 9 + 8 = \\
 7 - 1 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$2 - 7 =$

$7 + 6 =$

$5 + 6 =$

$6 - 7 =$

$8 - 9 =$

$9 + 7 =$

$-4 - 8 =$

$1 + 6 =$

$-4 - 3 =$

$-8 + 8 =$

$3 - 0 =$

$-7 - 5 =$

$6 + 7 =$

$-1 - 2 =$

$-7 - 2 =$

$-2 + 9 =$

$-2 + 1 =$

$-7 + 5 =$

$-3 - 8 =$

$-4 + 5 =$

$-1 + 8 =$

$-7 + 9 =$

$2 - 4 =$

$5 - 3 =$

$5 - 8 =$

$-8 - 9 =$

$7 + 0 =$

$5 + 6 =$

$0 + 0 =$

$7 + 2 =$

$-2 - 6 =$

$-4 + 4 =$

$-3 + 8 =$

$-5 - 1 =$

$-7 + 6 =$

$5 - 5 =$

$-8 + 7 =$

$-8 + 5 =$

$3 - 1 =$

$4 + 1 =$

$-7 + 5 =$

$5 - 4 =$

$-1 - 8 =$

$0 - 5 =$

$1 + 1 =$

$0 - 2 =$

$2 + 9 =$

$2 - 4 =$

$9 + 0 =$

$3 + 8 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 4 & - & 6 & = & \\
 8 & + & 7 & = & \\
 -3 & + & 5 & = & \\
 -1 & - & 0 & = & \\
 1 & - & 7 & = & \\
 -6 & - & 9 & = & \\
 7 & - & 7 & = & \\
 -3 & + & 9 & = & \\
 6 & + & 5 & = & \\
 -8 & + & 1 & = & \\
 -4 & - & 4 & = & \\
 -8 & + & 6 & = & \\
 2 & + & 0 & = & \\
 3 & + & 8 & = & \\
 1 & - & 4 & = & \\
 -9 & - & 8 & = & \\
 -3 & - & 3 & = & \\
 3 & + & 7 & = & \\
 -5 & - & 7 & = & \\
 -3 & + & 4 & = & \\
 7 & + & 8 & = & \\
 -6 & - & 3 & = & \\
 8 & + & 8 & = & \\
 -5 & - & 1 & = & \\
 -1 & + & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & - & 5 & = & \\
 3 & + & 2 & = & \\
 -5 & - & 0 & = & \\
 7 & + & 9 & = & \\
 -1 & - & 7 & = & \\
 5 & + & 8 & = & \\
 -4 & - & 8 & = & \\
 -7 & - & 7 & = & \\
 -1 & - & 2 & = & \\
 -5 & - & 6 & = & \\
 7 & + & 3 & = & \\
 7 & + & 2 & = & \\
 -6 & + & 5 & = & \\
 9 & + & 6 & = & \\
 2 & - & 7 & = & \\
 3 & + & 8 & = & \\
 -1 & + & 0 & = & \\
 -6 & - & 4 & = & \\
 0 & + & 6 & = & \\
 0 & + & 2 & = & \\
 9 & - & 5 & = & \\
 -9 & - & 7 & = & \\
 -8 & - & 4 & = & \\
 -9 & + & 6 & = & \\
 -7 & - & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -5 + 8 = \\ -9 - 1 = \\ 7 + 1 = \\ -9 + 6 = \\ 2 + 5 = \\ 0 - 9 = \\ 1 + 1 = \\ -7 + 9 = \\ -1 + 4 = \\ -8 + 9 = \\ -7 + 6 = \\ -5 + 3 = \\ 7 + 1 = \\ -9 - 4 = \\ -5 + 9 = \\ 4 - 0 = \\ -5 - 1 = \\ 7 + 1 = \\ -1 + 1 = \\ 2 - 4 = \\ 0 - 6 = \\ -5 - 1 = \\ 6 + 1 = \\ 4 + 1 = \\ 7 - 6 = \end{array}$$

$$\begin{array}{r} -4 - 6 = \\ 2 + 6 = \\ 9 + 2 = \\ 5 + 2 = \\ 7 + 1 = \\ -9 - 3 = \\ 8 - 3 = \\ -6 + 9 = \\ 0 + 1 = \\ 3 - 6 = \\ 6 - 2 = \\ 8 + 9 = \\ 8 - 9 = \\ -4 - 0 = \\ 8 - 2 = \\ 3 + 0 = \\ -3 + 3 = \\ -3 + 9 = \\ 3 + 2 = \\ -9 + 5 = \\ -2 - 1 = \\ -2 - 4 = \\ -1 - 0 = \\ 0 - 2 = \\ -9 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$7 + 3 =$

$4 - 8 =$

$7 - 7 =$

$1 + 2 =$

$4 - 9 =$

$4 - 6 =$

$7 + 5 =$

$8 + 8 =$

$4 + 2 =$

$-1 - 3 =$

$6 - 8 =$

$0 - 8 =$

$8 + 0 =$

$-9 - 0 =$

$0 - 7 =$

$-1 + 3 =$

$-8 + 8 =$

$8 + 7 =$

$-3 - 7 =$

$-5 + 0 =$

$-5 - 3 =$

$2 + 1 =$

$-3 - 8 =$

$-3 + 2 =$

$3 - 3 =$

$6 + 4 =$

$-4 - 6 =$

$-5 + 2 =$

$-2 - 8 =$

$-3 - 0 =$

$-2 - 4 =$

$-1 - 1 =$

$3 - 9 =$

$2 - 7 =$

$-7 - 2 =$

$5 - 8 =$

$6 - 9 =$

$2 - 6 =$

$0 - 8 =$

$5 - 1 =$

$-7 - 0 =$

$-3 - 9 =$

$8 + 9 =$

$4 - 2 =$

$5 + 9 =$

$6 - 1 =$

$2 - 4 =$

$-6 + 9 =$

$-4 + 8 =$

$2 + 1 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 4 & = & \\
 1 & + & 8 & = & \\
 1 & + & 1 & = & \\
 3 & - & 1 & = & \\
 -9 & + & 3 & = & \\
 -5 & - & 8 & = & \\
 -9 & - & 0 & = & \\
 -2 & - & 1 & = & \\
 8 & + & 3 & = & \\
 -6 & + & 5 & = & \\
 2 & + & 5 & = & \\
 3 & - & 3 & = & \\
 3 & - & 8 & = & \\
 -3 & + & 3 & = & \\
 -9 & - & 4 & = & \\
 1 & - & 2 & = & \\
 -9 & + & 7 & = & \\
 2 & - & 3 & = & \\
 0 & + & 2 & = & \\
 -5 & - & 9 & = & \\
 -3 & - & 7 & = & \\
 -7 & - & 5 & = & \\
 9 & + & 3 & = & \\
 -2 & + & 3 & = & \\
 4 & + & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & - & 2 & = & \\
 9 & + & 6 & = & \\
 1 & + & 9 & = & \\
 -4 & + & 6 & = & \\
 8 & + & 4 & = & \\
 -1 & + & 9 & = & \\
 -6 & + & 5 & = & \\
 -9 & + & 3 & = & \\
 5 & - & 3 & = & \\
 -5 & - & 0 & = & \\
 -1 & - & 8 & = & \\
 0 & - & 2 & = & \\
 -2 & - & 8 & = & \\
 3 & - & 5 & = & \\
 -8 & - & 6 & = & \\
 7 & - & 0 & = & \\
 7 & - & 0 & = & \\
 2 & + & 7 & = & \\
 -6 & - & 5 & = & \\
 -6 & - & 2 & = & \\
 -2 & - & 0 & = & \\
 -1 & - & 2 & = & \\
 3 & + & 5 & = & \\
 6 & - & 3 & = & \\
 4 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & - & 6 & = & \\
 -8 & + & 6 & = & \\
 3 & - & 2 & = & \\
 1 & + & 9 & = & \\
 -3 & - & 1 & = & \\
 9 & + & 4 & = & \\
 -1 & + & 1 & = & \\
 -7 & - & 0 & = & \\
 9 & + & 8 & = & \\
 9 & - & 2 & = & \\
 -6 & - & 9 & = & \\
 0 & + & 8 & = & \\
 -8 & + & 6 & = & \\
 -7 & + & 2 & = & \\
 -6 & + & 0 & = & \\
 -5 & + & 3 & = & \\
 9 & - & 4 & = & \\
 6 & + & 2 & = & \\
 -8 & - & 2 & = & \\
 -4 & - & 5 & = & \\
 0 & - & 1 & = & \\
 2 & + & 6 & = & \\
 -5 & - & 5 & = & \\
 7 & - & 0 & = & \\
 -9 & + & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & - & 4 & = & \\
 -4 & - & 1 & = & \\
 7 & + & 8 & = & \\
 -7 & - & 4 & = & \\
 -6 & + & 0 & = & \\
 -7 & - & 6 & = & \\
 5 & - & 5 & = & \\
 1 & + & 4 & = & \\
 -5 & + & 7 & = & \\
 6 & - & 5 & = & \\
 7 & - & 7 & = & \\
 4 & - & 3 & = & \\
 4 & + & 0 & = & \\
 -7 & + & 9 & = & \\
 -1 & - & 4 & = & \\
 -3 & + & 5 & = & \\
 5 & - & 6 & = & \\
 7 & - & 4 & = & \\
 -8 & - & 3 & = & \\
 6 & - & 0 & = & \\
 -1 & - & 6 & = & \\
 -5 & + & 4 & = & \\
 8 & + & 3 & = & \\
 -4 & + & 8 & = & \\
 -1 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & + & 5 & = & \\
 2 & - & 7 & = & \\
 -8 & - & 0 & = & \\
 -5 & - & 3 & = & \\
 -7 & + & 6 & = & \\
 8 & + & 9 & = & \\
 -6 & + & 5 & = & \\
 7 & - & 1 & = & \\
 1 & - & 5 & = & \\
 3 & + & 7 & = & \\
 -8 & - & 9 & = & \\
 8 & + & 1 & = & \\
 -2 & - & 8 & = & \\
 -3 & + & 0 & = & \\
 -4 & + & 4 & = & \\
 -4 & - & 2 & = & \\
 -2 & + & 7 & = & \\
 -8 & + & 1 & = & \\
 -5 & - & 5 & = & \\
 -7 & + & 4 & = & \\
 1 & + & 8 & = & \\
 4 & + & 1 & = & \\
 1 & + & 7 & = & \\
 4 & - & 1 & = & \\
 1 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & + & 9 & = & \\
 3 & - & 2 & = & \\
 -9 & + & 7 & = & \\
 6 & + & 5 & = & \\
 -3 & + & 6 & = & \\
 5 & - & 7 & = & \\
 -5 & + & 4 & = & \\
 1 & + & 7 & = & \\
 0 & + & 6 & = & \\
 -7 & - & 6 & = & \\
 3 & - & 0 & = & \\
 3 & - & 6 & = & \\
 2 & + & 9 & = & \\
 -8 & + & 8 & = & \\
 -5 & - & 4 & = & \\
 -2 & + & 5 & = & \\
 9 & + & 3 & = & \\
 -2 & + & 0 & = & \\
 4 & - & 1 & = & \\
 1 & - & 1 & = & \\
 -2 & + & 1 & = & \\
 -2 & + & 6 & = & \\
 9 & + & 8 & = & \\
 -3 & + & 1 & = & \\
 3 & - & 4 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 1 = \\ 7 + 3 = \\ -2 + 0 = \\ 7 - 8 = \\ 0 - 8 = \\ 2 + 1 = \\ 0 + 1 = \\ -5 + 3 = \\ -8 - 5 = \\ 2 + 8 = \\ -8 + 7 = \\ -8 + 8 = \\ 7 + 8 = \\ -8 - 6 = \\ 9 + 6 = \\ -8 + 2 = \\ -6 + 9 = \\ -5 - 0 = \\ -9 - 4 = \\ -4 + 5 = \\ -6 + 0 = \\ 1 - 3 = \\ -9 + 8 = \\ -7 + 8 = \\ 6 - 1 = \end{array}$$

$$\begin{array}{r} -6 - 8 = \\ -7 - 2 = \\ 9 - 1 = \\ 8 + 1 = \\ -8 - 8 = \\ 4 + 5 = \\ 0 - 6 = \\ 8 + 7 = \\ 2 + 9 = \\ -7 + 3 = \\ 0 + 3 = \\ 9 - 6 = \\ 6 - 4 = \\ -1 + 3 = \\ -3 - 2 = \\ 8 + 8 = \\ -6 - 6 = \\ -9 - 0 = \\ 3 + 2 = \\ -7 - 1 = \\ -4 + 2 = \\ -9 - 9 = \\ 7 - 8 = \\ -8 + 3 = \\ -7 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$2 + 0 =$

$6 - 8 =$

$9 - 4 =$

$7 + 1 =$

$-4 + 8 =$

$6 - 3 =$

$-5 - 6 =$

$1 + 6 =$

$2 - 3 =$

$6 + 2 =$

$-3 + 9 =$

$5 + 0 =$

$5 - 3 =$

$9 + 3 =$

$-8 - 6 =$

$-8 - 4 =$

$-4 - 5 =$

$7 + 7 =$

$9 - 9 =$

$9 - 9 =$

$0 + 6 =$

$-3 + 0 =$

$-9 + 9 =$

$4 + 7 =$

$3 + 4 =$

$-5 - 7 =$

$4 - 2 =$

$-2 - 2 =$

$7 - 0 =$

$-9 + 8 =$

$-1 - 2 =$

$7 + 1 =$

$1 - 0 =$

$-4 + 9 =$

$-2 - 5 =$

$-9 - 2 =$

$4 + 5 =$

$2 + 4 =$

$-5 + 6 =$

$0 - 1 =$

$5 - 0 =$

$-7 + 9 =$

$6 - 4 =$

$-1 + 1 =$

$-5 - 4 =$

$5 - 5 =$

$-6 + 3 =$

$-2 - 0 =$

$-5 + 6 =$

$2 - 5 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 9 & = & \\
 -6 & + & 4 & = & \\
 3 & + & 5 & = & \\
 -9 & + & 9 & = & \\
 2 & + & 3 & = & \\
 -2 & + & 4 & = & \\
 -6 & - & 0 & = & \\
 -1 & - & 2 & = & \\
 -1 & + & 8 & = & \\
 -7 & + & 0 & = & \\
 9 & - & 5 & = & \\
 4 & - & 6 & = & \\
 -9 & + & 6 & = & \\
 5 & + & 6 & = & \\
 -8 & + & 9 & = & \\
 6 & + & 1 & = & \\
 7 & + & 8 & = & \\
 -1 & - & 5 & = & \\
 1 & + & 6 & = & \\
 7 & + & 3 & = & \\
 -7 & - & 6 & = & \\
 1 & + & 4 & = & \\
 -9 & - & 6 & = & \\
 -9 & + & 0 & = & \\
 4 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 2 & = & \\
 3 & - & 5 & = & \\
 -1 & - & 4 & = & \\
 1 & - & 1 & = & \\
 -6 & - & 9 & = & \\
 -7 & - & 2 & = & \\
 -2 & + & 3 & = & \\
 2 & + & 9 & = & \\
 4 & - & 6 & = & \\
 -2 & + & 6 & = & \\
 5 & - & 4 & = & \\
 9 & + & 9 & = & \\
 -1 & - & 9 & = & \\
 -6 & - & 4 & = & \\
 4 & + & 8 & = & \\
 -8 & - & 9 & = & \\
 3 & - & 7 & = & \\
 -1 & + & 7 & = & \\
 -8 & + & 9 & = & \\
 6 & - & 2 & = & \\
 5 & + & 2 & = & \\
 -3 & - & 8 & = & \\
 7 & + & 5 & = & \\
 -7 & + & 5 & = & \\
 -2 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 1 = \\ 1 - 5 = \\ 3 - 9 = \\ 6 - 8 = \\ 1 + 4 = \\ 1 + 5 = \\ 9 + 3 = \\ -5 + 1 = \\ 9 - 4 = \\ 1 + 2 = \\ 6 + 1 = \\ -4 + 8 = \\ -7 + 0 = \\ -1 - 7 = \\ 0 + 0 = \\ 6 - 9 = \\ -9 + 9 = \\ -6 + 0 = \\ -1 - 7 = \\ -4 - 0 = \\ 7 + 3 = \\ 2 - 1 = \\ -2 - 7 = \\ -8 + 4 = \\ -7 - 4 = \end{array}$$

$$\begin{array}{r} -2 + 4 = \\ -3 - 0 = \\ -1 - 2 = \\ 7 - 6 = \\ -2 + 3 = \\ -9 - 4 = \\ -9 + 4 = \\ -9 + 1 = \\ -3 + 3 = \\ -2 - 8 = \\ 8 - 9 = \\ -8 - 9 = \\ -5 + 3 = \\ 5 + 3 = \\ -8 - 6 = \\ 6 + 6 = \\ 5 - 2 = \\ -6 + 5 = \\ 2 - 5 = \\ -9 - 2 = \\ -8 - 0 = \\ -8 - 2 = \\ -5 - 6 = \\ 0 + 9 = \\ -6 - 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 0 & + & 5 & = & \\
 9 & + & 4 & = & \\
 0 & - & 5 & = & \\
 -9 & - & 2 & = & \\
 3 & - & 2 & = & \\
 1 & - & 6 & = & \\
 -7 & - & 6 & = & \\
 0 & + & 2 & = & \\
 8 & - & 8 & = & \\
 -8 & + & 7 & = & \\
 9 & + & 4 & = & \\
 8 & - & 0 & = & \\
 -3 & + & 1 & = & \\
 -1 & - & 9 & = & \\
 -1 & + & 4 & = & \\
 -7 & - & 8 & = & \\
 9 & + & 6 & = & \\
 -8 & - & 2 & = & \\
 -8 & + & 5 & = & \\
 8 & - & 9 & = & \\
 9 & - & 2 & = & \\
 -7 & + & 1 & = & \\
 -5 & + & 5 & = & \\
 8 & + & 5 & = & \\
 0 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -3 & - & 9 & = & \\
 -1 & + & 9 & = & \\
 3 & - & 1 & = & \\
 0 & - & 9 & = & \\
 -6 & - & 7 & = & \\
 0 & + & 3 & = & \\
 -7 & + & 8 & = & \\
 8 & - & 4 & = & \\
 -3 & - & 4 & = & \\
 -5 & + & 8 & = & \\
 4 & + & 6 & = & \\
 7 & - & 4 & = & \\
 -4 & + & 3 & = & \\
 7 & - & 3 & = & \\
 -2 & + & 9 & = & \\
 4 & - & 5 & = & \\
 8 & - & 4 & = & \\
 0 & - & 8 & = & \\
 -2 & + & 8 & = & \\
 4 & - & 4 & = & \\
 -1 & - & 2 & = & \\
 -2 & + & 7 & = & \\
 -7 & - & 6 & = & \\
 3 & + & 9 & = & \\
 5 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 - 4 = \\ 4 + 8 = \\ 8 - 2 = \\ -8 - 8 = \\ -4 - 4 = \\ -9 + 3 = \\ 5 - 3 = \\ 0 - 2 = \\ 4 - 9 = \\ 6 - 6 = \\ -7 - 8 = \\ -9 - 1 = \\ 4 - 4 = \\ -2 + 9 = \\ -3 - 0 = \\ 3 - 5 = \\ -9 + 9 = \\ 4 + 6 = \\ 0 - 0 = \\ -1 - 1 = \\ 5 + 1 = \\ 6 - 5 = \\ 6 - 7 = \\ 1 + 5 = \\ -6 + 8 = \end{array}$$

$$\begin{array}{r} 4 + 6 = \\ 3 - 8 = \\ -2 + 8 = \\ -9 + 7 = \\ 8 + 0 = \\ 0 - 4 = \\ 7 - 7 = \\ 0 - 8 = \\ -2 - 6 = \\ -1 + 1 = \\ 2 - 7 = \\ 8 + 9 = \\ 8 + 2 = \\ 4 - 8 = \\ 2 - 2 = \\ -4 + 5 = \\ -7 + 8 = \\ -3 + 4 = \\ 8 + 0 = \\ 5 - 2 = \\ -3 - 0 = \\ -8 + 4 = \\ -2 + 4 = \\ -8 - 9 = \\ -1 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & + & 6 & = & \\
 1 & - & 7 & = & \\
 2 & - & 3 & = & \\
 5 & - & 2 & = & \\
 8 & - & 9 & = & \\
 -7 & - & 0 & = & \\
 -1 & + & 9 & = & \\
 -7 & + & 1 & = & \\
 0 & - & 0 & = & \\
 8 & - & 2 & = & \\
 8 & + & 0 & = & \\
 3 & + & 7 & = & \\
 8 & - & 7 & = & \\
 6 & + & 6 & = & \\
 1 & - & 3 & = & \\
 0 & + & 0 & = & \\
 1 & - & 4 & = & \\
 -2 & - & 5 & = & \\
 8 & - & 8 & = & \\
 0 & + & 1 & = & \\
 7 & + & 6 & = & \\
 3 & + & 3 & = & \\
 2 & - & 7 & = & \\
 -3 & - & 9 & = & \\
 -1 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -2 & - & 1 & = & \\
 0 & + & 4 & = & \\
 -1 & + & 8 & = & \\
 7 & + & 9 & = & \\
 7 & + & 8 & = & \\
 -7 & - & 0 & = & \\
 8 & + & 7 & = & \\
 -7 & - & 3 & = & \\
 -2 & + & 2 & = & \\
 0 & + & 0 & = & \\
 8 & + & 2 & = & \\
 -8 & - & 2 & = & \\
 -8 & + & 0 & = & \\
 -4 & - & 2 & = & \\
 -7 & + & 9 & = & \\
 -9 & - & 1 & = & \\
 4 & + & 1 & = & \\
 5 & - & 6 & = & \\
 0 & + & 1 & = & \\
 4 & + & 4 & = & \\
 5 & + & 0 & = & \\
 3 & - & 2 & = & \\
 8 & + & 4 & = & \\
 0 & - & 8 & = & \\
 -7 & + & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & + & 3 & = & \\
 0 & - & 4 & = & \\
 5 & - & 7 & = & \\
 8 & - & 3 & = & \\
 6 & + & 9 & = & \\
 2 & + & 2 & = & \\
 6 & + & 1 & = & \\
 -4 & + & 5 & = & \\
 3 & - & 0 & = & \\
 -7 & + & 7 & = & \\
 -1 & - & 5 & = & \\
 6 & + & 2 & = & \\
 -4 & - & 2 & = & \\
 -2 & + & 5 & = & \\
 1 & + & 3 & = & \\
 3 & + & 2 & = & \\
 7 & + & 6 & = & \\
 9 & - & 5 & = & \\
 -5 & + & 7 & = & \\
 5 & + & 8 & = & \\
 -4 & + & 2 & = & \\
 -2 & - & 6 & = & \\
 -9 & - & 4 & = & \\
 1 & + & 3 & = & \\
 3 & + & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & - & 1 & = & \\
 -1 & - & 9 & = & \\
 -4 & - & 1 & = & \\
 9 & + & 2 & = & \\
 1 & - & 5 & = & \\
 -5 & + & 7 & = & \\
 6 & - & 4 & = & \\
 7 & + & 4 & = & \\
 4 & - & 2 & = & \\
 1 & - & 7 & = & \\
 0 & + & 4 & = & \\
 -2 & + & 3 & = & \\
 -9 & + & 7 & = & \\
 1 & - & 7 & = & \\
 9 & + & 4 & = & \\
 6 & - & 3 & = & \\
 0 & + & 6 & = & \\
 -2 & - & 9 & = & \\
 8 & - & 2 & = & \\
 3 & + & 2 & = & \\
 5 & - & 2 & = & \\
 4 & - & 9 & = & \\
 4 & - & 3 & = & \\
 -5 & - & 1 & = & \\
 -9 & - & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & - & 4 & = & \\
 3 & + & 7 & = & \\
 2 & - & 5 & = & \\
 6 & - & 4 & = & \\
 0 & - & 0 & = & \\
 -7 & - & 0 & = & \\
 -1 & + & 8 & = & \\
 -2 & - & 2 & = & \\
 -6 & - & 1 & = & \\
 8 & - & 0 & = & \\
 0 & + & 6 & = & \\
 8 & - & 1 & = & \\
 0 & + & 7 & = & \\
 -4 & + & 1 & = & \\
 -8 & - & 5 & = & \\
 -2 & - & 0 & = & \\
 6 & - & 7 & = & \\
 -4 & - & 6 & = & \\
 9 & + & 0 & = & \\
 -5 & + & 5 & = & \\
 7 & + & 9 & = & \\
 4 & - & 9 & = & \\
 1 & - & 0 & = & \\
 -1 & + & 2 & = & \\
 5 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & - & 5 & = & \\
 3 & + & 2 & = & \\
 -5 & + & 6 & = & \\
 -3 & + & 5 & = & \\
 -2 & - & 9 & = & \\
 6 & + & 8 & = & \\
 -8 & + & 5 & = & \\
 -1 & + & 4 & = & \\
 -6 & + & 3 & = & \\
 0 & - & 2 & = & \\
 4 & + & 6 & = & \\
 -6 & + & 8 & = & \\
 8 & - & 1 & = & \\
 7 & + & 1 & = & \\
 -5 & - & 9 & = & \\
 8 & + & 2 & = & \\
 -2 & - & 0 & = & \\
 -7 & - & 1 & = & \\
 5 & + & 7 & = & \\
 8 & - & 0 & = & \\
 0 & + & 4 & = & \\
 -9 & - & 1 & = & \\
 -4 & - & 2 & = & \\
 6 & - & 4 & = & \\
 1 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 6 = \\ -2 + 2 = \\ 2 - 2 = \\ 3 + 2 = \\ -9 - 5 = \\ -2 - 8 = \\ -6 + 9 = \\ -6 - 0 = \\ 4 - 4 = \\ -5 - 3 = \\ -8 + 4 = \\ -3 - 1 = \\ 1 + 4 = \\ 0 - 0 = \\ -8 - 5 = \\ -2 - 7 = \\ -2 - 8 = \\ 0 - 6 = \\ 1 - 3 = \\ -3 + 6 = \\ -1 - 0 = \\ -7 + 7 = \\ 1 - 2 = \\ 1 + 9 = \\ -2 - 7 = \end{array}$$

$$\begin{array}{r} 6 - 3 = \\ 2 + 5 = \\ 7 - 3 = \\ -1 - 6 = \\ 7 + 9 = \\ -3 + 2 = \\ 4 + 1 = \\ 3 - 0 = \\ 7 - 0 = \\ -8 + 9 = \\ -9 + 4 = \\ 5 + 2 = \\ -4 + 1 = \\ 3 - 5 = \\ -8 - 0 = \\ -7 + 2 = \\ 1 + 7 = \\ 8 + 6 = \\ 3 + 1 = \\ 2 - 7 = \\ -6 - 5 = \\ 0 + 4 = \\ -1 - 1 = \\ -3 - 8 = \\ -7 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -1 - 4 = \\ -7 + 5 = \\ -9 + 2 = \\ -3 - 9 = \\ 4 - 7 = \\ 8 - 0 = \\ -1 - 4 = \\ -9 + 7 = \\ 7 - 8 = \\ -4 + 8 = \\ 0 - 0 = \\ 9 - 5 = \\ -8 + 7 = \\ -2 - 4 = \\ -4 - 7 = \\ -2 + 6 = \\ 7 + 9 = \\ -9 + 2 = \\ -1 - 5 = \\ -8 - 2 = \\ -4 - 1 = \\ -6 - 6 = \\ 1 - 7 = \\ -7 + 5 = \\ -1 + 0 = \end{array}$$

$$\begin{array}{r} 4 - 7 = \\ 5 + 5 = \\ 3 + 5 = \\ 2 - 3 = \\ 5 + 2 = \\ 0 + 7 = \\ -7 - 9 = \\ 2 + 5 = \\ 4 + 6 = \\ 5 - 7 = \\ -9 - 7 = \\ -1 - 9 = \\ 0 + 2 = \\ -7 + 6 = \\ -6 - 7 = \\ -7 + 3 = \\ -8 - 4 = \\ 0 + 7 = \\ 4 - 9 = \\ 4 - 3 = \\ 4 - 5 = \\ -4 - 0 = \\ -5 - 1 = \\ -1 - 8 = \\ 7 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 9 & = & \\
 -2 & + & 9 & = & \\
 -4 & - & 4 & = & \\
 2 & - & 6 & = & \\
 -6 & - & 9 & = & \\
 -1 & - & 2 & = & \\
 9 & + & 5 & = & \\
 -7 & + & 4 & = & \\
 7 & + & 6 & = & \\
 -6 & - & 1 & = & \\
 9 & - & 0 & = & \\
 -7 & + & 2 & = & \\
 -2 & + & 3 & = & \\
 6 & + & 4 & = & \\
 3 & - & 1 & = & \\
 -6 & - & 1 & = & \\
 0 & + & 1 & = & \\
 5 & + & 3 & = & \\
 -7 & + & 9 & = & \\
 4 & - & 8 & = & \\
 6 & - & 2 & = & \\
 0 & + & 2 & = & \\
 0 & - & 1 & = & \\
 -9 & + & 6 & = & \\
 6 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -9 & - & 8 & = & \\
 -2 & - & 0 & = & \\
 2 & + & 9 & = & \\
 -6 & - & 3 & = & \\
 -6 & + & 7 & = & \\
 -3 & + & 0 & = & \\
 1 & - & 1 & = & \\
 1 & + & 6 & = & \\
 9 & - & 5 & = & \\
 -6 & - & 7 & = & \\
 5 & + & 6 & = & \\
 -4 & - & 7 & = & \\
 7 & + & 2 & = & \\
 4 & + & 7 & = & \\
 -7 & + & 3 & = & \\
 1 & + & 5 & = & \\
 -6 & - & 9 & = & \\
 -4 & + & 6 & = & \\
 -2 & + & 4 & = & \\
 -8 & - & 4 & = & \\
 -5 & - & 3 & = & \\
 6 & + & 8 & = & \\
 4 & - & 5 & = & \\
 -5 & + & 3 & = & \\
 -9 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 4 - 0 = \\
 -8 + 7 = \\
 -1 - 1 = \\
 -2 + 4 = \\
 0 + 1 = \\
 -5 - 9 = \\
 4 - 7 = \\
 2 + 5 = \\
 9 + 8 = \\
 3 + 9 = \\
 9 + 4 = \\
 8 - 7 = \\
 5 - 8 = \\
 0 + 4 = \\
 -8 - 6 = \\
 0 - 8 = \\
 0 + 7 = \\
 8 - 4 = \\
 -1 + 3 = \\
 7 + 0 = \\
 -9 - 5 = \\
 -1 - 7 = \\
 -8 - 6 = \\
 2 - 4 = \\
 3 - 1 =
 \end{array}$$

$$\begin{array}{r}
 1 + 3 = \\
 2 - 4 = \\
 -7 - 7 = \\
 9 - 9 = \\
 5 + 6 = \\
 -4 - 7 = \\
 -2 + 0 = \\
 -5 + 3 = \\
 -4 - 7 = \\
 -9 + 0 = \\
 4 + 2 = \\
 -1 + 5 = \\
 -9 - 3 = \\
 -1 - 1 = \\
 -8 - 1 = \\
 -2 + 3 = \\
 -8 - 5 = \\
 0 - 5 = \\
 -9 - 1 = \\
 5 - 8 = \\
 -7 - 8 = \\
 6 + 0 = \\
 1 - 9 = \\
 -2 + 9 = \\
 1 + 0 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -2 & + & 0 & = & \\
 -6 & + & 8 & = & \\
 2 & - & 7 & = & \\
 -1 & - & 3 & = & \\
 -9 & - & 3 & = & \\
 -4 & + & 9 & = & \\
 -9 & - & 3 & = & \\
 0 & + & 2 & = & \\
 -4 & + & 5 & = & \\
 -8 & - & 0 & = & \\
 -2 & - & 9 & = & \\
 -7 & - & 2 & = & \\
 0 & - & 8 & = & \\
 -8 & + & 8 & = & \\
 -9 & + & 3 & = & \\
 -1 & + & 1 & = & \\
 -4 & + & 4 & = & \\
 2 & - & 7 & = & \\
 -5 & + & 0 & = & \\
 9 & + & 2 & = & \\
 1 & + & 4 & = & \\
 2 & + & 8 & = & \\
 -6 & + & 1 & = & \\
 -3 & + & 2 & = & \\
 0 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 8 & + & 5 & = & \\
 4 & - & 9 & = & \\
 -4 & + & 1 & = & \\
 3 & + & 5 & = & \\
 -8 & + & 9 & = & \\
 -3 & + & 3 & = & \\
 -6 & - & 2 & = & \\
 1 & + & 5 & = & \\
 7 & + & 0 & = & \\
 0 & - & 8 & = & \\
 1 & + & 9 & = & \\
 -1 & + & 8 & = & \\
 6 & - & 0 & = & \\
 5 & + & 4 & = & \\
 0 & - & 8 & = & \\
 -4 & - & 9 & = & \\
 -5 & - & 7 & = & \\
 9 & + & 1 & = & \\
 -9 & + & 7 & = & \\
 8 & - & 7 & = & \\
 9 & + & 9 & = & \\
 -2 & - & 7 & = & \\
 -3 & - & 7 & = & \\
 9 & - & 1 & = & \\
 -2 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 6 & = & \\
 -8 & + & 8 & = & \\
 -4 & - & 6 & = & \\
 -6 & + & 3 & = & \\
 8 & + & 6 & = & \\
 7 & + & 1 & = & \\
 -5 & - & 8 & = & \\
 -4 & - & 1 & = & \\
 4 & + & 0 & = & \\
 -1 & + & 3 & = & \\
 -4 & + & 8 & = & \\
 4 & - & 6 & = & \\
 2 & + & 1 & = & \\
 2 & - & 2 & = & \\
 -2 & - & 9 & = & \\
 -7 & - & 9 & = & \\
 -2 & - & 5 & = & \\
 -5 & - & 9 & = & \\
 0 & + & 6 & = & \\
 2 & + & 1 & = & \\
 5 & - & 9 & = & \\
 3 & + & 1 & = & \\
 -8 & - & 4 & = & \\
 3 & + & 8 & = & \\
 3 & - & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 5 & - & 7 & = & \\
 -8 & - & 8 & = & \\
 8 & + & 2 & = & \\
 -5 & - & 2 & = & \\
 -6 & - & 0 & = & \\
 -6 & - & 2 & = & \\
 2 & - & 2 & = & \\
 -3 & - & 1 & = & \\
 2 & + & 4 & = & \\
 -4 & - & 2 & = & \\
 -1 & + & 5 & = & \\
 0 & - & 5 & = & \\
 6 & - & 2 & = & \\
 4 & + & 7 & = & \\
 -6 & + & 8 & = & \\
 -9 & + & 1 & = & \\
 -8 & + & 1 & = & \\
 -6 & - & 6 & = & \\
 6 & - & 5 & = & \\
 5 & + & 1 & = & \\
 6 & - & 4 & = & \\
 -4 & + & 5 & = & \\
 -2 & + & 1 & = & \\
 -4 & - & 6 & = & \\
 8 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 8 - 1 = \\ -5 - 9 = \\ 9 + 7 = \\ -1 + 3 = \\ -1 - 6 = \\ 9 - 9 = \\ -3 + 7 = \\ -8 + 4 = \\ 8 - 2 = \\ -1 - 5 = \\ 8 + 9 = \\ 4 + 5 = \\ 8 - 5 = \\ 1 + 2 = \\ 1 - 9 = \\ -7 - 9 = \\ -8 + 4 = \\ 0 + 1 = \\ 0 - 1 = \\ -4 - 0 = \\ -1 + 5 = \\ 8 - 6 = \\ 6 - 9 = \\ 6 + 6 = \\ -3 - 0 = \end{array}$$

$$\begin{array}{r} -1 + 8 = \\ 0 - 3 = \\ 1 - 5 = \\ -8 - 6 = \\ -9 - 0 = \\ 1 + 8 = \\ 3 - 8 = \\ 7 - 7 = \\ 6 - 3 = \\ 1 + 6 = \\ -2 + 3 = \\ 2 - 0 = \\ 8 + 7 = \\ -4 + 0 = \\ 4 - 1 = \\ -3 - 6 = \\ -5 + 3 = \\ 8 + 4 = \\ 7 - 2 = \\ 3 - 1 = \\ -9 + 4 = \\ 6 + 4 = \\ 3 + 8 = \\ 9 + 6 = \\ 4 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl} -8 & - & 0 & = \\ 7 & + & 0 & = \\ -4 & - & 3 & = \\ -7 & + & 9 & = \\ 5 & - & 8 & = \\ -2 & + & 7 & = \\ 2 & + & 3 & = \\ -8 & - & 4 & = \\ 8 & + & 3 & = \\ 3 & - & 1 & = \\ -4 & + & 3 & = \\ -7 & - & 7 & = \\ -7 & + & 4 & = \\ 2 & + & 4 & = \\ 2 & - & 5 & = \\ 3 & - & 5 & = \\ 8 & - & 8 & = \\ 9 & + & 5 & = \\ -7 & + & 3 & = \\ 3 & - & 9 & = \\ -5 & - & 6 & = \\ -1 & - & 6 & = \\ 6 & + & 9 & = \\ 4 & - & 7 & = \\ 7 & + & 7 & = \end{array}$$

$$\begin{array}{rclcl} 6 & + & 9 & = \\ 8 & + & 7 & = \\ 3 & + & 1 & = \\ 6 & + & 6 & = \\ -9 & + & 4 & = \\ -8 & + & 4 & = \\ -2 & + & 7 & = \\ 8 & - & 3 & = \\ 2 & - & 8 & = \\ -5 & + & 6 & = \\ 9 & - & 4 & = \\ 8 & - & 3 & = \\ 7 & - & 6 & = \\ 3 & + & 0 & = \\ -9 & - & 4 & = \\ 1 & - & 6 & = \\ -5 & + & 2 & = \\ -9 & + & 1 & = \\ -4 & + & 9 & = \\ -5 & - & 5 & = \\ -2 & + & 9 & = \\ 1 & - & 0 & = \\ 1 & - & 2 & = \\ 8 & - & 7 & = \\ 1 & + & 3 & = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 + 1 = \\ -3 + 6 = \\ -3 + 5 = \\ -8 + 6 = \\ 9 - 5 = \\ 3 - 8 = \\ 6 + 1 = \\ -9 + 5 = \\ 0 - 0 = \\ 7 + 3 = \\ -6 - 7 = \\ 5 + 6 = \\ 1 - 8 = \\ -4 + 6 = \\ 5 - 6 = \\ 9 - 7 = \\ 2 - 9 = \\ -9 + 0 = \\ 6 - 6 = \\ -2 + 5 = \\ 9 + 4 = \\ -9 + 4 = \\ 6 + 9 = \\ -2 - 5 = \\ -6 - 9 = \end{array}$$

$$\begin{array}{r} 6 + 7 = \\ -5 + 6 = \\ -4 - 0 = \\ -4 + 5 = \\ 0 + 0 = \\ -9 - 9 = \\ -1 + 0 = \\ 6 + 6 = \\ -6 + 5 = \\ -2 - 3 = \\ 6 + 1 = \\ -3 - 5 = \\ -3 + 2 = \\ 7 + 7 = \\ 2 + 1 = \\ -7 + 5 = \\ -2 + 1 = \\ -4 - 5 = \\ 3 - 4 = \\ -9 - 1 = \\ -5 + 2 = \\ -1 + 0 = \\ 4 + 3 = \\ 4 - 3 = \\ 0 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 5 & + & 8 & = & \\
 7 & - & 0 & = & \\
 4 & + & 1 & = & \\
 2 & + & 4 & = & \\
 -6 & - & 7 & = & \\
 -2 & - & 6 & = & \\
 7 & + & 0 & = & \\
 -2 & + & 9 & = & \\
 0 & - & 3 & = & \\
 9 & - & 9 & = & \\
 -2 & + & 7 & = & \\
 1 & + & 8 & = & \\
 -2 & - & 0 & = & \\
 -8 & - & 5 & = & \\
 3 & + & 3 & = & \\
 8 & - & 3 & = & \\
 -1 & - & 4 & = & \\
 -1 & - & 1 & = & \\
 -1 & + & 5 & = & \\
 3 & + & 7 & = & \\
 -4 & - & 9 & = & \\
 2 & - & 3 & = & \\
 1 & - & 9 & = & \\
 -5 & - & 5 & = & \\
 4 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & + & 1 & = & \\
 -5 & - & 1 & = & \\
 6 & - & 4 & = & \\
 6 & + & 5 & = & \\
 6 & + & 1 & = & \\
 -3 & + & 8 & = & \\
 -6 & + & 0 & = & \\
 -1 & - & 5 & = & \\
 5 & - & 9 & = & \\
 -9 & - & 1 & = & \\
 -7 & - & 8 & = & \\
 -4 & - & 4 & = & \\
 -9 & - & 6 & = & \\
 4 & + & 5 & = & \\
 -8 & + & 0 & = & \\
 -8 & - & 0 & = & \\
 -8 & - & 8 & = & \\
 -3 & - & 0 & = & \\
 1 & - & 2 & = & \\
 -4 & - & 8 & = & \\
 6 & - & 3 & = & \\
 7 & + & 1 & = & \\
 -1 & + & 6 & = & \\
 8 & - & 4 & = & \\
 7 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -5 + 8 = \\ -7 + 9 = \\ -2 - 4 = \\ -7 - 0 = \\ 8 - 9 = \\ -7 - 7 = \\ 0 - 4 = \\ 8 + 0 = \\ 7 - 9 = \\ -5 - 9 = \\ -6 + 6 = \\ -6 - 0 = \\ 0 - 8 = \\ 4 - 6 = \\ -5 - 2 = \\ 7 + 5 = \\ -7 + 2 = \\ -7 + 0 = \\ 5 + 5 = \\ 0 + 7 = \\ 4 + 1 = \\ 8 + 4 = \\ -1 - 9 = \\ 0 + 6 = \\ 8 - 9 = \end{array}$$

$$\begin{array}{r} 6 - 8 = \\ 0 - 7 = \\ 7 + 9 = \\ -9 - 1 = \\ 0 - 2 = \\ 7 - 3 = \\ -6 - 6 = \\ 5 - 7 = \\ 4 - 0 = \\ -8 + 3 = \\ -7 - 6 = \\ 1 + 6 = \\ -2 - 3 = \\ 3 + 3 = \\ -4 - 6 = \\ -5 - 7 = \\ -2 + 3 = \\ -2 - 8 = \\ 5 - 7 = \\ 1 + 7 = \\ 3 + 9 = \\ -8 - 1 = \\ -8 - 8 = \\ 9 - 1 = \\ 4 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 2 = \\ 6 + 5 = \\ -2 + 0 = \\ -2 - 3 = \\ 7 + 8 = \\ -3 - 7 = \\ 8 - 4 = \\ 2 + 6 = \\ 0 - 8 = \\ -1 - 8 = \\ 6 + 9 = \\ -7 - 4 = \\ -5 - 0 = \\ -2 - 1 = \\ 3 + 4 = \\ 5 - 9 = \\ -8 + 5 = \\ 6 - 9 = \\ 7 + 3 = \\ 1 + 4 = \\ 3 - 1 = \\ -8 + 6 = \\ -2 + 5 = \\ -1 + 4 = \\ -6 - 1 = \end{array}$$

$$\begin{array}{r} 2 + 0 = \\ -4 - 6 = \\ 3 + 1 = \\ -7 - 7 = \\ -2 - 3 = \\ 2 - 8 = \\ 0 - 2 = \\ 5 + 0 = \\ -5 - 1 = \\ -5 - 6 = \\ -9 + 4 = \\ 7 - 6 = \\ 8 + 2 = \\ 1 + 7 = \\ -8 - 7 = \\ 0 - 9 = \\ -9 + 5 = \\ 5 + 5 = \\ -2 - 5 = \\ -6 + 4 = \\ 5 + 9 = \\ 1 - 1 = \\ 6 - 2 = \\ 5 + 6 = \\ 0 - 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 - 4 = \\ 5 + 1 = \\ 4 - 3 = \\ 4 - 4 = \\ -4 + 2 = \\ 9 + 2 = \\ -3 + 0 = \\ -1 - 1 = \\ 3 + 2 = \\ -9 - 0 = \\ -7 - 7 = \\ -7 + 4 = \\ 0 - 5 = \\ 8 + 9 = \\ 6 - 9 = \\ 8 - 4 = \\ -5 + 7 = \\ -8 - 9 = \\ -9 + 9 = \\ 3 + 7 = \\ 1 + 6 = \\ 2 - 6 = \\ 4 + 9 = \\ 1 - 5 = \\ -1 - 0 = \end{array}$$

$$\begin{array}{r} -7 + 9 = \\ 6 - 9 = \\ -9 + 9 = \\ 0 - 2 = \\ 4 + 2 = \\ 1 + 6 = \\ -8 - 3 = \\ 5 + 1 = \\ 1 - 6 = \\ -2 - 4 = \\ 9 + 9 = \\ -2 - 4 = \\ -1 - 0 = \\ -1 - 1 = \\ 8 + 8 = \\ 2 - 7 = \\ 3 - 7 = \\ -1 + 3 = \\ 2 + 4 = \\ -8 - 1 = \\ -5 - 2 = \\ -4 - 9 = \\ 7 + 8 = \\ 1 + 9 = \\ -3 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 9 + 5 = \\
 7 - 3 = \\
 -5 + 6 = \\
 -7 + 6 = \\
 4 + 1 = \\
 -6 + 1 = \\
 1 - 5 = \\
 6 - 6 = \\
 -2 + 8 = \\
 5 - 4 = \\
 6 - 8 = \\
 0 + 8 = \\
 -7 + 3 = \\
 -1 - 3 = \\
 -1 + 6 = \\
 -2 - 4 = \\
 8 + 9 = \\
 -7 + 4 = \\
 -8 - 7 = \\
 -1 + 1 = \\
 -9 + 7 = \\
 6 - 9 = \\
 4 - 8 = \\
 3 + 5 = \\
 2 - 7 =
 \end{array}$$

$$\begin{array}{r}
 6 - 0 = \\
 4 + 0 = \\
 -5 - 5 = \\
 8 + 0 = \\
 -9 + 2 = \\
 7 - 1 = \\
 1 - 3 = \\
 -1 + 7 = \\
 2 - 7 = \\
 5 + 4 = \\
 -5 + 1 = \\
 5 - 7 = \\
 -8 + 8 = \\
 0 - 6 = \\
 -1 - 1 = \\
 -3 + 7 = \\
 -2 + 4 = \\
 1 - 3 = \\
 -4 - 5 = \\
 2 - 4 = \\
 1 - 9 = \\
 -8 + 1 = \\
 3 + 2 = \\
 -3 - 5 = \\
 5 + 8 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 - 0 = \\ 9 - 0 = \\ 2 - 2 = \\ 3 - 6 = \\ -2 + 4 = \\ -4 - 1 = \\ -4 + 7 = \\ 4 - 7 = \\ 4 - 1 = \\ 1 + 6 = \\ 0 + 7 = \\ 6 - 4 = \\ -1 + 2 = \\ -9 + 1 = \\ -2 - 1 = \\ 7 - 5 = \\ -1 - 8 = \\ 3 + 9 = \\ 2 + 3 = \\ 1 + 0 = \\ -8 - 4 = \\ -2 + 8 = \\ -6 - 6 = \\ -5 + 7 = \\ -6 + 1 = \end{array}$$

$$\begin{array}{r} -9 - 4 = \\ -5 - 9 = \\ 0 - 5 = \\ 4 - 7 = \\ -9 + 5 = \\ -3 + 8 = \\ 8 - 6 = \\ -1 - 7 = \\ 2 - 5 = \\ -5 + 9 = \\ 0 - 0 = \\ -6 - 4 = \\ 6 + 1 = \\ 2 - 0 = \\ -8 - 7 = \\ 0 + 6 = \\ -9 - 8 = \\ 2 + 6 = \\ 3 - 9 = \\ 3 - 3 = \\ 4 - 0 = \\ -8 + 7 = \\ -8 + 1 = \\ -1 - 4 = \\ 5 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -9 - 4 = \\
 -1 - 5 = \\
 -3 + 8 = \\
 -7 + 9 = \\
 -6 + 9 = \\
 2 - 5 = \\
 3 + 8 = \\
 -7 - 7 = \\
 -9 + 9 = \\
 6 + 9 = \\
 2 + 1 = \\
 2 - 8 = \\
 9 + 5 = \\
 3 + 5 = \\
 1 + 9 = \\
 9 + 6 = \\
 6 + 3 = \\
 3 + 2 = \\
 5 - 4 = \\
 -4 + 2 = \\
 -3 - 8 = \\
 -4 - 3 = \\
 6 - 6 = \\
 3 + 5 = \\
 9 + 8 =
 \end{array}$$

$$\begin{array}{r}
 -5 - 8 = \\
 -9 + 1 = \\
 -6 + 3 = \\
 9 + 9 = \\
 -6 + 8 = \\
 7 + 4 = \\
 -8 + 2 = \\
 3 + 8 = \\
 -1 - 4 = \\
 -6 - 4 = \\
 -8 - 9 = \\
 0 + 7 = \\
 -6 - 4 = \\
 -4 + 7 = \\
 3 - 6 = \\
 -6 - 2 = \\
 -3 - 4 = \\
 -2 + 4 = \\
 6 - 3 = \\
 -2 + 2 = \\
 4 - 4 = \\
 -1 + 6 = \\
 8 - 8 = \\
 -2 + 2 = \\
 -5 + 8 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 + 9 = \\ 7 - 4 = \\ -4 + 6 = \\ 5 + 1 = \\ -4 + 6 = \\ 1 + 5 = \\ -3 - 2 = \\ -3 - 7 = \\ 4 - 7 = \\ 2 - 7 = \\ -1 + 7 = \\ 7 + 6 = \\ -8 - 6 = \\ -6 - 2 = \\ -4 - 2 = \\ -9 + 0 = \\ 3 + 5 = \\ -7 - 0 = \\ 3 - 4 = \\ -3 - 3 = \\ -2 + 8 = \\ 8 + 2 = \\ -5 + 8 = \\ 8 - 5 = \\ -3 - 1 = \end{array}$$

$$\begin{array}{r} -1 - 6 = \\ 2 + 1 = \\ 9 + 3 = \\ 3 + 1 = \\ -2 - 9 = \\ 7 - 2 = \\ -1 - 5 = \\ -9 - 9 = \\ -3 + 0 = \\ 1 - 3 = \\ -4 + 9 = \\ -3 + 2 = \\ 1 - 9 = \\ -7 - 5 = \\ -7 - 8 = \\ 7 + 0 = \\ -6 + 7 = \\ 9 + 9 = \\ -5 + 9 = \\ 4 + 6 = \\ 6 - 5 = \\ 8 + 2 = \\ 3 + 5 = \\ -7 - 5 = \\ 7 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & - & 3 & = & \\
 1 & - & 7 & = & \\
 -5 & + & 6 & = & \\
 1 & - & 3 & = & \\
 -7 & - & 5 & = & \\
 -6 & + & 0 & = & \\
 9 & - & 8 & = & \\
 5 & + & 7 & = & \\
 -6 & - & 6 & = & \\
 -6 & - & 4 & = & \\
 2 & - & 0 & = & \\
 -1 & - & 0 & = & \\
 6 & - & 6 & = & \\
 -1 & - & 8 & = & \\
 0 & - & 8 & = & \\
 4 & + & 9 & = & \\
 3 & - & 6 & = & \\
 -5 & + & 4 & = & \\
 -2 & - & 0 & = & \\
 8 & + & 6 & = & \\
 -7 & - & 5 & = & \\
 -9 & - & 4 & = & \\
 8 & - & 3 & = & \\
 9 & - & 5 & = & \\
 -9 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & + & 6 & = & \\
 7 & + & 4 & = & \\
 4 & - & 5 & = & \\
 -2 & + & 5 & = & \\
 -5 & + & 2 & = & \\
 -4 & + & 7 & = & \\
 8 & - & 2 & = & \\
 -7 & - & 2 & = & \\
 8 & + & 0 & = & \\
 7 & - & 7 & = & \\
 2 & - & 8 & = & \\
 -7 & + & 6 & = & \\
 -3 & - & 5 & = & \\
 7 & + & 0 & = & \\
 -3 & - & 5 & = & \\
 4 & - & 9 & = & \\
 6 & - & 7 & = & \\
 -3 & + & 7 & = & \\
 -1 & + & 3 & = & \\
 6 & - & 2 & = & \\
 -4 & + & 2 & = & \\
 -7 & - & 2 & = & \\
 4 & - & 8 & = & \\
 2 & - & 8 & = & \\
 7 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 + 0 = \\ -4 - 5 = \\ -2 + 3 = \\ 2 - 7 = \\ 2 + 5 = \\ -3 - 4 = \\ -7 - 2 = \\ -4 + 6 = \\ 0 - 7 = \\ 7 + 0 = \\ -2 - 7 = \\ -3 + 5 = \\ -4 + 2 = \\ 8 + 0 = \\ -5 + 9 = \\ 9 - 5 = \\ 5 - 4 = \\ 5 + 0 = \\ 7 - 2 = \\ -7 + 3 = \\ -9 - 9 = \\ -3 + 5 = \\ 6 + 2 = \\ 1 + 2 = \\ -7 + 0 = \end{array}$$

$$\begin{array}{r} 3 + 0 = \\ -8 + 7 = \\ -1 + 4 = \\ 5 - 5 = \\ -7 + 7 = \\ -5 - 3 = \\ -2 + 8 = \\ -9 - 0 = \\ -6 + 8 = \\ -7 + 2 = \\ 4 + 3 = \\ 5 - 5 = \\ -1 - 8 = \\ 9 - 0 = \\ 5 + 3 = \\ 6 - 6 = \\ 2 + 6 = \\ -9 + 2 = \\ 5 + 1 = \\ 3 - 0 = \\ 4 + 9 = \\ -3 - 0 = \\ -9 + 2 = \\ -8 - 2 = \\ 1 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$3 - 4 =$

$0 + 4 =$

$9 + 7 =$

$7 - 9 =$

$4 + 4 =$

$-4 - 9 =$

$3 - 2 =$

$9 - 5 =$

$8 - 3 =$

$6 + 1 =$

$1 + 5 =$

$7 - 2 =$

$3 + 3 =$

$-7 + 2 =$

$-8 - 7 =$

$-7 - 2 =$

$1 - 3 =$

$-7 - 3 =$

$-6 - 5 =$

$4 - 9 =$

$-9 + 7 =$

$-9 + 1 =$

$-4 + 4 =$

$7 - 0 =$

$-9 - 9 =$

$-5 + 6 =$

$-4 - 4 =$

$3 - 0 =$

$-1 - 9 =$

$-3 + 1 =$

$-5 + 5 =$

$-5 + 7 =$

$-3 + 7 =$

$2 + 8 =$

$-5 + 5 =$

$6 + 4 =$

$5 + 7 =$

$5 + 2 =$

$8 - 6 =$

$-8 - 8 =$

$6 - 6 =$

$-7 - 9 =$

$1 - 5 =$

$-1 - 5 =$

$7 + 2 =$

$9 - 2 =$

$9 + 3 =$

$3 + 9 =$

$4 - 5 =$

$8 - 2 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -6 & + & 1 & = & \\
 6 & + & 9 & = & \\
 -1 & + & 7 & = & \\
 -4 & + & 2 & = & \\
 2 & - & 3 & = & \\
 4 & - & 5 & = & \\
 -3 & + & 1 & = & \\
 -2 & - & 1 & = & \\
 5 & - & 5 & = & \\
 -9 & - & 3 & = & \\
 -4 & + & 4 & = & \\
 7 & - & 0 & = & \\
 -1 & - & 1 & = & \\
 -1 & - & 8 & = & \\
 7 & - & 9 & = & \\
 9 & - & 4 & = & \\
 -7 & - & 4 & = & \\
 3 & + & 4 & = & \\
 3 & + & 0 & = & \\
 -1 & - & 8 & = & \\
 2 & + & 2 & = & \\
 2 & + & 4 & = & \\
 1 & + & 6 & = & \\
 8 & - & 3 & = & \\
 7 & + & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 8 & = & \\
 -7 & - & 4 & = & \\
 2 & - & 6 & = & \\
 0 & - & 4 & = & \\
 -5 & + & 8 & = & \\
 2 & + & 5 & = & \\
 -5 & + & 3 & = & \\
 9 & - & 7 & = & \\
 3 & + & 4 & = & \\
 -2 & - & 3 & = & \\
 9 & + & 2 & = & \\
 8 & - & 6 & = & \\
 3 & - & 4 & = & \\
 0 & + & 1 & = & \\
 6 & + & 2 & = & \\
 -1 & + & 1 & = & \\
 1 & - & 0 & = & \\
 6 & - & 7 & = & \\
 3 & - & 3 & = & \\
 -9 & + & 8 & = & \\
 8 & - & 9 & = & \\
 5 & + & 5 & = & \\
 6 & + & 8 & = & \\
 0 & + & 1 & = & \\
 8 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 4 & - & 0 & = & \\
 -4 & - & 2 & = & \\
 -5 & - & 6 & = & \\
 5 & - & 1 & = & \\
 -8 & - & 2 & = & \\
 8 & - & 7 & = & \\
 3 & - & 4 & = & \\
 -6 & + & 8 & = & \\
 6 & - & 3 & = & \\
 -2 & - & 8 & = & \\
 4 & + & 7 & = & \\
 5 & - & 0 & = & \\
 -2 & + & 5 & = & \\
 4 & + & 0 & = & \\
 9 & - & 9 & = & \\
 5 & - & 0 & = & \\
 -3 & - & 9 & = & \\
 -3 & - & 5 & = & \\
 -2 & + & 1 & = & \\
 -4 & + & 9 & = & \\
 -5 & - & 8 & = & \\
 5 & + & 1 & = & \\
 -3 & + & 1 & = & \\
 -7 & - & 4 & = & \\
 0 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 8 & - & 3 & = & \\
 2 & - & 6 & = & \\
 -2 & + & 2 & = & \\
 -6 & + & 5 & = & \\
 9 & - & 5 & = & \\
 -6 & - & 4 & = & \\
 -8 & + & 4 & = & \\
 -5 & - & 0 & = & \\
 -1 & - & 3 & = & \\
 -1 & + & 9 & = & \\
 -1 & + & 8 & = & \\
 0 & + & 3 & = & \\
 4 & - & 6 & = & \\
 2 & - & 2 & = & \\
 -4 & - & 3 & = & \\
 6 & + & 4 & = & \\
 6 & - & 8 & = & \\
 -2 & - & 0 & = & \\
 -4 & - & 3 & = & \\
 -6 & + & 9 & = & \\
 3 & - & 2 & = & \\
 0 & - & 2 & = & \\
 -4 & - & 0 & = & \\
 -3 & - & 2 & = & \\
 0 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 1 & + & 2 & = & \\
 -9 & + & 8 & = & \\
 7 & - & 0 & = & \\
 2 & + & 0 & = & \\
 -6 & + & 9 & = & \\
 5 & + & 5 & = & \\
 4 & + & 0 & = & \\
 4 & - & 1 & = & \\
 -9 & - & 4 & = & \\
 6 & - & 5 & = & \\
 2 & - & 0 & = & \\
 -1 & - & 8 & = & \\
 -8 & - & 8 & = & \\
 -1 & + & 5 & = & \\
 -5 & - & 7 & = & \\
 7 & - & 6 & = & \\
 6 & - & 3 & = & \\
 1 & + & 9 & = & \\
 2 & + & 3 & = & \\
 -9 & - & 4 & = & \\
 1 & - & 6 & = & \\
 1 & - & 8 & = & \\
 9 & - & 3 & = & \\
 -5 & - & 4 & = & \\
 0 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & + & 6 & = & \\
 7 & - & 6 & = & \\
 3 & - & 0 & = & \\
 2 & - & 1 & = & \\
 1 & - & 2 & = & \\
 1 & - & 5 & = & \\
 8 & - & 8 & = & \\
 0 & + & 1 & = & \\
 3 & - & 1 & = & \\
 7 & - & 4 & = & \\
 -5 & + & 3 & = & \\
 3 & + & 9 & = & \\
 7 & + & 6 & = & \\
 4 & + & 7 & = & \\
 -5 & - & 4 & = & \\
 5 & + & 2 & = & \\
 6 & + & 4 & = & \\
 1 & + & 1 & = & \\
 8 & - & 4 & = & \\
 5 & - & 6 & = & \\
 5 & + & 0 & = & \\
 3 & - & 0 & = & \\
 3 & - & 4 & = & \\
 0 & - & 2 & = & \\
 -8 & - & 4 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 5 & + & 5 & = & \\
 -3 & + & 4 & = & \\
 -6 & - & 9 & = & \\
 -2 & - & 4 & = & \\
 0 & + & 2 & = & \\
 -7 & - & 1 & = & \\
 0 & + & 8 & = & \\
 -8 & + & 7 & = & \\
 -9 & - & 4 & = & \\
 -9 & - & 4 & = & \\
 4 & - & 2 & = & \\
 -4 & - & 0 & = & \\
 1 & - & 9 & = & \\
 4 & - & 3 & = & \\
 -8 & + & 9 & = & \\
 -2 & - & 4 & = & \\
 -6 & + & 3 & = & \\
 -1 & + & 3 & = & \\
 -8 & + & 7 & = & \\
 -1 & - & 8 & = & \\
 9 & + & 6 & = & \\
 8 & - & 6 & = & \\
 9 & - & 4 & = & \\
 7 & - & 0 & = & \\
 3 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 4 & - & 4 & = & \\
 -9 & + & 3 & = & \\
 -8 & + & 2 & = & \\
 -3 & - & 9 & = & \\
 3 & - & 2 & = & \\
 2 & + & 2 & = & \\
 0 & - & 8 & = & \\
 5 & + & 6 & = & \\
 -2 & - & 6 & = & \\
 -6 & - & 7 & = & \\
 -5 & - & 1 & = & \\
 -6 & - & 7 & = & \\
 0 & - & 3 & = & \\
 7 & - & 3 & = & \\
 5 & + & 6 & = & \\
 0 & - & 6 & = & \\
 -8 & + & 2 & = & \\
 -9 & + & 3 & = & \\
 0 & + & 3 & = & \\
 -7 & + & 8 & = & \\
 -3 & + & 3 & = & \\
 7 & - & 8 & = & \\
 3 & + & 5 & = & \\
 1 & + & 0 & = & \\
 8 & + & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 2 & + & 2 & = & \\
 -6 & + & 7 & = & \\
 9 & + & 1 & = & \\
 -7 & + & 7 & = & \\
 -2 & - & 5 & = & \\
 -2 & + & 2 & = & \\
 -8 & - & 9 & = & \\
 4 & - & 5 & = & \\
 8 & + & 0 & = & \\
 -1 & - & 5 & = & \\
 1 & - & 8 & = & \\
 5 & - & 4 & = & \\
 -5 & + & 1 & = & \\
 6 & + & 5 & = & \\
 -3 & - & 1 & = & \\
 0 & + & 2 & = & \\
 4 & + & 1 & = & \\
 3 & - & 9 & = & \\
 -3 & + & 4 & = & \\
 8 & + & 2 & = & \\
 5 & - & 6 & = & \\
 8 & - & 5 & = & \\
 2 & - & 9 & = & \\
 -7 & - & 4 & = & \\
 8 & + & 4 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & + & 9 & = & \\
 4 & - & 4 & = & \\
 -2 & - & 5 & = & \\
 0 & - & 7 & = & \\
 -1 & - & 7 & = & \\
 -8 & + & 9 & = & \\
 7 & - & 2 & = & \\
 0 & - & 6 & = & \\
 -9 & - & 8 & = & \\
 3 & - & 6 & = & \\
 -6 & - & 2 & = & \\
 -3 & + & 4 & = & \\
 -9 & - & 7 & = & \\
 1 & + & 9 & = & \\
 6 & + & 6 & = & \\
 2 & + & 5 & = & \\
 5 & + & 7 & = & \\
 -3 & + & 6 & = & \\
 8 & - & 1 & = & \\
 0 & + & 5 & = & \\
 0 & + & 7 & = & \\
 0 & - & 0 & = & \\
 0 & - & 8 & = & \\
 -6 & - & 0 & = & \\
 2 & + & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 + 7 = \\ -2 - 2 = \\ -1 - 8 = \\ 7 - 0 = \\ 5 + 8 = \\ 7 - 6 = \\ 7 - 6 = \\ 2 - 1 = \\ -5 - 1 = \\ 7 + 0 = \\ -4 - 2 = \\ -1 + 7 = \\ 7 - 7 = \\ -4 + 4 = \\ -1 + 4 = \\ -6 + 1 = \\ -5 - 8 = \\ 1 + 3 = \\ 3 + 6 = \\ -5 - 5 = \\ 0 + 0 = \\ 7 + 0 = \\ 8 - 3 = \\ -5 + 9 = \\ -3 - 2 = \end{array}$$

$$\begin{array}{r} -5 - 3 = \\ 4 - 5 = \\ 9 + 0 = \\ 3 - 5 = \\ 2 - 1 = \\ -7 + 0 = \\ -3 - 3 = \\ -8 + 8 = \\ 6 - 3 = \\ -5 - 6 = \\ 4 - 9 = \\ -3 + 8 = \\ 0 + 6 = \\ -7 + 7 = \\ -9 - 4 = \\ 6 + 1 = \\ -1 + 1 = \\ 0 + 5 = \\ 1 + 2 = \\ -9 - 9 = \\ -4 + 3 = \\ -6 - 9 = \\ -8 - 0 = \\ 9 + 9 = \\ 7 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & + & 1 & = & \\
 8 & - & 2 & = & \\
 -8 & - & 1 & = & \\
 8 & + & 9 & = & \\
 9 & + & 4 & = & \\
 5 & + & 3 & = & \\
 -2 & + & 5 & = & \\
 -7 & + & 6 & = & \\
 -5 & + & 5 & = & \\
 2 & + & 7 & = & \\
 0 & + & 4 & = & \\
 0 & - & 0 & = & \\
 -2 & + & 9 & = & \\
 -3 & + & 1 & = & \\
 0 & - & 4 & = & \\
 -6 & + & 0 & = & \\
 9 & + & 1 & = & \\
 8 & - & 2 & = & \\
 3 & - & 9 & = & \\
 8 & + & 8 & = & \\
 0 & - & 2 & = & \\
 7 & + & 7 & = & \\
 8 & - & 9 & = & \\
 4 & + & 0 & = & \\
 7 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 8 & - & 7 & = & \\
 4 & - & 1 & = & \\
 -4 & - & 9 & = & \\
 1 & + & 1 & = & \\
 -1 & + & 2 & = & \\
 2 & + & 1 & = & \\
 -2 & - & 0 & = & \\
 5 & - & 8 & = & \\
 3 & - & 0 & = & \\
 -8 & + & 4 & = & \\
 8 & + & 3 & = & \\
 -3 & + & 2 & = & \\
 0 & - & 6 & = & \\
 3 & - & 3 & = & \\
 5 & - & 0 & = & \\
 -5 & + & 4 & = & \\
 -1 & + & 4 & = & \\
 -8 & + & 3 & = & \\
 8 & - & 5 & = & \\
 -8 & + & 0 & = & \\
 1 & - & 6 & = & \\
 -7 & - & 3 & = & \\
 2 & - & 2 & = & \\
 3 & + & 4 & = & \\
 -8 & + & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 8 - 2 = \\ -3 + 0 = \\ 6 - 1 = \\ 9 + 1 = \\ -5 + 3 = \\ -7 + 6 = \\ -5 - 3 = \\ 4 + 7 = \\ 7 - 5 = \\ 3 - 2 = \\ 9 - 7 = \\ -1 - 8 = \\ 6 - 7 = \\ -5 + 6 = \\ 6 - 8 = \\ -6 - 7 = \\ 4 + 0 = \\ -6 + 1 = \\ 2 + 3 = \\ -4 - 5 = \\ -8 + 7 = \\ 3 + 8 = \\ 5 + 5 = \\ -6 + 3 = \\ 2 - 7 = \end{array}$$

$$\begin{array}{r} 5 + 5 = \\ -4 - 9 = \\ 2 - 2 = \\ -4 + 3 = \\ -2 - 4 = \\ 5 + 8 = \\ -3 - 9 = \\ -4 - 3 = \\ -7 + 6 = \\ -1 - 6 = \\ 9 - 0 = \\ -3 - 4 = \\ 3 - 3 = \\ 0 - 5 = \\ 6 - 9 = \\ -6 - 0 = \\ 5 - 9 = \\ -7 - 4 = \\ 0 + 5 = \\ 5 - 0 = \\ 3 - 7 = \\ -5 + 8 = \\ 2 - 8 = \\ -9 + 3 = \\ 4 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 8 & + & 1 & = & \\
 -8 & + & 7 & = & \\
 -2 & - & 2 & = & \\
 0 & - & 4 & = & \\
 -1 & + & 8 & = & \\
 -1 & + & 4 & = & \\
 4 & - & 7 & = & \\
 -1 & - & 8 & = & \\
 -7 & + & 5 & = & \\
 -2 & + & 4 & = & \\
 -9 & - & 9 & = & \\
 7 & + & 8 & = & \\
 -7 & + & 8 & = & \\
 -7 & - & 6 & = & \\
 -8 & + & 5 & = & \\
 0 & - & 6 & = & \\
 -5 & + & 4 & = & \\
 5 & + & 3 & = & \\
 5 & + & 8 & = & \\
 9 & + & 3 & = & \\
 7 & - & 7 & = & \\
 9 & + & 5 & = & \\
 -8 & + & 1 & = & \\
 1 & - & 4 & = & \\
 0 & + & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 8 & - & 3 & = & \\
 7 & + & 9 & = & \\
 -3 & - & 6 & = & \\
 8 & - & 0 & = & \\
 -5 & + & 6 & = & \\
 9 & + & 2 & = & \\
 0 & + & 4 & = & \\
 9 & - & 6 & = & \\
 -1 & + & 6 & = & \\
 -8 & + & 8 & = & \\
 7 & - & 3 & = & \\
 5 & - & 7 & = & \\
 2 & - & 1 & = & \\
 -8 & + & 1 & = & \\
 3 & - & 5 & = & \\
 -3 & - & 6 & = & \\
 2 & - & 0 & = & \\
 8 & + & 0 & = & \\
 3 & + & 8 & = & \\
 -9 & + & 8 & = & \\
 9 & - & 4 & = & \\
 2 & - & 4 & = & \\
 -7 & + & 6 & = & \\
 -3 & + & 1 & = & \\
 3 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$3 + 9 =$

$7 - 9 =$

$-3 - 1 =$

$8 - 6 =$

$5 - 0 =$

$1 + 0 =$

$-7 + 6 =$

$-7 + 2 =$

$-6 - 0 =$

$6 + 9 =$

$7 - 8 =$

$0 + 6 =$

$-3 + 7 =$

$8 + 4 =$

$-3 - 2 =$

$1 - 3 =$

$-9 - 9 =$

$8 + 1 =$

$4 + 2 =$

$7 - 2 =$

$1 - 4 =$

$0 + 1 =$

$7 + 0 =$

$5 + 9 =$

$-5 - 6 =$

$-9 + 9 =$

$-9 + 0 =$

$1 + 4 =$

$2 - 4 =$

$6 - 4 =$

$6 - 7 =$

$8 - 3 =$

$-4 - 7 =$

$-2 + 4 =$

$-1 - 5 =$

$8 + 4 =$

$6 - 8 =$

$-9 + 2 =$

$-7 + 6 =$

$5 - 6 =$

$-4 - 1 =$

$-3 + 9 =$

$-4 - 0 =$

$0 - 3 =$

$-7 + 5 =$

$-2 - 1 =$

$-9 + 0 =$

$9 - 8 =$

$3 + 0 =$

$-1 - 8 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 9 = \\ -6 - 7 = \\ 0 + 2 = \\ 0 - 3 = \\ -6 + 7 = \\ -6 - 4 = \\ 6 - 3 = \\ -5 - 9 = \\ -8 - 0 = \\ 9 - 9 = \\ 6 - 1 = \\ 8 + 9 = \\ 7 + 0 = \\ 9 + 7 = \\ -6 + 1 = \\ -1 - 4 = \\ -9 - 4 = \\ -4 + 0 = \\ -2 - 6 = \\ -7 + 5 = \\ 6 - 1 = \\ -8 + 6 = \\ 3 - 0 = \\ -4 - 4 = \\ 8 - 3 = \end{array}$$

$$\begin{array}{r} 2 - 3 = \\ 6 + 0 = \\ 6 - 3 = \\ 7 + 7 = \\ 5 - 4 = \\ 4 - 4 = \\ 0 + 7 = \\ -4 + 0 = \\ -6 - 0 = \\ -5 - 5 = \\ -9 + 6 = \\ -4 + 3 = \\ -7 - 5 = \\ 2 + 3 = \\ 6 - 7 = \\ 2 - 1 = \\ 3 - 2 = \\ -4 - 2 = \\ 1 - 1 = \\ 5 - 6 = \\ -2 - 6 = \\ -4 + 2 = \\ -5 + 5 = \\ -7 - 5 = \\ 5 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 8 + 5 = \\
 -1 - 2 = \\
 2 + 2 = \\
 9 + 5 = \\
 -9 - 9 = \\
 -9 + 1 = \\
 -3 - 6 = \\
 3 + 7 = \\
 -1 - 0 = \\
 -2 + 8 = \\
 2 + 0 = \\
 3 + 6 = \\
 -2 + 0 = \\
 -3 - 6 = \\
 4 + 6 = \\
 -6 - 4 = \\
 -4 - 6 = \\
 3 - 3 = \\
 -2 - 4 = \\
 3 + 3 = \\
 0 + 2 = \\
 8 + 9 = \\
 0 - 8 = \\
 -4 - 2 = \\
 -1 + 8 =
 \end{array}$$

$$\begin{array}{r}
 2 - 2 = \\
 -5 - 7 = \\
 6 + 0 = \\
 6 + 7 = \\
 -1 + 5 = \\
 -5 - 3 = \\
 -5 + 7 = \\
 -5 + 3 = \\
 8 + 0 = \\
 -5 - 9 = \\
 2 + 4 = \\
 0 - 9 = \\
 -5 + 3 = \\
 -1 + 7 = \\
 5 - 0 = \\
 -1 - 9 = \\
 -8 - 0 = \\
 0 - 8 = \\
 -5 - 2 = \\
 6 - 9 = \\
 9 + 6 = \\
 8 + 3 = \\
 -7 + 1 = \\
 5 + 1 = \\
 -7 - 6 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & + & 5 & = & \\
 -2 & - & 1 & = & \\
 3 & - & 7 & = & \\
 6 & - & 9 & = & \\
 -2 & + & 5 & = & \\
 -4 & + & 7 & = & \\
 9 & + & 3 & = & \\
 3 & + & 5 & = & \\
 -4 & - & 2 & = & \\
 -1 & + & 0 & = & \\
 -3 & + & 4 & = & \\
 -2 & - & 8 & = & \\
 -5 & + & 9 & = & \\
 6 & + & 3 & = & \\
 -9 & + & 5 & = & \\
 -1 & - & 0 & = & \\
 9 & + & 4 & = & \\
 7 & + & 6 & = & \\
 -8 & + & 0 & = & \\
 3 & + & 4 & = & \\
 3 & + & 9 & = & \\
 7 & - & 5 & = & \\
 9 & + & 9 & = & \\
 5 & + & 1 & = & \\
 1 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 7 & = & \\
 1 & - & 2 & = & \\
 -9 & - & 5 & = & \\
 -3 & - & 6 & = & \\
 -8 & - & 4 & = & \\
 9 & - & 0 & = & \\
 -4 & - & 6 & = & \\
 7 & + & 6 & = & \\
 -6 & - & 5 & = & \\
 9 & + & 1 & = & \\
 3 & - & 2 & = & \\
 5 & - & 3 & = & \\
 -1 & - & 7 & = & \\
 9 & - & 1 & = & \\
 -2 & + & 5 & = & \\
 -6 & - & 5 & = & \\
 1 & + & 4 & = & \\
 1 & - & 8 & = & \\
 -5 & + & 4 & = & \\
 1 & - & 3 & = & \\
 3 & - & 7 & = & \\
 -3 & - & 9 & = & \\
 5 & - & 0 & = & \\
 -1 & + & 3 & = & \\
 -9 & - & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -1 - 2 = \\ -4 + 5 = \\ 7 - 4 = \\ 9 + 3 = \\ 5 + 8 = \\ 4 + 1 = \\ -2 + 2 = \\ -3 - 1 = \\ -5 - 2 = \\ -2 + 9 = \\ -4 - 3 = \\ -5 + 1 = \\ 4 - 7 = \\ 0 + 0 = \\ -9 - 3 = \\ 5 - 2 = \\ -6 + 1 = \\ -7 - 4 = \\ 6 + 9 = \\ 9 - 5 = \\ 1 - 4 = \\ -1 - 8 = \\ 4 + 0 = \\ -3 + 6 = \\ -2 + 7 = \end{array}$$

$$\begin{array}{r} -4 + 8 = \\ 9 - 9 = \\ -2 + 0 = \\ 0 + 5 = \\ -7 + 4 = \\ 6 - 5 = \\ -1 + 6 = \\ -8 + 5 = \\ 8 + 6 = \\ 3 - 6 = \\ -5 - 9 = \\ -9 + 2 = \\ 9 + 7 = \\ -6 - 1 = \\ -2 + 2 = \\ 6 + 1 = \\ 7 - 1 = \\ -6 - 1 = \\ -3 + 2 = \\ -2 - 1 = \\ 3 - 5 = \\ 2 + 6 = \\ 3 - 3 = \\ -2 + 7 = \\ 1 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 - 7 = \\ 0 + 0 = \\ 8 + 6 = \\ -2 - 3 = \\ -1 + 3 = \\ 3 + 6 = \\ 2 + 5 = \\ 0 - 7 = \\ -6 - 7 = \\ 0 - 8 = \\ -6 - 8 = \\ 4 - 5 = \\ -6 + 0 = \\ -9 - 0 = \\ -5 - 2 = \\ 6 + 0 = \\ 9 - 6 = \\ -5 - 7 = \\ -7 + 0 = \\ 4 - 2 = \\ 8 + 5 = \\ 8 - 3 = \\ 7 - 1 = \\ 4 - 5 = \\ -3 - 0 = \end{array}$$

$$\begin{array}{r} 8 + 6 = \\ 4 + 2 = \\ -3 + 5 = \\ -9 - 4 = \\ 7 - 7 = \\ -4 + 3 = \\ 2 - 8 = \\ -7 - 3 = \\ -9 - 7 = \\ -1 + 4 = \\ 6 + 4 = \\ 7 + 2 = \\ -8 + 5 = \\ 1 - 3 = \\ -9 + 6 = \\ 4 + 9 = \\ -5 - 8 = \\ -1 - 0 = \\ 6 + 3 = \\ -9 - 7 = \\ 3 - 5 = \\ -5 + 3 = \\ -7 + 3 = \\ -3 - 5 = \\ 3 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 - 6 = \\ -6 + 0 = \\ 8 - 9 = \\ -4 + 8 = \\ 8 - 9 = \\ -8 + 1 = \\ 8 + 0 = \\ 5 + 3 = \\ 7 + 6 = \\ -4 + 6 = \\ 4 - 0 = \\ 3 + 1 = \\ -8 - 5 = \\ -6 + 6 = \\ 7 + 4 = \\ -3 + 5 = \\ 2 - 3 = \\ -3 - 3 = \\ -3 - 9 = \\ 6 + 8 = \\ 4 - 6 = \\ 4 - 7 = \\ -6 - 7 = \\ 1 - 7 = \\ 3 + 7 = \end{array}$$

$$\begin{array}{r} -1 + 1 = \\ -6 + 0 = \\ 1 + 3 = \\ -5 + 3 = \\ -3 + 4 = \\ 3 - 6 = \\ -4 - 8 = \\ -5 + 5 = \\ -9 + 1 = \\ 4 - 4 = \\ 4 - 4 = \\ 1 - 8 = \\ -4 - 8 = \\ -2 + 0 = \\ -3 - 0 = \\ -6 + 4 = \\ 7 - 0 = \\ 8 - 2 = \\ 3 - 2 = \\ -8 + 9 = \\ 6 - 0 = \\ 7 + 0 = \\ -1 + 6 = \\ -6 - 0 = \\ -4 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 + 7 = \\ -8 + 5 = \\ -7 - 6 = \\ 2 - 3 = \\ 5 - 2 = \\ -6 - 1 = \\ 2 + 3 = \\ 7 + 0 = \\ 4 - 8 = \\ -2 + 4 = \\ -3 + 9 = \\ 4 + 9 = \\ 4 + 3 = \\ 4 + 8 = \\ 2 - 7 = \\ 3 + 1 = \\ -8 + 2 = \\ 9 + 9 = \\ -2 - 1 = \\ -2 + 2 = \\ 4 - 3 = \\ 2 - 0 = \\ -3 + 1 = \\ -2 + 5 = \\ 8 - 1 = \end{array}$$

$$\begin{array}{r} 5 - 9 = \\ 2 + 9 = \\ 2 + 0 = \\ 5 + 8 = \\ -6 - 3 = \\ 7 - 0 = \\ 8 + 8 = \\ 2 - 3 = \\ 5 + 4 = \\ -7 - 3 = \\ 9 + 1 = \\ -6 + 8 = \\ 9 + 8 = \\ -4 - 0 = \\ -1 + 9 = \\ 8 - 2 = \\ 2 + 1 = \\ -4 - 6 = \\ 5 - 3 = \\ -1 - 8 = \\ 0 - 3 = \\ -9 + 3 = \\ 4 - 1 = \\ -2 - 6 = \\ 2 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -3 & - & 3 & = & \\
 7 & + & 0 & = & \\
 -1 & + & 4 & = & \\
 -8 & + & 1 & = & \\
 7 & + & 0 & = & \\
 6 & + & 2 & = & \\
 -2 & + & 6 & = & \\
 7 & + & 3 & = & \\
 4 & + & 1 & = & \\
 -7 & + & 0 & = & \\
 9 & + & 6 & = & \\
 8 & - & 8 & = & \\
 -3 & + & 5 & = & \\
 1 & - & 0 & = & \\
 -1 & + & 0 & = & \\
 -1 & + & 8 & = & \\
 -9 & - & 8 & = & \\
 0 & + & 6 & = & \\
 8 & + & 9 & = & \\
 7 & + & 8 & = & \\
 6 & + & 7 & = & \\
 -3 & - & 0 & = & \\
 -9 & - & 5 & = & \\
 0 & + & 3 & = & \\
 8 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & + & 4 & = & \\
 0 & - & 1 & = & \\
 1 & - & 6 & = & \\
 7 & + & 2 & = & \\
 4 & - & 4 & = & \\
 -1 & - & 4 & = & \\
 -3 & + & 4 & = & \\
 -3 & + & 2 & = & \\
 2 & - & 4 & = & \\
 6 & - & 8 & = & \\
 -2 & - & 3 & = & \\
 6 & + & 4 & = & \\
 -3 & - & 3 & = & \\
 8 & - & 0 & = & \\
 5 & + & 2 & = & \\
 -6 & + & 1 & = & \\
 9 & + & 9 & = & \\
 8 & - & 1 & = & \\
 9 & - & 6 & = & \\
 5 & - & 7 & = & \\
 8 & + & 3 & = & \\
 5 & - & 3 & = & \\
 3 & - & 4 & = & \\
 6 & + & 1 & = & \\
 1 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -2 & + & 2 & = & \\
 -2 & + & 5 & = & \\
 -9 & + & 1 & = & \\
 2 & + & 1 & = & \\
 8 & - & 2 & = & \\
 7 & + & 6 & = & \\
 5 & - & 7 & = & \\
 2 & - & 6 & = & \\
 -7 & + & 6 & = & \\
 -7 & + & 1 & = & \\
 9 & + & 7 & = & \\
 -2 & - & 5 & = & \\
 0 & - & 9 & = & \\
 2 & - & 8 & = & \\
 6 & - & 2 & = & \\
 -8 & - & 4 & = & \\
 5 & - & 5 & = & \\
 9 & + & 8 & = & \\
 0 & + & 9 & = & \\
 5 & - & 5 & = & \\
 -8 & - & 4 & = & \\
 -6 & - & 0 & = & \\
 4 & + & 3 & = & \\
 -4 & + & 3 & = & \\
 -3 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -3 & - & 9 & = & \\
 0 & + & 8 & = & \\
 0 & - & 3 & = & \\
 -5 & + & 9 & = & \\
 0 & + & 7 & = & \\
 -8 & + & 0 & = & \\
 0 & + & 8 & = & \\
 -7 & - & 2 & = & \\
 -4 & + & 4 & = & \\
 -7 & + & 2 & = & \\
 0 & + & 9 & = & \\
 1 & - & 5 & = & \\
 -5 & + & 4 & = & \\
 -3 & - & 0 & = & \\
 7 & - & 7 & = & \\
 -4 & - & 0 & = & \\
 1 & + & 1 & = & \\
 0 & - & 4 & = & \\
 9 & - & 2 & = & \\
 -3 & + & 3 & = & \\
 7 & + & 0 & = & \\
 5 & - & 2 & = & \\
 6 & - & 1 & = & \\
 -2 & + & 3 & = & \\
 -6 & - & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 + 6 = \\ -5 - 1 = \\ -9 - 1 = \\ -7 - 8 = \\ -5 - 3 = \\ 7 + 3 = \\ -4 + 0 = \\ 9 - 7 = \\ 1 - 5 = \\ 3 - 0 = \\ 3 - 5 = \\ -8 - 9 = \\ 9 + 6 = \\ -8 - 6 = \\ 2 + 8 = \\ -3 + 1 = \\ -2 + 8 = \\ -5 - 6 = \\ -2 - 6 = \\ -7 - 9 = \\ 4 - 2 = \\ 3 + 0 = \\ 8 - 2 = \\ 7 + 5 = \\ -2 + 4 = \end{array}$$

$$\begin{array}{r} 7 + 8 = \\ 0 + 0 = \\ 6 - 8 = \\ 4 + 8 = \\ -8 - 3 = \\ 3 - 3 = \\ -4 - 9 = \\ -6 + 1 = \\ 8 + 5 = \\ -1 - 1 = \\ 5 - 9 = \\ 3 - 8 = \\ 9 - 1 = \\ -3 + 9 = \\ 8 - 5 = \\ 1 + 8 = \\ 3 + 0 = \\ 4 + 3 = \\ 9 - 7 = \\ -6 + 5 = \\ 0 + 1 = \\ 6 - 2 = \\ -4 + 9 = \\ 3 - 6 = \\ -3 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 4 - 7 = \\ -5 - 8 = \\ -7 + 7 = \\ -7 - 7 = \\ 2 - 6 = \\ 0 + 5 = \\ -5 + 0 = \\ 9 - 9 = \\ 8 + 1 = \\ 6 - 8 = \\ -6 + 1 = \\ -8 + 5 = \\ -4 + 8 = \\ -7 + 3 = \\ 6 + 4 = \\ -5 + 3 = \\ -3 - 9 = \\ -9 + 1 = \\ 9 - 5 = \\ -7 - 0 = \\ 6 - 7 = \\ 7 - 2 = \\ -2 + 6 = \\ -1 + 8 = \\ 8 + 6 = \end{array}$$

$$\begin{array}{r} 7 - 2 = \\ -6 + 4 = \\ 8 + 1 = \\ 5 + 4 = \\ -7 - 9 = \\ 5 - 7 = \\ 6 - 1 = \\ -8 - 7 = \\ 2 - 0 = \\ 9 + 0 = \\ 3 - 6 = \\ -8 - 5 = \\ 0 + 2 = \\ 1 - 1 = \\ -8 + 2 = \\ 1 - 0 = \\ 4 - 6 = \\ -3 + 4 = \\ 9 + 7 = \\ -2 - 3 = \\ -6 + 1 = \\ -7 + 9 = \\ -2 + 7 = \\ 6 + 6 = \\ 4 + 1 = \end{array}$$

所要時間: _____分 _____秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 - 1 = \\ 7 + 2 = \\ -4 + 0 = \\ 5 - 4 = \\ -5 - 5 = \\ -5 - 5 = \\ -9 + 8 = \\ -9 - 9 = \\ -6 + 3 = \\ 8 + 5 = \\ -7 + 2 = \\ 2 - 9 = \\ 8 + 0 = \\ -9 - 1 = \\ 7 + 7 = \\ -3 - 9 = \\ -1 - 2 = \\ -6 - 1 = \\ -6 + 3 = \\ 3 + 5 = \\ 5 - 7 = \\ -9 + 5 = \\ -7 - 9 = \\ -1 - 3 = \\ 6 - 3 = \end{array}$$

$$\begin{array}{r} -8 - 2 = \\ -5 + 3 = \\ 0 + 9 = \\ 0 - 5 = \\ -2 + 3 = \\ 2 + 3 = \\ -8 + 8 = \\ 8 - 6 = \\ -8 - 1 = \\ -1 + 2 = \\ 8 - 2 = \\ -9 - 6 = \\ 7 - 5 = \\ -6 + 7 = \\ 0 - 6 = \\ 2 + 9 = \\ 5 - 0 = \\ 7 + 1 = \\ -2 - 4 = \\ -6 + 4 = \\ 4 - 2 = \\ -4 - 1 = \\ 5 + 3 = \\ -9 - 7 = \\ 4 + 0 = \end{array}$$

所要時間: _____分 _____秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 1 = \\ -3 - 6 = \\ -2 - 4 = \\ -8 + 6 = \\ 9 + 4 = \\ -8 + 0 = \\ 2 + 1 = \\ 0 + 1 = \\ -2 - 8 = \\ 0 + 2 = \\ 6 - 0 = \\ -4 + 7 = \\ -8 + 4 = \\ -8 + 3 = \\ -8 - 1 = \\ 6 + 9 = \\ -2 - 4 = \\ 0 + 8 = \\ 5 - 5 = \\ -4 + 9 = \\ -8 + 4 = \\ 1 - 7 = \\ 2 + 8 = \\ -9 + 5 = \\ -8 - 9 = \end{array}$$

$$\begin{array}{r} 4 - 1 = \\ 4 - 2 = \\ -7 - 3 = \\ -5 + 0 = \\ -3 - 3 = \\ 2 - 9 = \\ 9 - 3 = \\ 1 + 4 = \\ 2 - 7 = \\ -9 - 4 = \\ -8 + 7 = \\ 4 + 0 = \\ -9 - 5 = \\ 5 - 0 = \\ 6 + 7 = \\ -7 + 3 = \\ 1 - 3 = \\ -7 - 6 = \\ 5 + 8 = \\ 0 + 4 = \\ -3 - 5 = \\ -8 - 7 = \\ 4 - 4 = \\ -5 - 0 = \\ -9 - 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 0 & - & 1 & = \\
 -7 & - & 3 & = \\
 9 & - & 5 & = \\
 -9 & + & 0 & = \\
 -8 & + & 2 & = \\
 3 & - & 4 & = \\
 -1 & - & 5 & = \\
 7 & + & 5 & = \\
 4 & + & 6 & = \\
 -8 & - & 1 & = \\
 8 & + & 8 & = \\
 -2 & - & 7 & = \\
 -3 & - & 3 & = \\
 8 & - & 8 & = \\
 6 & + & 2 & = \\
 4 & - & 1 & = \\
 1 & + & 8 & = \\
 2 & + & 7 & = \\
 -7 & - & 8 & = \\
 4 & - & 4 & = \\
 1 & + & 4 & = \\
 -2 & - & 5 & = \\
 -2 & + & 9 & = \\
 6 & - & 5 & = \\
 4 & - & 8 & =
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 2 & = \\
 8 & - & 3 & = \\
 3 & + & 0 & = \\
 9 & + & 4 & = \\
 9 & + & 4 & = \\
 -7 & - & 9 & = \\
 7 & - & 1 & = \\
 5 & - & 8 & = \\
 -6 & - & 2 & = \\
 -9 & - & 5 & = \\
 1 & + & 2 & = \\
 -9 & - & 9 & = \\
 -6 & - & 3 & = \\
 -7 & + & 3 & = \\
 -7 & - & 0 & = \\
 -5 & - & 8 & = \\
 2 & - & 3 & = \\
 7 & + & 9 & = \\
 8 & + & 8 & = \\
 7 & - & 2 & = \\
 -8 & - & 8 & = \\
 -2 & - & 5 & = \\
 6 & + & 0 & = \\
 9 & + & 5 & = \\
 5 & + & 1 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 0 = \\ -7 - 7 = \\ -1 + 9 = \\ 2 + 1 = \\ -3 + 4 = \\ -3 - 6 = \\ -4 - 8 = \\ -6 - 4 = \\ 3 + 1 = \\ -3 + 5 = \\ -7 + 0 = \\ -2 + 6 = \\ -6 - 5 = \\ 5 + 0 = \\ -7 - 5 = \\ -3 + 5 = \\ 9 + 9 = \\ -8 - 9 = \\ -2 + 0 = \\ 3 - 0 = \\ 7 - 9 = \\ -8 - 5 = \\ 1 - 6 = \\ 8 - 5 = \\ -9 - 6 = \end{array}$$

$$\begin{array}{r} -1 + 4 = \\ -2 - 7 = \\ -9 - 2 = \\ -2 + 7 = \\ -5 + 7 = \\ 8 + 0 = \\ 2 + 1 = \\ 8 + 6 = \\ -8 + 7 = \\ 9 - 1 = \\ 5 + 8 = \\ 1 + 8 = \\ 8 - 4 = \\ 5 - 2 = \\ 8 - 0 = \\ 2 - 2 = \\ 3 + 0 = \\ -8 - 0 = \\ -2 - 1 = \\ 2 + 9 = \\ 6 + 1 = \\ -8 - 0 = \\ -9 + 9 = \\ -1 - 1 = \\ -3 - 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$4 - 6 =$

$1 + 9 =$

$1 + 7 =$

$9 + 0 =$

$-1 - 8 =$

$5 + 8 =$

$1 + 9 =$

$3 + 7 =$

$4 + 9 =$

$4 - 6 =$

$7 + 1 =$

$2 + 4 =$

$7 - 1 =$

$4 + 6 =$

$-4 - 0 =$

$3 + 9 =$

$9 - 5 =$

$4 + 3 =$

$-8 + 9 =$

$-5 + 6 =$

$-4 + 0 =$

$1 + 7 =$

$3 + 8 =$

$-7 + 9 =$

$-9 - 8 =$

$-6 - 4 =$

$7 - 5 =$

$9 + 3 =$

$7 + 4 =$

$-6 - 2 =$

$-1 + 9 =$

$7 - 0 =$

$1 - 1 =$

$0 - 7 =$

$-9 - 3 =$

$8 - 5 =$

$-6 - 4 =$

$1 - 2 =$

$3 + 0 =$

$-4 - 1 =$

$6 + 1 =$

$3 - 0 =$

$2 + 6 =$

$0 + 7 =$

$-8 - 2 =$

$-7 + 1 =$

$-3 - 5 =$

$7 - 1 =$

$-7 - 6 =$

$3 + 4 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$6 - 9 =$

$3 - 8 =$

$7 + 9 =$

$5 - 2 =$

$-4 - 2 =$

$1 - 4 =$

$-5 - 0 =$

$7 - 8 =$

$4 + 1 =$

$-8 + 2 =$

$-7 - 8 =$

$-4 - 1 =$

$5 + 1 =$

$2 + 3 =$

$0 + 9 =$

$-1 - 5 =$

$-1 - 8 =$

$-5 - 6 =$

$-3 + 4 =$

$-3 + 9 =$

$2 - 6 =$

$8 + 8 =$

$6 + 2 =$

$0 + 1 =$

$5 + 0 =$

$-2 + 3 =$

$9 + 2 =$

$4 - 3 =$

$-5 + 4 =$

$8 + 0 =$

$2 + 4 =$

$6 - 6 =$

$9 + 0 =$

$5 - 4 =$

$1 + 0 =$

$1 - 4 =$

$-7 + 6 =$

$3 + 9 =$

$-7 - 4 =$

$5 + 6 =$

$-6 + 7 =$

$7 + 6 =$

$-3 - 4 =$

$-6 - 2 =$

$-8 + 9 =$

$-7 + 8 =$

$-5 + 8 =$

$8 - 2 =$

$-9 - 4 =$

$-7 - 8 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 1 + 4 = \\
 9 + 3 = \\
 3 - 8 = \\
 4 + 2 = \\
 -8 + 4 = \\
 9 + 3 = \\
 9 + 1 = \\
 3 - 8 = \\
 2 - 5 = \\
 -5 - 0 = \\
 6 - 8 = \\
 -5 - 5 = \\
 -2 - 7 = \\
 -4 + 4 = \\
 -6 + 2 = \\
 5 - 0 = \\
 -2 - 2 = \\
 6 + 2 = \\
 5 + 7 = \\
 -7 - 9 = \\
 -1 - 2 = \\
 0 - 6 = \\
 8 - 3 = \\
 -4 - 6 = \\
 -8 - 8 =
 \end{array}$$

$$\begin{array}{r}
 -3 - 6 = \\
 -6 - 0 = \\
 -1 - 6 = \\
 1 - 7 = \\
 4 + 7 = \\
 5 - 1 = \\
 -3 + 6 = \\
 -6 + 8 = \\
 -2 + 2 = \\
 6 + 7 = \\
 3 + 9 = \\
 -7 - 0 = \\
 8 + 9 = \\
 9 + 7 = \\
 4 - 6 = \\
 -6 + 8 = \\
 -8 + 7 = \\
 -6 - 8 = \\
 9 + 7 = \\
 1 - 3 = \\
 7 - 1 = \\
 9 - 7 = \\
 4 + 4 = \\
 1 + 5 = \\
 -8 - 5 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 - 3 = \\ -8 + 4 = \\ 6 + 1 = \\ -5 + 3 = \\ -8 + 2 = \\ -3 - 9 = \\ -4 + 2 = \\ -5 + 3 = \\ 4 + 9 = \\ -1 + 6 = \\ 6 - 4 = \\ -6 + 0 = \\ -2 + 9 = \\ -5 + 4 = \\ -9 + 3 = \\ -9 + 6 = \\ 7 + 9 = \\ -4 - 2 = \\ -4 - 6 = \\ -7 - 5 = \\ 1 - 5 = \\ 8 - 8 = \\ 6 - 8 = \\ 6 + 6 = \\ -8 - 2 = \end{array}$$

$$\begin{array}{r} -9 - 8 = \\ 8 + 6 = \\ 8 + 1 = \\ 2 + 8 = \\ 6 - 4 = \\ 5 + 1 = \\ 8 + 6 = \\ -1 + 7 = \\ 9 + 8 = \\ -9 + 5 = \\ -5 - 3 = \\ -7 - 2 = \\ -2 + 4 = \\ 7 - 7 = \\ -8 + 1 = \\ -9 + 4 = \\ -6 - 8 = \\ -1 + 1 = \\ -1 + 4 = \\ -2 - 4 = \\ 5 - 2 = \\ 6 + 0 = \\ -2 + 0 = \\ -4 - 2 = \\ 0 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 2 = \\ 4 - 4 = \\ -4 - 8 = \\ -2 + 3 = \\ 4 - 3 = \\ 9 - 6 = \\ 9 - 6 = \\ 7 + 6 = \\ -3 + 4 = \\ -3 + 3 = \\ -4 - 6 = \\ 6 + 9 = \\ 5 - 1 = \\ -7 - 9 = \\ -1 - 7 = \\ -9 + 7 = \\ -8 - 5 = \\ 1 + 9 = \\ 6 + 3 = \\ -1 - 0 = \\ -9 - 7 = \\ 0 - 9 = \\ 3 - 7 = \\ -3 - 5 = \\ 1 - 8 = \end{array}$$

$$\begin{array}{r} 5 - 3 = \\ 9 + 2 = \\ 6 + 7 = \\ 3 - 1 = \\ -7 - 0 = \\ -3 - 6 = \\ 8 + 9 = \\ 8 - 5 = \\ -9 - 8 = \\ 7 + 5 = \\ 7 + 7 = \\ 9 - 3 = \\ -4 - 4 = \\ 0 + 6 = \\ 5 + 1 = \\ 5 - 2 = \\ -6 + 3 = \\ -5 - 3 = \\ 6 - 3 = \\ -9 + 2 = \\ -9 + 4 = \\ 1 - 6 = \\ -9 + 9 = \\ 4 - 8 = \\ 9 - 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 8 = \\ 9 + 1 = \\ -6 + 8 = \\ -2 + 4 = \\ -8 + 3 = \\ -2 - 5 = \\ 5 - 1 = \\ 7 - 8 = \\ -9 + 3 = \\ 5 - 3 = \\ 5 + 1 = \\ -1 - 6 = \\ -8 + 1 = \\ 7 + 1 = \\ -9 - 9 = \\ -6 - 8 = \\ -1 - 0 = \\ 5 - 2 = \\ 9 - 0 = \\ 4 - 4 = \\ -9 + 4 = \\ 2 - 7 = \\ -8 - 9 = \\ 5 + 3 = \\ -8 + 0 = \end{array}$$

$$\begin{array}{r} -6 - 0 = \\ 2 - 5 = \\ 7 + 5 = \\ -8 + 3 = \\ -8 - 8 = \\ 9 + 6 = \\ 2 + 5 = \\ -5 + 9 = \\ -6 + 3 = \\ 3 + 5 = \\ -9 + 4 = \\ -6 - 9 = \\ 4 + 2 = \\ 1 + 1 = \\ 7 - 8 = \\ -3 + 2 = \\ 3 - 1 = \\ 1 + 9 = \\ -4 - 3 = \\ -8 - 8 = \\ 3 - 9 = \\ 9 + 7 = \\ -7 + 5 = \\ -7 + 7 = \\ 0 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 8 - 0 = \\
 7 - 2 = \\
 8 - 2 = \\
 2 - 5 = \\
 -6 - 1 = \\
 -7 - 0 = \\
 6 - 2 = \\
 -3 - 8 = \\
 3 - 6 = \\
 8 - 2 = \\
 4 - 3 = \\
 -8 + 2 = \\
 5 - 5 = \\
 -5 + 2 = \\
 -9 + 5 = \\
 -4 - 5 = \\
 -8 - 5 = \\
 -8 - 3 = \\
 -4 - 7 = \\
 8 - 2 = \\
 9 - 8 = \\
 9 - 2 = \\
 5 - 6 = \\
 3 - 3 = \\
 0 - 3 =
 \end{array}$$

$$\begin{array}{r}
 -3 - 1 = \\
 5 + 4 = \\
 -1 - 4 = \\
 -9 - 2 = \\
 -6 + 0 = \\
 6 - 5 = \\
 -7 + 5 = \\
 1 + 3 = \\
 -2 - 9 = \\
 3 - 3 = \\
 -7 - 3 = \\
 -6 - 2 = \\
 -1 + 6 = \\
 -5 + 5 = \\
 -1 + 9 = \\
 0 + 8 = \\
 8 + 3 = \\
 -8 + 5 = \\
 4 - 6 = \\
 -6 + 7 = \\
 8 + 8 = \\
 -5 - 4 = \\
 -8 - 9 = \\
 2 - 9 = \\
 -3 + 1 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 + 1 = \\ 3 - 6 = \\ 3 - 5 = \\ -7 - 5 = \\ 3 - 6 = \\ -6 + 6 = \\ -5 - 7 = \\ -7 + 6 = \\ 4 - 6 = \\ 5 - 5 = \\ -1 + 9 = \\ -3 + 4 = \\ 7 - 6 = \\ -6 + 2 = \\ -6 + 2 = \\ 5 - 4 = \\ -3 - 8 = \\ 2 + 5 = \\ -1 - 6 = \\ -9 + 1 = \\ 9 - 7 = \\ 3 + 2 = \\ 8 + 0 = \\ 5 + 3 = \\ 7 - 6 = \end{array}$$

$$\begin{array}{r} 4 + 3 = \\ 7 + 3 = \\ -3 - 6 = \\ -3 - 7 = \\ -1 + 6 = \\ -2 - 5 = \\ -9 - 8 = \\ 7 - 8 = \\ 4 - 2 = \\ 8 - 8 = \\ 1 + 8 = \\ -5 + 2 = \\ -7 - 5 = \\ -9 - 0 = \\ 6 - 3 = \\ -7 + 0 = \\ 2 - 2 = \\ 5 - 4 = \\ -6 - 9 = \\ -9 + 0 = \\ 2 - 3 = \\ 0 + 1 = \\ -9 + 4 = \\ 1 - 0 = \\ 5 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 0 - 4 = \\
 0 + 4 = \\
 -6 + 8 = \\
 -4 + 0 = \\
 0 + 7 = \\
 -3 + 0 = \\
 -8 + 0 = \\
 3 + 6 = \\
 -5 - 5 = \\
 3 - 9 = \\
 -1 - 4 = \\
 8 - 0 = \\
 5 + 5 = \\
 7 + 2 = \\
 -4 - 1 = \\
 4 + 7 = \\
 0 - 4 = \\
 9 + 0 = \\
 -3 + 3 = \\
 -4 - 3 = \\
 -3 - 3 = \\
 5 - 3 = \\
 4 - 3 = \\
 9 + 1 = \\
 -7 + 1 =
 \end{array}$$

$$\begin{array}{r}
 -2 - 1 = \\
 5 + 5 = \\
 2 + 9 = \\
 -9 + 6 = \\
 -8 - 1 = \\
 5 + 5 = \\
 -3 + 6 = \\
 -9 + 2 = \\
 8 - 7 = \\
 7 + 8 = \\
 -4 - 1 = \\
 0 - 9 = \\
 1 + 3 = \\
 -1 - 6 = \\
 -9 + 7 = \\
 1 - 3 = \\
 -5 + 7 = \\
 7 + 3 = \\
 9 + 2 = \\
 7 - 3 = \\
 3 - 6 = \\
 -9 + 4 = \\
 0 - 0 = \\
 -3 + 1 = \\
 4 + 5 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 + 8 = \\ -8 + 4 = \\ -3 + 5 = \\ 0 + 2 = \\ 3 - 6 = \\ 0 + 9 = \\ 0 - 9 = \\ -3 - 0 = \\ -1 + 6 = \\ -6 - 8 = \\ 1 - 3 = \\ -6 + 8 = \\ -4 - 5 = \\ 0 + 5 = \\ -8 + 9 = \\ 2 - 3 = \\ -2 - 8 = \\ -8 + 7 = \\ 3 - 1 = \\ 7 + 9 = \\ -4 + 2 = \\ -7 + 6 = \\ 1 - 0 = \\ -5 - 5 = \\ -5 - 9 = \end{array}$$

$$\begin{array}{r} -4 - 3 = \\ -7 - 4 = \\ 9 - 8 = \\ 3 - 7 = \\ -6 + 3 = \\ 9 + 0 = \\ 4 + 0 = \\ -6 + 2 = \\ 4 + 5 = \\ 3 - 0 = \\ 9 + 5 = \\ -2 - 6 = \\ -4 - 8 = \\ -9 - 7 = \\ 8 + 4 = \\ 5 - 8 = \\ -2 - 9 = \\ -5 + 9 = \\ -5 - 7 = \\ -4 + 4 = \\ -2 - 7 = \\ 0 + 6 = \\ -2 - 7 = \\ -7 - 7 = \\ -3 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 5 = \\ -3 + 3 = \\ -4 + 7 = \\ 2 + 5 = \\ 9 - 4 = \\ -8 + 8 = \\ -5 - 3 = \\ -2 + 0 = \\ 3 + 6 = \\ -6 + 5 = \\ 1 + 5 = \\ -2 - 0 = \\ 6 + 0 = \\ 8 + 8 = \\ -7 - 6 = \\ -8 + 3 = \\ 5 + 1 = \\ 5 + 2 = \\ -7 - 9 = \\ -3 - 7 = \\ 5 + 2 = \\ 8 - 6 = \\ -4 + 1 = \\ 2 - 4 = \\ 6 + 0 = \end{array}$$

$$\begin{array}{r} 9 + 8 = \\ 0 + 5 = \\ -4 - 1 = \\ 6 - 6 = \\ 1 - 8 = \\ 3 - 1 = \\ 5 + 4 = \\ -3 + 7 = \\ 0 - 1 = \\ -8 - 7 = \\ 1 + 6 = \\ -2 + 7 = \\ 6 - 6 = \\ 2 + 2 = \\ 2 + 8 = \\ -2 + 8 = \\ 7 - 4 = \\ -9 - 4 = \\ -7 + 1 = \\ -3 + 0 = \\ -8 + 6 = \\ -9 - 5 = \\ -5 - 7 = \\ 5 + 7 = \\ -1 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 0 + 9 = \\
 4 + 8 = \\
 -4 - 1 = \\
 5 + 3 = \\
 0 + 3 = \\
 -7 - 0 = \\
 -6 - 1 = \\
 7 - 5 = \\
 -6 + 0 = \\
 -4 - 8 = \\
 6 - 3 = \\
 2 - 3 = \\
 -7 + 3 = \\
 -3 - 0 = \\
 -4 + 1 = \\
 9 - 5 = \\
 6 - 9 = \\
 -2 + 7 = \\
 2 + 7 = \\
 -9 - 1 = \\
 9 - 1 = \\
 -7 - 2 = \\
 7 - 9 = \\
 1 + 7 = \\
 -8 - 7 =
 \end{array}$$

$$\begin{array}{r}
 5 + 7 = \\
 6 - 1 = \\
 1 + 8 = \\
 9 + 5 = \\
 7 + 1 = \\
 6 - 9 = \\
 -3 + 6 = \\
 1 + 9 = \\
 -9 - 1 = \\
 5 - 3 = \\
 6 - 7 = \\
 4 - 7 = \\
 -5 + 1 = \\
 -6 + 1 = \\
 -1 + 7 = \\
 9 + 5 = \\
 0 - 2 = \\
 3 + 9 = \\
 -3 - 6 = \\
 -6 + 6 = \\
 -4 + 5 = \\
 9 - 9 = \\
 7 - 8 = \\
 0 - 9 = \\
 -5 - 8 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 3 & = & \\
 9 & - & 1 & = & \\
 -7 & - & 4 & = & \\
 -5 & + & 5 & = & \\
 -6 & - & 6 & = & \\
 7 & - & 0 & = & \\
 2 & - & 3 & = & \\
 -6 & + & 9 & = & \\
 5 & + & 6 & = & \\
 5 & - & 5 & = & \\
 4 & - & 1 & = & \\
 0 & - & 8 & = & \\
 2 & + & 1 & = & \\
 3 & + & 6 & = & \\
 -6 & + & 2 & = & \\
 9 & - & 1 & = & \\
 -6 & + & 6 & = & \\
 9 & - & 7 & = & \\
 6 & - & 9 & = & \\
 7 & - & 3 & = & \\
 0 & + & 7 & = & \\
 -3 & - & 6 & = & \\
 -9 & - & 9 & = & \\
 1 & - & 3 & = & \\
 5 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 5 & = & \\
 -7 & - & 3 & = & \\
 -8 & + & 0 & = & \\
 2 & + & 2 & = & \\
 2 & + & 7 & = & \\
 6 & - & 1 & = & \\
 3 & - & 3 & = & \\
 6 & + & 1 & = & \\
 6 & + & 9 & = & \\
 -4 & + & 4 & = & \\
 -5 & + & 4 & = & \\
 3 & + & 1 & = & \\
 1 & + & 0 & = & \\
 -8 & + & 7 & = & \\
 6 & - & 9 & = & \\
 7 & - & 7 & = & \\
 3 & - & 0 & = & \\
 5 & - & 7 & = & \\
 -6 & + & 5 & = & \\
 1 & - & 1 & = & \\
 -3 & + & 5 & = & \\
 -9 & + & 9 & = & \\
 -2 & - & 2 & = & \\
 1 & + & 7 & = & \\
 -8 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$4 - 2 =$

$8 + 4 =$

$4 + 9 =$

$0 + 6 =$

$7 + 1 =$

$0 + 1 =$

$9 - 5 =$

$4 - 8 =$

$8 + 9 =$

$-8 - 9 =$

$6 - 7 =$

$-6 + 7 =$

$2 - 4 =$

$6 - 4 =$

$9 + 4 =$

$-4 - 5 =$

$9 + 9 =$

$5 - 1 =$

$6 + 2 =$

$-1 - 2 =$

$5 - 1 =$

$-3 - 7 =$

$9 + 4 =$

$3 + 9 =$

$-5 - 0 =$

$4 + 3 =$

$-7 + 2 =$

$2 + 9 =$

$-7 - 7 =$

$3 - 0 =$

$4 + 2 =$

$-3 + 8 =$

$-3 + 4 =$

$-8 + 3 =$

$-6 - 0 =$

$3 - 8 =$

$0 - 6 =$

$3 - 4 =$

$7 - 2 =$

$-8 + 7 =$

$-6 + 2 =$

$1 + 9 =$

$-6 - 8 =$

$2 - 0 =$

$-5 + 4 =$

$-5 - 9 =$

$3 + 2 =$

$-3 - 1 =$

$3 + 8 =$

$-6 + 2 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 5 - 5 = \\
 9 - 0 = \\
 7 + 8 = \\
 -5 + 3 = \\
 -5 + 6 = \\
 5 + 1 = \\
 5 + 3 = \\
 0 - 7 = \\
 -3 + 8 = \\
 -4 - 7 = \\
 0 + 6 = \\
 -5 + 5 = \\
 3 - 1 = \\
 -4 - 2 = \\
 -3 + 6 = \\
 2 - 1 = \\
 -3 + 5 = \\
 8 + 8 = \\
 -8 + 2 = \\
 -4 - 5 = \\
 -1 - 9 = \\
 -1 + 4 = \\
 -2 + 5 = \\
 -7 + 5 = \\
 -9 + 3 =
 \end{array}$$

$$\begin{array}{r}
 -9 - 2 = \\
 -5 + 8 = \\
 -9 + 7 = \\
 -3 - 4 = \\
 -9 + 3 = \\
 -6 - 1 = \\
 -1 - 0 = \\
 8 + 1 = \\
 9 + 0 = \\
 0 - 2 = \\
 8 + 0 = \\
 2 - 3 = \\
 -3 + 8 = \\
 -7 + 8 = \\
 -2 - 8 = \\
 5 - 2 = \\
 0 - 5 = \\
 0 + 5 = \\
 -8 - 8 = \\
 -3 + 0 = \\
 -2 + 0 = \\
 7 - 5 = \\
 4 - 5 = \\
 6 - 7 = \\
 6 - 4 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 + 1 = \\ 0 - 2 = \\ -6 - 3 = \\ 5 + 4 = \\ -2 + 3 = \\ -1 + 4 = \\ -8 + 3 = \\ 6 + 9 = \\ 5 - 6 = \\ 9 + 5 = \\ -9 - 6 = \\ -8 - 1 = \\ 5 - 6 = \\ -7 + 5 = \\ 4 + 1 = \\ 2 - 7 = \\ 5 + 2 = \\ 7 + 9 = \\ 8 - 1 = \\ -3 - 9 = \\ -5 - 8 = \\ 5 + 2 = \\ 6 + 9 = \\ -7 + 9 = \\ 8 + 5 = \end{array}$$

$$\begin{array}{r} -5 + 7 = \\ 4 + 0 = \\ 7 + 7 = \\ -3 + 5 = \\ 6 - 9 = \\ -3 + 3 = \\ 8 - 7 = \\ 7 - 9 = \\ -3 + 5 = \\ 1 + 8 = \\ -6 + 2 = \\ 0 + 7 = \\ -5 - 9 = \\ -1 + 2 = \\ -4 - 3 = \\ 6 + 8 = \\ -9 + 1 = \\ 2 - 7 = \\ 7 - 3 = \\ -1 - 2 = \\ -3 - 6 = \\ -4 + 6 = \\ 6 - 1 = \\ 1 + 6 = \\ 4 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 7 = \\ 2 - 4 = \\ -4 - 3 = \\ 6 + 3 = \\ 0 - 2 = \\ -8 - 9 = \\ 0 - 1 = \\ 4 - 9 = \\ 1 - 6 = \\ 8 + 3 = \\ 9 - 9 = \\ 9 - 3 = \\ 2 + 9 = \\ -2 - 0 = \\ -3 - 6 = \\ -7 + 6 = \\ -1 + 7 = \\ -7 - 6 = \\ -4 + 8 = \\ -7 + 6 = \\ -9 - 9 = \\ 4 - 0 = \\ 0 - 2 = \\ -6 + 2 = \\ 0 + 1 = \end{array}$$

$$\begin{array}{r} 5 + 7 = \\ 9 + 8 = \\ 0 + 1 = \\ 9 + 9 = \\ 3 - 0 = \\ 1 + 0 = \\ -6 + 7 = \\ -2 + 0 = \\ 5 + 6 = \\ -8 + 3 = \\ -2 - 8 = \\ -5 - 8 = \\ 2 + 1 = \\ -3 - 2 = \\ -2 + 6 = \\ -6 + 8 = \\ 4 - 1 = \\ -4 - 1 = \\ -7 + 2 = \\ 0 - 3 = \\ 1 + 2 = \\ 3 + 8 = \\ 2 + 3 = \\ 5 - 1 = \\ 3 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 3 - 7 = \\
 4 + 9 = \\
 0 + 5 = \\
 -8 - 5 = \\
 1 - 5 = \\
 -1 + 1 = \\
 9 - 3 = \\
 -2 - 9 = \\
 5 - 8 = \\
 3 + 7 = \\
 -3 + 9 = \\
 -9 - 1 = \\
 1 + 0 = \\
 6 + 8 = \\
 -3 - 6 = \\
 -1 - 2 = \\
 7 + 5 = \\
 -2 + 6 = \\
 8 + 6 = \\
 0 + 2 = \\
 -2 - 8 = \\
 5 - 0 = \\
 5 + 7 = \\
 0 - 5 = \\
 -7 - 1 =
 \end{array}$$

$$\begin{array}{r}
 -2 - 2 = \\
 5 + 5 = \\
 8 + 3 = \\
 -4 + 6 = \\
 0 + 6 = \\
 9 - 5 = \\
 -3 + 8 = \\
 1 - 9 = \\
 -8 - 9 = \\
 -5 - 5 = \\
 1 + 9 = \\
 -4 + 6 = \\
 6 + 9 = \\
 0 + 9 = \\
 -4 + 5 = \\
 1 - 6 = \\
 -8 + 2 = \\
 3 + 3 = \\
 -5 - 4 = \\
 -9 - 1 = \\
 3 - 8 = \\
 -5 - 8 = \\
 6 - 5 = \\
 9 + 0 = \\
 -1 - 9 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 8 = \\ -9 - 1 = \\ -5 - 3 = \\ 2 - 9 = \\ -7 - 3 = \\ 3 + 2 = \\ 9 - 1 = \\ 0 - 6 = \\ 4 - 3 = \\ 4 + 0 = \\ -4 - 3 = \\ 0 - 0 = \\ 4 - 2 = \\ -3 - 6 = \\ 0 + 2 = \\ 3 - 1 = \\ 2 - 0 = \\ 1 + 6 = \\ -3 + 9 = \\ -9 - 9 = \\ -8 - 0 = \\ 4 + 9 = \\ -3 + 7 = \\ 2 + 4 = \\ -3 + 5 = \end{array}$$

$$\begin{array}{r} 9 + 6 = \\ -4 + 8 = \\ 9 + 7 = \\ 7 - 2 = \\ 4 - 0 = \\ 3 - 5 = \\ 5 - 3 = \\ -5 - 0 = \\ -3 - 2 = \\ -6 - 4 = \\ -8 - 3 = \\ 7 + 2 = \\ -2 - 9 = \\ -9 + 1 = \\ -5 + 2 = \\ 2 + 0 = \\ 9 + 2 = \\ -8 + 5 = \\ -1 - 5 = \\ -1 - 6 = \\ -7 - 5 = \\ 9 + 7 = \\ 3 + 2 = \\ -1 - 4 = \\ 2 + 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 2 - 4 = \\
 -1 - 8 = \\
 9 - 6 = \\
 -7 - 1 = \\
 -8 - 5 = \\
 -2 + 0 = \\
 5 - 4 = \\
 -6 - 8 = \\
 9 + 2 = \\
 -5 + 5 = \\
 8 - 5 = \\
 -8 - 9 = \\
 5 - 4 = \\
 -7 - 9 = \\
 4 - 0 = \\
 5 - 6 = \\
 3 - 0 = \\
 1 - 4 = \\
 -1 - 0 = \\
 -6 + 7 = \\
 7 + 9 = \\
 7 - 7 = \\
 -2 - 5 = \\
 -2 - 0 = \\
 7 + 8 =
 \end{array}$$

$$\begin{array}{r}
 -5 + 0 = \\
 8 - 0 = \\
 -4 - 4 = \\
 0 - 9 = \\
 -7 - 9 = \\
 -1 - 8 = \\
 -3 + 0 = \\
 2 - 3 = \\
 -8 + 3 = \\
 -7 + 5 = \\
 8 - 2 = \\
 -7 - 2 = \\
 3 - 2 = \\
 3 + 9 = \\
 -6 + 8 = \\
 -6 - 6 = \\
 -8 - 0 = \\
 -9 - 8 = \\
 -3 + 3 = \\
 2 - 0 = \\
 2 + 1 = \\
 9 - 8 = \\
 2 + 4 = \\
 9 + 0 = \\
 -1 - 7 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & + & 9 & = & \\
 -1 & - & 5 & = & \\
 -2 & + & 4 & = & \\
 -1 & + & 3 & = & \\
 4 & + & 5 & = & \\
 2 & + & 5 & = & \\
 4 & + & 2 & = & \\
 4 & + & 2 & = & \\
 6 & - & 3 & = & \\
 -8 & + & 7 & = & \\
 -7 & + & 5 & = & \\
 3 & - & 4 & = & \\
 -2 & - & 4 & = & \\
 6 & + & 6 & = & \\
 7 & - & 5 & = & \\
 9 & + & 2 & = & \\
 4 & - & 0 & = & \\
 -7 & - & 4 & = & \\
 -5 & - & 0 & = & \\
 9 & + & 4 & = & \\
 -9 & - & 8 & = & \\
 -2 & + & 7 & = & \\
 0 & - & 6 & = & \\
 -5 & - & 6 & = & \\
 0 & - & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & - & 3 & = & \\
 3 & + & 8 & = & \\
 7 & - & 4 & = & \\
 -8 & + & 1 & = & \\
 -4 & - & 9 & = & \\
 0 & - & 7 & = & \\
 0 & - & 8 & = & \\
 -6 & + & 3 & = & \\
 4 & + & 2 & = & \\
 -8 & - & 5 & = & \\
 0 & + & 5 & = & \\
 1 & + & 7 & = & \\
 1 & + & 0 & = & \\
 0 & + & 1 & = & \\
 -9 & + & 3 & = & \\
 -3 & + & 4 & = & \\
 8 & + & 2 & = & \\
 -3 & - & 8 & = & \\
 -5 & - & 4 & = & \\
 8 & - & 4 & = & \\
 -1 & + & 6 & = & \\
 -9 & + & 4 & = & \\
 5 & + & 7 & = & \\
 4 & + & 9 & = & \\
 0 & + & 4 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$4 + 6 =$

$8 - 6 =$

$-5 - 4 =$

$2 + 0 =$

$-8 + 7 =$

$4 - 9 =$

$-6 - 3 =$

$-1 + 1 =$

$7 + 1 =$

$-4 - 2 =$

$2 + 9 =$

$-4 + 8 =$

$2 - 4 =$

$-8 + 8 =$

$0 - 3 =$

$6 + 7 =$

$8 + 9 =$

$5 + 9 =$

$0 + 5 =$

$-6 - 5 =$

$7 + 0 =$

$3 + 5 =$

$8 - 7 =$

$5 - 7 =$

$7 + 5 =$

$-8 + 3 =$

$1 + 9 =$

$3 + 3 =$

$0 - 4 =$

$-6 - 8 =$

$4 + 3 =$

$-5 + 1 =$

$-4 + 3 =$

$-2 + 6 =$

$9 - 7 =$

$-9 - 9 =$

$2 - 1 =$

$6 - 1 =$

$-6 + 8 =$

$-4 - 1 =$

$-5 + 6 =$

$5 + 9 =$

$-9 - 3 =$

$0 + 0 =$

$-3 - 9 =$

$-3 - 6 =$

$-4 + 3 =$

$0 - 8 =$

$-8 - 5 =$

$-8 + 2 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -6 + 2 = \\ 0 - 7 = \\ 1 + 4 = \\ -2 - 0 = \\ 8 - 9 = \\ 5 - 2 = \\ -1 + 1 = \\ 5 + 4 = \\ 2 + 9 = \\ 1 + 6 = \\ -1 + 8 = \\ 7 + 7 = \\ -7 - 1 = \\ -8 - 6 = \\ -8 - 2 = \\ 7 - 7 = \\ 5 - 5 = \\ 4 - 4 = \\ 8 - 4 = \\ 0 - 0 = \\ 7 - 7 = \\ -6 - 7 = \\ -2 - 1 = \\ -4 - 0 = \\ -4 + 0 = \end{array}$$

$$\begin{array}{r} -4 + 5 = \\ 4 + 9 = \\ -2 - 7 = \\ 9 - 2 = \\ -2 - 6 = \\ 9 + 9 = \\ 6 - 9 = \\ 1 - 2 = \\ 9 + 3 = \\ -1 - 6 = \\ -4 + 9 = \\ 1 - 3 = \\ 9 + 1 = \\ 7 - 4 = \\ 9 - 5 = \\ -4 - 3 = \\ -8 + 9 = \\ -8 + 4 = \\ 6 + 7 = \\ -8 - 5 = \\ -9 - 6 = \\ -1 + 8 = \\ 2 + 5 = \\ -6 + 7 = \\ 8 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 9 - 3 = \\
 -7 - 1 = \\
 1 + 8 = \\
 -3 - 9 = \\
 0 + 6 = \\
 8 + 9 = \\
 -3 + 6 = \\
 3 + 0 = \\
 -6 - 3 = \\
 -4 + 8 = \\
 9 + 0 = \\
 -8 - 0 = \\
 -1 - 8 = \\
 -1 + 4 = \\
 0 + 7 = \\
 5 + 5 = \\
 7 - 6 = \\
 -3 + 6 = \\
 2 + 3 = \\
 -2 + 7 = \\
 -8 - 3 = \\
 2 + 3 = \\
 9 + 9 = \\
 0 + 6 = \\
 8 - 9 =
 \end{array}$$

$$\begin{array}{r}
 8 - 5 = \\
 2 + 1 = \\
 -6 + 1 = \\
 -2 + 7 = \\
 2 + 9 = \\
 8 - 6 = \\
 -8 + 5 = \\
 0 - 8 = \\
 8 + 9 = \\
 -5 - 0 = \\
 1 + 5 = \\
 -2 + 0 = \\
 -6 + 2 = \\
 -3 + 8 = \\
 9 + 1 = \\
 8 - 5 = \\
 -6 - 4 = \\
 3 - 9 = \\
 9 - 3 = \\
 2 - 3 = \\
 -8 + 5 = \\
 -7 - 9 = \\
 0 - 2 = \\
 0 + 2 = \\
 4 - 8 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 - 5 = \\ 7 + 3 = \\ -6 - 6 = \\ 1 - 5 = \\ -3 - 3 = \\ 2 + 9 = \\ 5 + 9 = \\ 7 + 8 = \\ 9 + 0 = \\ 2 - 5 = \\ 2 - 6 = \\ -4 + 5 = \\ 3 + 1 = \\ -6 - 9 = \\ -8 + 8 = \\ -5 - 9 = \\ -9 - 5 = \\ 5 - 8 = \\ -3 + 4 = \\ 8 + 9 = \\ 0 - 9 = \\ -9 + 2 = \\ -5 - 6 = \\ 9 + 3 = \\ 5 - 6 = \end{array}$$

$$\begin{array}{r} -7 - 7 = \\ 5 - 9 = \\ -8 - 6 = \\ 6 - 6 = \\ -4 + 5 = \\ 6 + 1 = \\ -1 + 8 = \\ 4 + 3 = \\ -1 - 1 = \\ -7 - 4 = \\ 4 + 2 = \\ -7 - 0 = \\ 0 + 1 = \\ -2 - 2 = \\ -3 + 7 = \\ 4 + 8 = \\ -1 + 4 = \\ 5 + 5 = \\ -8 + 5 = \\ -1 + 0 = \\ -6 + 1 = \\ 4 - 9 = \\ 3 + 0 = \\ 5 - 7 = \\ 5 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 - 4 = \\ 7 + 4 = \\ -6 + 3 = \\ 4 + 5 = \\ 6 - 0 = \\ -4 + 8 = \\ -6 - 6 = \\ -4 + 4 = \\ 5 + 1 = \\ -8 + 3 = \\ 4 + 1 = \\ -7 + 7 = \\ 0 - 9 = \\ -2 + 1 = \\ 0 + 2 = \\ -9 - 9 = \\ 8 + 3 = \\ -9 - 2 = \\ 8 + 0 = \\ 0 + 4 = \\ -1 - 0 = \\ 9 - 8 = \\ -3 - 2 = \\ -9 + 2 = \\ -4 + 2 = \end{array}$$

$$\begin{array}{r} 0 - 4 = \\ -5 - 1 = \\ 7 - 8 = \\ 7 - 2 = \\ 6 - 6 = \\ 9 + 5 = \\ -9 + 4 = \\ 1 + 3 = \\ -8 + 6 = \\ -3 - 3 = \\ 3 - 2 = \\ -5 + 7 = \\ 5 - 7 = \\ -7 + 9 = \\ 3 - 1 = \\ 9 + 3 = \\ 0 - 0 = \\ -7 + 2 = \\ 1 - 0 = \\ 2 - 0 = \\ 9 + 5 = \\ -6 + 5 = \\ -6 + 5 = \\ 5 - 6 = \\ -7 + 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & + & 0 & = & \\
 -5 & - & 3 & = & \\
 1 & - & 5 & = & \\
 -8 & + & 0 & = & \\
 6 & + & 5 & = & \\
 -2 & + & 5 & = & \\
 0 & + & 6 & = & \\
 -7 & + & 9 & = & \\
 3 & + & 0 & = & \\
 4 & + & 7 & = & \\
 8 & + & 2 & = & \\
 -1 & - & 6 & = & \\
 -1 & - & 8 & = & \\
 -9 & + & 6 & = & \\
 1 & - & 5 & = & \\
 0 & - & 4 & = & \\
 1 & + & 5 & = & \\
 -8 & - & 3 & = & \\
 -7 & - & 0 & = & \\
 0 & + & 8 & = & \\
 -5 & - & 4 & = & \\
 -4 & - & 7 & = & \\
 -3 & + & 3 & = & \\
 5 & - & 0 & = & \\
 -8 & - & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & - & 0 & = & \\
 -8 & - & 5 & = & \\
 0 & - & 2 & = & \\
 6 & + & 6 & = & \\
 -7 & + & 8 & = & \\
 0 & - & 8 & = & \\
 7 & + & 7 & = & \\
 -5 & + & 9 & = & \\
 -8 & - & 0 & = & \\
 -1 & + & 4 & = & \\
 9 & - & 7 & = & \\
 9 & - & 0 & = & \\
 2 & + & 6 & = & \\
 -8 & + & 7 & = & \\
 -7 & - & 4 & = & \\
 6 & + & 5 & = & \\
 3 & + & 3 & = & \\
 8 & + & 8 & = & \\
 -1 & + & 1 & = & \\
 -5 & + & 6 & = & \\
 8 & - & 4 & = & \\
 -2 & + & 7 & = & \\
 -4 & - & 6 & = & \\
 5 & - & 3 & = & \\
 3 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rcll}
 -9 & + & 7 & = \\
 3 & + & 0 & = \\
 -8 & + & 4 & = \\
 -3 & + & 3 & = \\
 -2 & - & 3 & = \\
 8 & - & 6 & = \\
 -4 & + & 9 & = \\
 -8 & - & 0 & = \\
 9 & + & 1 & = \\
 9 & + & 9 & = \\
 -9 & + & 1 & = \\
 -4 & - & 0 & = \\
 -4 & + & 3 & = \\
 -5 & + & 7 & = \\
 -2 & - & 6 & = \\
 3 & + & 3 & = \\
 9 & - & 5 & = \\
 -3 & - & 5 & = \\
 1 & + & 3 & = \\
 0 & + & 3 & = \\
 8 & + & 1 & = \\
 -6 & + & 4 & = \\
 0 & + & 5 & = \\
 6 & - & 6 & = \\
 -3 & + & 9 & =
 \end{array}$$

$$\begin{array}{rcll}
 -5 & + & 7 & = \\
 5 & - & 3 & = \\
 4 & + & 5 & = \\
 -9 & - & 7 & = \\
 2 & - & 4 & = \\
 -2 & - & 6 & = \\
 8 & + & 7 & = \\
 -5 & - & 8 & = \\
 8 & + & 1 & = \\
 9 & - & 4 & = \\
 -3 & + & 1 & = \\
 5 & - & 7 & = \\
 -6 & - & 8 & = \\
 -3 & - & 9 & = \\
 -2 & + & 1 & = \\
 -4 & + & 4 & = \\
 -6 & + & 3 & = \\
 1 & - & 9 & = \\
 1 & - & 7 & = \\
 8 & - & 7 & = \\
 7 & - & 9 & = \\
 -2 & + & 5 & = \\
 2 & - & 6 & = \\
 -9 & + & 8 & = \\
 0 & + & 7 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 + 4 = \\ -2 + 2 = \\ -7 - 3 = \\ 7 - 7 = \\ 8 + 4 = \\ -5 + 3 = \\ -3 - 1 = \\ -7 + 6 = \\ 7 - 6 = \\ -5 + 9 = \\ 6 - 8 = \\ 4 + 0 = \\ -3 - 7 = \\ -7 - 3 = \\ 2 - 6 = \\ -3 + 5 = \\ 7 + 4 = \\ 1 - 1 = \\ -4 - 7 = \\ -7 + 9 = \\ 4 - 0 = \\ 9 - 9 = \\ 6 - 3 = \\ 3 - 6 = \\ -6 - 7 = \end{array}$$

$$\begin{array}{r} 6 + 9 = \\ 2 + 9 = \\ -3 - 1 = \\ -6 - 1 = \\ -8 + 8 = \\ 2 + 2 = \\ 0 + 9 = \\ -6 + 6 = \\ -2 + 6 = \\ 3 + 3 = \\ 7 - 5 = \\ 0 + 4 = \\ 5 + 5 = \\ 7 - 3 = \\ 6 - 0 = \\ 3 - 8 = \\ 3 - 9 = \\ -5 + 3 = \\ -1 + 1 = \\ -5 - 9 = \\ 2 - 2 = \\ 7 - 5 = \\ 9 - 9 = \\ 3 + 5 = \\ 9 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$8 + 7 =$

$0 + 3 =$

$5 + 8 =$

$3 - 6 =$

$-8 + 2 =$

$5 - 8 =$

$9 - 7 =$

$1 - 4 =$

$1 + 5 =$

$6 + 4 =$

$6 - 6 =$

$2 - 4 =$

$6 + 7 =$

$6 + 2 =$

$-4 + 1 =$

$-4 + 2 =$

$-2 + 4 =$

$-6 + 3 =$

$7 - 9 =$

$-8 - 6 =$

$-3 + 9 =$

$7 + 8 =$

$9 + 7 =$

$0 + 5 =$

$4 + 0 =$

$-7 - 6 =$

$-4 + 4 =$

$-2 + 4 =$

$-1 + 9 =$

$-9 - 5 =$

$-4 - 8 =$

$-6 - 7 =$

$-3 + 0 =$

$8 + 4 =$

$3 - 3 =$

$-6 - 3 =$

$4 + 0 =$

$3 - 6 =$

$8 + 4 =$

$-8 + 7 =$

$2 - 1 =$

$8 - 9 =$

$7 + 8 =$

$7 - 8 =$

$-5 + 2 =$

$-2 + 3 =$

$5 + 1 =$

$-3 + 7 =$

$-1 - 7 =$

$5 + 1 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & + & 5 & = & \\
 -4 & + & 6 & = & \\
 2 & + & 7 & = & \\
 -3 & + & 8 & = & \\
 -4 & + & 4 & = & \\
 3 & + & 0 & = & \\
 -1 & + & 0 & = & \\
 -6 & - & 3 & = & \\
 -2 & - & 0 & = & \\
 -2 & - & 5 & = & \\
 -6 & + & 7 & = & \\
 9 & - & 5 & = & \\
 6 & + & 9 & = & \\
 6 & - & 0 & = & \\
 -1 & + & 2 & = & \\
 8 & - & 5 & = & \\
 -3 & - & 4 & = & \\
 5 & + & 7 & = & \\
 2 & + & 9 & = & \\
 6 & + & 2 & = & \\
 -2 & + & 5 & = & \\
 -5 & - & 8 & = & \\
 2 & + & 6 & = & \\
 -8 & + & 3 & = & \\
 -3 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 1 & = & \\
 -3 & + & 0 & = & \\
 2 & + & 9 & = & \\
 3 & + & 2 & = & \\
 4 & + & 0 & = & \\
 -1 & - & 6 & = & \\
 -7 & + & 7 & = & \\
 -9 & + & 5 & = & \\
 1 & + & 6 & = & \\
 -8 & + & 7 & = & \\
 0 & + & 2 & = & \\
 4 & - & 9 & = & \\
 -5 & + & 0 & = & \\
 6 & - & 1 & = & \\
 -9 & - & 6 & = & \\
 -1 & + & 2 & = & \\
 3 & - & 6 & = & \\
 -9 & + & 0 & = & \\
 0 & - & 7 & = & \\
 -5 & - & 7 & = & \\
 -2 & + & 3 & = & \\
 -2 & + & 2 & = & \\
 2 & - & 1 & = & \\
 7 & + & 1 & = & \\
 1 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 6 - 8 = \\
 8 - 2 = \\
 5 + 9 = \\
 -9 - 2 = \\
 -6 + 4 = \\
 8 - 3 = \\
 -4 + 1 = \\
 4 - 1 = \\
 -9 - 6 = \\
 6 + 4 = \\
 1 + 9 = \\
 1 + 7 = \\
 -5 - 2 = \\
 5 + 6 = \\
 -5 + 3 = \\
 7 + 2 = \\
 7 - 7 = \\
 -2 - 4 = \\
 4 + 8 = \\
 7 + 7 = \\
 -6 + 4 = \\
 5 - 0 = \\
 8 + 1 = \\
 -2 + 5 = \\
 0 - 0 =
 \end{array}$$

$$\begin{array}{r}
 8 + 0 = \\
 4 - 0 = \\
 -8 - 3 = \\
 8 - 9 = \\
 0 + 9 = \\
 9 - 6 = \\
 -1 + 1 = \\
 -4 - 2 = \\
 7 + 7 = \\
 -2 + 7 = \\
 7 + 5 = \\
 1 + 4 = \\
 -3 + 9 = \\
 -6 + 7 = \\
 8 - 8 = \\
 6 - 3 = \\
 5 + 2 = \\
 8 + 0 = \\
 8 + 5 = \\
 0 + 5 = \\
 8 + 8 = \\
 -3 + 4 = \\
 -4 - 3 = \\
 3 - 3 = \\
 2 + 0 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 5 & = & \\
 -4 & + & 7 & = & \\
 -1 & + & 2 & = & \\
 3 & - & 6 & = & \\
 4 & + & 3 & = & \\
 -4 & - & 8 & = & \\
 -2 & - & 7 & = & \\
 -3 & + & 5 & = & \\
 -4 & - & 6 & = & \\
 9 & - & 3 & = & \\
 5 & - & 1 & = & \\
 1 & - & 9 & = & \\
 -3 & + & 5 & = & \\
 8 & - & 2 & = & \\
 5 & - & 1 & = & \\
 -4 & + & 1 & = & \\
 4 & - & 3 & = & \\
 5 & + & 0 & = & \\
 -8 & - & 7 & = & \\
 7 & + & 6 & = & \\
 3 & - & 3 & = & \\
 0 & - & 5 & = & \\
 -9 & + & 3 & = & \\
 1 & - & 8 & = & \\
 -8 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & - & 6 & = & \\
 7 & - & 5 & = & \\
 0 & + & 0 & = & \\
 7 & - & 2 & = & \\
 -6 & - & 0 & = & \\
 2 & - & 4 & = & \\
 -7 & + & 0 & = & \\
 -8 & - & 2 & = & \\
 6 & - & 4 & = & \\
 8 & - & 9 & = & \\
 8 & + & 8 & = & \\
 -5 & - & 3 & = & \\
 -8 & + & 5 & = & \\
 4 & - & 2 & = & \\
 2 & + & 5 & = & \\
 9 & + & 0 & = & \\
 3 & + & 0 & = & \\
 7 & - & 9 & = & \\
 4 & - & 2 & = & \\
 -1 & + & 1 & = & \\
 -7 & - & 9 & = & \\
 -6 & + & 5 & = & \\
 -9 & - & 3 & = & \\
 4 & + & 4 & = & \\
 6 & - & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 3 = \\ 2 - 6 = \\ 7 + 8 = \\ -8 - 8 = \\ -5 - 0 = \\ 3 + 9 = \\ -1 - 0 = \\ 2 - 8 = \\ -5 + 8 = \\ -2 - 2 = \\ -1 + 7 = \\ 6 + 1 = \\ 9 - 7 = \\ 3 - 8 = \\ 9 - 5 = \\ -4 - 4 = \\ 1 - 3 = \\ -5 - 9 = \\ -6 + 6 = \\ -9 - 8 = \\ -7 + 3 = \\ -5 + 5 = \\ 6 + 9 = \\ 6 + 4 = \\ 2 - 8 = \end{array}$$

$$\begin{array}{r} -9 + 2 = \\ -8 - 5 = \\ 0 - 8 = \\ -6 + 2 = \\ -1 + 9 = \\ -8 + 5 = \\ 0 + 1 = \\ 2 - 9 = \\ -8 + 1 = \\ 7 + 4 = \\ 2 - 7 = \\ 9 + 3 = \\ -4 + 4 = \\ -8 + 3 = \\ -3 + 9 = \\ 0 - 8 = \\ 8 - 8 = \\ 6 - 0 = \\ 9 + 9 = \\ 8 + 7 = \\ 1 + 8 = \\ -9 + 1 = \\ 0 - 0 = \\ -7 + 4 = \\ 7 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 8 & = & \\
 6 & + & 3 & = & \\
 -5 & + & 5 & = & \\
 0 & + & 6 & = & \\
 2 & + & 3 & = & \\
 -5 & + & 3 & = & \\
 1 & + & 7 & = & \\
 -1 & - & 4 & = & \\
 9 & - & 3 & = & \\
 4 & + & 7 & = & \\
 -2 & + & 9 & = & \\
 -7 & + & 8 & = & \\
 -2 & - & 5 & = & \\
 -2 & + & 3 & = & \\
 -9 & + & 5 & = & \\
 -3 & + & 8 & = & \\
 6 & - & 8 & = & \\
 5 & + & 1 & = & \\
 -6 & + & 8 & = & \\
 -5 & - & 4 & = & \\
 4 & - & 0 & = & \\
 -6 & - & 4 & = & \\
 -9 & + & 1 & = & \\
 3 & + & 4 & = & \\
 -5 & - & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 4 & = & \\
 1 & - & 6 & = & \\
 0 & - & 6 & = & \\
 -8 & - & 6 & = & \\
 5 & + & 9 & = & \\
 -9 & - & 7 & = & \\
 -7 & - & 0 & = & \\
 -1 & + & 7 & = & \\
 -8 & - & 7 & = & \\
 4 & - & 3 & = & \\
 -4 & + & 7 & = & \\
 -8 & + & 7 & = & \\
 8 & + & 1 & = & \\
 0 & + & 1 & = & \\
 7 & + & 5 & = & \\
 8 & + & 9 & = & \\
 1 & + & 9 & = & \\
 -9 & - & 1 & = & \\
 5 & - & 8 & = & \\
 -1 & + & 1 & = & \\
 0 & - & 2 & = & \\
 -6 & + & 5 & = & \\
 0 & - & 9 & = & \\
 6 & + & 3 & = & \\
 -5 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$7 + 8 =$

$2 - 4 =$

$-8 - 4 =$

$3 - 7 =$

$5 - 4 =$

$-9 - 5 =$

$-1 - 5 =$

$3 - 6 =$

$2 + 4 =$

$2 - 3 =$

$3 + 8 =$

$3 + 9 =$

$8 + 9 =$

$8 + 7 =$

$-6 - 5 =$

$-9 + 6 =$

$8 + 6 =$

$-7 - 6 =$

$6 + 7 =$

$8 + 7 =$

$4 + 4 =$

$1 - 4 =$

$-4 - 0 =$

$-2 - 5 =$

$8 + 4 =$

$-4 - 6 =$

$6 - 3 =$

$9 + 6 =$

$3 + 6 =$

$4 - 2 =$

$-5 + 9 =$

$-2 + 8 =$

$-5 + 9 =$

$1 - 8 =$

$-2 - 7 =$

$5 - 4 =$

$-5 + 7 =$

$6 + 4 =$

$-6 + 3 =$

$3 + 0 =$

$9 - 6 =$

$8 + 5 =$

$8 - 0 =$

$6 - 4 =$

$0 + 0 =$

$-2 + 6 =$

$2 + 4 =$

$-7 - 1 =$

$9 + 5 =$

$1 - 1 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 8 & + & 8 & = & \\
 -1 & - & 8 & = & \\
 -6 & + & 4 & = & \\
 -9 & + & 4 & = & \\
 -9 & - & 8 & = & \\
 8 & - & 5 & = & \\
 5 & + & 3 & = & \\
 8 & - & 9 & = & \\
 -8 & - & 5 & = & \\
 -7 & - & 9 & = & \\
 -9 & + & 6 & = & \\
 7 & + & 6 & = & \\
 3 & - & 8 & = & \\
 6 & - & 3 & = & \\
 4 & + & 3 & = & \\
 2 & + & 6 & = & \\
 6 & + & 0 & = & \\
 -5 & - & 2 & = & \\
 -8 & + & 1 & = & \\
 3 & + & 6 & = & \\
 -8 & - & 4 & = & \\
 5 & + & 1 & = & \\
 9 & - & 6 & = & \\
 0 & + & 2 & = & \\
 7 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 6 & + & 5 & = & \\
 -4 & + & 8 & = & \\
 6 & + & 4 & = & \\
 -6 & + & 3 & = & \\
 6 & - & 1 & = & \\
 6 & - & 7 & = & \\
 5 & + & 3 & = & \\
 7 & - & 9 & = & \\
 3 & - & 8 & = & \\
 -1 & - & 1 & = & \\
 -2 & - & 4 & = & \\
 9 & + & 2 & = & \\
 -1 & + & 9 & = & \\
 4 & + & 8 & = & \\
 2 & + & 8 & = & \\
 -7 & + & 5 & = & \\
 3 & - & 2 & = & \\
 -4 & - & 6 & = & \\
 4 & + & 1 & = & \\
 4 & - & 4 & = & \\
 8 & - & 2 & = & \\
 -8 & + & 2 & = & \\
 -5 & + & 4 & = & \\
 -1 & - & 8 & = & \\
 3 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 3 = \\ -7 + 7 = \\ -8 - 5 = \\ -6 + 4 = \\ 1 - 1 = \\ 6 + 4 = \\ -4 + 6 = \\ -5 + 8 = \\ 5 + 3 = \\ 4 + 9 = \\ 2 + 7 = \\ -1 - 8 = \\ 2 - 9 = \\ 4 + 4 = \\ 0 - 2 = \\ 8 + 0 = \\ -7 + 9 = \\ -7 - 6 = \\ 2 - 3 = \\ 9 - 9 = \\ -9 - 4 = \\ 8 - 2 = \\ -7 + 4 = \\ -6 - 3 = \\ 3 - 0 = \end{array}$$

$$\begin{array}{r} 2 + 8 = \\ 0 + 4 = \\ -9 + 3 = \\ 5 - 6 = \\ 4 + 2 = \\ -2 - 3 = \\ -1 - 6 = \\ 5 - 6 = \\ -1 - 1 = \\ 0 - 6 = \\ -1 - 1 = \\ -4 + 8 = \\ 1 - 1 = \\ 8 + 0 = \\ -1 - 7 = \\ 5 + 5 = \\ 5 + 8 = \\ 3 - 3 = \\ 6 + 7 = \\ -9 - 8 = \\ 3 + 8 = \\ 7 + 3 = \\ -4 + 8 = \\ -9 - 2 = \\ 4 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -2 + 4 = \\
 -4 + 0 = \\
 5 - 2 = \\
 -5 + 9 = \\
 0 - 0 = \\
 -4 + 6 = \\
 8 + 4 = \\
 1 + 6 = \\
 8 - 0 = \\
 -6 + 2 = \\
 6 + 8 = \\
 -9 - 7 = \\
 -1 - 9 = \\
 0 + 9 = \\
 8 + 2 = \\
 -3 + 1 = \\
 -7 - 3 = \\
 8 - 0 = \\
 3 + 9 = \\
 -4 - 7 = \\
 4 - 8 = \\
 5 - 2 = \\
 6 - 9 = \\
 0 + 5 = \\
 0 - 2 =
 \end{array}$$

$$\begin{array}{r}
 -3 + 4 = \\
 -5 - 9 = \\
 -7 + 5 = \\
 2 - 7 = \\
 -1 + 3 = \\
 -8 + 5 = \\
 -7 - 8 = \\
 7 + 3 = \\
 5 + 7 = \\
 -5 + 9 = \\
 -2 - 5 = \\
 9 - 0 = \\
 -7 - 8 = \\
 8 - 6 = \\
 1 + 6 = \\
 -3 - 8 = \\
 2 - 9 = \\
 8 - 6 = \\
 -8 - 3 = \\
 -6 - 2 = \\
 1 + 0 = \\
 3 - 6 = \\
 4 - 8 = \\
 -3 - 5 = \\
 1 - 5 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rcll}
 -8 & - & 6 & = \\
 9 & + & 9 & = \\
 1 & + & 1 & = \\
 -5 & + & 5 & = \\
 7 & - & 6 & = \\
 -1 & - & 5 & = \\
 5 & + & 7 & = \\
 6 & - & 2 & = \\
 0 & + & 6 & = \\
 -2 & + & 8 & = \\
 -9 & + & 1 & = \\
 -4 & - & 8 & = \\
 8 & - & 0 & = \\
 7 & - & 5 & = \\
 -4 & + & 8 & = \\
 9 & + & 8 & = \\
 -9 & + & 2 & = \\
 8 & - & 4 & = \\
 9 & - & 7 & = \\
 1 & + & 5 & = \\
 5 & - & 0 & = \\
 -4 & + & 6 & = \\
 -1 & - & 5 & = \\
 0 & - & 8 & = \\
 5 & - & 2 & =
 \end{array}$$

$$\begin{array}{rcll}
 -5 & + & 2 & = \\
 3 & + & 8 & = \\
 8 & - & 5 & = \\
 9 & - & 4 & = \\
 7 & - & 8 & = \\
 -7 & + & 7 & = \\
 0 & + & 4 & = \\
 1 & + & 0 & = \\
 3 & + & 7 & = \\
 6 & - & 9 & = \\
 7 & - & 4 & = \\
 9 & + & 9 & = \\
 -5 & + & 5 & = \\
 4 & - & 9 & = \\
 3 & + & 9 & = \\
 4 & + & 3 & = \\
 -1 & + & 8 & = \\
 -2 & + & 4 & = \\
 6 & + & 9 & = \\
 -2 & + & 2 & = \\
 1 & + & 8 & = \\
 -2 & + & 0 & = \\
 1 & + & 5 & = \\
 8 & - & 9 & = \\
 3 & - & 3 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 0 - 8 = \\
 2 - 9 = \\
 0 - 2 = \\
 -3 - 9 = \\
 4 - 2 = \\
 6 + 1 = \\
 6 - 8 = \\
 -5 + 5 = \\
 4 - 3 = \\
 8 - 3 = \\
 4 - 4 = \\
 -6 + 9 = \\
 1 + 5 = \\
 -9 - 9 = \\
 -8 + 3 = \\
 -4 - 4 = \\
 -1 - 4 = \\
 1 + 2 = \\
 6 + 7 = \\
 0 - 5 = \\
 -3 - 1 = \\
 2 + 8 = \\
 4 + 4 = \\
 2 + 2 = \\
 -9 - 7 =
 \end{array}$$

$$\begin{array}{r}
 3 + 7 = \\
 6 - 3 = \\
 6 - 4 = \\
 -4 + 8 = \\
 1 - 0 = \\
 8 + 9 = \\
 5 + 6 = \\
 1 - 6 = \\
 3 - 1 = \\
 4 - 3 = \\
 9 + 0 = \\
 3 + 4 = \\
 2 + 3 = \\
 2 - 1 = \\
 -4 - 9 = \\
 -1 + 0 = \\
 5 - 9 = \\
 -2 - 0 = \\
 6 + 2 = \\
 1 - 4 = \\
 8 - 0 = \\
 1 + 6 = \\
 4 - 4 = \\
 -4 + 6 = \\
 -6 + 3 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$4 + 8 =$

$5 + 4 =$

$6 - 3 =$

$2 + 3 =$

$-4 + 5 =$

$1 + 1 =$

$-5 - 3 =$

$-2 - 8 =$

$5 - 4 =$

$3 + 6 =$

$8 - 3 =$

$-8 + 6 =$

$6 - 0 =$

$-9 - 0 =$

$-9 - 4 =$

$-8 - 3 =$

$3 - 1 =$

$-1 + 1 =$

$0 + 6 =$

$0 + 0 =$

$-5 + 1 =$

$5 - 7 =$

$0 + 5 =$

$4 - 1 =$

$-8 - 3 =$

$8 - 6 =$

$5 - 0 =$

$-3 - 5 =$

$3 - 0 =$

$7 + 3 =$

$-1 - 8 =$

$5 + 2 =$

$-3 - 4 =$

$1 + 2 =$

$-5 - 1 =$

$8 - 9 =$

$-1 - 3 =$

$-8 - 3 =$

$7 + 3 =$

$3 + 5 =$

$-4 - 0 =$

$9 - 3 =$

$5 + 4 =$

$-5 + 3 =$

$2 - 5 =$

$1 - 4 =$

$-1 - 5 =$

$-1 + 6 =$

$4 - 5 =$

$4 + 1 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 6 & = & \\
 -9 & + & 3 & = & \\
 5 & - & 9 & = & \\
 7 & - & 7 & = & \\
 -6 & + & 6 & = & \\
 7 & + & 4 & = & \\
 6 & + & 2 & = & \\
 9 & - & 6 & = & \\
 8 & + & 8 & = & \\
 -5 & + & 8 & = & \\
 3 & + & 8 & = & \\
 -7 & + & 5 & = & \\
 5 & - & 3 & = & \\
 -9 & + & 5 & = & \\
 -7 & - & 8 & = & \\
 -9 & - & 7 & = & \\
 -4 & + & 4 & = & \\
 8 & - & 1 & = & \\
 -4 & + & 2 & = & \\
 9 & - & 5 & = & \\
 4 & - & 2 & = & \\
 -6 & - & 4 & = & \\
 6 & - & 6 & = & \\
 9 & - & 4 & = & \\
 -3 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -7 & + & 1 & = & \\
 -1 & - & 7 & = & \\
 1 & - & 6 & = & \\
 2 & + & 6 & = & \\
 -1 & + & 9 & = & \\
 7 & - & 6 & = & \\
 -8 & - & 4 & = & \\
 -5 & + & 3 & = & \\
 -9 & + & 9 & = & \\
 -8 & + & 7 & = & \\
 2 & + & 3 & = & \\
 -4 & - & 1 & = & \\
 4 & + & 7 & = & \\
 8 & - & 9 & = & \\
 8 & + & 9 & = & \\
 8 & - & 8 & = & \\
 -6 & + & 5 & = & \\
 -6 & + & 4 & = & \\
 8 & - & 9 & = & \\
 -5 & - & 0 & = & \\
 -8 & + & 1 & = & \\
 -6 & + & 3 & = & \\
 -5 & - & 2 & = & \\
 -8 & + & 3 & = & \\
 9 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 6 + 2 = \\ 8 - 4 = \\ 9 + 9 = \\ 5 - 6 = \\ 6 - 1 = \\ -1 - 3 = \\ 2 - 6 = \\ -7 - 9 = \\ 1 - 5 = \\ -8 - 8 = \\ -3 + 7 = \\ -5 + 4 = \\ -7 - 3 = \\ 0 + 2 = \\ -2 - 7 = \\ -3 - 4 = \\ 5 - 3 = \\ 3 - 2 = \\ 0 - 7 = \\ -7 - 4 = \\ -9 - 5 = \\ -6 + 5 = \\ 2 + 2 = \\ 6 - 0 = \\ -5 - 4 = \end{array}$$

$$\begin{array}{r} 7 + 9 = \\ 3 - 8 = \\ 1 - 3 = \\ 1 + 7 = \\ -4 + 2 = \\ 7 - 5 = \\ -7 - 2 = \\ 2 + 3 = \\ 8 - 9 = \\ -7 + 1 = \\ -5 + 1 = \\ -4 + 9 = \\ -8 - 0 = \\ 6 + 1 = \\ 9 - 9 = \\ 9 + 4 = \\ 8 - 0 = \\ -3 - 1 = \\ -2 - 5 = \\ -9 + 2 = \\ 7 + 4 = \\ -9 + 6 = \\ 6 + 7 = \\ 3 + 3 = \\ 3 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 0 = \\ 4 + 3 = \\ 5 + 1 = \\ -9 + 7 = \\ 7 - 5 = \\ -7 - 3 = \\ -5 - 3 = \\ 6 - 3 = \\ -7 - 8 = \\ 5 - 4 = \\ 9 - 9 = \\ 4 - 9 = \\ 6 - 0 = \\ 2 + 5 = \\ -6 - 8 = \\ -6 - 2 = \\ 5 - 6 = \\ -3 - 8 = \\ -6 - 1 = \\ 8 - 5 = \\ 4 + 7 = \\ -9 - 7 = \\ -7 - 7 = \\ -8 + 6 = \\ -7 + 8 = \end{array}$$

$$\begin{array}{r} 6 - 1 = \\ -1 + 9 = \\ 6 + 9 = \\ 5 - 4 = \\ 0 + 1 = \\ -5 + 0 = \\ -3 - 6 = \\ -3 + 8 = \\ -4 + 0 = \\ 2 - 7 = \\ 5 - 0 = \\ 1 + 4 = \\ 3 - 4 = \\ -3 + 3 = \\ -4 - 7 = \\ 3 - 3 = \\ 2 - 7 = \\ -6 - 3 = \\ 5 + 4 = \\ 5 + 1 = \\ -4 + 1 = \\ 9 + 3 = \\ -4 - 0 = \\ -9 - 5 = \\ 4 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & - & 4 & = & \\
 -9 & - & 1 & = & \\
 -8 & - & 4 & = & \\
 3 & + & 2 & = & \\
 -9 & - & 6 & = & \\
 -3 & - & 3 & = & \\
 5 & - & 1 & = & \\
 1 & - & 1 & = & \\
 1 & - & 4 & = & \\
 6 & - & 5 & = & \\
 8 & + & 2 & = & \\
 0 & + & 8 & = & \\
 -9 & - & 0 & = & \\
 -9 & + & 1 & = & \\
 -2 & - & 1 & = & \\
 -9 & + & 6 & = & \\
 -1 & - & 5 & = & \\
 -4 & - & 4 & = & \\
 1 & + & 4 & = & \\
 6 & - & 7 & = & \\
 -6 & - & 1 & = & \\
 5 & - & 8 & = & \\
 -8 & + & 3 & = & \\
 -1 & - & 1 & = & \\
 -9 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & - & 0 & = & \\
 -5 & + & 3 & = & \\
 3 & + & 2 & = & \\
 -2 & + & 4 & = & \\
 0 & + & 1 & = & \\
 -9 & + & 7 & = & \\
 -8 & + & 3 & = & \\
 -3 & + & 8 & = & \\
 7 & - & 6 & = & \\
 -1 & + & 8 & = & \\
 3 & + & 6 & = & \\
 -2 & - & 7 & = & \\
 -4 & - & 4 & = & \\
 -9 & - & 1 & = & \\
 -2 & - & 5 & = & \\
 6 & - & 9 & = & \\
 -2 & + & 3 & = & \\
 5 & - & 9 & = & \\
 6 & - & 0 & = & \\
 -2 & + & 1 & = & \\
 5 & + & 8 & = & \\
 4 & + & 5 & = & \\
 5 & + & 3 & = & \\
 -6 & - & 2 & = & \\
 7 & + & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 0 = \\ 9 - 9 = \\ -3 - 3 = \\ -7 + 4 = \\ 2 - 7 = \\ 1 - 0 = \\ -3 - 2 = \\ -8 + 5 = \\ 2 + 0 = \\ 5 - 1 = \\ 8 + 1 = \\ -9 + 8 = \\ -6 + 2 = \\ -9 - 4 = \\ -6 - 1 = \\ -1 - 5 = \\ 5 - 6 = \\ -2 + 9 = \\ -7 + 6 = \\ 1 + 8 = \\ -6 - 1 = \\ -7 + 9 = \\ -4 - 8 = \\ 1 - 3 = \\ -7 + 4 = \end{array}$$

$$\begin{array}{r} -8 - 7 = \\ 2 + 1 = \\ 0 - 2 = \\ 6 - 3 = \\ -9 + 4 = \\ 1 + 7 = \\ -8 - 8 = \\ 9 - 5 = \\ 4 - 5 = \\ 6 + 1 = \\ -9 + 3 = \\ 7 + 4 = \\ -4 + 0 = \\ -8 + 6 = \\ -3 + 7 = \\ -2 + 8 = \\ 6 - 4 = \\ -7 + 9 = \\ 4 + 2 = \\ -5 + 1 = \\ -2 - 3 = \\ -8 - 3 = \\ 4 + 8 = \\ 3 - 9 = \\ -8 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 2 = \\ -8 - 6 = \\ -6 + 5 = \\ 7 - 3 = \\ -4 + 4 = \\ 5 - 8 = \\ 3 - 4 = \\ 7 + 5 = \\ -2 + 1 = \\ -9 + 8 = \\ 2 + 6 = \\ 4 + 3 = \\ 3 + 1 = \\ -6 - 0 = \\ 5 - 6 = \\ -5 - 5 = \\ 5 - 2 = \\ 9 - 8 = \\ 5 - 4 = \\ 8 - 2 = \\ 7 - 7 = \\ -3 - 9 = \\ -2 + 9 = \\ -9 + 0 = \\ -6 + 5 = \end{array}$$

$$\begin{array}{r} -8 + 7 = \\ -9 - 3 = \\ -2 - 0 = \\ 3 - 7 = \\ -8 + 8 = \\ -8 + 5 = \\ 2 - 2 = \\ 1 - 5 = \\ 8 - 3 = \\ 9 - 3 = \\ -5 + 5 = \\ 2 - 7 = \\ -4 + 7 = \\ -5 - 9 = \\ -8 + 2 = \\ 7 - 1 = \\ -4 + 7 = \\ 8 - 9 = \\ 4 - 8 = \\ -5 + 4 = \\ -3 + 3 = \\ -2 - 1 = \\ 1 - 7 = \\ -6 + 9 = \\ -7 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 - 7 = \\ -3 + 0 = \\ -4 + 4 = \\ -8 - 7 = \\ -5 - 4 = \\ -3 - 6 = \\ 8 - 9 = \\ -2 - 7 = \\ -7 - 2 = \\ 5 - 6 = \\ -4 + 2 = \\ 1 + 6 = \\ 3 + 5 = \\ -3 - 0 = \\ -5 - 4 = \\ 2 + 7 = \\ 4 - 5 = \\ -5 - 2 = \\ 4 - 4 = \\ -9 - 2 = \\ -1 - 9 = \\ 4 - 9 = \\ -4 + 0 = \\ -8 + 1 = \\ -7 + 0 = \end{array}$$

$$\begin{array}{r} 8 - 7 = \\ -6 - 6 = \\ 8 - 2 = \\ 1 + 3 = \\ 6 - 9 = \\ -3 + 0 = \\ -1 + 6 = \\ 5 + 7 = \\ -6 + 4 = \\ 4 - 7 = \\ 0 - 8 = \\ 8 + 8 = \\ 9 + 1 = \\ -4 - 4 = \\ 2 - 6 = \\ 3 - 7 = \\ -1 + 6 = \\ -4 + 5 = \\ -8 - 4 = \\ -3 - 5 = \\ -4 + 5 = \\ -5 - 9 = \\ 1 + 5 = \\ 1 - 1 = \\ 0 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$8 + 2 =$

$0 + 8 =$

$6 - 8 =$

$2 - 5 =$

$6 + 9 =$

$8 - 2 =$

$9 + 2 =$

$-5 - 7 =$

$5 - 7 =$

$-4 + 9 =$

$6 + 9 =$

$4 - 6 =$

$-6 + 6 =$

$7 - 6 =$

$6 - 9 =$

$2 - 0 =$

$-4 - 5 =$

$-6 + 4 =$

$3 + 5 =$

$2 - 0 =$

$9 + 5 =$

$2 + 3 =$

$-7 + 2 =$

$0 + 6 =$

$-3 + 8 =$

$0 + 2 =$

$-9 - 8 =$

$-7 + 4 =$

$-8 + 1 =$

$-1 - 1 =$

$2 - 0 =$

$4 + 0 =$

$-4 - 3 =$

$6 + 7 =$

$-3 + 6 =$

$-7 - 4 =$

$-8 - 3 =$

$0 - 0 =$

$7 - 1 =$

$-7 - 6 =$

$5 + 9 =$

$-5 + 4 =$

$-7 + 7 =$

$-2 + 2 =$

$0 + 8 =$

$0 + 8 =$

$-2 + 8 =$

$0 + 9 =$

$3 + 8 =$

$-5 - 2 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 6 = \\ -8 + 4 = \\ 7 - 0 = \\ -9 - 9 = \\ 7 - 0 = \\ 6 + 4 = \\ -3 + 4 = \\ 8 + 3 = \\ -6 + 5 = \\ 2 + 7 = \\ 7 + 3 = \\ 8 - 4 = \\ -3 - 8 = \\ 5 - 7 = \\ -9 + 8 = \\ -5 - 1 = \\ -4 - 6 = \\ -5 + 7 = \\ -2 - 6 = \\ 8 - 4 = \\ -4 + 7 = \\ 1 - 0 = \\ 5 + 2 = \\ 7 + 8 = \\ -8 - 5 = \end{array}$$

$$\begin{array}{r} 3 - 6 = \\ -5 + 9 = \\ 2 + 4 = \\ 4 + 0 = \\ 7 + 5 = \\ -9 - 8 = \\ -3 + 8 = \\ -1 - 6 = \\ 2 + 8 = \\ 4 - 6 = \\ -3 - 8 = \\ 9 - 6 = \\ 1 + 0 = \\ 3 - 8 = \\ 0 + 0 = \\ -7 + 0 = \\ -9 + 0 = \\ -4 + 6 = \\ -6 + 0 = \\ -7 - 0 = \\ 6 + 1 = \\ -3 - 3 = \\ -6 - 5 = \\ 9 - 4 = \\ 2 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 9 + 6 = \\
 0 + 7 = \\
 -6 - 0 = \\
 -9 - 2 = \\
 6 - 7 = \\
 -4 + 7 = \\
 6 + 0 = \\
 0 + 2 = \\
 1 + 0 = \\
 5 + 5 = \\
 -9 + 0 = \\
 -6 - 2 = \\
 3 + 2 = \\
 -4 - 1 = \\
 2 + 4 = \\
 8 + 8 = \\
 7 + 9 = \\
 7 + 0 = \\
 4 - 3 = \\
 3 + 0 = \\
 4 + 8 = \\
 -1 + 3 = \\
 6 - 2 = \\
 6 - 4 = \\
 -9 + 0 =
 \end{array}$$

$$\begin{array}{r}
 6 - 7 = \\
 -8 - 4 = \\
 -1 + 1 = \\
 -1 + 6 = \\
 -4 - 0 = \\
 -5 - 5 = \\
 -6 + 8 = \\
 -1 - 4 = \\
 -3 - 0 = \\
 -4 + 5 = \\
 0 + 4 = \\
 -6 + 7 = \\
 -4 - 6 = \\
 4 - 0 = \\
 0 + 0 = \\
 -5 - 4 = \\
 -2 + 3 = \\
 -7 + 0 = \\
 9 + 4 = \\
 2 - 3 = \\
 -8 - 9 = \\
 -3 + 9 = \\
 0 + 4 = \\
 -2 + 6 = \\
 2 + 3 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & - & 4 & = & \\
 7 & - & 2 & = & \\
 -9 & + & 5 & = & \\
 9 & + & 7 & = & \\
 7 & + & 5 & = & \\
 7 & + & 2 & = & \\
 -5 & + & 1 & = & \\
 -1 & - & 5 & = & \\
 9 & - & 1 & = & \\
 3 & + & 8 & = & \\
 -6 & + & 3 & = & \\
 -3 & - & 2 & = & \\
 -6 & - & 3 & = & \\
 -6 & + & 4 & = & \\
 -4 & + & 6 & = & \\
 -8 & - & 0 & = & \\
 1 & + & 9 & = & \\
 8 & + & 8 & = & \\
 0 & + & 4 & = & \\
 -8 & - & 8 & = & \\
 0 & - & 2 & = & \\
 5 & + & 6 & = & \\
 0 & - & 9 & = & \\
 -8 & - & 0 & = & \\
 0 & - & 4 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & + & 9 & = & \\
 3 & - & 6 & = & \\
 9 & - & 4 & = & \\
 -6 & - & 7 & = & \\
 -1 & + & 3 & = & \\
 7 & - & 4 & = & \\
 -4 & - & 2 & = & \\
 4 & - & 2 & = & \\
 3 & - & 8 & = & \\
 8 & + & 6 & = & \\
 -3 & + & 1 & = & \\
 -4 & - & 7 & = & \\
 4 & + & 3 & = & \\
 -8 & - & 5 & = & \\
 0 & - & 7 & = & \\
 9 & + & 4 & = & \\
 -5 & + & 2 & = & \\
 -5 & - & 6 & = & \\
 1 & + & 2 & = & \\
 -4 & + & 2 & = & \\
 -5 & - & 4 & = & \\
 7 & - & 0 & = & \\
 1 & + & 3 & = & \\
 1 & - & 5 & = & \\
 -4 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 7 - 2 = \\
 3 - 6 = \\
 0 - 6 = \\
 1 + 5 = \\
 -5 + 2 = \\
 -1 - 5 = \\
 -8 - 5 = \\
 3 + 1 = \\
 1 + 9 = \\
 -7 + 4 = \\
 7 - 9 = \\
 -7 - 1 = \\
 -6 - 1 = \\
 1 - 9 = \\
 -6 + 7 = \\
 1 + 2 = \\
 4 + 8 = \\
 -9 - 6 = \\
 -5 + 6 = \\
 7 + 9 = \\
 -4 - 9 = \\
 -4 - 3 = \\
 -9 - 7 = \\
 6 + 8 = \\
 2 + 0 =
 \end{array}$$

$$\begin{array}{r}
 -5 - 7 = \\
 9 - 3 = \\
 5 - 7 = \\
 -7 + 7 = \\
 -5 - 7 = \\
 -2 + 0 = \\
 -3 + 8 = \\
 -8 - 3 = \\
 -7 - 8 = \\
 4 - 9 = \\
 -5 + 6 = \\
 -3 - 8 = \\
 -9 - 8 = \\
 -1 - 7 = \\
 -5 + 2 = \\
 -1 - 2 = \\
 9 + 7 = \\
 2 + 4 = \\
 5 - 4 = \\
 5 + 5 = \\
 -8 - 3 = \\
 7 - 7 = \\
 4 - 4 = \\
 7 - 2 = \\
 8 + 4 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & - & 7 & = & \\
 -8 & - & 7 & = & \\
 -3 & - & 9 & = & \\
 -4 & + & 0 & = & \\
 8 & + & 7 & = & \\
 0 & + & 4 & = & \\
 3 & - & 0 & = & \\
 0 & - & 3 & = & \\
 6 & - & 5 & = & \\
 5 & - & 5 & = & \\
 8 & + & 7 & = & \\
 8 & - & 8 & = & \\
 -3 & + & 3 & = & \\
 -5 & + & 8 & = & \\
 -9 & + & 5 & = & \\
 -2 & - & 3 & = & \\
 -3 & - & 8 & = & \\
 3 & - & 4 & = & \\
 -2 & + & 3 & = & \\
 2 & + & 5 & = & \\
 8 & + & 5 & = & \\
 6 & + & 6 & = & \\
 -8 & - & 2 & = & \\
 -4 & + & 4 & = & \\
 -9 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 2 & + & 5 & = & \\
 -6 & - & 1 & = & \\
 -5 & + & 3 & = & \\
 9 & - & 6 & = & \\
 -1 & - & 6 & = & \\
 -3 & - & 6 & = & \\
 -6 & - & 3 & = & \\
 6 & + & 4 & = & \\
 4 & + & 3 & = & \\
 5 & + & 4 & = & \\
 3 & - & 7 & = & \\
 -4 & + & 3 & = & \\
 6 & - & 6 & = & \\
 2 & + & 9 & = & \\
 -7 & - & 3 & = & \\
 0 & - & 6 & = & \\
 1 & + & 3 & = & \\
 -4 & + & 1 & = & \\
 -9 & - & 1 & = & \\
 7 & - & 6 & = & \\
 4 & + & 0 & = & \\
 -4 & + & 8 & = & \\
 0 & - & 0 & = & \\
 -2 & - & 3 & = & \\
 2 & + & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 2 & = \\
 -7 & - & 0 & = \\
 -3 & + & 1 & = \\
 -8 & + & 0 & = \\
 -1 & - & 3 & = \\
 -2 & + & 3 & = \\
 6 & + & 7 & = \\
 -9 & + & 7 & = \\
 -3 & + & 8 & = \\
 -3 & + & 8 & = \\
 -3 & + & 2 & = \\
 9 & - & 8 & = \\
 3 & - & 5 & = \\
 9 & - & 8 & = \\
 -6 & + & 1 & = \\
 -4 & + & 9 & = \\
 2 & - & 4 & = \\
 9 & + & 3 & = \\
 -8 & + & 3 & = \\
 8 & + & 5 & = \\
 2 & + & 9 & = \\
 7 & - & 4 & = \\
 3 & - & 8 & = \\
 -9 & - & 5 & = \\
 -9 & + & 6 & =
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & - & 3 & = \\
 -3 & + & 1 & = \\
 -6 & - & 1 & = \\
 4 & - & 1 & = \\
 -4 & - & 8 & = \\
 4 & - & 4 & = \\
 -3 & + & 5 & = \\
 -1 & + & 2 & = \\
 8 & + & 5 & = \\
 -9 & + & 8 & = \\
 6 & + & 5 & = \\
 4 & - & 6 & = \\
 1 & - & 2 & = \\
 -9 & + & 5 & = \\
 7 & - & 0 & = \\
 9 & - & 8 & = \\
 9 & - & 7 & = \\
 -5 & + & 3 & = \\
 8 & + & 8 & = \\
 -5 & + & 8 & = \\
 1 & + & 5 & = \\
 -1 & - & 5 & = \\
 4 & - & 1 & = \\
 -9 & + & 0 & = \\
 9 & - & 9 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 - 6 = \\ 5 + 2 = \\ 3 + 4 = \\ -7 + 1 = \\ 4 - 7 = \\ -5 - 2 = \\ -7 - 9 = \\ -7 + 3 = \\ -5 + 4 = \\ 6 + 4 = \\ 9 + 3 = \\ -7 + 8 = \\ -6 + 7 = \\ 1 - 4 = \\ 0 + 9 = \\ 9 + 9 = \\ -4 - 7 = \\ 3 + 7 = \\ 8 - 7 = \\ -5 - 2 = \\ -5 + 3 = \\ -4 + 7 = \\ -8 - 2 = \\ 6 + 8 = \\ 2 - 1 = \end{array}$$

$$\begin{array}{r} -2 + 1 = \\ -7 - 1 = \\ 2 - 8 = \\ -8 - 9 = \\ -7 + 0 = \\ 3 - 2 = \\ 4 + 6 = \\ -3 - 1 = \\ 4 - 6 = \\ -1 - 3 = \\ 7 - 7 = \\ -4 - 2 = \\ -7 - 6 = \\ 2 - 1 = \\ 5 + 0 = \\ -1 - 6 = \\ -1 + 6 = \\ -7 - 3 = \\ 2 + 4 = \\ 8 - 3 = \\ -5 + 3 = \\ -2 - 5 = \\ -7 - 7 = \\ 1 + 6 = \\ 0 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 + 4 = \\ -7 - 6 = \\ 9 - 9 = \\ 7 + 8 = \\ 8 - 9 = \\ 1 + 6 = \\ 3 + 5 = \\ 7 + 7 = \\ -1 - 2 = \\ 3 - 1 = \\ -6 + 9 = \\ 2 - 0 = \\ -3 - 8 = \\ -5 + 5 = \\ -6 - 7 = \\ -9 - 4 = \\ 4 - 2 = \\ -6 + 6 = \\ 0 + 0 = \\ -2 + 8 = \\ -4 + 8 = \\ -5 + 4 = \\ -4 - 2 = \\ -5 + 4 = \\ 9 - 1 = \end{array}$$

$$\begin{array}{r} 6 + 1 = \\ -9 - 5 = \\ 3 - 0 = \\ 5 - 0 = \\ 9 - 8 = \\ -8 - 9 = \\ 6 - 8 = \\ 6 - 2 = \\ 7 + 8 = \\ 4 - 0 = \\ 7 - 0 = \\ 2 + 3 = \\ 4 - 5 = \\ 4 + 8 = \\ 5 + 3 = \\ 4 - 8 = \\ -9 - 4 = \\ -4 - 2 = \\ 5 - 9 = \\ -5 + 4 = \\ -4 + 6 = \\ -4 + 0 = \\ -1 + 0 = \\ -4 + 0 = \\ -3 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 + 9 = \\ -2 + 4 = \\ -9 - 5 = \\ -8 - 2 = \\ -2 + 0 = \\ 6 - 5 = \\ -1 + 7 = \\ -3 + 5 = \\ 8 + 9 = \\ 5 - 3 = \\ 5 + 7 = \\ 9 - 2 = \\ -2 + 4 = \\ 0 + 7 = \\ -6 + 6 = \\ 9 + 7 = \\ -9 + 2 = \\ 3 + 4 = \\ -4 - 5 = \\ 8 - 0 = \\ -7 + 5 = \\ 1 - 4 = \\ 7 + 8 = \\ -2 - 3 = \\ 2 + 5 = \end{array}$$

$$\begin{array}{r} -9 - 3 = \\ -3 - 6 = \\ -5 - 5 = \\ -9 - 4 = \\ -9 - 4 = \\ -7 + 3 = \\ -6 + 9 = \\ 2 - 9 = \\ 8 + 1 = \\ 3 - 1 = \\ 6 - 7 = \\ 6 + 2 = \\ 5 + 0 = \\ 2 + 3 = \\ -6 - 7 = \\ -7 - 7 = \\ 6 + 5 = \\ -7 - 1 = \\ -5 + 4 = \\ -4 - 1 = \\ 5 + 0 = \\ -1 - 3 = \\ 6 + 5 = \\ -7 + 0 = \\ 7 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 9 + 7 = \\
 9 - 4 = \\
 4 + 5 = \\
 -8 - 0 = \\
 5 + 2 = \\
 -9 + 2 = \\
 -7 + 4 = \\
 5 + 4 = \\
 -4 + 0 = \\
 -9 - 3 = \\
 -1 + 3 = \\
 -9 - 7 = \\
 5 + 7 = \\
 -5 - 4 = \\
 6 + 0 = \\
 -6 + 5 = \\
 5 - 8 = \\
 7 + 6 = \\
 8 + 4 = \\
 -1 + 0 = \\
 -4 - 8 = \\
 3 - 9 = \\
 7 - 2 = \\
 6 + 8 = \\
 5 - 1 =
 \end{array}$$

$$\begin{array}{r}
 3 + 6 = \\
 8 + 0 = \\
 -8 + 5 = \\
 5 + 7 = \\
 -3 - 3 = \\
 9 - 6 = \\
 9 + 4 = \\
 7 - 1 = \\
 -3 - 0 = \\
 -9 + 7 = \\
 -4 - 4 = \\
 -5 - 3 = \\
 6 - 3 = \\
 8 - 7 = \\
 0 - 5 = \\
 6 + 9 = \\
 -8 + 9 = \\
 -8 + 3 = \\
 -4 - 2 = \\
 8 - 3 = \\
 3 - 7 = \\
 -2 + 9 = \\
 8 - 3 = \\
 0 + 4 = \\
 -8 + 4 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 2 = \\ -5 + 4 = \\ -3 - 8 = \\ -7 + 3 = \\ 0 - 9 = \\ -1 + 8 = \\ 4 + 2 = \\ -3 + 7 = \\ 3 - 8 = \\ 4 + 9 = \\ 0 - 4 = \\ 2 + 8 = \\ 1 + 1 = \\ 9 - 7 = \\ -4 + 3 = \\ 4 + 8 = \\ 5 - 4 = \\ 0 - 9 = \\ 8 - 6 = \\ -5 - 4 = \\ 3 - 4 = \\ 1 + 9 = \\ 7 - 8 = \\ -7 - 1 = \\ 1 - 8 = \end{array}$$

$$\begin{array}{r} 7 + 7 = \\ 6 - 1 = \\ 6 - 4 = \\ 2 + 9 = \\ 5 - 2 = \\ 8 - 5 = \\ 4 + 7 = \\ -2 + 5 = \\ -2 + 8 = \\ -5 - 8 = \\ -4 - 4 = \\ -3 + 8 = \\ -9 - 6 = \\ 1 + 4 = \\ -9 + 8 = \\ 9 - 0 = \\ 3 - 0 = \\ 1 - 4 = \\ 8 - 4 = \\ -1 - 6 = \\ -6 + 9 = \\ 8 + 8 = \\ -8 - 7 = \\ 3 - 7 = \\ 6 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 6 - 9 = \\ -3 + 9 = \\ 4 + 9 = \\ -7 + 3 = \\ 8 + 6 = \\ -3 - 2 = \\ -2 + 8 = \\ 3 + 9 = \\ 8 - 9 = \\ 4 + 7 = \\ 7 + 0 = \\ -8 + 5 = \\ 0 + 3 = \\ -9 + 0 = \\ -8 - 6 = \\ -4 - 1 = \\ -3 - 4 = \\ 0 + 0 = \\ 6 + 7 = \\ 7 + 1 = \\ -4 + 7 = \\ 0 - 0 = \\ -9 + 3 = \\ 9 - 1 = \\ 0 + 3 = \end{array}$$

$$\begin{array}{r} -9 - 5 = \\ 4 + 4 = \\ -8 - 1 = \\ 9 - 1 = \\ -6 - 6 = \\ 8 + 1 = \\ -9 + 0 = \\ -5 - 8 = \\ -1 + 2 = \\ 8 - 8 = \\ 9 + 4 = \\ -3 - 3 = \\ -5 - 8 = \\ 0 + 0 = \\ -1 - 0 = \\ -4 + 6 = \\ -1 - 9 = \\ -5 - 4 = \\ 3 + 5 = \\ 3 - 8 = \\ 1 + 3 = \\ -5 - 3 = \\ 3 + 7 = \\ 2 + 5 = \\ -3 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 9 = \\ 0 - 5 = \\ -9 - 7 = \\ 0 - 8 = \\ 6 + 2 = \\ -8 + 7 = \\ 5 + 0 = \\ 8 + 5 = \\ -8 + 8 = \\ -5 - 1 = \\ 6 + 1 = \\ 1 - 5 = \\ -6 + 6 = \\ -2 + 3 = \\ -1 + 6 = \\ 2 + 9 = \\ 3 + 9 = \\ -8 - 9 = \\ 3 + 3 = \\ 2 + 1 = \\ 5 - 9 = \\ 7 - 2 = \\ -7 - 1 = \\ 8 + 8 = \\ 0 + 6 = \end{array}$$

$$\begin{array}{r} 6 - 9 = \\ -4 + 8 = \\ -1 - 2 = \\ -4 - 5 = \\ 0 - 7 = \\ 9 - 1 = \\ 2 - 4 = \\ 3 - 7 = \\ -4 + 5 = \\ 6 + 4 = \\ 2 - 3 = \\ -3 + 6 = \\ 1 + 6 = \\ -1 + 9 = \\ -3 + 6 = \\ 4 + 8 = \\ 2 + 4 = \\ -9 + 2 = \\ 7 - 4 = \\ -1 - 4 = \\ 2 + 8 = \\ 9 + 9 = \\ -9 - 4 = \\ -9 + 9 = \\ 9 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 - 6 = \\ 8 - 8 = \\ -4 + 4 = \\ -3 - 6 = \\ 4 - 2 = \\ 7 + 7 = \\ -3 + 0 = \\ 5 + 7 = \\ 5 + 8 = \\ 9 + 2 = \\ -8 - 3 = \\ 0 + 5 = \\ -3 - 3 = \\ -4 + 0 = \\ 6 - 3 = \\ -7 + 3 = \\ 2 + 5 = \\ 1 + 8 = \\ -2 + 9 = \\ -1 + 4 = \\ 2 - 5 = \\ -7 - 8 = \\ 5 + 4 = \\ -7 + 5 = \\ 4 + 8 = \end{array}$$

$$\begin{array}{r} 0 + 3 = \\ -7 - 1 = \\ 1 + 3 = \\ 7 + 3 = \\ -8 - 6 = \\ -9 + 0 = \\ -4 - 6 = \\ -7 + 8 = \\ -2 + 0 = \\ 4 + 9 = \\ 7 + 2 = \\ 0 - 9 = \\ -7 + 9 = \\ 0 - 4 = \\ 2 - 9 = \\ -6 + 7 = \\ -4 + 1 = \\ -3 - 4 = \\ 5 + 2 = \\ 7 - 0 = \\ 9 + 1 = \\ 7 - 0 = \\ 7 + 6 = \\ 9 + 9 = \\ -5 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 + 5 = \\ -4 - 7 = \\ 4 - 1 = \\ 8 + 0 = \\ 1 - 3 = \\ -4 - 0 = \\ 8 + 0 = \\ 9 - 4 = \\ 2 + 0 = \\ -3 - 3 = \\ 5 + 0 = \\ -7 + 7 = \\ -6 + 3 = \\ -6 + 5 = \\ -5 - 0 = \\ -2 - 1 = \\ -3 + 4 = \\ 1 - 7 = \\ -9 - 0 = \\ -3 + 8 = \\ 4 + 3 = \\ 4 - 5 = \\ -5 - 8 = \\ -2 - 5 = \\ 7 + 8 = \end{array}$$

$$\begin{array}{r} -6 + 2 = \\ 8 - 2 = \\ 8 - 4 = \\ 7 - 5 = \\ 8 + 5 = \\ -6 + 4 = \\ -4 - 8 = \\ -4 - 5 = \\ -8 + 7 = \\ 4 - 4 = \\ -4 + 9 = \\ 8 + 1 = \\ 0 - 0 = \\ 3 + 6 = \\ 9 + 2 = \\ -3 - 1 = \\ -4 + 7 = \\ -8 + 9 = \\ 2 + 2 = \\ 6 + 3 = \\ -6 + 0 = \\ 7 + 5 = \\ 5 + 2 = \\ 4 - 5 = \\ -5 + 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 2 & = & \\
 0 & + & 1 & = & \\
 -6 & - & 2 & = & \\
 -4 & + & 4 & = & \\
 -2 & + & 2 & = & \\
 7 & + & 4 & = & \\
 -7 & - & 8 & = & \\
 -8 & + & 2 & = & \\
 9 & + & 8 & = & \\
 9 & - & 8 & = & \\
 -4 & + & 3 & = & \\
 -9 & - & 8 & = & \\
 5 & - & 7 & = & \\
 3 & - & 2 & = & \\
 0 & + & 6 & = & \\
 -2 & - & 4 & = & \\
 2 & + & 6 & = & \\
 9 & + & 4 & = & \\
 8 & - & 8 & = & \\
 6 & + & 7 & = & \\
 -3 & - & 0 & = & \\
 -2 & - & 3 & = & \\
 -2 & - & 9 & = & \\
 7 & + & 3 & = & \\
 1 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & + & 2 & = & \\
 0 & - & 8 & = & \\
 4 & - & 9 & = & \\
 7 & + & 2 & = & \\
 1 & - & 3 & = & \\
 -1 & - & 7 & = & \\
 -2 & - & 0 & = & \\
 -9 & + & 7 & = & \\
 -3 & + & 3 & = & \\
 -3 & + & 5 & = & \\
 6 & + & 1 & = & \\
 9 & - & 6 & = & \\
 -8 & - & 1 & = & \\
 -9 & - & 0 & = & \\
 -4 & + & 6 & = & \\
 -2 & - & 3 & = & \\
 0 & - & 3 & = & \\
 -4 & - & 2 & = & \\
 8 & + & 0 & = & \\
 7 & + & 5 & = & \\
 -9 & - & 0 & = & \\
 7 & - & 2 & = & \\
 -6 & + & 4 & = & \\
 -1 & - & 8 & = & \\
 -2 & + & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 + 4 = \\ -5 - 8 = \\ -8 + 8 = \\ -3 + 1 = \\ -4 + 2 = \\ -7 + 2 = \\ 1 + 8 = \\ -3 + 0 = \\ 6 - 4 = \\ 2 + 9 = \\ 9 + 5 = \\ 5 + 0 = \\ -3 - 0 = \\ 8 + 3 = \\ 5 - 7 = \\ -7 - 9 = \\ 6 + 6 = \\ 8 + 6 = \\ 9 - 4 = \\ 2 - 1 = \\ -5 + 0 = \\ -9 + 6 = \\ 2 + 7 = \\ 6 - 3 = \\ -5 - 3 = \end{array}$$

$$\begin{array}{r} 7 + 6 = \\ -2 + 7 = \\ 3 + 0 = \\ -8 + 6 = \\ 1 - 4 = \\ -5 + 9 = \\ -6 - 0 = \\ 6 + 4 = \\ 6 - 0 = \\ 4 - 9 = \\ -8 + 0 = \\ 4 + 5 = \\ -7 + 1 = \\ -2 + 6 = \\ -2 - 5 = \\ 4 - 3 = \\ -7 + 1 = \\ -6 - 6 = \\ -9 + 5 = \\ -9 + 8 = \\ 0 + 6 = \\ -5 + 8 = \\ 8 - 0 = \\ 7 - 8 = \\ -2 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 - 0 = \\ -6 + 1 = \\ 4 + 4 = \\ -7 + 2 = \\ -8 + 1 = \\ 4 - 1 = \\ -1 + 7 = \\ 3 - 8 = \\ -8 - 3 = \\ 5 + 3 = \\ -6 + 1 = \\ 0 + 5 = \\ 6 - 5 = \\ 2 + 5 = \\ 5 + 5 = \\ 7 + 0 = \\ -1 + 8 = \\ 1 - 8 = \\ 3 + 5 = \\ 3 - 1 = \\ -5 + 5 = \\ -7 - 6 = \\ 2 + 4 = \\ 5 - 8 = \\ 9 + 3 = \end{array}$$

$$\begin{array}{r} -9 - 7 = \\ -5 - 1 = \\ -4 + 2 = \\ 7 + 5 = \\ 7 - 3 = \\ -8 - 3 = \\ 6 + 1 = \\ -3 - 5 = \\ -1 + 5 = \\ -2 + 2 = \\ -9 - 0 = \\ -9 + 5 = \\ 7 - 9 = \\ -1 + 4 = \\ 2 - 8 = \\ -3 + 5 = \\ -6 + 6 = \\ 8 + 0 = \\ 3 + 3 = \\ 3 + 5 = \\ 5 + 6 = \\ -1 - 1 = \\ 8 - 9 = \\ 8 + 3 = \\ -3 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 3 & = & \\
 -6 & + & 6 & = & \\
 2 & + & 3 & = & \\
 -3 & + & 8 & = & \\
 9 & - & 8 & = & \\
 0 & + & 6 & = & \\
 -6 & + & 7 & = & \\
 -1 & + & 3 & = & \\
 -3 & - & 8 & = & \\
 -1 & - & 1 & = & \\
 -6 & - & 4 & = & \\
 2 & - & 2 & = & \\
 -3 & + & 2 & = & \\
 0 & - & 2 & = & \\
 -6 & + & 8 & = & \\
 -3 & + & 6 & = & \\
 -2 & - & 7 & = & \\
 2 & + & 7 & = & \\
 -5 & - & 2 & = & \\
 -8 & + & 8 & = & \\
 0 & - & 3 & = & \\
 -9 & + & 5 & = & \\
 1 & - & 3 & = & \\
 -6 & - & 2 & = & \\
 -9 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 1 & - & 0 & = & \\
 -1 & + & 7 & = & \\
 0 & + & 2 & = & \\
 8 & + & 8 & = & \\
 8 & + & 5 & = & \\
 6 & + & 0 & = & \\
 -5 & + & 7 & = & \\
 -2 & - & 0 & = & \\
 -6 & + & 7 & = & \\
 -8 & + & 1 & = & \\
 -7 & + & 0 & = & \\
 -7 & - & 6 & = & \\
 8 & - & 2 & = & \\
 -4 & + & 4 & = & \\
 1 & - & 5 & = & \\
 -7 & - & 2 & = & \\
 3 & - & 8 & = & \\
 -5 & + & 6 & = & \\
 0 & - & 5 & = & \\
 6 & + & 4 & = & \\
 6 & - & 2 & = & \\
 1 & + & 4 & = & \\
 -3 & + & 8 & = & \\
 4 & + & 5 & = & \\
 6 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 1 + 7 = \\
 -2 + 8 = \\
 0 + 6 = \\
 8 + 3 = \\
 -2 - 7 = \\
 -8 + 2 = \\
 9 - 2 = \\
 -1 + 6 = \\
 5 + 7 = \\
 -9 - 8 = \\
 -2 - 2 = \\
 -3 - 6 = \\
 0 + 4 = \\
 -6 + 0 = \\
 1 - 1 = \\
 -7 - 8 = \\
 4 - 8 = \\
 2 - 7 = \\
 -2 + 3 = \\
 1 - 5 = \\
 7 - 5 = \\
 3 + 3 = \\
 -3 + 9 = \\
 8 + 0 = \\
 4 - 7 =
 \end{array}$$

$$\begin{array}{r}
 -4 - 0 = \\
 -5 - 2 = \\
 -5 + 2 = \\
 -8 - 6 = \\
 2 + 5 = \\
 7 - 1 = \\
 -2 + 1 = \\
 -7 + 4 = \\
 -6 - 9 = \\
 -2 + 8 = \\
 8 + 2 = \\
 -2 + 6 = \\
 8 + 3 = \\
 4 - 4 = \\
 6 - 2 = \\
 2 - 3 = \\
 3 - 8 = \\
 8 + 4 = \\
 -4 + 9 = \\
 -8 + 7 = \\
 4 + 9 = \\
 -9 + 7 = \\
 5 - 2 = \\
 -8 - 9 = \\
 4 - 3 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -1 + 2 = \\ 2 + 5 = \\ -2 - 9 = \\ 2 + 3 = \\ 8 + 8 = \\ 4 + 6 = \\ -6 + 2 = \\ -1 + 5 = \\ 7 - 4 = \\ -2 - 6 = \\ 6 - 9 = \\ -3 - 7 = \\ 7 + 4 = \\ 8 - 3 = \\ -5 - 8 = \\ -4 - 8 = \\ 6 - 3 = \\ 4 - 2 = \\ 1 + 5 = \\ 0 - 2 = \\ 2 - 2 = \\ -4 + 6 = \\ 2 - 0 = \\ -6 + 2 = \\ 7 + 4 = \end{array}$$

$$\begin{array}{r} 5 + 3 = \\ -2 - 7 = \\ -7 - 0 = \\ 4 + 1 = \\ 7 + 8 = \\ -1 - 8 = \\ -3 - 6 = \\ -4 - 3 = \\ -8 + 6 = \\ 2 - 9 = \\ -9 + 8 = \\ -3 - 5 = \\ 9 - 8 = \\ 8 - 4 = \\ -2 - 2 = \\ -2 + 8 = \\ 6 + 5 = \\ 7 + 9 = \\ -8 + 5 = \\ 1 - 8 = \\ 1 - 1 = \\ 3 - 9 = \\ -2 - 7 = \\ 4 + 3 = \\ 1 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 - 1 = \\ -2 - 3 = \\ 9 + 0 = \\ 5 + 5 = \\ 5 - 8 = \\ -1 + 1 = \\ 8 + 4 = \\ -3 - 4 = \\ -1 + 6 = \\ 6 - 2 = \\ -3 + 5 = \\ 4 - 7 = \\ -9 + 1 = \\ -9 - 2 = \\ 7 + 5 = \\ 6 + 3 = \\ -8 - 6 = \\ 7 + 0 = \\ -7 - 2 = \\ -9 + 4 = \\ -9 + 7 = \\ 0 + 5 = \\ -4 - 2 = \\ -9 - 2 = \\ 7 - 7 = \end{array}$$

$$\begin{array}{r} 1 + 7 = \\ -8 - 3 = \\ -8 + 3 = \\ 9 + 6 = \\ 2 - 4 = \\ -7 + 0 = \\ 4 - 1 = \\ -4 - 0 = \\ -8 + 2 = \\ 5 - 1 = \\ -2 - 9 = \\ -5 - 2 = \\ -6 + 3 = \\ 0 + 2 = \\ 3 + 1 = \\ 3 + 3 = \\ 2 + 7 = \\ -3 - 6 = \\ 4 - 2 = \\ 6 + 2 = \\ 6 + 7 = \\ 1 - 7 = \\ -1 - 2 = \\ 8 + 3 = \\ 9 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 6 + 6 = \\ 5 + 7 = \\ 1 + 0 = \\ 9 - 6 = \\ -5 + 7 = \\ 4 - 1 = \\ -7 + 3 = \\ 5 + 3 = \\ -6 - 5 = \\ 0 - 6 = \\ 6 - 0 = \\ 0 + 5 = \\ -7 - 1 = \\ 0 - 5 = \\ 4 + 4 = \\ 0 - 8 = \\ -6 - 4 = \\ -1 + 2 = \\ -3 - 2 = \\ 4 + 0 = \\ -9 - 3 = \\ -2 + 9 = \\ -4 + 7 = \\ 6 + 2 = \\ -5 + 5 = \end{array}$$

$$\begin{array}{r} -5 + 7 = \\ 5 - 5 = \\ 5 - 5 = \\ 6 - 8 = \\ -4 + 0 = \\ -8 + 5 = \\ -9 - 2 = \\ 0 + 1 = \\ 1 - 4 = \\ -7 + 5 = \\ -1 - 6 = \\ 9 - 1 = \\ 5 - 1 = \\ 4 - 0 = \\ 2 - 4 = \\ -1 - 9 = \\ 2 - 2 = \\ 0 + 5 = \\ 8 + 1 = \\ 4 - 4 = \\ -1 - 5 = \\ -8 - 5 = \\ -7 - 7 = \\ -2 + 9 = \\ -8 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 9 & = & \\
 3 & - & 2 & = & \\
 -8 & + & 4 & = & \\
 8 & - & 8 & = & \\
 1 & - & 0 & = & \\
 -7 & + & 0 & = & \\
 -8 & - & 3 & = & \\
 1 & + & 6 & = & \\
 8 & + & 0 & = & \\
 9 & - & 6 & = & \\
 -5 & + & 8 & = & \\
 7 & - & 0 & = & \\
 4 & + & 7 & = & \\
 -3 & + & 6 & = & \\
 4 & - & 1 & = & \\
 4 & + & 8 & = & \\
 -5 & + & 2 & = & \\
 -6 & - & 9 & = & \\
 -2 & - & 0 & = & \\
 5 & + & 1 & = & \\
 5 & - & 4 & = & \\
 2 & - & 3 & = & \\
 6 & + & 4 & = & \\
 -5 & - & 8 & = & \\
 -2 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -7 & + & 7 & = & \\
 -2 & - & 7 & = & \\
 -6 & + & 4 & = & \\
 -2 & - & 0 & = & \\
 9 & - & 8 & = & \\
 -8 & + & 0 & = & \\
 -3 & - & 6 & = & \\
 -4 & - & 4 & = & \\
 -8 & - & 3 & = & \\
 6 & + & 1 & = & \\
 6 & + & 1 & = & \\
 5 & + & 2 & = & \\
 -8 & + & 7 & = & \\
 5 & + & 6 & = & \\
 9 & - & 5 & = & \\
 -5 & + & 0 & = & \\
 -3 & - & 2 & = & \\
 -1 & + & 5 & = & \\
 -6 & - & 4 & = & \\
 -9 & - & 7 & = & \\
 4 & - & 8 & = & \\
 -2 & + & 6 & = & \\
 9 & + & 1 & = & \\
 8 & - & 5 & = & \\
 -3 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 5 & + & 5 & = & \\
 3 & - & 2 & = & \\
 -5 & + & 4 & = & \\
 9 & + & 4 & = & \\
 5 & + & 9 & = & \\
 -7 & - & 2 & = & \\
 -1 & + & 7 & = & \\
 -4 & + & 4 & = & \\
 -5 & - & 0 & = & \\
 -4 & - & 1 & = & \\
 -7 & + & 7 & = & \\
 6 & - & 7 & = & \\
 -8 & + & 6 & = & \\
 -8 & + & 2 & = & \\
 -8 & - & 9 & = & \\
 3 & - & 0 & = & \\
 2 & - & 6 & = & \\
 -2 & + & 7 & = & \\
 -3 & - & 7 & = & \\
 -2 & + & 5 & = & \\
 6 & - & 0 & = & \\
 -4 & - & 2 & = & \\
 5 & + & 8 & = & \\
 -2 & + & 9 & = & \\
 1 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 2 & = & \\
 8 & - & 2 & = & \\
 8 & + & 1 & = & \\
 -6 & - & 5 & = & \\
 -8 & + & 3 & = & \\
 -2 & - & 5 & = & \\
 4 & + & 7 & = & \\
 -5 & - & 2 & = & \\
 -9 & - & 4 & = & \\
 7 & + & 5 & = & \\
 -2 & + & 6 & = & \\
 -7 & + & 4 & = & \\
 5 & - & 4 & = & \\
 -7 & + & 1 & = & \\
 -9 & - & 7 & = & \\
 6 & - & 3 & = & \\
 -5 & + & 1 & = & \\
 0 & + & 5 & = & \\
 6 & + & 5 & = & \\
 -7 & + & 1 & = & \\
 -1 & + & 4 & = & \\
 -1 & - & 3 & = & \\
 -7 & - & 1 & = & \\
 8 & - & 6 & = & \\
 8 & + & 4 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$3 - 2 =$

$8 - 6 =$

$4 + 2 =$

$8 + 9 =$

$-3 + 9 =$

$-6 - 6 =$

$8 - 5 =$

$0 + 7 =$

$4 + 9 =$

$6 + 9 =$

$-5 + 0 =$

$-4 - 8 =$

$9 - 3 =$

$0 + 1 =$

$7 - 1 =$

$3 - 5 =$

$2 - 4 =$

$3 - 9 =$

$7 + 8 =$

$0 - 5 =$

$-8 - 5 =$

$-6 + 7 =$

$-2 + 6 =$

$-8 + 5 =$

$-6 + 6 =$

$8 + 9 =$

$5 + 9 =$

$0 + 6 =$

$4 - 8 =$

$-7 + 3 =$

$1 - 1 =$

$-4 + 8 =$

$-4 + 9 =$

$1 - 9 =$

$-5 - 6 =$

$0 - 3 =$

$-2 + 2 =$

$6 - 8 =$

$4 - 9 =$

$-8 - 0 =$

$5 + 3 =$

$3 - 7 =$

$-4 + 9 =$

$9 + 8 =$

$9 + 3 =$

$2 + 1 =$

$8 - 8 =$

$0 + 6 =$

$-5 + 4 =$

$-3 + 7 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 2 = \\ -4 + 7 = \\ 2 - 4 = \\ 1 - 6 = \\ -1 - 3 = \\ 8 - 2 = \\ 1 + 0 = \\ 8 - 5 = \\ 0 + 0 = \\ -4 + 8 = \\ 0 + 4 = \\ -1 - 8 = \\ 7 + 2 = \\ -4 - 5 = \\ 2 - 8 = \\ -7 + 2 = \\ 4 + 4 = \\ -6 - 2 = \\ 3 + 6 = \\ 0 - 1 = \\ -8 - 2 = \\ 9 + 7 = \\ 3 - 5 = \\ -2 - 1 = \\ 4 - 6 = \end{array}$$

$$\begin{array}{r} 0 - 8 = \\ 1 + 8 = \\ 3 + 7 = \\ -1 - 1 = \\ 3 - 5 = \\ -2 + 4 = \\ 1 - 2 = \\ 7 - 7 = \\ 7 + 1 = \\ 9 - 1 = \\ 2 - 3 = \\ -8 - 7 = \\ 3 - 1 = \\ -7 + 6 = \\ 3 + 2 = \\ 5 - 7 = \\ -5 + 8 = \\ -3 + 0 = \\ -2 + 1 = \\ 9 + 2 = \\ -2 + 2 = \\ -9 + 0 = \\ 6 - 4 = \\ -3 - 8 = \\ 4 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 - 7 = \\ 0 - 5 = \\ 0 + 9 = \\ 8 + 2 = \\ 7 + 6 = \\ -3 - 3 = \\ 8 + 4 = \\ -2 + 8 = \\ 6 + 0 = \\ -9 + 4 = \\ 9 + 3 = \\ 5 + 5 = \\ 3 - 5 = \\ -8 - 7 = \\ -8 - 8 = \\ -3 - 8 = \\ -1 + 2 = \\ 2 + 1 = \\ -6 + 4 = \\ 9 + 5 = \\ -4 - 7 = \\ -7 - 1 = \\ 9 - 6 = \\ -3 - 3 = \\ 1 + 0 = \end{array}$$

$$\begin{array}{r} 2 + 6 = \\ 8 + 6 = \\ 2 + 5 = \\ -1 - 3 = \\ -4 + 1 = \\ 2 - 7 = \\ -8 + 1 = \\ -4 + 9 = \\ -3 + 0 = \\ -6 + 4 = \\ -6 + 5 = \\ 0 - 9 = \\ 8 + 0 = \\ 5 - 4 = \\ 4 + 3 = \\ 3 - 5 = \\ 5 + 4 = \\ 6 + 7 = \\ 4 + 7 = \\ 8 - 0 = \\ -1 + 4 = \\ -6 - 7 = \\ 2 - 5 = \\ 7 + 8 = \\ 4 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 9 & = & \\
 -5 & + & 5 & = & \\
 6 & - & 5 & = & \\
 7 & - & 8 & = & \\
 -3 & - & 1 & = & \\
 1 & + & 8 & = & \\
 7 & - & 7 & = & \\
 -8 & - & 1 & = & \\
 9 & + & 2 & = & \\
 8 & - & 8 & = & \\
 5 & - & 0 & = & \\
 6 & - & 8 & = & \\
 -6 & + & 2 & = & \\
 2 & - & 8 & = & \\
 -2 & - & 9 & = & \\
 0 & - & 5 & = & \\
 2 & - & 5 & = & \\
 1 & - & 2 & = & \\
 -8 & + & 0 & = & \\
 9 & + & 8 & = & \\
 2 & + & 1 & = & \\
 -6 & - & 3 & = & \\
 1 & - & 3 & = & \\
 -6 & - & 7 & = & \\
 -4 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 5 & = & \\
 0 & - & 8 & = & \\
 5 & - & 4 & = & \\
 5 & + & 8 & = & \\
 -1 & - & 6 & = & \\
 4 & - & 0 & = & \\
 2 & + & 0 & = & \\
 1 & + & 5 & = & \\
 1 & - & 8 & = & \\
 -7 & + & 4 & = & \\
 1 & + & 6 & = & \\
 8 & - & 8 & = & \\
 -9 & + & 8 & = & \\
 7 & - & 4 & = & \\
 8 & - & 3 & = & \\
 -3 & - & 6 & = & \\
 4 & + & 2 & = & \\
 -2 & + & 6 & = & \\
 -3 & - & 2 & = & \\
 9 & - & 1 & = & \\
 7 & + & 9 & = & \\
 -8 & + & 5 & = & \\
 9 & + & 9 & = & \\
 0 & + & 1 & = & \\
 -8 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -3 + 6 = \\
 -5 - 2 = \\
 9 + 1 = \\
 -7 + 5 = \\
 6 - 6 = \\
 -1 - 7 = \\
 2 - 1 = \\
 2 + 3 = \\
 9 - 7 = \\
 -9 + 1 = \\
 6 + 3 = \\
 4 + 3 = \\
 -5 + 9 = \\
 -4 + 7 = \\
 -8 - 7 = \\
 9 + 5 = \\
 5 + 5 = \\
 -7 - 7 = \\
 -8 - 5 = \\
 8 + 6 = \\
 -8 - 1 = \\
 -2 + 5 = \\
 2 + 4 = \\
 0 + 4 = \\
 4 + 1 =
 \end{array}$$

$$\begin{array}{r}
 3 + 9 = \\
 9 - 1 = \\
 6 - 1 = \\
 -1 + 4 = \\
 -7 + 9 = \\
 5 - 4 = \\
 -3 - 5 = \\
 5 + 5 = \\
 -6 + 7 = \\
 -3 - 0 = \\
 -6 + 0 = \\
 8 - 9 = \\
 -7 - 2 = \\
 6 + 9 = \\
 -9 + 2 = \\
 -6 + 8 = \\
 6 + 7 = \\
 0 + 5 = \\
 5 + 5 = \\
 -4 + 1 = \\
 6 + 5 = \\
 3 + 5 = \\
 1 + 3 = \\
 -5 - 7 = \\
 -1 + 7 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 4 + 5 = \\ -2 - 7 = \\ -7 - 0 = \\ -3 - 8 = \\ -6 + 6 = \\ 7 - 1 = \\ -9 + 9 = \\ 0 + 5 = \\ 0 + 0 = \\ -5 + 5 = \\ -5 - 9 = \\ 9 - 7 = \\ -7 + 3 = \\ -2 - 1 = \\ 9 - 4 = \\ -9 + 6 = \\ 8 - 4 = \\ 7 - 5 = \\ -9 - 8 = \\ 0 - 1 = \\ -4 + 7 = \\ 9 + 6 = \\ 7 - 2 = \\ 4 + 8 = \\ 4 - 1 = \end{array}$$

$$\begin{array}{r} 8 - 3 = \\ 2 + 3 = \\ 2 + 8 = \\ -7 + 3 = \\ -5 + 4 = \\ 9 + 1 = \\ -4 + 2 = \\ 5 - 3 = \\ -5 - 6 = \\ 5 + 6 = \\ 4 + 2 = \\ 5 - 2 = \\ 5 - 3 = \\ 3 - 5 = \\ -4 + 7 = \\ -4 + 9 = \\ 1 - 7 = \\ 2 + 9 = \\ -4 + 7 = \\ -6 - 7 = \\ -7 - 0 = \\ -8 - 4 = \\ -2 + 7 = \\ -1 + 0 = \\ 7 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 4 - 4 = \\
 5 - 9 = \\
 -6 - 8 = \\
 -8 + 8 = \\
 9 - 2 = \\
 -5 - 7 = \\
 -5 + 1 = \\
 -4 + 3 = \\
 -8 + 5 = \\
 1 - 4 = \\
 4 + 1 = \\
 3 + 0 = \\
 0 + 0 = \\
 -2 - 6 = \\
 -6 - 6 = \\
 6 + 9 = \\
 -6 + 1 = \\
 5 + 2 = \\
 0 - 5 = \\
 -6 - 1 = \\
 -3 + 8 = \\
 2 + 5 = \\
 7 - 0 = \\
 2 - 7 = \\
 -7 - 6 =
 \end{array}$$

$$\begin{array}{r}
 9 - 2 = \\
 5 + 1 = \\
 -5 + 6 = \\
 5 - 0 = \\
 -3 - 1 = \\
 -1 + 8 = \\
 7 - 6 = \\
 -5 + 6 = \\
 8 - 5 = \\
 -8 + 8 = \\
 -8 + 5 = \\
 -6 + 0 = \\
 4 - 9 = \\
 -9 + 2 = \\
 3 - 8 = \\
 2 - 9 = \\
 1 - 1 = \\
 2 - 0 = \\
 2 + 1 = \\
 8 + 7 = \\
 -3 - 3 = \\
 6 + 5 = \\
 -5 - 3 = \\
 9 - 9 = \\
 5 + 3 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -3 & - & 5 & = & \\
 4 & - & 2 & = & \\
 -5 & - & 3 & = & \\
 4 & + & 0 & = & \\
 -3 & + & 4 & = & \\
 -3 & - & 6 & = & \\
 2 & + & 0 & = & \\
 6 & - & 4 & = & \\
 7 & + & 7 & = & \\
 6 & + & 8 & = & \\
 6 & - & 5 & = & \\
 6 & + & 0 & = & \\
 4 & - & 0 & = & \\
 -1 & - & 3 & = & \\
 -2 & + & 4 & = & \\
 -1 & + & 0 & = & \\
 -9 & - & 8 & = & \\
 -2 & - & 3 & = & \\
 -3 & + & 9 & = & \\
 6 & - & 4 & = & \\
 -3 & + & 4 & = & \\
 9 & - & 0 & = & \\
 9 & - & 7 & = & \\
 -7 & + & 1 & = & \\
 -6 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 3 & - & 5 & = & \\
 -9 & + & 0 & = & \\
 0 & + & 0 & = & \\
 -1 & - & 1 & = & \\
 -6 & + & 3 & = & \\
 9 & + & 1 & = & \\
 4 & - & 3 & = & \\
 3 & - & 1 & = & \\
 3 & + & 9 & = & \\
 5 & - & 7 & = & \\
 -4 & + & 4 & = & \\
 -2 & - & 9 & = & \\
 3 & + & 7 & = & \\
 5 & + & 9 & = & \\
 -1 & - & 7 & = & \\
 1 & + & 0 & = & \\
 -1 & + & 3 & = & \\
 6 & - & 4 & = & \\
 -6 & - & 1 & = & \\
 -1 & - & 6 & = & \\
 4 & - & 3 & = & \\
 7 & - & 0 & = & \\
 4 & + & 1 & = & \\
 9 & + & 5 & = & \\
 -3 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & - & 2 & = & \\
 2 & + & 3 & = & \\
 -2 & - & 1 & = & \\
 2 & - & 0 & = & \\
 4 & + & 6 & = & \\
 -6 & + & 2 & = & \\
 -4 & - & 0 & = & \\
 5 & + & 7 & = & \\
 -5 & + & 5 & = & \\
 -9 & + & 3 & = & \\
 -9 & + & 7 & = & \\
 -7 & - & 3 & = & \\
 9 & - & 6 & = & \\
 0 & - & 1 & = & \\
 6 & + & 3 & = & \\
 9 & - & 8 & = & \\
 5 & - & 2 & = & \\
 3 & - & 7 & = & \\
 7 & - & 7 & = & \\
 -3 & + & 2 & = & \\
 -1 & - & 0 & = & \\
 1 & - & 0 & = & \\
 1 & - & 0 & = & \\
 -2 & + & 6 & = & \\
 9 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 5 & - & 0 & = & \\
 5 & + & 2 & = & \\
 2 & - & 0 & = & \\
 -8 & + & 7 & = & \\
 -7 & - & 3 & = & \\
 -8 & - & 4 & = & \\
 -9 & - & 4 & = & \\
 -8 & + & 7 & = & \\
 -4 & + & 2 & = & \\
 -7 & - & 3 & = & \\
 1 & - & 9 & = & \\
 7 & - & 0 & = & \\
 1 & - & 9 & = & \\
 -9 & - & 7 & = & \\
 -7 & - & 9 & = & \\
 4 & - & 7 & = & \\
 0 & + & 8 & = & \\
 8 & - & 6 & = & \\
 -9 & - & 1 & = & \\
 7 & + & 6 & = & \\
 -1 & - & 0 & = & \\
 9 & + & 5 & = & \\
 -7 & - & 1 & = & \\
 3 & - & 9 & = & \\
 -2 & + & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 8 = \\ -1 + 5 = \\ 0 + 9 = \\ 9 + 8 = \\ 8 + 5 = \\ -2 + 2 = \\ -4 - 7 = \\ 9 + 3 = \\ -8 + 1 = \\ 8 - 5 = \\ 7 - 2 = \\ 6 + 6 = \\ 7 + 4 = \\ 8 + 6 = \\ 2 - 3 = \\ 5 - 1 = \\ -5 + 0 = \\ -6 - 8 = \\ 5 - 0 = \\ -9 - 0 = \\ -9 - 1 = \\ -9 + 8 = \\ 1 - 7 = \\ 2 - 9 = \\ 9 + 8 = \end{array}$$

$$\begin{array}{r} 6 + 8 = \\ -3 + 6 = \\ 8 + 4 = \\ -5 + 8 = \\ -1 + 1 = \\ 1 + 8 = \\ 2 + 9 = \\ 8 - 6 = \\ 3 - 3 = \\ -7 + 6 = \\ -8 + 4 = \\ -9 + 6 = \\ -8 - 8 = \\ -5 - 0 = \\ -3 - 3 = \\ -3 + 8 = \\ 8 - 6 = \\ -2 + 5 = \\ 9 + 2 = \\ 1 + 6 = \\ -4 - 5 = \\ 2 - 6 = \\ -7 + 1 = \\ -7 + 3 = \\ 0 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 - 6 = \\ -7 - 4 = \\ 7 + 5 = \\ -6 + 4 = \\ -7 + 9 = \\ 2 - 0 = \\ -2 - 7 = \\ -2 - 1 = \\ -1 + 0 = \\ 8 - 3 = \\ -7 - 7 = \\ 1 - 8 = \\ -9 - 5 = \\ 8 + 1 = \\ -3 + 2 = \\ 2 - 5 = \\ 2 + 9 = \\ -3 - 7 = \\ 2 + 1 = \\ -4 - 2 = \\ 7 + 5 = \\ 9 + 3 = \\ 0 - 4 = \\ 4 + 0 = \\ -1 - 4 = \end{array}$$

$$\begin{array}{r} -6 + 9 = \\ -4 - 1 = \\ 8 - 2 = \\ 0 + 7 = \\ 7 - 8 = \\ -7 + 9 = \\ 0 - 4 = \\ 7 + 4 = \\ 8 + 6 = \\ -4 - 5 = \\ 2 - 7 = \\ 3 + 8 = \\ 0 - 2 = \\ -8 - 2 = \\ 0 - 2 = \\ 5 - 2 = \\ 3 - 0 = \\ 3 + 7 = \\ 8 + 7 = \\ 6 + 9 = \\ 8 + 8 = \\ -8 - 1 = \\ 6 - 8 = \\ 2 - 8 = \\ -2 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & + & 3 & = & \\
 -9 & - & 8 & = & \\
 1 & + & 2 & = & \\
 4 & + & 4 & = & \\
 6 & + & 1 & = & \\
 -7 & - & 4 & = & \\
 1 & - & 2 & = & \\
 -2 & + & 5 & = & \\
 2 & - & 7 & = & \\
 5 & + & 6 & = & \\
 -1 & - & 1 & = & \\
 3 & + & 1 & = & \\
 8 & + & 2 & = & \\
 -2 & + & 6 & = & \\
 -9 & - & 2 & = & \\
 -2 & + & 5 & = & \\
 8 & + & 0 & = & \\
 1 & + & 9 & = & \\
 -1 & + & 9 & = & \\
 1 & - & 6 & = & \\
 1 & - & 5 & = & \\
 -3 & - & 0 & = & \\
 -2 & - & 9 & = & \\
 -9 & - & 0 & = & \\
 -7 & + & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -2 & - & 1 & = & \\
 -8 & + & 7 & = & \\
 8 & + & 7 & = & \\
 -4 & + & 2 & = & \\
 -8 & + & 0 & = & \\
 4 & + & 8 & = & \\
 -8 & + & 7 & = & \\
 2 & + & 9 & = & \\
 -8 & + & 6 & = & \\
 -3 & + & 2 & = & \\
 -7 & - & 5 & = & \\
 -1 & - & 5 & = & \\
 5 & + & 4 & = & \\
 -1 & - & 4 & = & \\
 7 & - & 4 & = & \\
 -3 & + & 0 & = & \\
 -7 & + & 5 & = & \\
 0 & + & 2 & = & \\
 0 & + & 4 & = & \\
 7 & - & 9 & = & \\
 -2 & - & 2 & = & \\
 -2 & - & 8 & = & \\
 -6 & + & 3 & = & \\
 1 & + & 6 & = & \\
 5 & + & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 + 2 = \\ -6 - 1 = \\ -9 + 7 = \\ 0 - 7 = \\ -8 - 6 = \\ 8 - 4 = \\ -3 - 8 = \\ -4 - 4 = \\ -9 - 9 = \\ 2 + 7 = \\ -2 - 0 = \\ 4 - 8 = \\ 4 - 2 = \\ -2 - 2 = \\ 3 + 8 = \\ 6 - 8 = \\ 6 + 0 = \\ -2 + 6 = \\ 5 + 1 = \\ 7 - 8 = \\ 4 - 5 = \\ 0 + 3 = \\ 2 - 2 = \\ 5 + 2 = \\ -5 - 4 = \end{array}$$

$$\begin{array}{r} 4 - 9 = \\ -7 + 3 = \\ -5 + 3 = \\ 2 - 5 = \\ 2 - 5 = \\ -1 + 9 = \\ 5 - 3 = \\ 5 - 8 = \\ -6 + 4 = \\ -1 - 5 = \\ -8 - 9 = \\ 4 + 0 = \\ 0 - 0 = \\ 4 + 3 = \\ -6 - 8 = \\ -1 - 0 = \\ -3 - 8 = \\ 3 - 3 = \\ -1 - 5 = \\ -5 + 9 = \\ 1 + 0 = \\ -5 + 6 = \\ 7 + 6 = \\ 0 + 5 = \\ -8 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 2 & = & \\
 -4 & - & 0 & = & \\
 7 & + & 5 & = & \\
 8 & + & 9 & = & \\
 -8 & - & 4 & = & \\
 1 & + & 5 & = & \\
 4 & + & 6 & = & \\
 -1 & + & 4 & = & \\
 5 & - & 7 & = & \\
 -9 & + & 0 & = & \\
 7 & - & 4 & = & \\
 4 & - & 1 & = & \\
 -2 & - & 0 & = & \\
 3 & - & 1 & = & \\
 -6 & + & 1 & = & \\
 -2 & - & 3 & = & \\
 -2 & + & 6 & = & \\
 -1 & + & 4 & = & \\
 9 & + & 0 & = & \\
 6 & - & 2 & = & \\
 2 & + & 8 & = & \\
 -7 & - & 1 & = & \\
 6 & - & 6 & = & \\
 -9 & - & 1 & = & \\
 0 & - & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 3 & - & 6 & = & \\
 -7 & - & 1 & = & \\
 3 & + & 3 & = & \\
 5 & + & 2 & = & \\
 -2 & - & 8 & = & \\
 1 & - & 8 & = & \\
 7 & + & 4 & = & \\
 -3 & + & 7 & = & \\
 1 & - & 4 & = & \\
 4 & + & 5 & = & \\
 9 & + & 4 & = & \\
 -8 & + & 7 & = & \\
 5 & - & 1 & = & \\
 5 & - & 3 & = & \\
 4 & + & 8 & = & \\
 -3 & + & 5 & = & \\
 -2 & + & 3 & = & \\
 8 & + & 2 & = & \\
 9 & + & 3 & = & \\
 2 & + & 7 & = & \\
 5 & - & 9 & = & \\
 -6 & + & 6 & = & \\
 -5 & + & 0 & = & \\
 6 & + & 8 & = & \\
 6 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 1 & = & \\
 -2 & + & 0 & = & \\
 -8 & + & 0 & = & \\
 5 & - & 5 & = & \\
 7 & - & 3 & = & \\
 5 & - & 7 & = & \\
 2 & - & 1 & = & \\
 9 & - & 4 & = & \\
 1 & - & 3 & = & \\
 -5 & + & 7 & = & \\
 -1 & + & 4 & = & \\
 2 & + & 8 & = & \\
 5 & - & 6 & = & \\
 0 & - & 8 & = & \\
 1 & + & 6 & = & \\
 4 & + & 9 & = & \\
 -7 & - & 2 & = & \\
 6 & + & 1 & = & \\
 4 & + & 2 & = & \\
 4 & - & 5 & = & \\
 1 & - & 6 & = & \\
 -6 & - & 6 & = & \\
 -6 & + & 7 & = & \\
 8 & - & 6 & = & \\
 -1 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & - & 2 & = & \\
 7 & + & 9 & = & \\
 9 & - & 0 & = & \\
 1 & + & 5 & = & \\
 -7 & - & 8 & = & \\
 -5 & - & 9 & = & \\
 -6 & - & 6 & = & \\
 -9 & - & 3 & = & \\
 2 & - & 2 & = & \\
 5 & + & 8 & = & \\
 -6 & - & 6 & = & \\
 8 & - & 6 & = & \\
 1 & + & 9 & = & \\
 -5 & + & 6 & = & \\
 -4 & - & 0 & = & \\
 5 & + & 5 & = & \\
 6 & + & 7 & = & \\
 -7 & + & 0 & = & \\
 0 & + & 6 & = & \\
 -5 & + & 9 & = & \\
 6 & + & 9 & = & \\
 -2 & - & 3 & = & \\
 2 & - & 2 & = & \\
 -1 & - & 9 & = & \\
 1 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 + 3 = \\ 7 - 0 = \\ 8 + 3 = \\ -3 + 0 = \\ 4 - 1 = \\ 4 - 8 = \\ -8 + 9 = \\ 0 + 6 = \\ -4 - 2 = \\ 7 + 4 = \\ -5 + 3 = \\ -3 + 8 = \\ 5 + 6 = \\ -8 - 4 = \\ -8 - 6 = \\ 5 + 8 = \\ -4 + 0 = \\ -7 - 6 = \\ -7 - 7 = \\ -9 - 0 = \\ -4 + 0 = \\ 9 + 6 = \\ 8 + 7 = \\ 9 - 0 = \\ -7 + 8 = \end{array}$$

$$\begin{array}{r} -7 - 7 = \\ 3 - 0 = \\ 8 - 1 = \\ -4 + 8 = \\ 3 + 2 = \\ 7 - 3 = \\ 6 + 8 = \\ -1 - 4 = \\ 1 + 9 = \\ 6 - 4 = \\ 3 + 2 = \\ -4 - 2 = \\ -6 - 5 = \\ -2 + 2 = \\ 0 - 8 = \\ -7 + 3 = \\ -2 + 2 = \\ -8 - 9 = \\ -4 + 9 = \\ -3 + 7 = \\ -7 - 3 = \\ 0 - 5 = \\ 0 + 3 = \\ -2 + 2 = \\ 1 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 - 8 = \\ -8 + 7 = \\ 0 + 6 = \\ -7 - 7 = \\ 9 + 1 = \\ -3 + 2 = \\ 4 - 8 = \\ 8 + 9 = \\ -3 + 7 = \\ 3 - 5 = \\ 3 + 0 = \\ -4 + 2 = \\ 1 - 0 = \\ -9 + 0 = \\ 5 - 4 = \\ -8 + 7 = \\ 7 + 0 = \\ -4 - 6 = \\ 7 + 8 = \\ -4 + 9 = \\ 8 + 0 = \\ 6 - 1 = \\ -1 + 1 = \\ -3 + 9 = \\ -4 - 7 = \end{array}$$

$$\begin{array}{r} -4 - 0 = \\ -5 - 9 = \\ -9 + 4 = \\ -2 - 4 = \\ -3 - 5 = \\ 8 - 6 = \\ 6 + 6 = \\ 2 + 3 = \\ -6 - 3 = \\ -5 - 4 = \\ 2 + 2 = \\ -5 + 3 = \\ 8 + 5 = \\ 3 + 4 = \\ -5 + 3 = \\ -2 + 8 = \\ 2 + 6 = \\ 4 + 2 = \\ 2 + 9 = \\ -7 + 3 = \\ 9 + 5 = \\ -6 - 7 = \\ -7 - 9 = \\ -4 - 9 = \\ -6 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 5 & - & 9 & = & \\
 -8 & + & 3 & = & \\
 -1 & - & 0 & = & \\
 0 & + & 2 & = & \\
 -9 & - & 2 & = & \\
 7 & - & 1 & = & \\
 -8 & + & 2 & = & \\
 5 & - & 0 & = & \\
 5 & + & 0 & = & \\
 8 & + & 1 & = & \\
 5 & + & 1 & = & \\
 -4 & - & 4 & = & \\
 -9 & + & 1 & = & \\
 -1 & - & 5 & = & \\
 -1 & - & 1 & = & \\
 6 & + & 6 & = & \\
 -4 & - & 1 & = & \\
 6 & + & 6 & = & \\
 -1 & + & 5 & = & \\
 -6 & + & 9 & = & \\
 -9 & - & 4 & = & \\
 -2 & + & 4 & = & \\
 -7 & + & 0 & = & \\
 8 & - & 0 & = & \\
 -9 & + & 4 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 5 & = & \\
 1 & + & 5 & = & \\
 7 & + & 0 & = & \\
 -7 & + & 9 & = & \\
 -6 & + & 0 & = & \\
 -3 & - & 9 & = & \\
 1 & + & 5 & = & \\
 -2 & - & 5 & = & \\
 -7 & - & 8 & = & \\
 2 & - & 9 & = & \\
 -4 & - & 3 & = & \\
 -9 & - & 8 & = & \\
 3 & - & 6 & = & \\
 3 & + & 8 & = & \\
 -4 & - & 1 & = & \\
 1 & + & 1 & = & \\
 5 & - & 1 & = & \\
 5 & + & 0 & = & \\
 -7 & - & 9 & = & \\
 -4 & - & 6 & = & \\
 9 & - & 3 & = & \\
 5 & + & 3 & = & \\
 -9 & + & 7 & = & \\
 6 & - & 8 & = & \\
 -5 & + & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 1 + 2 = \\
 2 + 6 = \\
 9 + 9 = \\
 -8 - 5 = \\
 8 + 2 = \\
 2 + 8 = \\
 9 - 0 = \\
 -2 - 5 = \\
 2 + 7 = \\
 -8 - 8 = \\
 0 - 2 = \\
 -8 + 2 = \\
 -2 - 0 = \\
 1 - 6 = \\
 1 + 3 = \\
 9 + 2 = \\
 7 + 3 = \\
 -8 - 8 = \\
 8 + 5 = \\
 7 - 7 = \\
 -6 - 0 = \\
 -2 - 1 = \\
 3 + 9 = \\
 -5 - 8 = \\
 5 + 3 =
 \end{array}$$

$$\begin{array}{r}
 -7 + 4 = \\
 -7 - 8 = \\
 7 - 8 = \\
 8 - 0 = \\
 0 - 1 = \\
 -5 - 3 = \\
 0 + 9 = \\
 3 - 3 = \\
 5 - 2 = \\
 9 + 8 = \\
 8 + 3 = \\
 3 - 2 = \\
 4 - 0 = \\
 -8 + 6 = \\
 3 + 8 = \\
 -6 + 9 = \\
 7 + 4 = \\
 -8 - 9 = \\
 -9 + 4 = \\
 -7 - 7 = \\
 9 + 6 = \\
 -7 - 3 = \\
 3 - 8 = \\
 6 + 6 = \\
 5 - 1 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 - 0 = \\ -2 + 2 = \\ 7 + 9 = \\ 9 - 0 = \\ -8 + 1 = \\ -8 + 6 = \\ -3 - 4 = \\ 6 - 6 = \\ 3 - 0 = \\ 3 - 0 = \\ 7 - 8 = \\ -6 - 2 = \\ -9 + 3 = \\ -1 + 3 = \\ 7 - 6 = \\ -8 - 8 = \\ 4 - 5 = \\ 8 - 8 = \\ -1 - 3 = \\ -8 - 7 = \\ -1 + 3 = \\ 2 + 8 = \\ 1 + 0 = \\ 7 + 7 = \\ -9 + 7 = \end{array}$$

$$\begin{array}{r} 4 - 2 = \\ -8 + 9 = \\ 0 + 2 = \\ -6 - 5 = \\ -5 + 4 = \\ -6 - 6 = \\ -1 - 0 = \\ 4 + 5 = \\ 2 + 2 = \\ 0 - 0 = \\ 2 - 4 = \\ -7 - 9 = \\ -7 - 8 = \\ -6 + 0 = \\ -1 - 1 = \\ 6 + 6 = \\ -3 + 5 = \\ -2 + 7 = \\ -4 - 5 = \\ -1 - 1 = \\ 1 + 6 = \\ 9 + 4 = \\ -4 - 5 = \\ 3 + 3 = \\ -2 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -9 + 4 = \\
 -8 + 2 = \\
 -6 - 2 = \\
 -7 - 8 = \\
 1 - 1 = \\
 -3 + 1 = \\
 -9 + 1 = \\
 -7 + 0 = \\
 -7 + 8 = \\
 -5 + 5 = \\
 -8 + 4 = \\
 5 + 6 = \\
 -8 - 5 = \\
 7 - 0 = \\
 -8 - 4 = \\
 4 - 7 = \\
 -2 - 7 = \\
 9 + 6 = \\
 8 - 1 = \\
 -5 - 6 = \\
 0 + 8 = \\
 -3 + 1 = \\
 -5 + 2 = \\
 -3 + 3 = \\
 -5 - 5 =
 \end{array}$$

$$\begin{array}{r}
 3 + 9 = \\
 -6 - 3 = \\
 -2 - 5 = \\
 0 + 3 = \\
 -4 + 9 = \\
 2 - 9 = \\
 -4 + 5 = \\
 -6 + 6 = \\
 -4 + 1 = \\
 -9 - 6 = \\
 -7 - 9 = \\
 1 - 8 = \\
 -5 + 8 = \\
 7 + 1 = \\
 8 - 6 = \\
 6 - 2 = \\
 3 - 0 = \\
 8 - 0 = \\
 -3 + 4 = \\
 2 + 4 = \\
 2 - 0 = \\
 -6 + 1 = \\
 6 + 1 = \\
 3 + 5 = \\
 -5 - 6 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 9 & - & 6 & = & \\
 -9 & - & 6 & = & \\
 -8 & + & 6 & = & \\
 7 & - & 0 & = & \\
 8 & + & 3 & = & \\
 9 & + & 4 & = & \\
 6 & - & 3 & = & \\
 -3 & + & 8 & = & \\
 3 & + & 6 & = & \\
 -5 & - & 4 & = & \\
 -8 & + & 3 & = & \\
 -3 & + & 2 & = & \\
 8 & - & 6 & = & \\
 6 & - & 5 & = & \\
 7 & + & 8 & = & \\
 3 & - & 3 & = & \\
 0 & - & 6 & = & \\
 -4 & + & 0 & = & \\
 -9 & - & 0 & = & \\
 8 & + & 4 & = & \\
 6 & - & 9 & = & \\
 -2 & + & 4 & = & \\
 -1 & - & 7 & = & \\
 8 & + & 5 & = & \\
 -2 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 3 & = & \\
 -4 & + & 2 & = & \\
 -1 & - & 7 & = & \\
 1 & - & 4 & = & \\
 3 & + & 0 & = & \\
 -6 & + & 4 & = & \\
 8 & + & 4 & = & \\
 3 & + & 6 & = & \\
 2 & - & 8 & = & \\
 -5 & + & 7 & = & \\
 -3 & - & 0 & = & \\
 -7 & - & 1 & = & \\
 3 & + & 4 & = & \\
 5 & - & 8 & = & \\
 6 & - & 9 & = & \\
 -4 & - & 5 & = & \\
 -9 & - & 8 & = & \\
 5 & + & 6 & = & \\
 -2 & + & 4 & = & \\
 5 & + & 2 & = & \\
 5 & - & 1 & = & \\
 5 & + & 2 & = & \\
 4 & + & 3 & = & \\
 5 & + & 7 & = & \\
 7 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 + 7 = \\ -9 - 4 = \\ -8 - 5 = \\ 9 + 6 = \\ 2 - 8 = \\ 1 + 2 = \\ -7 + 5 = \\ -1 - 9 = \\ -9 + 2 = \\ -7 - 1 = \\ 7 - 3 = \\ 0 - 0 = \\ 0 - 0 = \\ -9 + 8 = \\ -7 + 6 = \\ 4 - 8 = \\ -9 - 1 = \\ 5 + 5 = \\ 4 + 9 = \\ 5 + 3 = \\ -5 - 7 = \\ 3 + 5 = \\ 5 + 4 = \\ 4 + 7 = \\ 6 + 0 = \end{array}$$

$$\begin{array}{r} 9 - 2 = \\ -7 + 1 = \\ 6 + 0 = \\ -2 - 0 = \\ 2 - 7 = \\ -7 - 6 = \\ 0 - 6 = \\ -9 + 3 = \\ 0 + 9 = \\ -3 + 1 = \\ -1 + 0 = \\ 9 - 0 = \\ 1 - 6 = \\ 4 - 9 = \\ 3 + 1 = \\ -7 - 0 = \\ -1 + 3 = \\ 1 + 7 = \\ 5 + 8 = \\ 0 - 9 = \\ 5 + 7 = \\ -4 - 2 = \\ 5 - 6 = \\ -9 + 8 = \\ 2 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 8 - 0 = \\ 7 - 4 = \\ 7 - 0 = \\ -9 - 5 = \\ 7 + 5 = \\ -6 + 2 = \\ 7 - 4 = \\ -9 - 8 = \\ 9 - 3 = \\ 8 - 3 = \\ 6 - 8 = \\ 4 + 5 = \\ -5 + 8 = \\ 7 + 4 = \\ 8 - 1 = \\ -7 + 8 = \\ 3 - 1 = \\ 4 + 6 = \\ -3 - 1 = \\ 0 + 4 = \\ 0 + 6 = \\ -5 + 3 = \\ 5 + 9 = \\ -7 + 4 = \\ 8 - 9 = \end{array}$$

$$\begin{array}{r} 3 + 9 = \\ -6 + 3 = \\ 5 - 4 = \\ 6 + 1 = \\ 3 + 8 = \\ 2 - 5 = \\ 2 - 0 = \\ 9 + 4 = \\ 5 + 3 = \\ -5 - 7 = \\ 6 - 1 = \\ -5 - 1 = \\ -7 + 9 = \\ -6 + 7 = \\ -1 - 8 = \\ -5 - 2 = \\ 7 + 5 = \\ -2 - 8 = \\ -9 + 3 = \\ -9 - 3 = \\ -3 + 3 = \\ 2 - 8 = \\ 1 - 9 = \\ -6 - 2 = \\ 4 - 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 + 2 = \\ 4 - 6 = \\ 9 - 4 = \\ 9 + 0 = \\ 2 - 4 = \\ -6 - 4 = \\ 1 - 7 = \\ 8 - 7 = \\ 0 - 5 = \\ 3 + 3 = \\ 2 + 7 = \\ 1 + 4 = \\ 8 + 7 = \\ 9 - 5 = \\ 2 - 1 = \\ 2 + 8 = \\ -2 - 9 = \\ -6 - 9 = \\ -4 + 4 = \\ 5 - 3 = \\ -6 - 5 = \\ 6 + 8 = \\ 6 + 9 = \\ -9 - 7 = \\ 1 + 3 = \end{array}$$

$$\begin{array}{r} 9 + 4 = \\ 6 - 3 = \\ 9 + 3 = \\ 1 - 1 = \\ 7 + 7 = \\ 9 + 5 = \\ 1 + 0 = \\ 4 - 6 = \\ 6 + 8 = \\ -2 + 9 = \\ -7 + 2 = \\ 1 - 8 = \\ 3 + 6 = \\ -8 - 0 = \\ 2 - 8 = \\ 6 + 5 = \\ -6 + 4 = \\ -1 + 7 = \\ 2 + 7 = \\ 2 + 4 = \\ -8 - 4 = \\ 9 - 5 = \\ 7 + 8 = \\ 8 - 1 = \\ 2 - 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -5 - 1 = \\ -2 + 2 = \\ 8 - 4 = \\ 4 - 6 = \\ -6 + 9 = \\ -9 + 7 = \\ 2 + 5 = \\ 7 - 3 = \\ 0 - 3 = \\ -3 - 4 = \\ 1 - 7 = \\ -3 - 3 = \\ 1 + 2 = \\ -1 - 7 = \\ -4 - 6 = \\ -9 - 1 = \\ -2 + 9 = \\ -7 + 7 = \\ 1 + 2 = \\ 8 - 5 = \\ -2 - 7 = \\ 8 - 5 = \\ -3 - 1 = \\ -2 - 5 = \\ -6 - 3 = \end{array}$$

$$\begin{array}{r} 8 + 7 = \\ -1 + 3 = \\ 7 + 8 = \\ 8 - 5 = \\ -4 + 5 = \\ 0 - 1 = \\ -7 - 9 = \\ -5 + 5 = \\ -6 - 4 = \\ -2 - 3 = \\ -5 - 7 = \\ 4 + 6 = \\ 3 - 1 = \\ -2 + 8 = \\ -1 - 3 = \\ -9 - 3 = \\ -9 - 6 = \\ 7 + 4 = \\ -1 + 8 = \\ -8 - 4 = \\ -1 + 6 = \\ -1 + 6 = \\ 3 - 8 = \\ 4 - 2 = \\ -3 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 0 = \\ -3 + 0 = \\ -9 + 1 = \\ -2 + 8 = \\ 4 + 8 = \\ -8 + 0 = \\ 7 - 7 = \\ -9 - 4 = \\ -8 + 1 = \\ 2 - 5 = \\ 2 - 5 = \\ -8 + 3 = \\ 2 - 0 = \\ 1 - 0 = \\ -4 - 5 = \\ -6 + 2 = \\ 1 + 6 = \\ 4 + 8 = \\ 3 - 8 = \\ 6 - 3 = \\ 0 - 3 = \\ 4 + 5 = \\ 9 + 6 = \\ -3 + 0 = \\ -8 + 5 = \end{array}$$

$$\begin{array}{r} -1 - 6 = \\ 8 - 7 = \\ 0 - 1 = \\ 8 - 2 = \\ -4 - 2 = \\ 5 + 5 = \\ -3 - 3 = \\ 1 - 9 = \\ -1 + 0 = \\ -8 - 0 = \\ -1 - 6 = \\ -5 + 5 = \\ 3 - 2 = \\ 2 - 0 = \\ -1 + 2 = \\ -7 + 0 = \\ -7 + 1 = \\ -1 - 4 = \\ 7 + 5 = \\ 7 + 2 = \\ 5 - 3 = \\ 3 + 3 = \\ -3 - 5 = \\ 2 + 6 = \\ -2 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & - & 8 & = & \\
 -4 & + & 7 & = & \\
 -6 & + & 3 & = & \\
 -2 & + & 8 & = & \\
 1 & + & 5 & = & \\
 -9 & - & 2 & = & \\
 -9 & + & 3 & = & \\
 5 & - & 7 & = & \\
 5 & - & 8 & = & \\
 0 & - & 8 & = & \\
 -7 & - & 6 & = & \\
 6 & - & 8 & = & \\
 -2 & + & 2 & = & \\
 -3 & + & 5 & = & \\
 1 & - & 3 & = & \\
 7 & - & 0 & = & \\
 7 & - & 9 & = & \\
 -6 & - & 6 & = & \\
 6 & + & 3 & = & \\
 -1 & - & 9 & = & \\
 2 & - & 5 & = & \\
 -5 & - & 9 & = & \\
 2 & - & 7 & = & \\
 9 & - & 3 & = & \\
 -2 & + & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & - & 8 & = & \\
 6 & + & 7 & = & \\
 -3 & + & 0 & = & \\
 -8 & + & 1 & = & \\
 8 & - & 1 & = & \\
 -8 & + & 6 & = & \\
 -1 & + & 9 & = & \\
 -6 & - & 5 & = & \\
 -1 & + & 9 & = & \\
 -9 & + & 7 & = & \\
 -8 & - & 5 & = & \\
 3 & - & 7 & = & \\
 5 & + & 4 & = & \\
 -1 & - & 6 & = & \\
 8 & + & 9 & = & \\
 6 & + & 7 & = & \\
 7 & - & 7 & = & \\
 1 & - & 9 & = & \\
 6 & - & 4 & = & \\
 -9 & - & 4 & = & \\
 -9 & - & 1 & = & \\
 -2 & + & 0 & = & \\
 6 & + & 7 & = & \\
 -9 & + & 3 & = & \\
 3 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 + 2 = \\ -6 + 7 = \\ 2 - 4 = \\ 9 + 0 = \\ -5 - 3 = \\ -8 - 2 = \\ -8 + 6 = \\ -8 - 3 = \\ 1 + 6 = \\ -5 + 4 = \\ 3 + 8 = \\ -7 - 0 = \\ 6 - 5 = \\ 2 - 5 = \\ -4 - 1 = \\ -2 + 5 = \\ 6 + 2 = \\ 8 - 2 = \\ 2 + 7 = \\ -5 + 0 = \\ -2 - 6 = \\ 5 + 5 = \\ 4 - 6 = \\ 7 + 4 = \\ 7 + 8 = \end{array}$$

$$\begin{array}{r} 2 + 0 = \\ -1 + 0 = \\ 6 + 1 = \\ -6 + 7 = \\ -9 + 4 = \\ -3 - 7 = \\ -8 - 1 = \\ -3 + 5 = \\ -1 - 6 = \\ 0 + 8 = \\ -9 + 5 = \\ 2 + 8 = \\ -3 + 5 = \\ 2 - 3 = \\ 7 + 1 = \\ 3 + 4 = \\ 4 - 2 = \\ -3 + 9 = \\ -1 - 0 = \\ -3 + 1 = \\ 1 - 8 = \\ -1 - 4 = \\ -8 - 8 = \\ 3 - 1 = \\ -1 + 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$6 + 3 =$

$2 + 4 =$

$4 + 7 =$

$9 - 3 =$

$9 - 0 =$

$-5 - 2 =$

$-2 + 0 =$

$-1 + 2 =$

$-7 - 7 =$

$2 - 2 =$

$5 + 5 =$

$7 - 6 =$

$6 - 1 =$

$-4 - 9 =$

$-5 + 9 =$

$1 + 3 =$

$-6 - 9 =$

$7 + 5 =$

$4 - 7 =$

$9 - 3 =$

$-4 + 3 =$

$5 - 6 =$

$3 + 2 =$

$-8 + 6 =$

$0 - 1 =$

$-1 - 7 =$

$3 - 7 =$

$-9 + 9 =$

$-1 + 3 =$

$9 - 9 =$

$-2 - 5 =$

$7 + 9 =$

$1 - 5 =$

$-5 + 5 =$

$-8 - 5 =$

$-1 + 5 =$

$8 - 4 =$

$9 - 1 =$

$-7 - 9 =$

$5 + 6 =$

$4 + 1 =$

$2 + 1 =$

$-1 - 0 =$

$-3 - 1 =$

$5 + 4 =$

$-7 + 1 =$

$2 - 2 =$

$5 + 6 =$

$4 + 1 =$

$-4 + 2 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 + 9 = \\ -5 - 8 = \\ 7 + 3 = \\ -7 - 6 = \\ 9 + 8 = \\ 6 + 0 = \\ -2 - 9 = \\ -8 + 0 = \\ 9 + 8 = \\ 1 - 9 = \\ -3 - 1 = \\ -1 + 8 = \\ -3 + 6 = \\ -6 - 4 = \\ 4 - 1 = \\ 3 - 9 = \\ -4 + 4 = \\ 0 - 4 = \\ 4 + 7 = \\ 9 + 1 = \\ -6 + 3 = \\ -6 + 9 = \\ -3 - 7 = \\ 3 + 2 = \\ -9 + 6 = \end{array}$$

$$\begin{array}{r} 9 + 7 = \\ -8 + 3 = \\ -6 - 4 = \\ -7 - 8 = \\ -8 + 3 = \\ -3 - 7 = \\ 2 + 3 = \\ 1 + 5 = \\ -1 + 3 = \\ 0 + 1 = \\ 4 - 0 = \\ -9 + 0 = \\ -4 + 4 = \\ -7 - 7 = \\ 7 + 1 = \\ 9 + 5 = \\ -6 - 4 = \\ 1 + 8 = \\ 6 + 3 = \\ -8 + 8 = \\ -9 + 3 = \\ -9 - 4 = \\ -8 - 5 = \\ -3 + 7 = \\ 2 - 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & + & 1 & = & \\
 6 & + & 4 & = & \\
 3 & + & 9 & = & \\
 -5 & - & 7 & = & \\
 -7 & - & 7 & = & \\
 -1 & + & 9 & = & \\
 -9 & + & 9 & = & \\
 5 & - & 0 & = & \\
 1 & - & 7 & = & \\
 5 & - & 3 & = & \\
 -5 & - & 5 & = & \\
 -5 & + & 0 & = & \\
 -2 & + & 4 & = & \\
 -4 & - & 5 & = & \\
 -9 & - & 2 & = & \\
 8 & - & 1 & = & \\
 -2 & + & 5 & = & \\
 -8 & + & 2 & = & \\
 -6 & + & 0 & = & \\
 -1 & + & 3 & = & \\
 2 & + & 1 & = & \\
 1 & - & 9 & = & \\
 7 & + & 6 & = & \\
 -6 & - & 1 & = & \\
 0 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & + & 4 & = & \\
 3 & - & 5 & = & \\
 -5 & - & 9 & = & \\
 -2 & + & 1 & = & \\
 2 & - & 8 & = & \\
 5 & + & 8 & = & \\
 6 & + & 5 & = & \\
 -1 & + & 5 & = & \\
 -4 & + & 6 & = & \\
 6 & + & 5 & = & \\
 3 & - & 1 & = & \\
 -9 & + & 7 & = & \\
 -4 & - & 0 & = & \\
 -8 & - & 2 & = & \\
 -6 & + & 8 & = & \\
 -7 & + & 1 & = & \\
 -4 & - & 4 & = & \\
 9 & + & 4 & = & \\
 -2 & + & 1 & = & \\
 -2 & - & 0 & = & \\
 9 & + & 6 & = & \\
 8 & + & 4 & = & \\
 9 & - & 2 & = & \\
 9 & - & 9 & = & \\
 2 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 - 3 = \\ 0 - 1 = \\ 2 - 5 = \\ -5 - 5 = \\ 7 + 0 = \\ 8 + 3 = \\ -9 - 7 = \\ -3 - 5 = \\ 5 + 0 = \\ -3 - 2 = \\ -1 - 1 = \\ 7 + 0 = \\ -2 - 7 = \\ -4 - 6 = \\ -1 - 1 = \\ -8 - 2 = \\ -4 - 8 = \\ -8 - 4 = \\ -7 + 2 = \\ 3 + 4 = \\ 0 - 1 = \\ -3 - 6 = \\ 6 + 9 = \\ 4 - 3 = \\ -7 + 0 = \end{array}$$

$$\begin{array}{r} 8 - 1 = \\ 6 + 7 = \\ -1 - 0 = \\ 9 - 3 = \\ 7 - 2 = \\ -8 - 6 = \\ 6 + 3 = \\ 4 - 3 = \\ 5 - 1 = \\ 6 - 8 = \\ 9 + 2 = \\ -6 + 1 = \\ 3 - 0 = \\ -6 - 7 = \\ 2 - 9 = \\ -4 + 7 = \\ -8 + 7 = \\ -2 - 1 = \\ -6 - 5 = \\ -7 + 2 = \\ 7 + 9 = \\ -4 - 7 = \\ -2 - 0 = \\ -2 + 0 = \\ -5 + 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & + & 8 & = & \\
 5 & + & 5 & = & \\
 -5 & - & 7 & = & \\
 -1 & - & 3 & = & \\
 2 & - & 4 & = & \\
 1 & - & 8 & = & \\
 -6 & - & 2 & = & \\
 4 & + & 3 & = & \\
 -7 & - & 8 & = & \\
 -8 & + & 7 & = & \\
 -3 & - & 5 & = & \\
 -3 & - & 0 & = & \\
 8 & + & 4 & = & \\
 0 & - & 1 & = & \\
 -7 & + & 1 & = & \\
 -2 & - & 5 & = & \\
 -1 & + & 5 & = & \\
 -4 & - & 5 & = & \\
 1 & - & 6 & = & \\
 -1 & - & 0 & = & \\
 4 & + & 0 & = & \\
 -9 & + & 4 & = & \\
 1 & + & 0 & = & \\
 4 & - & 7 & = & \\
 -1 & - & 4 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -6 & + & 0 & = & \\
 9 & + & 4 & = & \\
 -1 & + & 8 & = & \\
 -2 & - & 1 & = & \\
 -9 & - & 1 & = & \\
 -4 & - & 2 & = & \\
 3 & + & 0 & = & \\
 8 & + & 7 & = & \\
 -2 & + & 0 & = & \\
 -8 & + & 9 & = & \\
 -6 & + & 9 & = & \\
 -7 & + & 5 & = & \\
 -3 & - & 7 & = & \\
 -5 & + & 3 & = & \\
 1 & + & 3 & = & \\
 1 & + & 1 & = & \\
 -4 & + & 6 & = & \\
 1 & - & 5 & = & \\
 7 & - & 7 & = & \\
 1 & + & 4 & = & \\
 -8 & + & 1 & = & \\
 -7 & - & 2 & = & \\
 -2 & - & 6 & = & \\
 -5 & + & 1 & = & \\
 1 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & + & 3 & = & \\
 2 & - & 9 & = & \\
 4 & + & 4 & = & \\
 8 & + & 0 & = & \\
 -8 & - & 2 & = & \\
 4 & - & 5 & = & \\
 -1 & + & 2 & = & \\
 4 & - & 2 & = & \\
 7 & - & 0 & = & \\
 9 & + & 0 & = & \\
 -8 & + & 8 & = & \\
 5 & - & 7 & = & \\
 -9 & - & 8 & = & \\
 9 & - & 5 & = & \\
 -9 & + & 7 & = & \\
 4 & - & 6 & = & \\
 -6 & - & 0 & = & \\
 5 & - & 6 & = & \\
 2 & - & 9 & = & \\
 -2 & - & 4 & = & \\
 -3 & - & 5 & = & \\
 -7 & + & 5 & = & \\
 -1 & + & 4 & = & \\
 -8 & + & 3 & = & \\
 -6 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & + & 9 & = & \\
 3 & + & 0 & = & \\
 2 & - & 1 & = & \\
 -3 & - & 4 & = & \\
 -6 & - & 4 & = & \\
 -7 & + & 5 & = & \\
 -1 & - & 8 & = & \\
 -7 & + & 8 & = & \\
 -6 & + & 1 & = & \\
 -9 & - & 6 & = & \\
 8 & - & 4 & = & \\
 0 & + & 7 & = & \\
 -8 & + & 5 & = & \\
 5 & + & 7 & = & \\
 6 & - & 5 & = & \\
 0 & + & 4 & = & \\
 5 & + & 0 & = & \\
 5 & - & 0 & = & \\
 8 & - & 5 & = & \\
 0 & + & 2 & = & \\
 5 & - & 4 & = & \\
 -6 & + & 8 & = & \\
 9 & + & 4 & = & \\
 -9 & - & 4 & = & \\
 4 & + & 7 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 + 0 = \\ 6 + 0 = \\ 1 - 0 = \\ -1 - 7 = \\ -2 + 9 = \\ 1 - 4 = \\ 1 + 0 = \\ 8 - 2 = \\ 2 - 6 = \\ -6 - 5 = \\ -4 - 5 = \\ 2 - 2 = \\ -4 + 3 = \\ -4 + 2 = \\ -4 + 4 = \\ -9 + 6 = \\ 1 - 6 = \\ -3 + 6 = \\ 5 - 4 = \\ -3 + 8 = \\ -1 + 0 = \\ 1 + 8 = \\ -7 - 3 = \\ 2 + 4 = \\ -3 - 8 = \end{array}$$

$$\begin{array}{r} -3 + 9 = \\ 5 + 4 = \\ -8 + 5 = \\ -9 - 4 = \\ -2 - 8 = \\ -5 + 1 = \\ 1 + 9 = \\ 2 + 7 = \\ 6 - 2 = \\ 1 + 3 = \\ -9 + 6 = \\ -4 + 6 = \\ -7 + 5 = \\ -3 + 5 = \\ -1 - 6 = \\ 5 + 6 = \\ 5 + 2 = \\ 9 - 1 = \\ 0 + 1 = \\ 9 + 9 = \\ -5 + 8 = \\ 3 - 8 = \\ -6 - 7 = \\ 2 - 6 = \\ 3 - 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & + & 7 & = & \\
 -6 & - & 9 & = & \\
 -2 & + & 5 & = & \\
 9 & + & 7 & = & \\
 -7 & - & 4 & = & \\
 -5 & - & 9 & = & \\
 -1 & - & 1 & = & \\
 9 & - & 7 & = & \\
 0 & - & 8 & = & \\
 5 & - & 3 & = & \\
 0 & - & 1 & = & \\
 -2 & - & 3 & = & \\
 -4 & + & 9 & = & \\
 -1 & - & 2 & = & \\
 -2 & - & 4 & = & \\
 6 & - & 7 & = & \\
 -9 & - & 3 & = & \\
 -9 & - & 7 & = & \\
 -3 & + & 2 & = & \\
 -3 & - & 0 & = & \\
 0 & - & 9 & = & \\
 0 & - & 2 & = & \\
 9 & - & 8 & = & \\
 9 & + & 4 & = & \\
 9 & - & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & - & 1 & = & \\
 -4 & + & 1 & = & \\
 5 & + & 9 & = & \\
 -2 & - & 2 & = & \\
 -7 & - & 2 & = & \\
 -2 & - & 3 & = & \\
 9 & - & 5 & = & \\
 5 & + & 9 & = & \\
 -4 & - & 4 & = & \\
 -1 & + & 0 & = & \\
 -1 & - & 3 & = & \\
 6 & + & 6 & = & \\
 7 & - & 9 & = & \\
 -4 & - & 8 & = & \\
 3 & + & 7 & = & \\
 3 & - & 6 & = & \\
 1 & - & 2 & = & \\
 1 & - & 4 & = & \\
 9 & + & 9 & = & \\
 -4 & + & 0 & = & \\
 -8 & - & 1 & = & \\
 6 & - & 0 & = & \\
 -7 & - & 1 & = & \\
 -5 & + & 9 & = & \\
 -2 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 5 & = & \\
 -6 & + & 3 & = & \\
 4 & - & 1 & = & \\
 7 & + & 5 & = & \\
 2 & + & 6 & = & \\
 -1 & - & 9 & = & \\
 6 & - & 8 & = & \\
 2 & + & 1 & = & \\
 1 & - & 3 & = & \\
 0 & + & 6 & = & \\
 4 & - & 2 & = & \\
 0 & - & 9 & = & \\
 3 & + & 2 & = & \\
 -9 & + & 0 & = & \\
 8 & + & 5 & = & \\
 9 & - & 9 & = & \\
 6 & - & 9 & = & \\
 -8 & + & 2 & = & \\
 -8 & - & 9 & = & \\
 -1 & - & 5 & = & \\
 -9 & - & 1 & = & \\
 0 & + & 5 & = & \\
 8 & + & 3 & = & \\
 6 & - & 4 & = & \\
 6 & + & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -1 & - & 0 & = & \\
 -2 & + & 9 & = & \\
 -8 & - & 9 & = & \\
 -3 & - & 3 & = & \\
 -1 & + & 3 & = & \\
 1 & + & 4 & = & \\
 -1 & - & 3 & = & \\
 2 & - & 1 & = & \\
 0 & + & 4 & = & \\
 3 & + & 6 & = & \\
 -4 & + & 5 & = & \\
 -2 & - & 9 & = & \\
 -3 & + & 0 & = & \\
 -4 & + & 3 & = & \\
 6 & + & 9 & = & \\
 6 & + & 8 & = & \\
 1 & + & 6 & = & \\
 -2 & - & 5 & = & \\
 -9 & + & 8 & = & \\
 4 & - & 7 & = & \\
 9 & - & 4 & = & \\
 0 & + & 5 & = & \\
 -8 & - & 0 & = & \\
 -8 & + & 5 & = & \\
 -7 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 - 4 = \\ 2 - 9 = \\ -8 - 9 = \\ -8 - 0 = \\ -7 + 0 = \\ 0 - 1 = \\ 5 + 0 = \\ 2 - 7 = \\ 4 - 4 = \\ 7 + 8 = \\ -6 + 3 = \\ -4 - 2 = \\ 2 - 4 = \\ -5 + 5 = \\ 3 + 1 = \\ 6 - 6 = \\ 4 - 9 = \\ -5 - 3 = \\ 2 - 4 = \\ 0 - 9 = \\ 4 - 1 = \\ -4 + 8 = \\ 9 + 4 = \\ 5 - 9 = \\ 5 + 8 = \end{array}$$

$$\begin{array}{r} 0 + 9 = \\ 1 - 2 = \\ 1 - 4 = \\ 3 + 7 = \\ 0 - 6 = \\ -1 - 7 = \\ -4 + 7 = \\ 5 - 1 = \\ 8 + 4 = \\ 4 + 1 = \\ 5 + 4 = \\ -3 + 8 = \\ 7 + 9 = \\ 3 - 4 = \\ 4 - 2 = \\ 3 + 2 = \\ 3 + 8 = \\ -6 - 3 = \\ -1 + 3 = \\ -7 - 0 = \\ -3 + 2 = \\ 0 - 7 = \\ 6 + 9 = \\ -4 + 6 = \\ 4 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 9 = \\ -9 + 7 = \\ -7 + 4 = \\ 5 - 1 = \\ 0 - 5 = \\ -9 + 3 = \\ -9 - 0 = \\ 3 + 8 = \\ -2 - 0 = \\ -6 + 0 = \\ 2 + 8 = \\ -8 + 8 = \\ -4 + 0 = \\ 1 - 1 = \\ 2 - 6 = \\ 0 + 8 = \\ -8 - 3 = \\ 6 - 2 = \\ 2 + 0 = \\ 2 - 2 = \\ 4 + 0 = \\ -5 + 2 = \\ -6 - 9 = \\ 7 - 0 = \\ -7 - 7 = \end{array}$$

$$\begin{array}{r} 1 - 6 = \\ 4 + 7 = \\ -4 - 1 = \\ -5 - 4 = \\ 0 + 6 = \\ 0 + 8 = \\ 2 - 2 = \\ -6 - 6 = \\ -8 + 8 = \\ -4 + 9 = \\ -5 - 3 = \\ -8 + 1 = \\ -5 - 2 = \\ -9 + 9 = \\ 3 - 6 = \\ -7 + 8 = \\ 2 + 2 = \\ 0 - 3 = \\ 8 - 6 = \\ 3 + 7 = \\ -5 - 3 = \\ -1 + 2 = \\ -9 + 1 = \\ 4 + 3 = \\ -8 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 7 = \\ -4 - 7 = \\ 4 - 0 = \\ -8 - 5 = \\ -1 - 6 = \\ -1 + 1 = \\ 5 + 9 = \\ -9 + 8 = \\ -7 + 7 = \\ -3 + 7 = \\ -8 + 0 = \\ -5 - 3 = \\ -9 - 5 = \\ 2 + 3 = \\ -5 + 5 = \\ -7 + 2 = \\ 1 - 4 = \\ -2 + 8 = \\ -5 + 9 = \\ -9 - 7 = \\ 5 - 8 = \\ 9 + 4 = \\ -2 - 2 = \\ 9 - 8 = \\ -5 - 7 = \end{array}$$

$$\begin{array}{r} -9 + 3 = \\ 0 + 8 = \\ -6 + 6 = \\ -9 - 3 = \\ -2 + 2 = \\ -6 + 0 = \\ -5 - 7 = \\ -1 + 2 = \\ 7 + 4 = \\ -8 - 4 = \\ -6 + 9 = \\ -7 + 4 = \\ 9 - 9 = \\ 5 - 2 = \\ -9 + 8 = \\ -1 + 8 = \\ -2 + 4 = \\ 4 + 4 = \\ -6 - 4 = \\ 6 + 7 = \\ -3 - 3 = \\ 6 - 5 = \\ 0 - 2 = \\ -4 - 6 = \\ 0 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 4 + 5 = \\ -5 + 5 = \\ 5 - 5 = \\ 4 - 8 = \\ 2 - 3 = \\ -8 - 3 = \\ 2 + 3 = \\ -6 - 4 = \\ 4 + 0 = \\ -4 - 7 = \\ -3 - 8 = \\ 7 + 5 = \\ -6 + 9 = \\ -7 - 3 = \\ -9 - 2 = \\ 0 + 9 = \\ 9 - 0 = \\ -2 - 9 = \\ 3 + 1 = \\ -2 - 7 = \\ -2 + 9 = \\ 4 + 1 = \\ 9 - 9 = \\ 4 + 3 = \\ 6 + 8 = \end{array}$$

$$\begin{array}{r} 8 + 3 = \\ 4 + 9 = \\ 4 + 8 = \\ -6 - 0 = \\ 4 + 2 = \\ -6 - 2 = \\ -2 + 8 = \\ -5 + 4 = \\ 0 - 4 = \\ -8 + 3 = \\ -7 - 4 = \\ -6 + 8 = \\ 5 + 3 = \\ -4 - 7 = \\ 0 + 2 = \\ -4 - 8 = \\ -1 - 1 = \\ -5 - 4 = \\ 7 - 9 = \\ 2 - 5 = \\ -7 + 5 = \\ 3 - 2 = \\ 7 + 3 = \\ 3 + 2 = \\ 6 - 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -9 + 2 = \\ 2 + 0 = \\ 7 - 8 = \\ -5 - 2 = \\ -2 - 7 = \\ 2 - 4 = \\ -7 - 2 = \\ -9 + 0 = \\ -6 - 9 = \\ -8 - 0 = \\ -3 - 4 = \\ 0 - 7 = \\ 4 - 0 = \\ 5 + 2 = \\ 5 + 4 = \\ 7 - 0 = \\ 6 - 1 = \\ -4 + 2 = \\ 2 - 9 = \\ -1 + 3 = \\ -5 - 9 = \\ 7 + 6 = \\ 8 - 7 = \\ -4 + 2 = \\ -3 + 6 = \end{array}$$

$$\begin{array}{r} 7 - 0 = \\ -2 - 3 = \\ 8 - 4 = \\ 2 + 3 = \\ 8 + 7 = \\ -9 + 2 = \\ 0 - 5 = \\ 7 + 2 = \\ -6 - 1 = \\ 8 - 5 = \\ -1 + 6 = \\ -8 + 6 = \\ 2 + 6 = \\ -3 - 2 = \\ -5 - 1 = \\ -2 - 2 = \\ 7 + 3 = \\ -9 - 7 = \\ -7 - 6 = \\ 6 - 1 = \\ 8 + 8 = \\ -5 + 1 = \\ -8 + 0 = \\ -5 - 3 = \\ 7 + 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 8 - 8 = \\
 6 - 3 = \\
 -4 - 1 = \\
 -7 - 7 = \\
 0 + 2 = \\
 4 + 8 = \\
 1 - 0 = \\
 7 + 7 = \\
 3 - 4 = \\
 -4 - 3 = \\
 7 + 1 = \\
 -9 - 3 = \\
 8 - 7 = \\
 -5 + 6 = \\
 3 - 2 = \\
 -7 + 2 = \\
 0 - 0 = \\
 8 - 2 = \\
 -6 + 9 = \\
 -4 + 3 = \\
 -4 - 3 = \\
 8 + 3 = \\
 3 - 2 = \\
 8 + 8 = \\
 -2 - 4 =
 \end{array}$$

$$\begin{array}{r}
 8 - 2 = \\
 -5 - 1 = \\
 -3 - 1 = \\
 -2 - 1 = \\
 -4 + 7 = \\
 6 - 0 = \\
 -6 + 6 = \\
 -9 - 5 = \\
 4 + 5 = \\
 0 + 8 = \\
 4 + 3 = \\
 -7 + 4 = \\
 -6 + 2 = \\
 -2 - 7 = \\
 -7 - 8 = \\
 -9 - 0 = \\
 4 + 8 = \\
 1 - 8 = \\
 -5 - 0 = \\
 -6 - 6 = \\
 8 - 8 = \\
 -5 + 3 = \\
 -2 - 4 = \\
 6 - 9 = \\
 7 + 4 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 7 & = & \\
 2 & + & 4 & = & \\
 3 & - & 3 & = & \\
 -2 & + & 5 & = & \\
 1 & - & 6 & = & \\
 -3 & - & 6 & = & \\
 -9 & - & 7 & = & \\
 4 & - & 3 & = & \\
 5 & - & 3 & = & \\
 -4 & - & 3 & = & \\
 -1 & + & 3 & = & \\
 -7 & + & 0 & = & \\
 9 & + & 5 & = & \\
 -2 & - & 8 & = & \\
 -2 & - & 3 & = & \\
 2 & + & 4 & = & \\
 -8 & - & 1 & = & \\
 5 & + & 2 & = & \\
 -5 & - & 7 & = & \\
 4 & + & 1 & = & \\
 4 & - & 8 & = & \\
 -4 & - & 6 & = & \\
 2 & - & 6 & = & \\
 -9 & - & 1 & = & \\
 -3 & - & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -6 & - & 0 & = & \\
 3 & + & 0 & = & \\
 0 & + & 7 & = & \\
 5 & + & 4 & = & \\
 -7 & - & 9 & = & \\
 8 & - & 5 & = & \\
 4 & - & 1 & = & \\
 0 & + & 0 & = & \\
 -2 & - & 0 & = & \\
 -7 & - & 2 & = & \\
 6 & + & 4 & = & \\
 -8 & - & 3 & = & \\
 2 & + & 1 & = & \\
 5 & - & 9 & = & \\
 7 & - & 3 & = & \\
 4 & - & 0 & = & \\
 -5 & + & 6 & = & \\
 8 & + & 9 & = & \\
 2 & - & 6 & = & \\
 -9 & + & 0 & = & \\
 4 & + & 0 & = & \\
 -3 & - & 7 & = & \\
 -1 & + & 5 & = & \\
 -6 & - & 6 & = & \\
 6 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 - 3 = \\ 5 - 7 = \\ 8 - 1 = \\ -7 - 9 = \\ 0 - 2 = \\ -2 - 4 = \\ 8 + 3 = \\ -5 - 6 = \\ -4 - 7 = \\ -7 + 1 = \\ 6 + 9 = \\ 4 - 0 = \\ 5 - 0 = \\ 6 + 5 = \\ -2 - 8 = \\ 5 + 4 = \\ 6 + 1 = \\ 9 - 6 = \\ -1 - 3 = \\ -6 - 7 = \\ 2 + 5 = \\ 1 + 8 = \\ 8 + 7 = \\ 6 + 1 = \\ 8 - 9 = \end{array}$$

$$\begin{array}{r} -9 + 3 = \\ 7 - 1 = \\ -4 - 1 = \\ -2 - 6 = \\ 3 - 5 = \\ 8 - 4 = \\ 4 + 9 = \\ 1 + 4 = \\ 7 - 7 = \\ 5 + 8 = \\ -6 + 0 = \\ -9 + 6 = \\ 1 + 2 = \\ 6 - 9 = \\ 6 - 3 = \\ 7 - 6 = \\ 4 - 8 = \\ -3 - 2 = \\ -1 + 8 = \\ 5 + 3 = \\ -7 - 9 = \\ -7 - 8 = \\ -3 - 8 = \\ 6 - 9 = \\ 2 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 5 & - & 9 & = & \\
 6 & + & 9 & = & \\
 -7 & - & 9 & = & \\
 -5 & + & 0 & = & \\
 -1 & + & 4 & = & \\
 -4 & - & 2 & = & \\
 0 & + & 7 & = & \\
 1 & + & 7 & = & \\
 2 & - & 5 & = & \\
 -1 & - & 2 & = & \\
 -5 & + & 9 & = & \\
 -4 & + & 2 & = & \\
 -8 & + & 7 & = & \\
 -3 & + & 6 & = & \\
 0 & - & 8 & = & \\
 -8 & + & 8 & = & \\
 0 & - & 2 & = & \\
 1 & - & 8 & = & \\
 6 & + & 2 & = & \\
 -7 & - & 9 & = & \\
 -5 & - & 9 & = & \\
 5 & + & 8 & = & \\
 -6 & + & 1 & = & \\
 -6 & - & 9 & = & \\
 -9 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -9 & - & 7 & = & \\
 -7 & - & 5 & = & \\
 2 & - & 4 & = & \\
 6 & - & 1 & = & \\
 7 & - & 2 & = & \\
 -1 & - & 1 & = & \\
 2 & - & 8 & = & \\
 -2 & - & 2 & = & \\
 -6 & - & 4 & = & \\
 -9 & - & 4 & = & \\
 -2 & - & 9 & = & \\
 -6 & + & 5 & = & \\
 -7 & - & 4 & = & \\
 7 & - & 7 & = & \\
 1 & + & 5 & = & \\
 -9 & + & 5 & = & \\
 -2 & - & 1 & = & \\
 5 & - & 2 & = & \\
 -7 & - & 4 & = & \\
 3 & + & 5 & = & \\
 -9 & + & 3 & = & \\
 5 & + & 3 & = & \\
 -2 & - & 0 & = & \\
 -5 & + & 7 & = & \\
 -9 & + & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & - & 6 & = & \\
 0 & + & 9 & = & \\
 8 & + & 6 & = & \\
 -9 & + & 4 & = & \\
 -2 & + & 2 & = & \\
 9 & + & 9 & = & \\
 2 & - & 2 & = & \\
 1 & + & 0 & = & \\
 1 & - & 1 & = & \\
 3 & - & 0 & = & \\
 4 & - & 7 & = & \\
 -1 & - & 0 & = & \\
 1 & - & 6 & = & \\
 3 & + & 5 & = & \\
 6 & - & 8 & = & \\
 3 & + & 0 & = & \\
 5 & + & 9 & = & \\
 -8 & - & 2 & = & \\
 -2 & - & 1 & = & \\
 3 & + & 6 & = & \\
 3 & + & 9 & = & \\
 8 & - & 5 & = & \\
 1 & - & 1 & = & \\
 -1 & + & 3 & = & \\
 1 & + & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 8 & + & 1 & = & \\
 -8 & - & 4 & = & \\
 -2 & + & 6 & = & \\
 7 & - & 5 & = & \\
 8 & - & 7 & = & \\
 0 & - & 3 & = & \\
 1 & + & 3 & = & \\
 6 & + & 4 & = & \\
 5 & - & 1 & = & \\
 -4 & - & 3 & = & \\
 2 & - & 0 & = & \\
 -8 & - & 4 & = & \\
 -7 & + & 9 & = & \\
 -5 & + & 2 & = & \\
 5 & - & 1 & = & \\
 -9 & + & 3 & = & \\
 4 & - & 8 & = & \\
 1 & + & 6 & = & \\
 -4 & + & 4 & = & \\
 -9 & - & 5 & = & \\
 9 & + & 4 & = & \\
 -2 & - & 9 & = & \\
 9 & - & 9 & = & \\
 7 & + & 1 & = & \\
 5 & + & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 1 = \\ -1 - 4 = \\ -5 - 5 = \\ 3 + 1 = \\ -1 + 9 = \\ 1 + 5 = \\ -3 - 7 = \\ -1 + 5 = \\ 8 + 0 = \\ 2 - 5 = \\ -3 - 1 = \\ 4 + 6 = \\ -5 - 4 = \\ -8 + 2 = \\ -8 + 5 = \\ 7 + 6 = \\ 0 + 5 = \\ 8 + 4 = \\ -2 + 6 = \\ -6 + 7 = \\ -8 - 9 = \\ -3 + 9 = \\ -8 - 5 = \\ -1 - 2 = \\ 0 - 4 = \end{array}$$

$$\begin{array}{r} 7 + 5 = \\ 7 - 2 = \\ -9 + 6 = \\ 1 + 0 = \\ -9 + 5 = \\ 2 + 1 = \\ 2 + 6 = \\ 4 + 8 = \\ 4 + 1 = \\ 8 + 9 = \\ -8 + 9 = \\ -7 + 3 = \\ 1 - 3 = \\ -4 + 3 = \\ 5 + 8 = \\ 5 - 7 = \\ 7 + 4 = \\ 0 - 8 = \\ -9 - 9 = \\ 7 - 3 = \\ 8 + 6 = \\ -5 + 6 = \\ -4 - 0 = \\ -9 - 1 = \\ -8 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & + & 7 & = & \\
 9 & - & 9 & = & \\
 -3 & - & 3 & = & \\
 6 & - & 8 & = & \\
 1 & + & 2 & = & \\
 6 & + & 9 & = & \\
 0 & - & 5 & = & \\
 -6 & + & 5 & = & \\
 -1 & - & 4 & = & \\
 0 & - & 7 & = & \\
 -6 & - & 5 & = & \\
 -7 & + & 5 & = & \\
 3 & + & 2 & = & \\
 -3 & - & 7 & = & \\
 -9 & - & 6 & = & \\
 1 & + & 2 & = & \\
 4 & - & 1 & = & \\
 -7 & - & 2 & = & \\
 -7 & - & 0 & = & \\
 1 & + & 7 & = & \\
 -1 & + & 8 & = & \\
 -4 & - & 5 & = & \\
 -5 & + & 4 & = & \\
 -8 & - & 7 & = & \\
 0 & - & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & + & 8 & = & \\
 -2 & + & 9 & = & \\
 -1 & - & 4 & = & \\
 1 & + & 7 & = & \\
 -7 & + & 8 & = & \\
 -3 & + & 8 & = & \\
 3 & + & 4 & = & \\
 7 & - & 4 & = & \\
 -5 & - & 7 & = & \\
 5 & + & 7 & = & \\
 4 & + & 3 & = & \\
 -9 & - & 0 & = & \\
 0 & + & 7 & = & \\
 4 & + & 3 & = & \\
 7 & + & 8 & = & \\
 7 & + & 9 & = & \\
 -6 & - & 0 & = & \\
 6 & - & 5 & = & \\
 -1 & - & 4 & = & \\
 8 & + & 4 & = & \\
 4 & + & 8 & = & \\
 3 & - & 2 & = & \\
 6 & + & 8 & = & \\
 -9 & - & 4 & = & \\
 7 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 8 + 6 = \\
 3 - 7 = \\
 -1 + 2 = \\
 3 - 0 = \\
 -1 + 6 = \\
 4 - 1 = \\
 4 - 7 = \\
 3 + 1 = \\
 -9 + 4 = \\
 -2 - 3 = \\
 5 + 9 = \\
 -4 - 7 = \\
 3 + 2 = \\
 2 + 4 = \\
 4 - 3 = \\
 -5 + 0 = \\
 -8 - 5 = \\
 7 - 4 = \\
 6 - 1 = \\
 7 - 8 = \\
 -7 - 5 = \\
 -7 + 3 = \\
 1 + 3 = \\
 -5 + 4 = \\
 -2 - 8 =
 \end{array}$$

$$\begin{array}{r}
 -3 - 3 = \\
 0 - 8 = \\
 2 + 7 = \\
 -7 - 9 = \\
 -6 + 1 = \\
 6 - 8 = \\
 -9 + 8 = \\
 -2 - 1 = \\
 2 + 4 = \\
 9 - 3 = \\
 -7 + 5 = \\
 -2 - 9 = \\
 -5 + 1 = \\
 -3 - 5 = \\
 8 + 9 = \\
 -5 + 4 = \\
 -7 - 7 = \\
 -5 - 9 = \\
 -4 + 4 = \\
 -4 - 6 = \\
 -7 - 4 = \\
 2 - 9 = \\
 -6 - 6 = \\
 0 + 9 = \\
 -7 - 3 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 5 = \\ 0 - 1 = \\ 7 + 2 = \\ 9 - 0 = \\ 2 + 5 = \\ 3 - 3 = \\ 6 + 3 = \\ 4 + 1 = \\ -8 + 1 = \\ -7 - 8 = \\ 5 - 0 = \\ 5 - 8 = \\ -3 + 7 = \\ 0 + 1 = \\ 4 - 6 = \\ -1 - 8 = \\ -1 + 4 = \\ 3 - 8 = \\ -3 + 4 = \\ 5 + 2 = \\ 1 + 4 = \\ 0 + 6 = \\ -8 + 2 = \\ -8 - 4 = \\ -2 + 7 = \end{array}$$

$$\begin{array}{r} 0 + 2 = \\ 1 - 3 = \\ 7 - 5 = \\ -4 - 8 = \\ -4 - 4 = \\ -8 - 5 = \\ 1 - 0 = \\ 3 - 4 = \\ 0 - 9 = \\ -7 - 8 = \\ -5 + 5 = \\ -2 + 1 = \\ 1 - 5 = \\ 9 + 5 = \\ 1 - 8 = \\ 6 - 6 = \\ 5 + 1 = \\ -4 - 3 = \\ 9 + 5 = \\ 0 - 2 = \\ -1 - 2 = \\ -4 - 5 = \\ 5 + 3 = \\ -9 + 6 = \\ -4 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 5 & = & \\
 -1 & - & 2 & = & \\
 -6 & + & 1 & = & \\
 -8 & + & 3 & = & \\
 3 & + & 4 & = & \\
 4 & + & 4 & = & \\
 -5 & - & 1 & = & \\
 3 & - & 7 & = & \\
 6 & + & 3 & = & \\
 -3 & - & 8 & = & \\
 0 & - & 5 & = & \\
 4 & - & 1 & = & \\
 4 & + & 9 & = & \\
 9 & + & 1 & = & \\
 9 & - & 8 & = & \\
 3 & - & 7 & = & \\
 9 & + & 3 & = & \\
 4 & + & 1 & = & \\
 -1 & - & 5 & = & \\
 3 & - & 7 & = & \\
 -8 & - & 7 & = & \\
 -6 & + & 5 & = & \\
 0 & + & 5 & = & \\
 0 & + & 2 & = & \\
 -7 & + & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & + & 3 & = & \\
 -3 & + & 2 & = & \\
 7 & + & 6 & = & \\
 9 & - & 5 & = & \\
 4 & - & 1 & = & \\
 -5 & + & 9 & = & \\
 -2 & - & 2 & = & \\
 0 & - & 0 & = & \\
 7 & + & 7 & = & \\
 5 & + & 0 & = & \\
 -2 & + & 7 & = & \\
 -7 & + & 3 & = & \\
 -6 & + & 0 & = & \\
 5 & + & 4 & = & \\
 0 & + & 1 & = & \\
 8 & - & 8 & = & \\
 7 & - & 5 & = & \\
 6 & - & 9 & = & \\
 1 & + & 5 & = & \\
 3 & - & 6 & = & \\
 -1 & + & 4 & = & \\
 -2 & + & 3 & = & \\
 9 & + & 1 & = & \\
 -6 & + & 8 & = & \\
 -1 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 - 5 = \\ -3 - 1 = \\ -6 + 1 = \\ 9 - 1 = \\ 1 + 1 = \\ -3 - 2 = \\ -8 + 9 = \\ -3 - 3 = \\ 1 + 8 = \\ 4 + 3 = \\ -1 + 7 = \\ 0 + 4 = \\ 1 + 9 = \\ -3 + 7 = \\ -6 + 6 = \\ -5 - 5 = \\ 0 + 0 = \\ -6 + 7 = \\ -4 - 7 = \\ 2 - 3 = \\ 6 - 3 = \\ 0 - 3 = \\ 0 + 1 = \\ 6 - 6 = \\ 5 - 2 = \end{array}$$

$$\begin{array}{r} -4 + 8 = \\ 4 - 4 = \\ 0 + 0 = \\ -9 - 3 = \\ 0 - 9 = \\ -8 - 8 = \\ -1 + 3 = \\ -6 + 9 = \\ -3 - 4 = \\ 6 - 0 = \\ 6 - 1 = \\ -7 + 8 = \\ -9 - 0 = \\ 3 - 5 = \\ 2 - 0 = \\ 2 - 0 = \\ 8 - 9 = \\ 7 + 4 = \\ -3 + 4 = \\ 3 - 9 = \\ 7 - 2 = \\ 9 + 0 = \\ 6 - 7 = \\ 3 - 1 = \\ 5 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 7 & = \\
 8 & - & 3 & = \\
 -1 & + & 0 & = \\
 -7 & + & 6 & = \\
 -9 & + & 1 & = \\
 -4 & + & 0 & = \\
 7 & - & 3 & = \\
 -3 & + & 2 & = \\
 6 & + & 5 & = \\
 -5 & + & 6 & = \\
 6 & + & 9 & = \\
 8 & + & 3 & = \\
 9 & + & 6 & = \\
 -5 & + & 4 & = \\
 0 & - & 6 & = \\
 3 & + & 1 & = \\
 -9 & - & 9 & = \\
 8 & - & 5 & = \\
 -9 & + & 2 & = \\
 -2 & - & 9 & = \\
 0 & - & 7 & = \\
 -4 & + & 8 & = \\
 1 & + & 5 & = \\
 -3 & + & 3 & = \\
 -1 & + & 4 & =
 \end{array}$$

$$\begin{array}{rclcl}
 -7 & - & 6 & = \\
 4 & + & 4 & = \\
 3 & + & 8 & = \\
 9 & - & 6 & = \\
 -8 & - & 0 & = \\
 7 & - & 1 & = \\
 3 & + & 2 & = \\
 -1 & + & 3 & = \\
 -7 & + & 3 & = \\
 -8 & + & 2 & = \\
 -6 & - & 1 & = \\
 0 & + & 1 & = \\
 -2 & - & 6 & = \\
 0 & + & 0 & = \\
 4 & + & 5 & = \\
 2 & + & 0 & = \\
 3 & - & 4 & = \\
 -2 & + & 5 & = \\
 7 & - & 2 & = \\
 0 & + & 8 & = \\
 -2 & - & 3 & = \\
 1 & + & 5 & = \\
 4 & - & 5 & = \\
 -9 & + & 6 & = \\
 -2 & + & 0 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 - 3 = \\ 1 - 9 = \\ 9 + 1 = \\ -1 + 9 = \\ 0 - 8 = \\ -1 + 1 = \\ -6 + 5 = \\ 0 + 2 = \\ 4 - 0 = \\ 7 - 4 = \\ 1 + 9 = \\ -9 - 0 = \\ 2 - 5 = \\ 5 + 9 = \\ -8 - 3 = \\ 3 + 1 = \\ -1 + 2 = \\ 4 - 9 = \\ 6 - 7 = \\ 5 - 3 = \\ 7 + 8 = \\ -8 - 4 = \\ -2 + 7 = \\ -3 - 2 = \\ 8 + 6 = \end{array}$$

$$\begin{array}{r} -3 - 7 = \\ 0 - 3 = \\ -3 - 9 = \\ -3 + 5 = \\ -3 + 9 = \\ -2 - 5 = \\ -2 + 8 = \\ -5 - 0 = \\ 3 - 2 = \\ -3 + 5 = \\ 2 + 1 = \\ -1 - 6 = \\ -9 - 2 = \\ 1 - 2 = \\ -1 + 4 = \\ 0 - 7 = \\ -9 - 1 = \\ 8 + 2 = \\ 8 - 1 = \\ -3 + 2 = \\ 8 + 3 = \\ 9 + 9 = \\ 2 - 3 = \\ -2 + 4 = \\ 4 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 6 = \\ 3 + 1 = \\ 3 - 7 = \\ -1 - 1 = \\ 0 - 2 = \\ 6 + 0 = \\ 4 + 4 = \\ 7 + 7 = \\ -9 + 9 = \\ 8 + 4 = \\ 6 + 5 = \\ 9 - 1 = \\ 2 - 6 = \\ -7 - 6 = \\ -7 - 5 = \\ -5 - 6 = \\ -9 - 8 = \\ 6 + 3 = \\ 1 + 4 = \\ 8 + 3 = \\ 3 + 6 = \\ 5 - 6 = \\ -6 + 8 = \\ 7 + 1 = \\ -9 - 0 = \end{array}$$

$$\begin{array}{r} 5 + 4 = \\ -7 + 2 = \\ 5 + 9 = \\ 8 - 7 = \\ 3 + 8 = \\ 9 - 3 = \\ -6 - 2 = \\ -9 + 3 = \\ -8 - 9 = \\ -8 + 6 = \\ -5 - 7 = \\ 7 - 3 = \\ -8 + 4 = \\ -5 - 4 = \\ -3 + 4 = \\ 4 - 9 = \\ -5 + 5 = \\ 5 + 8 = \\ -4 + 1 = \\ -1 - 0 = \\ -7 + 8 = \\ 3 + 7 = \\ 2 + 7 = \\ -2 - 9 = \\ 7 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -6 & + & 1 & = & \\
 8 & + & 3 & = & \\
 -9 & + & 9 & = & \\
 7 & - & 5 & = & \\
 3 & - & 0 & = & \\
 4 & + & 3 & = & \\
 4 & - & 0 & = & \\
 7 & + & 5 & = & \\
 -2 & - & 9 & = & \\
 -9 & - & 6 & = & \\
 -2 & - & 3 & = & \\
 4 & - & 3 & = & \\
 -7 & + & 8 & = & \\
 -1 & + & 4 & = & \\
 5 & + & 9 & = & \\
 1 & - & 8 & = & \\
 7 & + & 1 & = & \\
 -6 & - & 4 & = & \\
 5 & + & 6 & = & \\
 4 & + & 5 & = & \\
 6 & - & 6 & = & \\
 3 & - & 5 & = & \\
 -2 & - & 5 & = & \\
 3 & + & 2 & = & \\
 0 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -7 & - & 9 & = & \\
 1 & + & 8 & = & \\
 8 & - & 4 & = & \\
 2 & - & 6 & = & \\
 8 & - & 4 & = & \\
 -2 & - & 3 & = & \\
 6 & + & 3 & = & \\
 -1 & - & 1 & = & \\
 5 & + & 1 & = & \\
 9 & + & 1 & = & \\
 7 & - & 1 & = & \\
 5 & - & 1 & = & \\
 1 & + & 4 & = & \\
 8 & + & 4 & = & \\
 2 & + & 6 & = & \\
 -2 & + & 7 & = & \\
 -2 & + & 8 & = & \\
 -6 & + & 5 & = & \\
 -8 & + & 7 & = & \\
 4 & + & 9 & = & \\
 1 & - & 0 & = & \\
 2 & - & 4 & = & \\
 0 & - & 6 & = & \\
 -9 & + & 9 & = & \\
 0 & - & 8 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 4 - 0 = \\ 1 - 4 = \\ -6 + 6 = \\ 8 + 7 = \\ 2 - 9 = \\ 6 + 5 = \\ 0 - 9 = \\ -5 - 2 = \\ -1 - 2 = \\ -9 + 2 = \\ -2 + 9 = \\ -6 - 6 = \\ -2 + 9 = \\ -2 - 5 = \\ -5 + 4 = \\ 5 - 5 = \\ -1 - 6 = \\ 6 - 5 = \\ -4 + 9 = \\ -2 + 3 = \\ 8 - 2 = \\ 8 - 1 = \\ 5 + 5 = \\ -8 - 2 = \\ -4 + 5 = \end{array}$$

$$\begin{array}{r} 9 + 5 = \\ 4 + 2 = \\ -4 + 1 = \\ -1 + 9 = \\ -5 + 0 = \\ 6 + 7 = \\ -2 + 9 = \\ 8 - 2 = \\ -7 - 2 = \\ 7 - 3 = \\ 6 + 1 = \\ -4 - 0 = \\ 8 - 9 = \\ 5 + 6 = \\ -9 + 0 = \\ 9 - 3 = \\ 3 - 1 = \\ -7 + 5 = \\ 9 + 7 = \\ 7 - 6 = \\ -6 + 1 = \\ 5 + 7 = \\ -1 + 3 = \\ 8 + 5 = \\ 8 + 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r}
 -4 + 6 = \\
 -6 + 4 = \\
 8 - 5 = \\
 4 - 3 = \\
 -9 + 3 = \\
 -2 + 9 = \\
 4 - 4 = \\
 -8 - 8 = \\
 5 - 0 = \\
 6 - 2 = \\
 -9 - 6 = \\
 -5 - 8 = \\
 7 - 2 = \\
 8 + 4 = \\
 9 - 4 = \\
 6 - 1 = \\
 9 + 4 = \\
 9 - 9 = \\
 5 + 4 = \\
 2 - 1 = \\
 5 - 7 = \\
 7 - 4 = \\
 -1 + 0 = \\
 2 - 9 = \\
 4 + 3 =
 \end{array}$$

$$\begin{array}{r}
 5 + 4 = \\
 0 + 6 = \\
 -2 - 9 = \\
 5 - 6 = \\
 -5 + 4 = \\
 -9 + 0 = \\
 7 + 5 = \\
 0 - 7 = \\
 -1 + 3 = \\
 0 - 2 = \\
 -3 + 7 = \\
 6 - 2 = \\
 -9 + 6 = \\
 4 + 2 = \\
 -2 - 7 = \\
 -5 - 5 = \\
 2 - 8 = \\
 -4 - 5 = \\
 -7 + 0 = \\
 -2 + 0 = \\
 -7 - 6 = \\
 -8 + 4 = \\
 6 + 8 = \\
 -8 + 6 = \\
 -9 + 1 =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 + 2 = \\ 1 - 7 = \\ -4 - 8 = \\ 2 + 1 = \\ 7 - 3 = \\ -8 - 4 = \\ -3 - 9 = \\ -1 + 8 = \\ 9 + 0 = \\ -7 - 3 = \\ 1 + 6 = \\ -8 + 3 = \\ -3 - 6 = \\ -4 + 2 = \\ 4 + 8 = \\ 5 + 5 = \\ -5 - 1 = \\ -9 + 9 = \\ -7 - 6 = \\ 3 - 1 = \\ -4 - 4 = \\ -6 - 5 = \\ -8 - 3 = \\ 3 - 6 = \\ 6 + 4 = \end{array}$$

$$\begin{array}{r} -1 - 7 = \\ -2 - 3 = \\ -9 + 6 = \\ 2 - 0 = \\ -1 + 6 = \\ -2 - 4 = \\ 0 - 2 = \\ 7 + 9 = \\ 6 - 9 = \\ -3 + 9 = \\ -4 - 6 = \\ 9 - 2 = \\ -2 - 2 = \\ 4 + 3 = \\ 6 + 3 = \\ -4 - 7 = \\ -7 - 4 = \\ 6 + 8 = \\ -4 + 4 = \\ 0 - 7 = \\ -5 + 7 = \\ 6 - 8 = \\ -3 - 0 = \\ 8 - 0 = \\ -9 + 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 2 + 4 = \\ -1 - 6 = \\ 8 - 7 = \\ -7 - 8 = \\ 1 - 9 = \\ -1 + 1 = \\ 9 - 0 = \\ 1 - 6 = \\ -8 - 7 = \\ 2 + 4 = \\ 7 - 1 = \\ 3 + 7 = \\ 1 + 6 = \\ -6 - 9 = \\ 6 + 6 = \\ 2 - 1 = \\ 7 - 4 = \\ 5 + 5 = \\ 2 + 0 = \\ 5 + 6 = \\ 4 + 1 = \\ -7 + 4 = \\ 5 + 2 = \\ -1 + 3 = \\ 1 - 1 = \end{array}$$

$$\begin{array}{r} -6 + 6 = \\ 0 + 0 = \\ 9 + 4 = \\ 2 - 4 = \\ -5 + 3 = \\ 5 - 2 = \\ -4 - 2 = \\ -6 + 5 = \\ 0 + 0 = \\ -9 - 2 = \\ -5 - 0 = \\ 8 - 5 = \\ 6 + 9 = \\ -7 + 0 = \\ -4 + 9 = \\ -9 + 0 = \\ -1 - 7 = \\ 8 - 9 = \\ -4 + 6 = \\ 8 - 6 = \\ 5 - 3 = \\ -4 - 6 = \\ 5 - 8 = \\ -9 + 4 = \\ 3 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 9 = \\ 1 + 4 = \\ -7 - 4 = \\ 4 - 8 = \\ 1 + 1 = \\ -8 - 4 = \\ 7 + 1 = \\ -8 - 6 = \\ 5 + 5 = \\ -4 + 5 = \\ -6 + 5 = \\ 4 - 0 = \\ -3 - 4 = \\ -5 + 3 = \\ 3 + 5 = \\ 7 + 1 = \\ -6 - 6 = \\ 7 - 3 = \\ -6 + 6 = \\ 2 - 0 = \\ -2 - 9 = \\ 8 + 7 = \\ -9 - 7 = \\ 6 - 9 = \\ -8 + 5 = \end{array}$$

$$\begin{array}{r} -9 + 7 = \\ 1 - 6 = \\ 7 + 4 = \\ -1 + 0 = \\ -7 - 3 = \\ -4 - 3 = \\ 0 + 9 = \\ 6 + 6 = \\ -8 + 6 = \\ 3 - 4 = \\ -6 + 5 = \\ 2 + 7 = \\ -7 + 5 = \\ -8 - 1 = \\ -7 - 2 = \\ 3 - 9 = \\ 2 + 4 = \\ -2 - 5 = \\ 7 + 3 = \\ 0 + 2 = \\ -7 - 6 = \\ -5 + 8 = \\ 5 - 8 = \\ 8 + 2 = \\ -1 - 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 0 = \\ 7 - 3 = \\ 5 + 1 = \\ 8 - 9 = \\ -1 + 4 = \\ -2 - 6 = \\ 2 + 5 = \\ -2 - 5 = \\ 5 + 6 = \\ 7 + 7 = \\ 6 + 4 = \\ -6 + 6 = \\ 1 - 5 = \\ -7 - 0 = \\ -6 - 1 = \\ 6 + 1 = \\ -8 - 3 = \\ -2 - 5 = \\ -9 + 4 = \\ 3 - 2 = \\ -5 + 7 = \\ -8 - 3 = \\ 6 - 9 = \\ 2 - 8 = \\ -2 + 2 = \end{array}$$

$$\begin{array}{r} 3 + 1 = \\ -9 - 8 = \\ 4 - 8 = \\ -7 - 2 = \\ -3 - 5 = \\ -2 + 9 = \\ -9 - 3 = \\ -5 + 0 = \\ -3 + 0 = \\ 2 + 2 = \\ 1 + 3 = \\ -5 + 2 = \\ 5 + 7 = \\ -3 + 5 = \\ -3 - 1 = \\ -4 + 5 = \\ 7 + 9 = \\ 6 + 6 = \\ -1 + 0 = \\ -2 - 7 = \\ -9 - 1 = \\ -4 + 1 = \\ 8 + 0 = \\ -5 - 9 = \\ 2 - 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 7 - 2 = \\ 2 - 1 = \\ 5 - 5 = \\ 1 + 9 = \\ -2 + 9 = \\ -7 - 9 = \\ -8 - 4 = \\ -4 + 9 = \\ -2 - 1 = \\ -9 + 3 = \\ -9 + 7 = \\ 0 - 2 = \\ 5 + 6 = \\ 0 + 9 = \\ -1 + 3 = \\ -5 + 3 = \\ -6 - 2 = \\ -9 + 1 = \\ 6 - 1 = \\ -4 - 4 = \\ -4 - 8 = \\ -5 + 2 = \\ 4 - 1 = \\ -7 - 3 = \\ 0 + 7 = \end{array}$$

$$\begin{array}{r} -9 + 0 = \\ 3 - 4 = \\ -2 - 7 = \\ -3 - 8 = \\ 7 + 3 = \\ 7 + 5 = \\ -5 + 2 = \\ 1 - 2 = \\ 7 + 6 = \\ 7 - 0 = \\ 1 - 5 = \\ 8 - 2 = \\ -1 - 6 = \\ 5 - 9 = \\ -9 - 4 = \\ 1 - 0 = \\ -7 + 6 = \\ -9 + 0 = \\ 5 - 7 = \\ 4 - 0 = \\ 2 - 2 = \\ 9 + 6 = \\ 8 + 9 = \\ -6 + 3 = \\ 7 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 9 - 1 = \\ 4 - 6 = \\ 7 + 1 = \\ -3 + 0 = \\ -1 - 3 = \\ 2 - 5 = \\ -6 - 9 = \\ 1 - 6 = \\ 7 - 6 = \\ -2 - 6 = \\ 0 - 9 = \\ 4 + 8 = \\ -6 + 2 = \\ 4 - 5 = \\ 4 + 2 = \\ -5 - 5 = \\ 4 + 1 = \\ 6 - 6 = \\ 7 - 4 = \\ -8 - 3 = \\ 3 - 1 = \\ 5 - 9 = \\ -6 + 4 = \\ 1 + 7 = \\ 8 - 7 = \end{array}$$

$$\begin{array}{r} 4 + 9 = \\ 3 + 9 = \\ 2 - 1 = \\ 9 + 3 = \\ -2 - 5 = \\ -3 - 8 = \\ -6 - 4 = \\ 3 + 2 = \\ -3 + 1 = \\ -7 + 8 = \\ -8 + 4 = \\ -3 + 0 = \\ -9 + 2 = \\ 7 - 6 = \\ -1 - 8 = \\ 4 + 9 = \\ 3 - 2 = \\ 9 + 3 = \\ 3 + 8 = \\ -5 + 2 = \\ 8 - 4 = \\ 6 - 5 = \\ -7 + 9 = \\ 2 - 5 = \\ 4 + 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 - 7 = \\ 1 - 0 = \\ 4 - 6 = \\ -2 + 1 = \\ -9 - 6 = \\ 7 + 6 = \\ 7 + 8 = \\ 9 - 4 = \\ -6 - 1 = \\ -3 + 4 = \\ -7 + 4 = \\ -2 + 6 = \\ -7 - 3 = \\ -2 + 0 = \\ 2 - 1 = \\ 2 - 3 = \\ 3 + 8 = \\ 3 - 2 = \\ -6 + 7 = \\ -7 + 3 = \\ -4 + 1 = \\ 6 + 2 = \\ -1 + 2 = \\ 1 + 7 = \\ -6 + 0 = \end{array}$$

$$\begin{array}{r} -9 + 1 = \\ -7 - 9 = \\ -4 - 2 = \\ -1 + 5 = \\ -7 + 1 = \\ -8 - 7 = \\ -7 + 6 = \\ -3 + 4 = \\ 1 - 0 = \\ -3 + 5 = \\ -4 - 9 = \\ 2 - 4 = \\ -6 + 1 = \\ 2 + 2 = \\ 7 - 2 = \\ 8 - 4 = \\ -9 - 0 = \\ -5 - 0 = \\ -4 + 9 = \\ -4 - 1 = \\ -6 + 1 = \\ -3 + 1 = \\ 8 + 3 = \\ -9 - 6 = \\ 3 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 + 0 = \\ 6 + 7 = \\ -9 + 1 = \\ -3 - 9 = \\ 8 - 0 = \\ -4 - 6 = \\ 4 + 0 = \\ 8 - 9 = \\ -2 - 0 = \\ -7 - 6 = \\ -1 + 6 = \\ 5 + 2 = \\ -6 + 0 = \\ 0 + 1 = \\ 1 - 4 = \\ 4 + 4 = \\ -8 + 7 = \\ 8 - 9 = \\ -7 - 8 = \\ -9 - 9 = \\ -8 - 6 = \\ 7 - 5 = \\ 6 + 0 = \\ -2 - 5 = \\ 0 - 7 = \end{array}$$

$$\begin{array}{r} -9 - 8 = \\ 4 - 8 = \\ 5 + 7 = \\ -8 - 8 = \\ 1 - 6 = \\ 1 + 0 = \\ 7 - 8 = \\ 2 + 3 = \\ -7 - 6 = \\ 3 - 2 = \\ 9 + 4 = \\ 5 - 2 = \\ 4 - 9 = \\ 8 - 1 = \\ -4 - 3 = \\ 6 + 6 = \\ -4 - 6 = \\ 5 - 1 = \\ -2 + 7 = \\ -1 + 8 = \\ 1 - 3 = \\ -9 - 3 = \\ -1 - 4 = \\ -3 - 9 = \\ -4 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & - & 9 & = & \\
 5 & + & 6 & = & \\
 2 & - & 3 & = & \\
 -3 & + & 5 & = & \\
 6 & + & 6 & = & \\
 -2 & + & 4 & = & \\
 9 & - & 9 & = & \\
 7 & + & 2 & = & \\
 7 & + & 9 & = & \\
 8 & - & 2 & = & \\
 -5 & - & 0 & = & \\
 5 & - & 8 & = & \\
 -5 & - & 8 & = & \\
 -1 & - & 5 & = & \\
 -3 & - & 1 & = & \\
 6 & + & 9 & = & \\
 2 & + & 5 & = & \\
 -6 & - & 5 & = & \\
 -5 & + & 2 & = & \\
 1 & - & 2 & = & \\
 -1 & - & 7 & = & \\
 2 & - & 5 & = & \\
 4 & - & 1 & = & \\
 0 & - & 4 & = & \\
 -1 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & - & 5 & = & \\
 -1 & - & 5 & = & \\
 -1 & + & 9 & = & \\
 -9 & - & 6 & = & \\
 -8 & - & 5 & = & \\
 8 & + & 2 & = & \\
 4 & + & 4 & = & \\
 -2 & + & 7 & = & \\
 -6 & - & 7 & = & \\
 -7 & - & 3 & = & \\
 -9 & - & 2 & = & \\
 -7 & - & 8 & = & \\
 -4 & - & 8 & = & \\
 -4 & - & 7 & = & \\
 7 & + & 2 & = & \\
 -7 & - & 4 & = & \\
 8 & - & 7 & = & \\
 6 & - & 7 & = & \\
 8 & - & 6 & = & \\
 -3 & - & 1 & = & \\
 9 & - & 4 & = & \\
 1 & + & 6 & = & \\
 7 & + & 5 & = & \\
 8 & + & 2 & = & \\
 -5 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -8 & - & 0 & = & \\
 -7 & - & 9 & = & \\
 -1 & + & 6 & = & \\
 -7 & + & 2 & = & \\
 -8 & - & 3 & = & \\
 -9 & + & 8 & = & \\
 5 & - & 5 & = & \\
 -6 & - & 5 & = & \\
 4 & + & 8 & = & \\
 0 & + & 0 & = & \\
 8 & - & 1 & = & \\
 0 & - & 0 & = & \\
 -1 & - & 1 & = & \\
 -4 & + & 3 & = & \\
 -7 & + & 4 & = & \\
 -1 & - & 2 & = & \\
 -3 & - & 4 & = & \\
 -8 & - & 2 & = & \\
 6 & + & 5 & = & \\
 -6 & + & 0 & = & \\
 -5 & + & 8 & = & \\
 0 & + & 3 & = & \\
 4 & - & 1 & = & \\
 6 & + & 3 & = & \\
 -1 & - & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 0 & - & 9 & = & \\
 3 & - & 6 & = & \\
 3 & - & 8 & = & \\
 -2 & - & 2 & = & \\
 -2 & + & 6 & = & \\
 0 & + & 3 & = & \\
 4 & + & 8 & = & \\
 6 & + & 9 & = & \\
 -1 & + & 6 & = & \\
 4 & - & 1 & = & \\
 6 & - & 1 & = & \\
 6 & + & 5 & = & \\
 3 & - & 1 & = & \\
 7 & + & 1 & = & \\
 -2 & - & 6 & = & \\
 5 & - & 1 & = & \\
 6 & + & 7 & = & \\
 -8 & - & 4 & = & \\
 6 & + & 7 & = & \\
 -4 & - & 1 & = & \\
 3 & - & 6 & = & \\
 1 & + & 1 & = & \\
 -4 & - & 5 & = & \\
 -6 & - & 1 & = & \\
 6 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 1 = \\ 6 - 2 = \\ -9 - 3 = \\ -5 - 4 = \\ 0 + 8 = \\ 5 + 9 = \\ -8 - 5 = \\ 7 + 5 = \\ -6 - 7 = \\ 5 + 6 = \\ -6 - 4 = \\ 8 + 9 = \\ 4 + 2 = \\ 1 - 7 = \\ 5 + 0 = \\ 1 + 3 = \\ 4 - 3 = \\ 0 - 7 = \\ 6 - 3 = \\ 2 + 4 = \\ 9 - 2 = \\ 0 + 6 = \\ 5 + 6 = \\ -2 + 0 = \\ 9 - 0 = \end{array}$$

$$\begin{array}{r} 6 - 3 = \\ 0 - 3 = \\ 9 + 5 = \\ 8 - 9 = \\ 2 - 9 = \\ 9 - 8 = \\ -3 - 6 = \\ 8 - 2 = \\ -1 - 4 = \\ -2 + 8 = \\ -1 - 6 = \\ -3 + 6 = \\ -6 - 1 = \\ 7 + 6 = \\ 4 - 5 = \\ 2 - 6 = \\ 5 + 7 = \\ 9 - 7 = \\ 3 - 8 = \\ 0 + 3 = \\ 2 - 0 = \\ -5 + 3 = \\ 4 - 7 = \\ -6 - 0 = \\ -5 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 1 - 0 = \\ -2 - 9 = \\ -4 + 2 = \\ -2 - 6 = \\ 4 + 1 = \\ 6 - 9 = \\ -4 + 4 = \\ 4 + 5 = \\ 0 + 0 = \\ -7 - 8 = \\ 5 + 6 = \\ 2 - 6 = \\ -2 - 3 = \\ 7 - 4 = \\ 7 - 7 = \\ 6 - 2 = \\ -3 - 6 = \\ 6 + 2 = \\ -5 + 4 = \\ -5 + 1 = \\ 5 + 1 = \\ 5 - 7 = \\ 7 + 7 = \\ 5 + 9 = \\ 0 - 0 = \end{array}$$

$$\begin{array}{r} 9 - 1 = \\ 2 - 7 = \\ 2 + 6 = \\ 7 + 1 = \\ -5 - 1 = \\ -3 - 6 = \\ -6 - 0 = \\ -1 - 9 = \\ -6 + 2 = \\ -4 - 0 = \\ -5 - 3 = \\ -6 + 8 = \\ -5 - 7 = \\ -7 - 6 = \\ -6 + 5 = \\ 1 + 1 = \\ 3 + 6 = \\ 3 - 0 = \\ -9 + 5 = \\ 5 + 8 = \\ 3 - 2 = \\ -5 + 8 = \\ -6 + 4 = \\ -5 - 7 = \\ -9 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 5 - 7 = \\ 1 - 5 = \\ 8 + 0 = \\ 8 - 8 = \\ -3 + 6 = \\ -1 + 0 = \\ -2 + 9 = \\ -7 + 7 = \\ 5 - 5 = \\ 1 - 3 = \\ 6 - 6 = \\ -8 + 5 = \\ 3 - 8 = \\ 7 - 7 = \\ -3 + 7 = \\ 2 - 3 = \\ 2 - 5 = \\ 6 - 8 = \\ 4 - 9 = \\ 8 - 3 = \\ 4 + 1 = \\ 3 + 4 = \\ -3 - 6 = \\ 5 - 1 = \\ 0 + 9 = \end{array}$$

$$\begin{array}{r} 3 + 4 = \\ 5 + 4 = \\ 3 + 1 = \\ 4 - 7 = \\ 4 + 2 = \\ -9 - 2 = \\ 6 + 0 = \\ -3 + 6 = \\ 1 + 6 = \\ -2 + 7 = \\ 5 + 1 = \\ -9 - 5 = \\ 2 - 4 = \\ 9 - 1 = \\ 9 - 5 = \\ -1 - 7 = \\ 8 - 5 = \\ -9 + 4 = \\ 5 - 2 = \\ -8 + 7 = \\ 2 - 9 = \\ -4 - 2 = \\ 2 - 4 = \\ -5 + 8 = \\ 5 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 + 8 = \\ -7 + 4 = \\ -1 + 3 = \\ -7 - 3 = \\ -7 - 4 = \\ 3 - 3 = \\ 0 + 6 = \\ 9 + 0 = \\ 0 - 8 = \\ -1 + 0 = \\ 3 + 6 = \\ 3 - 7 = \\ 4 + 0 = \\ 8 - 0 = \\ 4 + 3 = \\ -9 - 2 = \\ -8 + 3 = \\ -3 - 2 = \\ -8 - 0 = \\ 2 - 3 = \\ 1 - 4 = \\ 9 + 0 = \\ -8 + 5 = \\ 1 + 3 = \\ 8 + 2 = \end{array}$$

$$\begin{array}{r} -6 + 6 = \\ 3 + 0 = \\ 5 - 8 = \\ 7 - 2 = \\ -9 - 7 = \\ -8 - 0 = \\ 7 - 2 = \\ -9 - 4 = \\ 3 - 7 = \\ 9 + 5 = \\ -1 - 7 = \\ 8 - 1 = \\ -8 + 6 = \\ 4 + 2 = \\ -6 - 4 = \\ 4 + 3 = \\ -7 + 4 = \\ 7 - 4 = \\ -2 + 5 = \\ -4 + 0 = \\ 0 + 3 = \\ -7 + 8 = \\ 4 - 2 = \\ 3 + 5 = \\ 9 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 - 9 = \\ 8 - 6 = \\ 4 + 5 = \\ 9 - 6 = \\ 0 + 0 = \\ -1 - 4 = \\ -7 + 6 = \\ -8 + 3 = \\ -4 - 6 = \\ 6 - 3 = \\ -9 + 5 = \\ 9 - 4 = \\ 0 + 9 = \\ -5 - 1 = \\ -5 + 9 = \\ -3 - 1 = \\ -1 - 2 = \\ -6 + 7 = \\ -5 + 8 = \\ 5 + 4 = \\ 3 + 2 = \\ 3 + 3 = \\ 8 + 7 = \\ -2 + 1 = \\ -6 + 2 = \end{array}$$

$$\begin{array}{r} 7 + 8 = \\ 0 - 4 = \\ -2 + 8 = \\ 1 - 1 = \\ 1 + 9 = \\ -4 - 5 = \\ 1 + 6 = \\ 2 + 1 = \\ -2 + 5 = \\ -3 - 8 = \\ 3 + 6 = \\ 6 - 3 = \\ -6 - 0 = \\ -1 + 7 = \\ -3 - 5 = \\ 7 - 2 = \\ -5 - 6 = \\ 3 + 1 = \\ 7 + 5 = \\ 4 - 4 = \\ 5 + 0 = \\ 6 + 9 = \\ -8 + 2 = \\ 6 + 4 = \\ -4 + 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 - 8 = \\ 8 + 8 = \\ 1 + 0 = \\ 1 + 3 = \\ 0 - 8 = \\ -7 + 2 = \\ -9 + 4 = \\ 1 + 9 = \\ 1 - 7 = \\ -8 - 2 = \\ 9 - 4 = \\ -1 + 3 = \\ 5 - 0 = \\ -9 + 4 = \\ 7 + 3 = \\ 0 - 5 = \\ -4 - 4 = \\ -8 + 9 = \\ 0 + 9 = \\ -8 - 1 = \\ -5 - 1 = \\ 8 + 0 = \\ 8 - 0 = \\ -9 - 6 = \\ -5 + 2 = \end{array}$$

$$\begin{array}{r} 5 + 6 = \\ -2 - 2 = \\ 7 + 0 = \\ 4 + 9 = \\ 4 - 0 = \\ 0 - 5 = \\ 8 - 7 = \\ 1 - 5 = \\ 5 - 0 = \\ -5 - 2 = \\ 8 - 7 = \\ 0 - 1 = \\ 5 + 9 = \\ 1 + 7 = \\ 4 + 2 = \\ -8 - 4 = \\ 1 + 8 = \\ 5 - 1 = \\ -8 + 6 = \\ 1 + 3 = \\ -7 - 6 = \\ 8 - 0 = \\ 0 + 5 = \\ -6 - 4 = \\ -4 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$2 + 4 =$

$2 - 9 =$

$-8 + 6 =$

$5 - 6 =$

$7 - 9 =$

$7 + 2 =$

$8 - 4 =$

$3 + 1 =$

$-3 + 1 =$

$-2 - 7 =$

$5 + 3 =$

$3 + 0 =$

$-6 + 7 =$

$2 + 9 =$

$0 + 0 =$

$3 - 1 =$

$3 - 6 =$

$-9 - 7 =$

$4 + 6 =$

$8 + 4 =$

$-7 + 7 =$

$-6 + 6 =$

$1 - 9 =$

$9 + 9 =$

$-4 - 4 =$

$-4 + 7 =$

$-1 - 6 =$

$-4 - 8 =$

$4 - 7 =$

$1 + 5 =$

$-5 - 1 =$

$-7 - 4 =$

$-9 + 9 =$

$7 + 9 =$

$2 + 0 =$

$-8 - 8 =$

$3 - 6 =$

$5 + 8 =$

$2 + 1 =$

$7 + 8 =$

$-6 - 2 =$

$5 - 7 =$

$-5 - 9 =$

$-6 - 6 =$

$9 - 2 =$

$-5 - 0 =$

$5 - 5 =$

$-5 + 7 =$

$1 + 6 =$

$-6 - 4 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 4 = \\ -2 - 9 = \\ -1 + 2 = \\ 2 - 6 = \\ -1 - 0 = \\ 1 - 6 = \\ -1 - 3 = \\ -7 + 1 = \\ 5 - 9 = \\ 7 + 5 = \\ -1 - 2 = \\ -1 + 8 = \\ 1 - 8 = \\ -7 + 8 = \\ 7 + 7 = \\ 3 + 6 = \\ -5 - 4 = \\ -3 + 2 = \\ -5 - 8 = \\ -2 + 7 = \\ 0 - 2 = \\ 6 + 0 = \\ -8 - 4 = \\ 1 - 2 = \\ 1 - 3 = \end{array}$$

$$\begin{array}{r} 3 - 9 = \\ -9 - 2 = \\ -8 + 1 = \\ 2 + 8 = \\ 4 - 1 = \\ 2 + 4 = \\ 0 - 9 = \\ 0 + 9 = \\ -5 + 3 = \\ 9 + 0 = \\ -7 - 9 = \\ 2 - 8 = \\ 9 - 0 = \\ 9 - 2 = \\ 3 + 3 = \\ 9 - 5 = \\ -6 + 3 = \\ 4 + 4 = \\ 5 + 4 = \\ -2 - 9 = \\ 8 + 7 = \\ -7 + 5 = \\ -9 + 3 = \\ -9 + 6 = \\ 2 - 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -5 & + & 8 & = & \\
 6 & - & 0 & = & \\
 0 & - & 6 & = & \\
 1 & + & 7 & = & \\
 -7 & + & 7 & = & \\
 3 & + & 6 & = & \\
 -8 & - & 0 & = & \\
 -5 & + & 2 & = & \\
 -2 & - & 3 & = & \\
 1 & - & 1 & = & \\
 -3 & - & 7 & = & \\
 -1 & - & 6 & = & \\
 9 & - & 8 & = & \\
 9 & - & 8 & = & \\
 -5 & - & 8 & = & \\
 0 & - & 1 & = & \\
 0 & + & 9 & = & \\
 -7 & - & 1 & = & \\
 0 & - & 0 & = & \\
 9 & + & 0 & = & \\
 5 & - & 2 & = & \\
 -2 & + & 0 & = & \\
 6 & - & 4 & = & \\
 -7 & - & 6 & = & \\
 7 & - & 6 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & + & 6 & = & \\
 3 & - & 5 & = & \\
 0 & + & 4 & = & \\
 6 & - & 0 & = & \\
 -5 & - & 8 & = & \\
 2 & + & 1 & = & \\
 7 & - & 4 & = & \\
 -8 & - & 5 & = & \\
 -4 & + & 8 & = & \\
 -8 & - & 3 & = & \\
 5 & - & 0 & = & \\
 -4 & - & 4 & = & \\
 -2 & + & 3 & = & \\
 4 & + & 0 & = & \\
 -5 & - & 8 & = & \\
 -3 & - & 3 & = & \\
 -1 & - & 8 & = & \\
 -7 & + & 9 & = & \\
 7 & - & 6 & = & \\
 5 & + & 2 & = & \\
 -1 & - & 7 & = & \\
 -4 & - & 1 & = & \\
 9 & - & 0 & = & \\
 6 & - & 0 & = & \\
 -9 & + & 6 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -9 & - & 0 & = & \\
 7 & + & 0 & = & \\
 -9 & + & 7 & = & \\
 7 & + & 9 & = & \\
 5 & + & 9 & = & \\
 0 & + & 6 & = & \\
 -4 & - & 9 & = & \\
 8 & - & 5 & = & \\
 6 & - & 5 & = & \\
 -4 & + & 6 & = & \\
 -2 & - & 5 & = & \\
 3 & - & 8 & = & \\
 2 & + & 2 & = & \\
 5 & - & 1 & = & \\
 -1 & + & 9 & = & \\
 -3 & - & 6 & = & \\
 -3 & + & 3 & = & \\
 3 & + & 8 & = & \\
 6 & + & 8 & = & \\
 -4 & - & 1 & = & \\
 3 & - & 9 & = & \\
 9 & + & 3 & = & \\
 2 & + & 9 & = & \\
 -4 & - & 4 & = & \\
 0 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 3 & - & 2 & = & \\
 -4 & - & 0 & = & \\
 -6 & + & 0 & = & \\
 2 & + & 3 & = & \\
 -8 & - & 1 & = & \\
 -9 & + & 2 & = & \\
 2 & + & 6 & = & \\
 -5 & + & 7 & = & \\
 -4 & + & 7 & = & \\
 -2 & - & 8 & = & \\
 1 & + & 5 & = & \\
 -8 & - & 0 & = & \\
 -8 & + & 2 & = & \\
 -7 & - & 4 & = & \\
 5 & - & 9 & = & \\
 -4 & + & 5 & = & \\
 3 & + & 3 & = & \\
 0 & + & 7 & = & \\
 -5 & + & 7 & = & \\
 -3 & + & 2 & = & \\
 9 & + & 8 & = & \\
 -7 & - & 9 & = & \\
 1 & - & 1 & = & \\
 -5 & + & 9 & = & \\
 0 & + & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -2 & - & 1 & = & \\
 -5 & + & 5 & = & \\
 -1 & + & 6 & = & \\
 -5 & - & 1 & = & \\
 -3 & + & 5 & = & \\
 4 & + & 1 & = & \\
 -5 & + & 0 & = & \\
 1 & + & 5 & = & \\
 2 & + & 8 & = & \\
 -7 & - & 4 & = & \\
 -9 & + & 9 & = & \\
 -1 & + & 0 & = & \\
 4 & - & 5 & = & \\
 -2 & + & 6 & = & \\
 -9 & + & 2 & = & \\
 -8 & - & 3 & = & \\
 9 & + & 3 & = & \\
 1 & - & 4 & = & \\
 -8 & - & 7 & = & \\
 5 & - & 4 & = & \\
 5 & + & 7 & = & \\
 -7 & + & 8 & = & \\
 1 & + & 2 & = & \\
 5 & + & 7 & = & \\
 -8 & - & 2 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -2 & - & 7 & = & \\
 -8 & - & 3 & = & \\
 2 & + & 7 & = & \\
 -9 & - & 5 & = & \\
 -4 & + & 0 & = & \\
 8 & - & 9 & = & \\
 -4 & + & 9 & = & \\
 3 & - & 9 & = & \\
 7 & - & 6 & = & \\
 -6 & + & 0 & = & \\
 8 & + & 0 & = & \\
 -5 & - & 0 & = & \\
 7 & - & 4 & = & \\
 -9 & + & 0 & = & \\
 -8 & - & 6 & = & \\
 9 & + & 5 & = & \\
 -2 & + & 9 & = & \\
 8 & - & 4 & = & \\
 -4 & - & 7 & = & \\
 9 & - & 2 & = & \\
 5 & - & 9 & = & \\
 4 & - & 5 & = & \\
 6 & + & 8 & = & \\
 -9 & - & 3 & = & \\
 -6 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -4 + 3 = \\ 3 - 7 = \\ 0 + 9 = \\ -2 + 1 = \\ 0 - 7 = \\ 8 - 9 = \\ 1 - 4 = \\ 7 + 1 = \\ 1 - 1 = \\ 7 - 7 = \\ -2 + 9 = \\ 0 + 1 = \\ 5 + 9 = \\ -1 + 3 = \\ -1 - 7 = \\ 4 - 2 = \\ -6 + 2 = \\ 2 - 3 = \\ 1 + 4 = \\ -6 - 6 = \\ 5 - 5 = \\ -9 - 6 = \\ -6 - 7 = \\ -8 - 6 = \\ -7 + 1 = \end{array}$$

$$\begin{array}{r} -5 - 0 = \\ 5 - 1 = \\ -1 - 9 = \\ -8 + 9 = \\ -5 - 5 = \\ 4 + 3 = \\ -1 + 3 = \\ -4 + 3 = \\ 7 + 0 = \\ 5 + 7 = \\ 6 - 3 = \\ -7 - 8 = \\ 1 - 2 = \\ -2 + 8 = \\ -4 + 7 = \\ -1 + 5 = \\ 4 - 4 = \\ 5 + 9 = \\ 6 - 4 = \\ -7 - 0 = \\ -3 - 4 = \\ 5 + 9 = \\ -3 - 2 = \\ -4 - 4 = \\ -6 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 8 + 1 = \\ 2 + 7 = \\ 1 + 9 = \\ -7 + 2 = \\ -2 - 0 = \\ -1 - 2 = \\ -5 - 0 = \\ 6 + 3 = \\ -7 + 9 = \\ 5 + 7 = \\ -5 + 8 = \\ -3 - 5 = \\ -2 - 3 = \\ 7 - 3 = \\ 1 - 9 = \\ -6 - 4 = \\ -7 - 1 = \\ 1 - 4 = \\ -2 - 1 = \\ -1 + 9 = \\ 9 + 4 = \\ -6 + 2 = \\ 4 + 2 = \\ -5 - 1 = \\ 7 - 6 = \end{array}$$

$$\begin{array}{r} 4 + 1 = \\ 6 - 7 = \\ 8 + 5 = \\ -9 + 6 = \\ 0 + 6 = \\ -6 + 0 = \\ 6 + 7 = \\ 7 - 5 = \\ 7 - 6 = \\ -8 - 2 = \\ 0 - 5 = \\ -8 + 0 = \\ 2 - 5 = \\ -6 + 9 = \\ 5 - 8 = \\ -6 + 1 = \\ -8 + 8 = \\ 1 + 1 = \\ 2 - 9 = \\ 2 + 9 = \\ -4 - 0 = \\ -5 + 9 = \\ 1 - 0 = \\ -3 + 9 = \\ 0 + 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -3 - 6 = \\ 9 + 3 = \\ 9 + 4 = \\ -5 - 5 = \\ -5 + 6 = \\ -8 + 3 = \\ -1 - 4 = \\ 2 - 9 = \\ 1 - 6 = \\ 7 - 4 = \\ -5 + 7 = \\ -9 + 9 = \\ -6 + 8 = \\ -2 - 4 = \\ 3 - 8 = \\ -2 + 5 = \\ -9 - 3 = \\ -6 - 7 = \\ 8 - 5 = \\ 1 + 9 = \\ -5 - 0 = \\ 2 + 9 = \\ 2 - 4 = \\ 3 + 5 = \\ 1 - 2 = \end{array}$$

$$\begin{array}{r} 1 + 8 = \\ 7 - 3 = \\ -4 - 1 = \\ 0 + 3 = \\ 5 + 4 = \\ -5 - 8 = \\ 7 - 0 = \\ -3 + 1 = \\ -5 - 7 = \\ 2 + 1 = \\ -7 + 0 = \\ 6 - 0 = \\ -5 + 0 = \\ 4 - 8 = \\ 5 + 0 = \\ -7 + 3 = \\ 4 - 7 = \\ 7 + 0 = \\ -9 + 2 = \\ -9 + 1 = \\ 1 + 5 = \\ -8 + 8 = \\ 5 + 1 = \\ 8 + 0 = \\ -2 - 3 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -7 & + & 3 & = & \\
 -6 & + & 8 & = & \\
 -3 & - & 1 & = & \\
 0 & + & 3 & = & \\
 3 & + & 4 & = & \\
 -6 & + & 9 & = & \\
 5 & + & 6 & = & \\
 -1 & - & 1 & = & \\
 9 & + & 3 & = & \\
 7 & + & 6 & = & \\
 -4 & + & 1 & = & \\
 -2 & + & 9 & = & \\
 9 & - & 7 & = & \\
 7 & + & 5 & = & \\
 -9 & + & 8 & = & \\
 3 & - & 9 & = & \\
 -2 & - & 7 & = & \\
 1 & - & 9 & = & \\
 6 & - & 8 & = & \\
 6 & + & 5 & = & \\
 3 & - & 8 & = & \\
 -7 & - & 6 & = & \\
 -2 & + & 3 & = & \\
 -4 & + & 5 & = & \\
 3 & + & 7 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -5 & + & 3 & = & \\
 -3 & - & 1 & = & \\
 5 & + & 7 & = & \\
 -2 & + & 4 & = & \\
 2 & + & 0 & = & \\
 -6 & - & 6 & = & \\
 -4 & + & 3 & = & \\
 -6 & + & 0 & = & \\
 -3 & - & 7 & = & \\
 9 & + & 3 & = & \\
 -1 & + & 0 & = & \\
 3 & + & 9 & = & \\
 5 & - & 9 & = & \\
 -8 & + & 5 & = & \\
 -2 & + & 1 & = & \\
 6 & - & 9 & = & \\
 9 & + & 3 & = & \\
 -1 & - & 5 & = & \\
 3 & + & 8 & = & \\
 1 & - & 2 & = & \\
 -4 & + & 8 & = & \\
 -6 & + & 3 & = & \\
 7 & - & 0 & = & \\
 3 & + & 2 & = & \\
 -2 & - & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 3 - 5 = \\ 2 + 4 = \\ 7 + 1 = \\ -2 + 0 = \\ 5 + 8 = \\ 8 + 8 = \\ 1 + 7 = \\ 3 + 4 = \\ -3 + 7 = \\ -5 + 4 = \\ 6 + 4 = \\ 4 + 0 = \\ -2 + 4 = \\ 8 + 0 = \\ 0 + 3 = \\ 1 - 8 = \\ 4 - 8 = \\ 0 + 0 = \\ -6 - 7 = \\ -6 + 4 = \\ -8 - 4 = \\ -6 + 8 = \\ -6 - 3 = \\ 3 - 0 = \\ -7 + 4 = \end{array}$$

$$\begin{array}{r} -5 - 9 = \\ 6 - 4 = \\ 0 - 4 = \\ 0 + 9 = \\ -8 - 6 = \\ 0 + 6 = \\ -7 - 5 = \\ -9 - 0 = \\ 0 - 0 = \\ 6 - 5 = \\ -2 + 2 = \\ -8 + 0 = \\ -9 + 6 = \\ 3 + 6 = \\ 9 + 2 = \\ -6 - 1 = \\ -5 + 9 = \\ 5 - 7 = \\ -6 - 4 = \\ 3 + 0 = \\ 2 + 7 = \\ 7 + 6 = \\ -5 - 6 = \\ -2 - 8 = \\ -9 + 6 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 0 - 8 = \\ -3 - 2 = \\ -9 + 5 = \\ -2 + 6 = \\ -8 - 3 = \\ -6 - 0 = \\ 6 - 3 = \\ 0 - 7 = \\ -5 - 5 = \\ 3 + 6 = \\ 1 - 1 = \\ -2 + 8 = \\ -4 - 1 = \\ 8 + 8 = \\ -1 + 1 = \\ -1 + 9 = \\ 3 + 8 = \\ -7 - 8 = \\ 2 - 6 = \\ -5 - 8 = \\ -1 + 0 = \\ 2 - 1 = \\ -1 - 8 = \\ -9 - 6 = \\ -4 + 3 = \end{array}$$

$$\begin{array}{r} -1 + 9 = \\ 1 + 6 = \\ 7 + 2 = \\ 7 - 7 = \\ -5 - 6 = \\ -9 - 5 = \\ 5 + 1 = \\ -9 + 6 = \\ -7 + 7 = \\ -7 + 8 = \\ 0 + 0 = \\ -3 - 9 = \\ -9 + 3 = \\ 2 - 5 = \\ 2 + 7 = \\ -2 - 3 = \\ 5 - 1 = \\ 1 + 6 = \\ -6 + 8 = \\ 7 - 7 = \\ -9 + 9 = \\ -2 + 7 = \\ 5 + 7 = \\ 2 + 1 = \\ 4 - 0 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} 4 - 7 = \\ -2 + 4 = \\ -2 + 1 = \\ 6 - 5 = \\ -9 - 8 = \\ -1 - 1 = \\ 7 + 9 = \\ 6 - 0 = \\ -3 - 5 = \\ 7 + 9 = \\ -7 - 4 = \\ 5 + 1 = \\ 1 - 3 = \\ 1 + 5 = \\ 6 + 6 = \\ -8 + 4 = \\ -6 + 7 = \\ 6 - 3 = \\ -3 - 9 = \\ 7 - 6 = \\ -3 + 6 = \\ 7 + 9 = \\ 9 + 4 = \\ -9 + 8 = \\ 4 - 0 = \end{array}$$

$$\begin{array}{r} 7 + 9 = \\ -6 - 9 = \\ -7 + 3 = \\ -4 - 2 = \\ 9 + 2 = \\ -5 - 8 = \\ 4 - 4 = \\ 9 - 5 = \\ 2 - 6 = \\ -2 + 7 = \\ -9 + 9 = \\ 3 - 6 = \\ 9 - 4 = \\ -4 + 7 = \\ -5 + 7 = \\ 5 + 9 = \\ 9 - 6 = \\ 1 + 2 = \\ -6 - 8 = \\ -2 - 5 = \\ 5 + 7 = \\ -8 + 8 = \\ 4 - 7 = \\ -3 - 3 = \\ 1 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 2 & - & 9 & = & \\
 -1 & + & 7 & = & \\
 9 & + & 0 & = & \\
 -4 & + & 0 & = & \\
 -6 & - & 5 & = & \\
 7 & + & 5 & = & \\
 -1 & + & 9 & = & \\
 -9 & - & 4 & = & \\
 6 & - & 9 & = & \\
 -4 & + & 6 & = & \\
 2 & - & 9 & = & \\
 2 & - & 7 & = & \\
 -9 & - & 8 & = & \\
 7 & - & 8 & = & \\
 8 & + & 9 & = & \\
 1 & + & 1 & = & \\
 -3 & + & 0 & = & \\
 -8 & + & 9 & = & \\
 8 & + & 0 & = & \\
 -6 & - & 3 & = & \\
 -2 & + & 4 & = & \\
 -3 & - & 2 & = & \\
 1 & - & 9 & = & \\
 8 & + & 8 & = & \\
 -3 & - & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 8 & + & 7 & = & \\
 8 & - & 1 & = & \\
 -4 & + & 5 & = & \\
 -7 & - & 3 & = & \\
 7 & + & 6 & = & \\
 -2 & + & 2 & = & \\
 0 & + & 2 & = & \\
 5 & - & 2 & = & \\
 -3 & - & 2 & = & \\
 -9 & - & 7 & = & \\
 -1 & + & 7 & = & \\
 6 & - & 4 & = & \\
 2 & - & 4 & = & \\
 -4 & - & 4 & = & \\
 -5 & - & 4 & = & \\
 -8 & + & 6 & = & \\
 6 & + & 8 & = & \\
 6 & - & 2 & = & \\
 -6 & + & 8 & = & \\
 1 & + & 0 & = & \\
 -3 & - & 1 & = & \\
 -9 & - & 4 & = & \\
 -6 & + & 6 & = & \\
 8 & + & 1 & = & \\
 -5 & - & 0 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -4 & + & 0 & = & \\
 -5 & + & 5 & = & \\
 7 & + & 4 & = & \\
 -5 & - & 5 & = & \\
 3 & - & 9 & = & \\
 -7 & + & 3 & = & \\
 -1 & + & 4 & = & \\
 -4 & + & 9 & = & \\
 -8 & - & 8 & = & \\
 -4 & + & 0 & = & \\
 3 & - & 1 & = & \\
 9 & + & 1 & = & \\
 2 & - & 8 & = & \\
 5 & + & 3 & = & \\
 1 & - & 7 & = & \\
 -5 & + & 3 & = & \\
 2 & + & 6 & = & \\
 1 & + & 0 & = & \\
 6 & + & 6 & = & \\
 -3 & - & 1 & = & \\
 -5 & - & 2 & = & \\
 8 & - & 1 & = & \\
 -4 & + & 8 & = & \\
 -8 & - & 1 & = & \\
 -9 & + & 0 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -3 & - & 4 & = & \\
 -3 & - & 5 & = & \\
 6 & + & 4 & = & \\
 -9 & + & 9 & = & \\
 -8 & - & 9 & = & \\
 -9 & + & 1 & = & \\
 7 & + & 4 & = & \\
 9 & - & 6 & = & \\
 9 & + & 8 & = & \\
 -2 & - & 3 & = & \\
 4 & - & 5 & = & \\
 5 & + & 8 & = & \\
 -3 & - & 3 & = & \\
 -3 & - & 8 & = & \\
 -8 & + & 5 & = & \\
 0 & - & 1 & = & \\
 3 & + & 0 & = & \\
 -9 & - & 1 & = & \\
 4 & - & 3 & = & \\
 -1 & - & 7 & = & \\
 8 & - & 6 & = & \\
 0 & - & 5 & = & \\
 7 & - & 5 & = & \\
 -3 & + & 9 & = & \\
 3 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 + 5 = \\ -9 + 6 = \\ 4 - 0 = \\ 9 + 5 = \\ -2 + 7 = \\ 5 + 0 = \\ 1 - 5 = \\ 5 + 6 = \\ 2 + 6 = \\ -5 - 9 = \\ 8 - 8 = \\ 2 - 1 = \\ 6 - 1 = \\ -5 + 9 = \\ -8 + 0 = \\ -4 - 8 = \\ -4 - 3 = \\ 2 - 8 = \\ -5 - 7 = \\ -6 + 2 = \\ 6 + 4 = \\ 8 + 7 = \\ 7 + 8 = \\ 5 - 1 = \\ -1 - 1 = \end{array}$$

$$\begin{array}{r} 1 + 6 = \\ 0 + 4 = \\ 2 + 4 = \\ 0 + 6 = \\ -8 + 8 = \\ 5 - 3 = \\ -4 - 7 = \\ -1 - 9 = \\ -5 + 7 = \\ -3 + 9 = \\ 2 + 9 = \\ 0 + 7 = \\ -4 + 9 = \\ -6 - 0 = \\ 0 - 4 = \\ 7 - 7 = \\ 3 - 7 = \\ 9 - 6 = \\ -2 - 8 = \\ 3 + 4 = \\ -7 + 9 = \\ -9 - 9 = \\ 5 - 7 = \\ -4 + 5 = \\ 2 - 9 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -1 & - & 8 & = & \\
 0 & - & 1 & = & \\
 -7 & - & 2 & = & \\
 0 & - & 7 & = & \\
 6 & + & 6 & = & \\
 1 & - & 7 & = & \\
 8 & - & 1 & = & \\
 3 & - & 4 & = & \\
 -2 & + & 6 & = & \\
 1 & + & 1 & = & \\
 1 & - & 8 & = & \\
 -6 & + & 5 & = & \\
 5 & - & 8 & = & \\
 7 & - & 8 & = & \\
 0 & - & 9 & = & \\
 7 & + & 5 & = & \\
 -4 & - & 1 & = & \\
 2 & + & 4 & = & \\
 8 & - & 8 & = & \\
 9 & - & 7 & = & \\
 9 & - & 2 & = & \\
 1 & - & 7 & = & \\
 -7 & - & 2 & = & \\
 -9 & - & 9 & = & \\
 2 & + & 1 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 7 & - & 7 & = & \\
 5 & - & 0 & = & \\
 0 & - & 3 & = & \\
 -3 & - & 0 & = & \\
 -3 & - & 3 & = & \\
 -1 & + & 9 & = & \\
 -8 & + & 6 & = & \\
 -1 & - & 4 & = & \\
 -7 & + & 2 & = & \\
 8 & - & 6 & = & \\
 1 & + & 4 & = & \\
 6 & + & 3 & = & \\
 -5 & + & 4 & = & \\
 -5 & + & 6 & = & \\
 5 & + & 3 & = & \\
 -9 & - & 1 & = & \\
 9 & + & 6 & = & \\
 5 & + & 8 & = & \\
 -5 & - & 6 & = & \\
 -9 & + & 7 & = & \\
 2 & + & 0 & = & \\
 -8 & - & 2 & = & \\
 2 & - & 5 & = & \\
 -9 & - & 0 & = & \\
 -1 & - & 9 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 6 & - & 6 & = & \\
 2 & - & 7 & = & \\
 5 & + & 9 & = & \\
 8 & - & 7 & = & \\
 9 & + & 1 & = & \\
 7 & + & 1 & = & \\
 7 & + & 4 & = & \\
 -2 & + & 1 & = & \\
 -7 & - & 7 & = & \\
 8 & - & 6 & = & \\
 -3 & - & 3 & = & \\
 7 & - & 7 & = & \\
 -5 & + & 3 & = & \\
 -9 & + & 8 & = & \\
 -6 & - & 6 & = & \\
 0 & - & 5 & = & \\
 0 & + & 7 & = & \\
 8 & - & 1 & = & \\
 9 & - & 6 & = & \\
 5 & + & 9 & = & \\
 0 & - & 8 & = & \\
 -9 & - & 3 & = & \\
 5 & + & 7 & = & \\
 7 & + & 9 & = & \\
 3 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 1 & + & 6 & = & \\
 1 & + & 8 & = & \\
 9 & - & 8 & = & \\
 -3 & + & 2 & = & \\
 3 & - & 6 & = & \\
 -8 & - & 8 & = & \\
 3 & - & 4 & = & \\
 5 & + & 7 & = & \\
 7 & + & 7 & = & \\
 -4 & - & 5 & = & \\
 -4 & + & 6 & = & \\
 6 & + & 5 & = & \\
 -7 & + & 1 & = & \\
 -1 & - & 8 & = & \\
 -8 & + & 6 & = & \\
 3 & + & 1 & = & \\
 -1 & + & 4 & = & \\
 -5 & - & 8 & = & \\
 7 & + & 4 & = & \\
 4 & + & 6 & = & \\
 9 & + & 9 & = & \\
 -8 & - & 2 & = & \\
 9 & - & 7 & = & \\
 3 & + & 1 & = & \\
 4 & - & 2 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 9 & + & 1 & = & \\
 -3 & - & 5 & = & \\
 -5 & - & 4 & = & \\
 -1 & + & 4 & = & \\
 3 & + & 2 & = & \\
 9 & - & 6 & = & \\
 5 & - & 8 & = & \\
 -7 & - & 8 & = & \\
 9 & + & 3 & = & \\
 2 & - & 9 & = & \\
 1 & + & 3 & = & \\
 -5 & + & 8 & = & \\
 8 & + & 2 & = & \\
 5 & + & 3 & = & \\
 -4 & - & 2 & = & \\
 -3 & - & 4 & = & \\
 0 & - & 3 & = & \\
 -2 & - & 9 & = & \\
 -1 & + & 3 & = & \\
 4 & + & 5 & = & \\
 6 & + & 0 & = & \\
 -6 & + & 7 & = & \\
 -2 & - & 3 & = & \\
 -1 & + & 0 & = & \\
 -9 & + & 3 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & - & 0 & = & \\
 -2 & + & 2 & = & \\
 3 & + & 6 & = & \\
 3 & + & 1 & = & \\
 -5 & - & 6 & = & \\
 4 & + & 6 & = & \\
 -4 & + & 5 & = & \\
 -4 & + & 6 & = & \\
 -2 & + & 4 & = & \\
 8 & + & 4 & = & \\
 -7 & + & 0 & = & \\
 9 & - & 9 & = & \\
 -8 & - & 9 & = & \\
 7 & - & 2 & = & \\
 7 & + & 0 & = & \\
 -3 & - & 8 & = & \\
 -7 & - & 5 & = & \\
 8 & + & 5 & = & \\
 8 & - & 0 & = & \\
 7 & + & 4 & = & \\
 9 & - & 7 & = & \\
 -2 & - & 4 & = & \\
 -5 & + & 0 & = & \\
 -8 & - & 8 & = & \\
 -7 & - & 7 & = &
 \end{array}$$

所要時間: _____分 _____秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 -3 & - & 8 & = & \\
 -1 & + & 1 & = & \\
 -4 & - & 0 & = & \\
 9 & - & 6 & = & \\
 5 & - & 6 & = & \\
 -2 & + & 5 & = & \\
 0 & + & 8 & = & \\
 7 & + & 5 & = & \\
 -2 & + & 5 & = & \\
 9 & + & 7 & = & \\
 9 & + & 6 & = & \\
 -3 & - & 7 & = & \\
 -1 & + & 1 & = & \\
 -4 & + & 8 & = & \\
 4 & - & 9 & = & \\
 8 & - & 7 & = & \\
 9 & - & 0 & = & \\
 1 & - & 9 & = & \\
 8 & + & 8 & = & \\
 3 & - & 3 & = & \\
 -6 & + & 1 & = & \\
 -2 & + & 4 & = & \\
 9 & - & 0 & = & \\
 -8 & + & 8 & = & \\
 2 & - & 9 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 -4 & + & 6 & = & \\
 6 & + & 6 & = & \\
 1 & - & 9 & = & \\
 -7 & - & 3 & = & \\
 8 & - & 9 & = & \\
 -3 & + & 9 & = & \\
 -1 & + & 6 & = & \\
 -5 & - & 2 & = & \\
 9 & + & 7 & = & \\
 3 & + & 1 & = & \\
 -2 & - & 1 & = & \\
 2 & - & 0 & = & \\
 9 & - & 6 & = & \\
 -2 & - & 6 & = & \\
 1 & - & 9 & = & \\
 6 & + & 6 & = & \\
 3 & + & 2 & = & \\
 7 & - & 1 & = & \\
 -7 & - & 6 & = & \\
 5 & + & 1 & = & \\
 4 & - & 9 & = & \\
 -6 & - & 3 & = & \\
 -4 & + & 4 & = & \\
 -5 & + & 1 & = & \\
 1 & - & 1 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 + 5 = \\ -5 - 8 = \\ 2 - 7 = \\ -6 - 1 = \\ -2 - 7 = \\ -9 - 8 = \\ 5 - 3 = \\ 0 - 9 = \\ 6 - 9 = \\ 6 + 1 = \\ -8 + 2 = \\ 2 - 9 = \\ 8 + 9 = \\ 1 - 3 = \\ -7 - 5 = \\ 0 - 3 = \\ 0 - 8 = \\ -8 - 1 = \\ -2 - 5 = \\ -6 + 7 = \\ -2 - 0 = \\ 1 - 8 = \\ 8 - 2 = \\ -6 + 2 = \\ 5 + 2 = \end{array}$$

$$\begin{array}{r} -3 - 3 = \\ -2 - 5 = \\ -2 - 6 = \\ 1 + 9 = \\ -2 + 7 = \\ -5 - 8 = \\ -2 - 9 = \\ 8 - 8 = \\ 1 - 5 = \\ 5 - 8 = \\ 0 - 1 = \\ 8 - 1 = \\ 4 + 1 = \\ 7 - 1 = \\ -9 + 0 = \\ 1 - 0 = \\ 7 - 0 = \\ 1 - 2 = \\ -9 + 8 = \\ -9 - 9 = \\ -7 + 6 = \\ -5 - 6 = \\ 1 - 3 = \\ 9 + 4 = \\ 7 + 7 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 - 6 = \\ 6 - 4 = \\ -7 + 7 = \\ 1 + 3 = \\ -1 + 4 = \\ 8 + 2 = \\ -6 + 8 = \\ 9 + 6 = \\ -1 - 4 = \\ 3 + 5 = \\ 9 - 9 = \\ 4 + 2 = \\ 8 - 2 = \\ -2 + 3 = \\ -1 + 2 = \\ -2 - 9 = \\ 5 + 3 = \\ 1 - 1 = \\ 0 - 9 = \\ -1 - 2 = \\ -7 + 3 = \\ -4 - 0 = \\ 8 + 5 = \\ 4 - 6 = \\ 1 + 4 = \end{array}$$

$$\begin{array}{r} -5 + 8 = \\ -1 - 8 = \\ -6 - 0 = \\ -5 - 1 = \\ -1 + 4 = \\ -5 + 3 = \\ 7 - 3 = \\ -6 + 9 = \\ 6 + 2 = \\ 3 - 9 = \\ -3 - 9 = \\ -1 + 8 = \\ -1 + 2 = \\ -4 - 8 = \\ -5 + 2 = \\ 5 - 8 = \\ -2 + 5 = \\ 5 + 9 = \\ 4 - 2 = \\ -2 - 7 = \\ -5 - 7 = \\ -4 + 7 = \\ -6 - 3 = \\ -3 + 1 = \\ -9 + 4 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 - 0 = \\ -6 + 3 = \\ 0 + 9 = \\ -7 + 2 = \\ 1 + 0 = \\ 7 + 3 = \\ 3 - 9 = \\ 1 + 4 = \\ 0 + 2 = \\ -1 + 1 = \\ 5 - 4 = \\ -3 + 5 = \\ 5 + 2 = \\ 9 - 0 = \\ 3 + 8 = \\ 9 - 7 = \\ -7 - 4 = \\ 6 - 9 = \\ 2 + 8 = \\ -7 + 3 = \\ 9 + 8 = \\ -2 - 9 = \\ 6 + 6 = \\ -6 + 5 = \\ 6 + 7 = \end{array}$$

$$\begin{array}{r} 3 + 0 = \\ 0 + 6 = \\ 4 - 7 = \\ 6 + 5 = \\ -3 + 7 = \\ 0 + 3 = \\ -2 + 3 = \\ -8 - 4 = \\ 9 - 6 = \\ 2 + 4 = \\ 5 + 9 = \\ 9 - 0 = \\ -3 - 4 = \\ 3 - 4 = \\ 7 + 1 = \\ 9 - 7 = \\ 3 - 5 = \\ 2 + 6 = \\ 8 + 1 = \\ 6 - 6 = \\ -8 - 2 = \\ -6 + 6 = \\ 7 + 0 = \\ 2 + 5 = \\ -4 - 2 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -8 + 0 = \\ -1 - 9 = \\ -2 + 0 = \\ 6 + 0 = \\ 5 - 3 = \\ 8 - 8 = \\ 8 - 6 = \\ -5 - 7 = \\ 4 + 0 = \\ 6 - 0 = \\ 2 + 1 = \\ -1 + 1 = \\ 9 - 7 = \\ 9 - 1 = \\ -5 + 0 = \\ 5 - 8 = \\ -8 + 8 = \\ -8 + 6 = \\ 5 + 1 = \\ 0 - 9 = \\ -9 + 8 = \\ -5 - 4 = \\ 7 + 1 = \\ -6 - 8 = \\ 5 - 3 = \end{array}$$

$$\begin{array}{r} -1 - 3 = \\ -9 - 2 = \\ -3 - 5 = \\ -3 + 0 = \\ 1 - 2 = \\ -2 + 6 = \\ -4 - 7 = \\ 3 - 0 = \\ -5 + 7 = \\ -6 + 1 = \\ -3 - 8 = \\ 7 - 6 = \\ 8 - 2 = \\ 3 + 5 = \\ -2 - 2 = \\ 5 - 3 = \\ -2 + 1 = \\ 6 - 2 = \\ -7 + 4 = \\ 4 + 5 = \\ 9 - 5 = \\ -9 - 2 = \\ -5 + 0 = \\ 4 - 4 = \\ -5 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$8 + 9 =$

$2 + 1 =$

$-2 + 9 =$

$0 - 3 =$

$-5 - 2 =$

$7 - 3 =$

$7 + 3 =$

$1 + 0 =$

$1 + 4 =$

$5 + 2 =$

$5 - 8 =$

$4 - 2 =$

$5 + 9 =$

$8 - 6 =$

$-9 + 8 =$

$-2 + 8 =$

$-2 + 9 =$

$-8 - 7 =$

$5 + 5 =$

$1 - 0 =$

$5 - 4 =$

$-8 - 9 =$

$-5 + 6 =$

$8 - 9 =$

$-4 + 3 =$

$-8 + 5 =$

$-6 + 5 =$

$0 - 6 =$

$9 - 8 =$

$-7 - 4 =$

$4 + 6 =$

$-8 + 6 =$

$-8 - 5 =$

$-8 - 0 =$

$-8 + 0 =$

$-3 + 1 =$

$-8 + 8 =$

$7 + 3 =$

$-2 - 2 =$

$-8 - 4 =$

$-1 - 1 =$

$9 + 4 =$

$-9 - 3 =$

$2 - 3 =$

$2 + 5 =$

$-1 + 9 =$

$-4 - 0 =$

$-3 + 3 =$

$-9 + 5 =$

$7 - 4 =$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -7 + 5 = \\ -2 + 7 = \\ -6 - 3 = \\ 6 + 8 = \\ 6 - 8 = \\ -4 - 1 = \\ -4 - 3 = \\ -1 + 6 = \\ 6 + 8 = \\ -6 + 6 = \\ -5 - 1 = \\ -8 + 5 = \\ 9 - 5 = \\ 6 + 0 = \\ -8 - 6 = \\ -8 + 0 = \\ 3 - 4 = \\ -9 + 0 = \\ -5 - 9 = \\ 2 + 7 = \\ 3 - 4 = \\ 1 - 7 = \\ 2 + 1 = \\ 9 - 9 = \\ -3 - 2 = \end{array}$$

$$\begin{array}{r} 9 - 8 = \\ 3 + 8 = \\ -5 + 8 = \\ -1 - 6 = \\ -2 + 6 = \\ 9 - 8 = \\ -7 - 3 = \\ 2 + 2 = \\ 4 + 7 = \\ -1 - 8 = \\ 8 + 2 = \\ -4 + 2 = \\ 5 - 2 = \\ 3 - 8 = \\ 2 + 9 = \\ -3 + 2 = \\ -5 + 5 = \\ -2 + 0 = \\ 2 + 6 = \\ 8 + 6 = \\ -7 - 9 = \\ 5 + 5 = \\ 4 - 5 = \\ 0 - 4 = \\ 1 - 8 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 3 & - & 1 & = \\
 0 & + & 3 & = \\
 -9 & - & 8 & = \\
 5 & - & 1 & = \\
 -4 & + & 0 & = \\
 7 & + & 8 & = \\
 1 & - & 8 & = \\
 0 & - & 2 & = \\
 5 & + & 8 & = \\
 1 & + & 7 & = \\
 1 & + & 2 & = \\
 -7 & + & 1 & = \\
 -8 & + & 2 & = \\
 7 & + & 5 & = \\
 -5 & + & 5 & = \\
 -3 & - & 9 & = \\
 0 & - & 2 & = \\
 -8 & - & 2 & = \\
 3 & + & 0 & = \\
 -7 & + & 9 & = \\
 -2 & - & 7 & = \\
 -5 & - & 6 & = \\
 0 & + & 7 & = \\
 -9 & - & 7 & = \\
 -9 & - & 1 & =
 \end{array}$$

$$\begin{array}{rclcl}
 -8 & + & 7 & = \\
 9 & - & 9 & = \\
 9 & - & 3 & = \\
 4 & - & 3 & = \\
 0 & - & 1 & = \\
 8 & - & 9 & = \\
 -3 & - & 5 & = \\
 4 & + & 6 & = \\
 1 & + & 3 & = \\
 4 & - & 8 & = \\
 6 & + & 8 & = \\
 -3 & + & 2 & = \\
 5 & + & 6 & = \\
 5 & - & 4 & = \\
 7 & - & 0 & = \\
 3 & - & 6 & = \\
 5 & - & 7 & = \\
 -5 & + & 5 & = \\
 8 & - & 5 & = \\
 -9 & + & 3 & = \\
 -2 & - & 4 & = \\
 2 & - & 2 & = \\
 -4 & - & 9 & = \\
 3 & - & 8 & = \\
 -9 & - & 2 & =
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 - 3 = \\ 6 + 6 = \\ 4 - 4 = \\ -7 - 2 = \\ 1 + 6 = \\ -5 - 1 = \\ 2 - 7 = \\ 3 + 0 = \\ 4 + 8 = \\ 5 - 9 = \\ 8 + 8 = \\ -1 + 3 = \\ 3 - 9 = \\ 9 - 1 = \\ 8 + 7 = \\ 7 - 6 = \\ 1 - 8 = \\ 2 - 4 = \\ -6 + 7 = \\ -9 - 5 = \\ -1 - 3 = \\ 7 + 6 = \\ 3 - 0 = \\ 4 + 9 = \\ -8 + 1 = \end{array}$$

$$\begin{array}{r} -1 + 8 = \\ 0 + 8 = \\ -2 + 1 = \\ 3 + 5 = \\ -4 - 3 = \\ 5 + 3 = \\ 8 + 4 = \\ 9 + 4 = \\ 0 - 6 = \\ 3 + 4 = \\ -5 + 5 = \\ 5 + 2 = \\ 2 + 3 = \\ -4 - 6 = \\ 9 + 1 = \\ 6 - 7 = \\ -4 + 0 = \\ -7 - 4 = \\ 1 + 2 = \\ -9 - 2 = \\ -9 + 4 = \\ 1 - 0 = \\ 0 - 9 = \\ -6 + 8 = \\ -7 - 1 = \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 9 & - & 4 & = & \\
 -9 & - & 4 & = & \\
 1 & - & 7 & = & \\
 -4 & - & 8 & = & \\
 8 & + & 0 & = & \\
 -7 & + & 6 & = & \\
 -5 & + & 8 & = & \\
 -6 & - & 2 & = & \\
 9 & + & 9 & = & \\
 4 & + & 0 & = & \\
 -6 & + & 7 & = & \\
 9 & - & 6 & = & \\
 -5 & - & 5 & = & \\
 4 & + & 3 & = & \\
 4 & - & 5 & = & \\
 -6 & + & 1 & = & \\
 1 & - & 9 & = & \\
 6 & + & 3 & = & \\
 8 & - & 9 & = & \\
 2 & + & 6 & = & \\
 9 & - & 0 & = & \\
 5 & - & 4 & = & \\
 5 & + & 1 & = & \\
 0 & - & 8 & = & \\
 -4 & + & 5 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 9 & - & 9 & = & \\
 4 & - & 0 & = & \\
 8 & + & 1 & = & \\
 -6 & + & 6 & = & \\
 0 & + & 8 & = & \\
 2 & - & 6 & = & \\
 -4 & + & 7 & = & \\
 3 & - & 3 & = & \\
 6 & - & 2 & = & \\
 -3 & - & 3 & = & \\
 -6 & - & 6 & = & \\
 -4 & - & 0 & = & \\
 1 & + & 5 & = & \\
 -8 & - & 4 & = & \\
 -5 & - & 1 & = & \\
 -1 & - & 6 & = & \\
 7 & - & 0 & = & \\
 5 & + & 0 & = & \\
 6 & + & 5 & = & \\
 -9 & - & 6 & = & \\
 6 & - & 9 & = & \\
 -7 & - & 9 & = & \\
 9 & - & 6 & = & \\
 -3 & + & 7 & = & \\
 -1 & + & 5 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{rclcl}
 0 & - & 1 & = & \\
 3 & + & 7 & = & \\
 3 & + & 6 & = & \\
 7 & - & 3 & = & \\
 -9 & - & 6 & = & \\
 -2 & + & 6 & = & \\
 0 & - & 4 & = & \\
 4 & - & 8 & = & \\
 5 & + & 0 & = & \\
 7 & + & 7 & = & \\
 3 & - & 9 & = & \\
 9 & - & 8 & = & \\
 2 & - & 2 & = & \\
 8 & + & 4 & = & \\
 6 & - & 6 & = & \\
 8 & + & 6 & = & \\
 -7 & + & 4 & = & \\
 8 & + & 2 & = & \\
 -2 & - & 5 & = & \\
 0 & + & 4 & = & \\
 8 & + & 8 & = & \\
 -6 & - & 0 & = & \\
 2 & + & 9 & = & \\
 -2 & + & 4 & = & \\
 -1 & - & 8 & = &
 \end{array}$$

$$\begin{array}{rclcl}
 3 & - & 9 & = & \\
 8 & - & 9 & = & \\
 -5 & - & 3 & = & \\
 4 & - & 6 & = & \\
 -8 & + & 8 & = & \\
 -7 & - & 1 & = & \\
 5 & - & 8 & = & \\
 -7 & + & 3 & = & \\
 -5 & + & 6 & = & \\
 -5 & + & 7 & = & \\
 -3 & + & 0 & = & \\
 7 & - & 7 & = & \\
 -1 & - & 7 & = & \\
 6 & + & 4 & = & \\
 6 & - & 1 & = & \\
 -9 & - & 2 & = & \\
 -8 & - & 7 & = & \\
 -8 & - & 4 & = & \\
 6 & + & 3 & = & \\
 9 & + & 2 & = & \\
 2 & - & 2 & = & \\
 2 & + & 0 & = & \\
 -6 & + & 7 & = & \\
 5 & - & 1 & = & \\
 -8 & - & 3 & = &
 \end{array}$$

所要時間: _____ 分 _____ 秒

-1から+9までの足し算と引き算

名前: _____.

$$\begin{array}{r} -2 + 6 = \\ -8 + 5 = \\ 4 + 0 = \\ -4 - 3 = \\ -5 + 4 = \\ -8 + 7 = \\ 6 + 9 = \\ 4 - 8 = \\ 3 + 1 = \\ -7 - 7 = \\ 4 + 5 = \\ -7 - 4 = \\ 8 - 4 = \\ 4 + 9 = \\ -5 + 5 = \\ -9 + 8 = \\ -2 - 1 = \\ -9 + 9 = \\ -4 - 6 = \\ 5 - 3 = \\ 1 - 4 = \\ -8 + 3 = \\ 4 - 3 = \\ -4 - 7 = \\ 6 - 7 = \end{array}$$

$$\begin{array}{r} -6 + 0 = \\ -6 - 2 = \\ 8 + 5 = \\ 1 + 0 = \\ -7 + 5 = \\ 7 + 1 = \\ -6 - 5 = \\ 9 - 5 = \\ -8 + 5 = \\ 3 + 1 = \\ -6 - 1 = \\ -1 + 2 = \\ 4 - 0 = \\ -5 + 4 = \\ -1 - 6 = \\ 6 + 8 = \\ -5 - 9 = \\ 5 - 6 = \\ -6 - 5 = \\ -9 + 1 = \\ -2 + 0 = \\ 5 - 5 = \\ 9 + 6 = \\ -9 + 1 = \\ -5 + 5 = \end{array}$$

所要時間: _____ 分 _____ 秒